FREE publication to meet the needs of Kumeu & Districts

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COMMUNITY NEWSLETTER

SEPTEMBER 2012

VOLUME 3 ISSUE 9

SPECIAL POINTS OF INTEREST:

- 7000 + Circulation
- Community information
- Upcoming events
- Sponsorship
- Free editorial contributions
- House price sales
- Relevant to area ratepayers
- Share a recipe
- Advertising from \$75+GST
- Community notices

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Kumeu Small

Land owners

5

WORKING TOGETHER FOR FUTURE GROWTH



The Kumeu Coast & Country, and Helensville District Business Associations, are working together, to investigate what business owners see as the opportunities and challenges for business development in our region. This survey is a unique chance for businesses to have their say, and share their experience, thoughts and ideas. All surveys will be combined to form a comprehensive picture of the area, and used to form the basis of a business plan to move the area forward. The results of this survey will be available later in 2012.

...cont pg 6

KUMEU LANDFILL AND RATES UPDATE

Clean Fill Finally the clean fill proposal in Worrall Road is to be notified by the Auckland Council. Common sense has prevailed in that the merits of the proposal will be tested in the wider community as there are effects to be considered from Kumeu Township to the clean fill site. All those affected will be able to voice their concerns to the Council and hopefully the application will be heard in front of Council appointed commissioners. The notified application when notified will contain any changes made by the applicant to the original submission to the Council. The Association has already set up a separate bank account for the public to subscribe. This account will be solely used for the application costs for the local community. Whilst the notification process is time consuming the public can have an input in the process. That option was denied by the Rodney District Council in the Waste Recycling process at the Particle Board factory. One of the important aspects over the clean fill operation is to ensure that local roads aren't damaged and become a charge on the ratepayers as a result of the operation.

<u>Rates</u> As you are aware the rates are out and the Auckland Council have done some juggling, and whilst rates have reduced they have artificially changed the quantum, to be with 5% of the last year's levies.

...cont pg 4

ROLL ON SPRING - BLOOM'N GREAT



Sunshine, new blooms, tidy yards, green grass. Spring brings on a sense of a new start and a journey that has much promise and so much excitement. A number of new listings are peppering the market and with this buyer interest is gathering renewed vigour. "This latest property listed at 52 School Road will have significant interest" says Denise Glozier, from LJ Hooker which markets much of the Riverhead market. "I am excited that every property gets a number of offers which build the price and deliver a windfall.

...cont pg 16

See us at: www.kumeucourier.co.nz Sponsorship starts at \$75 per month plus GST. Editorial and Advertising to Anna Sareczky Ph: 021607971 Email: annasareczky@hotmail.com



Stephen Sparnon, DCFO, Kumeu Fire Rescue. For an emergency call dial 111

WHAT'S NEW AT KUMEU FIRE BRIGADE

It has been a very wet time of the year which works for and against us at the Kumeu Volunteer Fire Station. The grass is green and the piles of vegetation to burn off are too wet to light. One of the down sides of this very wet season has been the increase of animal rescues performed in recent weeks. These usually involve large animals, cattle and horses slipping into creeks, drains and getting stuck in swampy areas. An animal rescue usually involves 2 Fire Trucks and a minimum of 8 Firefighters with animal rescues taking approximately 2 hours from start to finish with another 30 plus minutes cleaning up all the muddy gear back at the station before going back to our jobs. Although we have training in large animal rescues our primary focus in the Fire Service is not Animal Rescues. Our primary focus is to save lives and property. This is hard to achieve if we are knee deep in mud or waist deep in water attempting to extract a stuck animal. So as live-stock and property owners please ensure your now very wet areas of farm are properly fenced off for your animals safety, the waterways sustainability and your peace of mind.

Check out these websites for NZ Shakeout. This will be the largest earthquake scenario trial in NZ www.getthru.govt.nz or register at www.shakeout.govt.nz are you really ready.

ITS ALL HAPPENING IN WAIMAUKU

Waimauku Kindergarten is holding its fourth annual Ladies' Pamper Night on Friday, November 16. The purpose of the fundraiser is to provide new equipment for the children at Waimauku Kindergarten. We will be selling tickets to up to 150 Mums who will be looking for gifts, products or services which appeal to women. Are you interested in securing one of our limited stallholder sites for the evening? The stall size is 2.5 meters - for a full table, \$50.00, half table, \$30.00. Stallholders retain the full proceeds of their sales on the night. These evenings are always enjoyable and as a bonus you would be supporting our local community. If you would like to participate, please email the Kindergarten at: waimauku@naka.co.nz or phone 411-8890.

Waimauku RSA are having a monthly market day last Sunday of the month. Starting August 26 from 10am to 2pm. \$10 per stallholder which helps to raise funds for the RSA to help complete renovations and other community projects. For more information email. kay@glamcontractors.co.nz or phone Kay on 0211376877



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"We were so pleased with Grahams service. He was fun, enthusiastic, professional & trustworthy. We got the result we wanted in a short time and he made our experience of selling a great one!!! We would highly recommend Graham to anyone buying or selling. Thanks so much Graham A+++++++" Jeremy & Jenna

I have a wealth of knowledge and testimonials that will deliver confidence to each and every question you have. Recent sales over the last two months in the district follow:

Trought Sales over the last two months in the district renew.						
COATESVILLE			Domain Cres	1109sqm + House	\$549,000	
C/R Highway	2ha + House	\$1,040,000				
Ridge Rd	2ha + House	\$1,00,000	RIVERHEAD			
			Cambridge Road	1200sqm + House	\$525,000	
KUMEU			George St	1553sqm + House	\$440,000	
Boord Cres	3ha + House	\$1,150,000	School Rd	3600sqm + House	\$775,000	
Burns Lane	1ha + House	\$760,000				
Gilbransen Rd	4.4ha + House	\$725,000	WAIMAUKU			
Matua Rd	800sqm + House	\$565,000	Cane Road	1012sqm + House	\$350,000	
Pomona Rd	2ha + House	\$1,155,00	Freshfields Rd	1500sqm + House	\$675,000	
Rheingold Place	800sqm + House	\$416,000	Gavinike Pl	1500sqm + House	\$562,000	
Trigg Road	800sqm + House	\$531,800	Muriwai Rd	1100sqm + House	\$599,000	
			Sarah Todd Lne	1500sqm + House	\$797,500	
MURIWAI						

\$588,000



Graham McIntyre L.J Hooker Kumeu Licensed (REAA2008) Ph 09 412 9602"

Undertaking free appraisals now in your area, phone me on 09 412 9602 or 0276 320 421

MONEY MATTERS

Domain Cres

832sqm + House

Recent data provides further confirmation that current low interest rates coupled with the shortage of housing in Auckland are driving up prices. If the status quo continues one major bank is forecasting 6.5% house price inflation for 2012 and 8% for 2013. These increases are in the medium term unsustainable which will force the Reserve Bank to increase the Official Cash Rate, most commentators are picking mid 2013 for this to happen. I'm noticing an increase in borrowers fixing their loans for 2 and 3 years now. New to the NZ lending market are a couple of non-bank lenders who are prepared to "look outside the box" for those "harder to fund" requests. This reflects the positive outlook in the NZ economy. Good news for those who can't verify their income or may have some credit history issues. Call me for a no obligation chat about your individual lending requirements.

Phone 09 4119251 / 027 4119255 or david@davidlloydmortgages.co.nz









Ph 09 412 9602 0276 320 421 Graham McIntyre Licensed REAA 2008

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PAGE 4 MEDICAL CORNER - HIGH PROTEIN DIET

Eating a higher protein diet has been a popular concept for years, and now over 74 clinical trials back up the benefits. The Atkins, Southbeach, Zone, Paleo and Dukan are all popular diets advocating the high protein low carbohydrate lifestyle approach and because of this they have been the focus of a lot of clinical research focusing on the benefits which are noted below. Weight loss, reduced BMI, lowering cholesterol, reducing waist circumference, improving insulin sensitivity, and lowering blood pressure. High protein diets have certainly come a long way since the original Atkins diet approach of eating cream, bacon and lard. Even the new and improved Atkins diet recommends a balanced approach of lean protein, healthy fats, plenty of vegetables and small amount of fruits. For more information contact Tamara at Kumeu Village Medical Centre on 09 412 8446

SITTING MAY BE KILLING YOU

Not only does Kumeu Physiotherapy team treat a lot of people with spinal pain from poor sitting postures, and from sitting for prolonged periods of time, research is now showing that "sitting is a dangerous risk factor for early death, on par with smoking and being obese". Research has also linked too much sitting to increased risks of diabetes, death from cancer, heart disease and stroke. One of the researchers says it "doesn't prove that sitting causes early death, but it shows a link. Sitting a lot doesn't mean you will die earlier but it increases the risk". People in sedentary occupations are at the highest risk. Also people who travel a lot or watch a lot of tv. Even just standing to do some work at your desk, or moving around as you work is better for your overall health. Other data however shows that getting up intermittently throughout the day might reduce the ill effects of prolonged sitting. They suggest that being up (not sitting) for 5 to 10 minutes in every hour would be a good time to aim for. Try and hold meetings while you walk, go and talk to a colleague rather than e-mail. Take stairs not escalators. Use your laptop on a counter top rather than sit all the time. The benefits of being active and exercising are well known, but we now have to address our "sedentary/sitting behaviour" with our modern society. So get "off your butt" as much as you can for your health and your spines benefit. Kumeu Physiotherapy is available to treat spinal pain, advise on workstation set up, devise an appropriate exercise regime even if you have "ailments", just give us a call on 09 412 9063 Open Mon – Saturday, www.kumeuphysio.co.nz



Pete Sinton Chairman Kumeu Huapai Residents and **Ratepayers Association** Ph 09 412 2016

.....continued from page 1

The only two issues that have surfaced which I'm aware of are:-

- 1. Changes being made for business use in rural areas. In the past 'home occupation' rules, Allowed a home owner to run a business or occupation from their home or accessory. Building without being under a business classification. The new Council rates are picking up the business use separate from the home use with substantial increase in rates.
- 2. The lifestyle blocks are now showing capital costs as part of the Councils levies. In effect, The Council have a flat rate for uniform charges but the tax on improvements will in effect increase Council rates on expensive highly capitalized dwellings. The transition of rates with the Auckland Council I'm sure will throw up other issues.





5/21 Oraha Road Kumeu Call Jo 09 412 5325

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*conditions apply

BALANCE YOUR MIND AND YOUR BODY

When did you last nurture yourself? Why should you?

Often in today's busy world, we find ourselves at the bottom of a very long list. We may feel overwhelmed, undervalued and just plain worn out with all the demands upon us. Whilst we would never run our car without petrol often this is exactly what we do to ourselves. We rarely give ourselves time or permission to nourish and nurture our souls – our equivalent of 'topping up the tank'. However, when we 'top up our tank', we will naturally have more to give to those around us and be happier doing so. But too often our sense of obligation and guilt prevents us from taking the time and space to do this. When was the last time you took time out just for yourself? When did you hear your soul sing? Do you even know the song your soul craves to sing? Debbie Gillespie of BodyMind Balance in Kumeu offers a variety of energy-based modalities such as massage, flower & crystal essences and Reiki to nourish and nurture you on all levels. Phone 09 412 7234, or email deb@bodymindbalance.co.nz

CHECK YOUR STOCK

Landowners are being advised to regularly check their stock and fencing, as the cold and extremely wet weather has pretty much stopped any grass growth. Hungry animals are more likely to succumb to the cold as they do not have the energy reserves to stay warm. A hungry animal is also far more likely to push through a fence, as the grass actually IS greener on the other side. This has lead to a number of recent instances of stock finding their way onto roads. Wandering stock is a serious hazard when driving on country roads. The 80-100kph speed limit combined with hitting, or trying to avoid, a 500-600kg animal can have disastrous consequences for both the animal and motorist. The legal liabilities if your wandering stock causes death, injury or property damage can be quite frightening. The emotional cost of causing an accident will remain with you forever. Glyn Taylor – President , Kumeu Small Landowners Assn, kumeu@vodafone.co.nz, Phone 09 412 5214



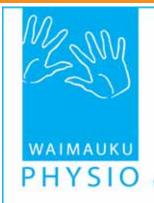


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CELEBRATE WITH SOLJANS PORT

This year is Soljans Wine Estate's 75th Anniversary and to commemorate this a very special bottle of port has been released. The Soljans Wine Estate 75th Port is a blend of the oldest ports that have matured in small barrels for over 40 years. It is very rare, very interesting and very, very good. For something else a bit different Soljans Wine Estate has a Reserve Tawny Port in a special decanter with a label that can be personalised as a gift to family, friends or business partners. Simply call in to the cellar door shop and order one and Soljans Wine Estate will print the label and have it ready for collection or for delivery. Soljans still stock the popular Reserve Tawny Port in both bottle and decanter. These have been a popular choice in both the cellar door shop and the café for years and now our export markets have discovered them with the first shipments soon going to China. Soljans Wine Estate ports are an important part of New Zealand's wine history. Very few wineries produce port anymore so here is a great chance to experience what previous generations celebrated with.



www.soljans.co.nz

.....continued from page 1

If you are a business owner from Taupaki through to South Head and across to Kaukapakapa, then please take part in the survey. Survey forms will be available from the Kumeu i-SITE. Or, with a FREE cup of coffee from selected local cafes, between 3rd and 24th September. All returned surveys become eligible to go into the draw to win \$500 cash. For more details contact Phelan Pirrie on 021 844 124 or email pirrie@gmail.com

CHILDRENS FUN DAY FOR AG DAY GOATIES

The Auckland Dairy Goat Association are holding an open day at the Kumeu Showground's for training and advising young owners of goats looking to participate in the Ag days that are held throughout the districts at local schools. The object of this is to assist the youngsters with the care and rearing of their animal charges. Youngsters will receive training in the aspects of what is required to present your goat to the judges on Ag Day, including aspects of grooming, leading, and general care of their goatlings. Advice will be freely available from these experts in the field on any questions children and parents may raise on all aspects of rearing goats, including information on the different breeds, feeding, shelter and health issues that may arise in the process of caring for your young goat. Children are encouraged to bring their kids with them if they are available, and for those who do not yet have a goat, there will be some available on the day both for training purposes and possibly for sale. This will be take place on Sunday 23rd September between 10.00 a.m. and 2.00 pm and there will be a sausage sizzle throughout

WAITAKERE FIRE FORCE NEEDS YOUR HELP



Are you in need of a shed, minor dwelling or office?

Waitakere Fire Force would like to sell the old training and social room from the old fire station which is available for immediate delivery to a site within 10km of Kumeu CBD free of cost thanks to the generosity of Craig Walker Building Removals. The building was signed off under Waitakere City Council and due to a new station and Civil Defence facility being erected on the same site, this building has been braced for travel and is awaiting inspection in the Kumeu CWBR yard. We welcome your interest and possible offer in this historical converted skyline garage. Phone Graham on 0276 320 421











Located on the south-western boundary of the Riverhead Township this development includes a selection of 21 lots in a first stage development, offering a range of flat contoured residential properties with open space and an embracing community. The Groves is countryside living. Riverhead is a historical village located a short drive from the end of the North-Western motorway some 20kms from central Auckland, approximately 15kms from the new Albany City. Riverhead has been identified as a key growth area in the Auckland North-West region.









We welcome your expression of interest in this highly desirable development directly or via our house and land package providers below.

LJ Hooker Kumeu Phone 09 412 9602

Denise Glozier Licensed REAA 2008 Phone 0272549999 Courtney Wood Licensed REAA 2008 Phone 0276880818

Jalcon Homes

Melanie Tracy 0800 21 88 22 or Paul Reid 0800 02 22 12

Jennian Homes Phone 09 582 1020

Alan Rip 0212582808 or Caroline Rip 0212572320













Almost a decade ago this home was born with a passion, of hand milled Kauri and a craft that saw pride and pedigree displayed in detail and simplicity. This beautiful lady was the pride of Phillips and Impey in Mt Albert. Refurbished with creature comforts, lighter tones and filled with significant storage. 92 Bethells Road, Bethells.

BY NEGOTIATION 4 BEDROOM 1 BATHROOM GRAHAM MCINTYRE 0276320421 LICENSED REAA 2008 www.ljhooker.co.nz/138H14



This is a nature lovers hide away. A glade which is sheltered, north facing with alfresco dinning out to extensive decking. The home is predominantly brick with a tile roof and has a layout that will suit a family or semi retired couple looking for a self sufficient lifestyle, away from it all. 917 Peak Road, Waimauku.

BY NEGOTIATION 4 BEDROOM 2 BATHROOM GRAHAM MCINTYRE 0276320421 LICENSED REAA 2008 www.ljhooker.co.nz/10SH14



This 3 bedroom, 2 bathroom home, plus1 bedroom/1bathroom unit has been totally renovated to a high standard. North facing outdoor living off the kitchen with views to the forest. The kitchen is well appointed flowing from the lounge to the deck. The kitchen is centrally located, creating an entertainers dream home. 24A Cambridge Road, Riverhead.

BY NEGOTIATION
DENISE GLOZIER
www.libooker.co.pz/132H14

3 BEDROOM 2 BATHROOM 0272549999 LICENSED REAA 2008

www.ljhooker.co.nz/132H14



This property moved from Remuera in 2003 has been re-wired, re-plumed and has a large capacity tank to service this outstanding bungalow. Re-furbished in style from the rimu floors to the beautiful windows that have retained their character. The house consists of 2 extra office spaces, 1 large lounge, 2 dining areas, a carpark for 4, and a woodburner. 6 Cambridge Road, Riverhead.

BY NEGOTIATION
DENISE GLOZIER
www.ljhooker.co.nz/13EH14

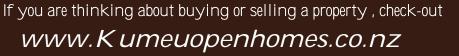
4 BEDROOM 2 0272549999

2 BATHROOM LICENSED REAA 2008



Architecturally designed by D J Design to blend with the natural beauty of the location and graceful living. Extremely private with a good blend of spectacular native NZ bush and hard to believe only minutes from Westcity Shopping Complex. This character home, set amongst other similar quality homes, offers elegance and charm. 88 San Valentino Drive, Henderson.

BY NEGOTIATION AARON LAWLER www.ljhooker.co.nz/13CH14 4 BEDROOM 0211643031 2 BATHROOM LICENSED REAA 2008











Located on the western boundary of the Riverhead Township bordering the Rangitopuni River, this development includes a selection of 21 lots offering a range of gentle contoured residential properties with tidal water views, open space and an embracing community. Welcome to Aston Park, naturally overlooking the harbour. Riverhead is a historical village located a short drive from the end of the North-Western motorway some 20kms from central Auckland, approximately 15kms from the new Albany City. Riverhead has been identified as a key growth area in the Auckland North-West region.









We welcome your expression of interest in this highly desirable development directly or via our house and land package providers below.

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Jalcon Homes

Melanie Tracy 0800 21 88 22 or Paul Reid 0800 02 22 12

Jennian Homes Phone 09 582 1020

Alan Rip 0212582808 or Caroline Rip 0212572320













This wonderful 1.043ha haven is planted in mature merlot vines and features a small but productive orchard. Select your own building site, set back from the road, to create your own escape from Auckland's rat race. Rest assured, you will not be leaving civilization behind as you are only stone throw from one of Kumeu's award winning wineries and latest gastronome experiences. 583 State Highway 16, Kumeu.

\$550,000 LAND ONLY SERVICES AT THE GATE GLYN TAYLOR 021646941 LICENSED REAA 2008 www.ljhooker.co.nz/12HH14



This outstanding award winning home is set on a beautifully landscaped private getaway. This home includes a designer kitchen, entertainer's dining room and family lounge, 4 double bedrooms + office + formal lounge/media room, with 3 car garaging + work space + storage room. The home is north facing with fully fenced and landscaped pool area. Also on the property is second dwelling, a 3 bedroom cottage with an iron roof, and separate carport! 1 Nobilo Road, Kumeu.

\$1,550,000 4 BEDROOM 3 BATHROOM GLYN TAYLOR 021646941 LICENSED REAA 2008 www.ljhooker.co.nz/ZPH14



Nestled under the Riverhead Forest, this 4 bedroom and 2 bathroom brick home offers everything a family would dream of. Large living and dining. Large site, with a separate shed (high stud) with a loft and three phase power. New woodburner with a wet back. 23 Applemoors Way, Riverhead

BY NEGOTIATION 4 BEDROOM 2 BATHROOM
DENISE GLOZIER 0272549999 LICENSED REAA 2008
www.ljhooker.co.nz/12QH14



This character filled 3 bedroom plus one bedroom studio home sits on a private 3 acres of gentle contoured land. There are a multiple number of out buildings including a large 9x18m barn with extra living accommodation. This unique property offers endless opportunity. 5 Karaka Road, Whenuapai.

BY NEGOTIATION 3 BEDROOM 2 BATHROOM
COURTNEY WOOD 0276880818 LICENSED REAA 2008
www.ljhooker.co.nz/12DH14



Good renter or first home. This property is a great family home in a cul-de-sac. The home offers 3 bedrooms and 1 bathroom, with a separate toilet and 1 car garaging with extra parking out the front. Well situated in a quiet street. Ample living area and separate dining. Great size kitchen with good bench space. Close to local schools and amenities. Private and secure. 8 Longview Rise, Massey.

BY NEGOTIATION 3 BEDROOM 1 BATHROOM
DENISE GLOZIER 0272549999 LICENSED REAA 2008
www.ljhooker.co.nz/12WH14







At 21ha, this property is bigger than the Auckland Zoo! The elevated position offers panoramic views of the property and surrounding countryside. You could choose to renovate the existing 4 bedroom home (approximately 100 years old) or build a dream home overlooking your new estate. 91 Cottle Road, Taupaki.

\$1,450,000 4 BEDROOM 1 BATHROOM GLYN TAYLOR 021646941 LICENSED REAA 2008 www.ljhooker.co.nz/10QH14



This 2 hectare property is flat and well fenced into 7 paddocks. The main dwelling is two storied with dormer windows and steep roof. Offering four bedrooms and three bathrooms, and the ground level has two living areas. The big barn provides garaging, a workshop or storage. A two bedroom cottage with its own entrance is a bonus. All this and more is only minutes from Kumeu Village! 122 Boord Crescent, Kumeu.

BY NEGOTIATION 4 BEDROOM 3 BATHROOM
GRAHAM MCINTYRE 0276320421 LICENSED REAA 2008
www.ljhooker.co.nz/136H14



This would be an ideal proposition for buyers seeking a 'do-up' opportunity. With stunning views of Muriwai Beach, this three bedroom, one bathroom bach has all the potential to be the perfect get away for you and your family. The sunny, generous site of 1295m2 is crying out for some attention and TLC. 126 Domain Crescent, Muriwai

BY NEGOTIATION 3 BEDROOM 1 BATHROOM
AARON LAWLER 0211643031 LICENSED REAA 2008
www.ljhooker.co.nz/ZGH14



Issue the family with paint brushes, devote a couple of weekends to the job and you will convert this amazing character home into a masterpiece. Original period features and configuration. This old Vicars home relocated from Remuera, offers 3 good size bedrooms, 2 bathrooms, 2 lounges as well as an entrance way to impress any guest. 30 Great North Road, Riverhead.

BY NEGOTIATION 3 BEDROOM 2 BATHROOM
ECHO MCRAE 0272330001 LICENSED REAA 2008
www.ljhooker.co.nz/12YH14



Stunning 1900's 4 double bedroom villa. Tastefully enlarged, this home stands proudly to the rear of the gently contoured 8.412ha (21acres) Kumeu property overlooking quality grazing land. The large detached garaging adjacent to the house is perfect for the hobbyist, car collector or home business. French doors lead to a private and sheltered external entertainment area complete with earth pizza oven. 64 Motu Road, Kumeu.

BY NEGOTIATION 4 BEDROOM 1 BATHROOM
GLYN TAYLOR 021646941 LICENSED REAA 2008
www.ljhooker.co.nz/10SH14







A spacious 1920's villa located in Kumeu very peaceful and private with 180° views of the Waitakere Ranges. With four bedrooms and two bathrooms there is plenty of room for a large family plus more! Walking through the front door and down the hallway, there are three bedrooms located on the left hand side of the hallway and one on the right. One bedroom on the left is the master bedroom with an en-suite. 417 Old North Road, Kumeu.

\$995.000 4 BEDROOM ECHO MCRAE 0272330001 www.ljhooker.co.nz/116H14

2 BATHROOM **LICENSED REAA 2008**



Two hectares of prime lifestyle land nestled down a quiet country lane with 180 degree, majestic views north east. Services are at the gate and the land has several prime building platforms that are flat and easily accessed. The land is gentle sloping to a stream planted in natives and the earth is a sandy loam mix, free draining and of average fertility. Peters Lane, Kumeu.

BY NEGOTIATION **GRAHAM MCINTYRE** www.ljhooker.co.nz/SFH14 LAND ONLY 0276320421

SERVICES AT THE GATE **LICENSED REAA 2008**



This special north facing piece of land is a must see! Your privacy is assured. Situated at the end of a long driveway, sitting on 5 gentle sloping acres. Stunning north facing rural views with post and rail fencing, also very well sheltered. What are you waiting for? Ready to build your dream home? This is the place! 246A Blackbridge Road, Dairy Flat.

BY NEGOTIATION COURTNEY WOOD www.ljhooker.co.nz/12SH14

LAND ONLY 0276880818

SERVICES AT THE GATE LICENSED REAA 2008



Elliot Street is one of the most wanted locations in the desired area of Riverhead. Character oozes from this 1950's villa, renovated throughout with modern heating including under floor heating in the bathrooms. This immaculate home offers 2 lounges, 3 bedrooms, sunroom and ensuite, supplemented by a separate office or studio. 14 Elliot Street, Riverhead.

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BY NEGOTIATION **DENISE GLOZIER** www.ljhooker.co.nz/13GH14 4 BEDROOM 0272549999

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KUMEU ROTARY SEEKS NEW MEMBERS



The Kumeu Rotary change-over night was held on Tuesday 10th July at Settlers Lodge, Waimauku. The event marked the end of Graham Cato's term as Club President and the start of new President Les Barber's one-year term. During the event President Graham announced that David Jennings was the recipient of the President's Award for 2011 – 12. Certificates of Appreciation were handed out the number of members and non-members for rendering significant and meritorious service to Rotary and the community during the year. Congratulations must go to Cam Crawford on being made a Paul Harris Fellow, a very prestigious award for his outstanding service to Rotary and the community. After the changeover ceremony President Les introduced the new Board and outlined his goals and ideas for the coming year. One of the goals for the coming year is to more support the coming year is to more support the community year is to more support to more support the community year is to more support the community year is to more support the community year is to more support to more support the community year is to more support to the coming year. One of the goals for the coming year is to increase membership.

nity and internationally, contact Graham Cato 4118352 or visit the Club's www.kumeurotaryclub.org.nz

A TRIBUTE TO THE LATE KERRY HAMILTON

A soul brimming with generosity, empathy and compassion.



Kerry Hamilton passed in August 2012 from pneumonia after a quiet but persistent battle with Cancer. In the final hours it seems that Kerry slipped away without wanting to make a fuss nor troubling even the loved ones around him. Somehow Kerry managed to pass with the same quiet pride and lack of fuss that traveled with him, always a companion in his life and on his journeys. Everyone had a good word to say about Kerry. Was it his infectious smile, the witty charm and feeling of being immediately at ease with him, or maybe it was the genuine interest and goodwill that he gave to people. Kerry Hamilton was a role model in the way that he cared for others and gave his all to others without exception. He spent life enjoying people, an ability that always got the best out of people and he gave the very best in return. Companionship always came with a chuckle, a willingness to help, a fun personality and the attitude that nothing was too much trouble. Kerry lived and worked with a quiet, thoughtful composure and set a high standard for all that he did. Things had to be done right and had to be properly thought through. Everything he did was done right and created value for those who were to benefit from his work. From an engineering background under Jim Fletcher in Dominion Breweries, Kerry made time for People, Places, Animals and Imagination. In this way he could create friendships with Children, Dogs, Adults and even a pesky soft headed steer called Robert all at the same time, whilst still managing to create, develop and fix things around him. A special part of Kerry's life was about travel and about travelers and this interest gave Kerry a vast appetite for general knowledge and an ease of conversation which delighted the very young to the very old. Even Kerry's pride and joy American Classic Car which he treasured opened new doors and made people smile. The last few years Kerry has been an anchor and a help for the members of Kumeu SeniorNet and he will be missed

by all. In a special remembrance of Kerry with close friends Paul and Vanessa, I asked what will people remember about Kerry, and they both smiled. "Kerry, the person will be remembered for his generosity, compassion and empathy. His caring and witty ways, with gentleness and thoughtfulness and a comforting and genuine soul. He was the kind of role model that would enable a better life for all, a better world for all". I think Kerry's message to us all would be " Life is about People, do the best for people", maybe we can all take some of that philosophy and live a better life because of Kerry's gift.



DIARY THE DATE, POLISH OFF THE BOOTS



Just Gardening' at Kumeu September 22nd 2012. Just Gardening is Auckland's fastest growing show! It is a TRUE Garden Show with plants, trees, garden art, information and advice, garden barns plus so much more. This year to keep the children amused will be pony rides and a jumpy castle - timeout while you do your perusing. Eftpos cash out facility is available as well as free delivery of purchases to vehicles. Two very popular attractions at the show are the Garden Café where you can enjoy lovely food and a sit down and the Taste of Country Hall. All proceeds from the show go back into developing the Show grounds and facilities.

The show welcomes new trade Site holders. Just Gardening at Kumeu is on from 9am – 4pm. Entry to the Garden Show is \$7.50 with Free Parking. Phone 09 412 9322 or email kumeushowgrounds@xtra.co.nz

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GIVE VETS A FAIR GO

Winter is well underway and we've had our share of muddy encounters. We've helped the local Kumeu fire brigade rescue a few stranded animals of late. Without the help of the volunteers and their equipment these rescues would be impossible, so a big thanks goes out to them. A timely reminder for all of you with livestock or horses be sure to check all your paddocks for soft areas or sink holes and keep animals out of these paddocks or electric fence them off. On a different note, you may have seen the episode of Fair Go which aired recently regarding vet clinic prices. It was rather unbalanced – a view shared by the wider veterinary community and public (see the Fair Go Facebook page). One of the recommendations to people looking for a clinic for their pet was to 'shop around to find the cheapest option'. The cheapest vet clinic is likely to be good for your wallet but not necessarily for your beloved pet! Cutting costs also means cutting corners. At our practice we strive



to provide the highest standard of care for our patients. That is why we are continually investing in the best equipment (such as our digital xray machine) and why we regularly attend courses to improve our skills and knowledge. All our vet nurses have completed, or are studying towards, a qualification and a vet is available 24/7 on the end of the phone to help when an emergency happens! If you'd like to see our cute 'Patient of the Day' photos and hear about our latest specials check out our Facebook page and 'Like' us to receive updates on your newsfeed. For more information phone Kumeu Veterinary Services on 09 412 9016

NON EDIBLE - CONCRETE SHEEP HITTING THE SPOT

Forever Ewe - Concrete Sheep. You may own one or two yourself or know someone who has some.....Concrete Sheep. An iconic Garden sculpture, designed by Artist Jennifer Maxwell. Jennifer previously lived in Whenuapai, and has now retired and is living in Akaroa Banks Penninsula. Jennifer is delighted that Zoe Ferrari- Hunt, a local living in Waimauku, has bought the business. The sheep are now being made by Zoe. Zoe lives on a small lifestyle property with her husband and two girls in Waimauku. Forever Ewe was established this year, and has the full and exclusive rights to manufacture and market these Iconic Garden Sculptures. Zoe who had a couple of concrete sheep herself, jumped at the opportunity to bring the business back to Auckland. You can see the concrete sheep at the Coatesville Markets where she has a stand. Or visit our website foreverewe.co.nz Forever Ewe will be at the Kumeu Garden Show in September, so pop down and have a look at these great garden sculptures! If you would like to find out more, or order yourself a flock (3 or 5 look best) contact Zoe at foreverewe@gmail.com We can crate and freight the sheep almost anywhere. They make a fantastic gift for that hard to buy person in your life! The sheep have appeared on TV and in magazines, and on one of NZ's top Gardening Shows.

ROTARY LITERACY PROGRAMME

July was Rotary Literacy month. As Kumeu Rotary's contribution to the programme the club acquired 50 copies of "The Usborne Illustrated Dictionary". This is a beautifully presented dictionary sponsored by Rotary International. It contains over 1000 superb colour illustrations and has friendly (English speaking) text designed for 9 years of age to adult. Copies of the dictionary with presented to 24 year 3/4 students at Parakai School by Rotarians Graham Cato and Thomas Grace. Parakai School was chosen because it is the lowest decile school in the Kumeu Rotary area. The year 3/4 teacher, Cameron Tamatahi-Davies, says that the gift means very much to him and his students. The dictionaries are being used positively to assist their learning and are also being shared with siblings of the children that received them. All the year 3/4 students in the class have sent letters of thanks to Kumeu Rotary. Copies of the dictionary for use as reference material by teachers and students were also presented to Helensville, Woodhill, Waimauku, Huapai, Taupaki and Riverhead schools. The club is very pleased with the feedback it has received and hopes to repeat the programme next year. For more information contact Graham Cato on 09 411 8352



ALL "GIRL POWER" AT YOUR LOCAL KIWISPAN

Karen Body and the all-girl team at KiwiSpan have gone from strength to strength in the last 12-months since the change of ownership. We are continually winning awards for the Top Selling Branch in the national Kiwispan group of 32 dealers. Karen has been involved in the Steel Framed Building Industry for the last 12 years and has had much experience with all things Council; which means that her and the team can certainly look after your next project be it a shed, barns, stables, farm building, sleep-out, or commercial/ industrial building. We promise that when we quote you for a building designed especially to your needs and requirements, we won't hound you and chase you up after the quote. We know you will get back to us when you are ready or if you have questions. Take the worry out of your next project and have us look after all the Council requirements for you. Our in-house architect draws all our buildings to a very high standard in order to get that consent through for you. The friendly KiwiSpan team are backed by a small group of local contracting professionals who look after everything from a survey of your site for a Site Plan, to site preparation, foundations and concrete slabs through to our builder who erects every shed/barn as though they were his own. Karen is available to meet with you, so just give us a call on 09 412 8455 to request an initial price and plan and any info for your building project or any council concern you may have. Or just pop in and see us at 329 Main Road Huapai. Visit our website for more ideas and testimonials... www.kiwispan.co.nz

HERE TO HELP

Hi, I am Warren Marshall, my wife and I have always wanted to live in Kumeu, since buying a property 3 years ago we have never looked back. We have now purchased a lifestyle block and are looking forward to building. And in that love of the Kumeu lifestyle and its people, is why I have decided to join the great group at LJ Hooker. A wee bit about myself, I have been a volunteer fire fighter for the past 7 years and find it very rewarding, I love the great outdoors, motorbikes, and fishing. I look forward to meeting more great people and helping them buy or sell in the district. Call me directly on 021 222 4255



COMMUNITY NOTICEBOARD

The Waimauku RSA are starting up a market day on the last Sunday of every month excluding December and January. \$10 for all stall holders. For details or booking contact either Kay 0211376877 or Linda 0211425508

Fourth annual Ladies' Pamper Night on Friday, November 16.

If you would like to participate, please email the Kindergarten at: waimauku@naka.co.nz or phone 411-8890.

Kumeu Library Events

Saturday 15 September 2012 Cartoon artist Stu Duval will be here for a limited time 10.00 - 10.30 am Free of charge Get ready for our Create a Character competition. Come along and watch an expert in action, see how Stu draws and ask for advice

Saturday 22 September 2012 Special Rhyme time with Dad 10:00 - 10:30 am Free of charge

Music and rhyme, great for language development

To find out more: phone 09 301 0101 or visit www.aucklandlibraries.govt.nz

Just Gardening' at Kumeu September 22nd 2012

9am – 4pm. Entry to the Garden Show is \$7.50 with Free Parking. Phone 09 412 9322 or email kumeushow-grounds@xtra.co.nz

COMMUNITY NOTICES ARE FREE OF COST AND CAN BE EMAILED TO qlms@xtra.co.nz OR FAX 09 4129603



DISCO 2012 AT NATURES EXPLORERS

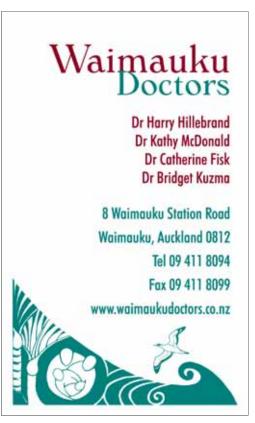
On Friday 10th August we held our 2nd annual Nature's Explorers Mid year Disco at the Riverhead Community Hall. The proceeds from our disco were donated to the Hibiscus Coast Hospice. We had a fabulous turnout of families. It provided children and their families with the opportunity to dress-up in their favourite outfits, share refreshments and to socialise with other parent's and children in the community (a wonderful way for families to get to know one another). Of course everyone got out on the dance floor and grooved to a selection of music (some favourites, including 'Firework' by Katy Perry and ABBA, chosen by the children). The Disco concluded with prizes for Best Dressed and Best Dancer's. It has been wonderful to hear that our children and our families are already looking forward to our Disco next year! For more information contact Natures Explorers on 09 412 8800

.....continued from page 1

"There has been so much planning done in the area and so much on the table for discussion but I am determined to ensure that the very best prices are delivered to reward my Vendors this Spring" says Denise. With the Spring growth so to will come an increase in property listings as people realize the increase in property prices in the area. "The area has developed in leaps and bounds" says Graham McIntyre, Principal of LJ Hooker Kumeu. "The quality of the area, the school, The Riverhead, town services, the Brigham Creek motorway extention and the history all play a part in the surge of interest in this blossoming area. We are right behind the people of Riverhead to deliver exceptional prices and excellent service to ensure a highly satisfying result" says Graham. There are an estimated 2500 new sections in Riverhead being made available over the next 10 years.







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SENIOR NET

SeniorNet has a double treat in store when it welcomes two speakers on monday 3rd september at 10.00am at ST Chad's Church Hall. Joanne Hurford Outreach Therapy Pets Manager for St John Northern Region will tell us about the use of animals for rehabilitation and therapy and the many organisations who use pet therapy. Janis Dixon will tell us about St John Medical Alarms, this is your chance to ask questions and get all of the information. Come along, bring a friend. \$3.00 buys a tea or coffee and biscuits. A raffle will be held. All welcome. An early reminder for October Wednesday 3rd at 10.00 am. By popular request Tom Epstein of Olympus Cameras will be here to talk to us again. For more details contact Pip at lalandepip@yahoo.com

SHIRODHARA FOR SEPTEMBER

Ayurvedan Oasis has been going for almost a year now and to celebrate, we are offering Shirodhara for the entire month of September. Take a moment for a truly exquisite experience. Warm oil gently and quietly flows across the forehead. You lose track of time, forget your concerns. Then when the oil stops, you slowly drift back to the present and receive a divinely awakening Indian head massage. Shirodhara soothes and calms your thinking, eases all tension in your mind and body. You float home wondering what just happened. The old red brick heritage building at 55 Waimauku Station Road is the perfect place to switch off from the world for an experience like no other in our modern world. The wonder is that it has taken 5000 years to find out about it. Gift Voucher September \$70 (normally \$90) Call Louise 0272682009, Osteopathic Natural Health Phone 4115002



WHEN EVERYTHING TURNS TO POOP

At a time when the rain keeps falling, the ground is saturated and the septic tank is full it is great to know that if all else fails a call in the right direction will fix the problem. One such issue occurred recently when the tractor and the septic tank could not agree on safe passage. The result was not good, in fact everything turned to poop. A call in the right direction to Burnetts was just the ticket, the tank was sucked, the fix-it team arrived and everything was just rosy. Needless to say the tractor doesn't go that way any more. If you get in the poop, just make one call to Burnett's Septic Tanks and Water Tank Cleaning on 09 412 9210











SEABED MINING - IN OUR WATERS

Internationally there is unprecedented economic interest in minerals embedded in the seafloor. Consents have been issued for huge amounts of seabed mineral prospecting and extraction on our West Coast, with Greenpeace warning global seabed mining could cover the widest area of all human destruction. Mining and prospecting includes drilling and sucking, plus a range of seismic and sonic testing. Already, Rio Tinto are prospecting for minerals off Auckland's West Coast, covering an area of over 540 km2, and Australian company TransTasman Resources (TTR) is preparing for their first seabed mining consent sometime in the next couple of months. here's also already sand mining occurring within and outside the Kaipara Harbour. All these activities have impacts on marine life, especially dangerous for Maui's dolphins who cannot sustain a single human induced death. Seabed mining affects surf breaks, coastal land forms and other marine life too. Kiwis Against Seabed Mining (KASM) is committed to informing the NZ public of this issue, so if you want to know more join us at Muriwai Fire Station at 7.30, Wednesday 5th September.

WHAT: KASM on Sea Bed Mining WHEN: 7:30pm 5th September WHERE: Muriwai Fire Station

Kids Eco Club

Join us in pricking out the first native seedlings from our new Plant Growing Unit. A great chance for your kids to learn about plant care and propagation.

WHAT: 'Pricking out' plant seedlings WHEN: 16th September 10am WHERE: Ranger Depot, Bottom

of Motutara Road



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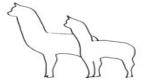
JOINING TOGETHER FOR FAURE'S REQUIEM

Opera singer turned choir mistress, Margaret Lindsay, always knew that her choir, Kumeu Blend, could pull off the intricate music of Faure's famous Requiem. But she also realised that they didn't have the numbers to give it the great volume that French composer, Gabriel Faure intended when he wrote his four-part mass for voices. "So I arranged a meeting with Peter Cammell of the Pohutukawa Singers group which originated as Pro Voce in Helensville," says Margaret, "and we decided to give it a go." Both choirs began practicing separately in March. Both choir masters chose their own soloists. And, says Margaret, my heart was in my mouth. Within a couple of months the four-part written score was beginning to sound like music. Finally the solo parts were woven in and the final polish added. "I never had fears that we wouldn't be able to do it," says Margaret. "The trouble was not with our singers, but with the venues. I did worry about the acoustics and putting over 50 singers on stage." Margaret's passion for music began when she was 11 singing the Lonely Goat Herd from The Sound of Music. Her first opera participation was in the chorus of Tosca while at University and then later she joined the New Zealand Opera Company .She trained as a singing teacher with her Kumeu-based teacher, Beatrice Webster, who was then Head of Music at Auckland University' and took over the choir from Beatrice later. It was a huge responsibility. "Beatrice had incredibly high standards." Margaret's first move was to add men to the mix, which up till then had been the Kumeu Women's Institute choir. Today almost half of Kumeu Blend's members are male, led by celebrated bass, John Wall, also a former member of the New Zealand Opera Company. "We did Faure proud," says Margaret. "The Requiem is a piece written for the dead and this one was composed in 1893 which makes it relatively modern. It's from the romantic period, so it's lush music with a great deal of colour and texture." I was delighted we were able to perform it at St Chads in Kumeu, and the choir enjoyed it so much we're planning to include parts of it with some more upbeat pieces in our Christmas performance on Sunday December 16th ." Carroll du Chateau

TREES FOR SURVIVAL

Trees for Survival is a localised initiative that brings a number of stakeholders together for the replanting of land areas in sensitive co-habitats. The initiative involves schools, council and landowners and involves a process that can take up to 12 months to develop the seedlings for planting. Waitakere Primary School was recently involved in a planting on a riverbank area that was of no value to the landowner but would make a big improvement to the local habitat. Mrs Naglmaier and her class of 2011 students teamed up with Ms Farrell, the planting day coordinator to ensure the day was a great success, planting over 500 native trees in Taupaki. For more information on the Trees for Survival program nearest you go online to www.aucklandcouncil.govt.nz.





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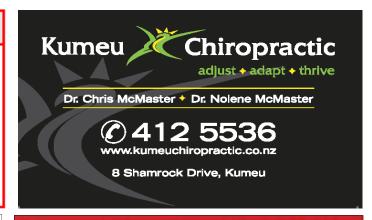
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Denise Glozier **Licensed REAA2008 Country Living Realty Ltd**

KUMEU



LOADED CHOCOLATE SLICE

This is a recipe I've been using for years. It was first passed onto me by an old neighbour. Its a Alison Holst recipe. I've recently adapted it to make a more healthy version which turns out just as tasty. These are so moist, they can be served as a desert with a dollop of yoghurt and seasonal fruit on the side. The extra chocolate chips on top can of course be omitted but they do help add an interesting texture as well as give a stronger flavour. Double Chocolate Muffins

1 tsp baking soda

1/2 cup milk (I use Green Valley Organic Milk)

1/4 – 1/2 cup chocolate chips – sprinkle on top

1/4 cup cocoa

1 egg

Ingredients

1 3/4 cups flour (I substitute for whole meal)

1 cup caster sugar (I substitute with raw sugar)

100 grams butter

1 cup yoghurt (I use BioFarm bush honey Organic Yoghurt)

1/2 tsp vanilla

Method

Sift the dry ingredients into a large mixing bowl.

Melt butter, add remaining ingredients – mix 'till smooth.

Add wet ingredients to dry and fold together until flour is dampened but not smooth (to avoid over-mixing).

Divide mixture between 12 oiled pans.

If you're adding the choc chips, the recipe calls to add these before baking but I've found it best to bake the muffins for about five minutes and then sprinkle them on while in the oven (it prevents them from sinking and burning)

Bake at 200 degrees Celsius for 10-12 minutes or until centers spring back when pressed lightly. Leave to stand in the pans for 3 minutes before removing to cool. Contact Karlene Jonkers 411 9078, karlene@oh-sugar.co.nz, www.oh-sugar.co.nz, www.oh-sugar.co.nz)

GET KUMEU COURIER HOT OFF THE PRESS EMAIL "subscribe" to glms@xtra.co.nz

JOIN THE FUN WITH DAVE UPFOLD

On Friday 14 September, Waimauku school's PTA will be holding a fantastic function in the big Hall. We have organised Dave Upfold, a Hypnotist/Magician/Illusionist/Comedian/Auctioneer to come along and entertain us! It will be a really fun evening! Write it up on your calendar now, and get a group of friends together to come along for a very entertaining night out! We are looking to sell tickets at a very low \$20 each (or \$30 with a beer/wine and a yummy roast meat bun!) as we want it to be an affordable night out! He sells out at the Sky City Theatre at \$69 per ticket! From 6.30pm will have a bar selling wine & beer, we will sell hot food, and also hold an auction in the intermission with fantastic local suppliers of goods & services, and restaurant vouchers etc No eftpos available, sorry Tickets for sale from the school office, or contact: pta@waimauku.school.nz

FEELING THE NEED FOR A LITTLE RED MEAT?

Now you can add some Verve to your life! Our reputation for cooking steak has encouraged us to extend our steak selection: our new spring menu will give you more steak options to choose from 180gm eye fillets, 230gm scotch fillets, 300gm sirloins and 450-500gm rib eyes! Wedding or Function to organise? Like a complementary pair of silver diamante champagne toasting flutes? book the restaurant before the 31st November, and they're yours! We have seating for around 90, (40+ in the restaurant, up to 40 in the adjoining courtyard), easy parking and we are BYO Wine, so we are ideal for both small and large groups. We can design something just for you, to suit your special occasion. http://www.eatout.co.nz/Auckland/Kumeu/Restaurants/Verve.html give us a call 412 7127.

THE RIVERHEAD - UPDATE

'The Riverhead' is one of the national finalists in two categories of the Hospitality New Zealand 2012 Awards. The two categories are 'Best Music Entertainment Venue' and 'Best Lamb Bar Meal'. The judging will be taking place over the next month with the results being announced at the National Conference Award Ceremony Black Tie Dinner on September 26 in Wellington. Our focus has been to provide a music venue which compliments the overall experience of this unique rural tavern. We want to provide a community and family friendly environment which is reliably on



every Sunday with a relaxed atmosphere. We call it 'Blues in the Boat House' and no bookings are taken (it's first in first served) there's a full bar and various food options. Given the area it easy for people to find places to chat and catch-up or get more involved with the music and dance. We have adopted the 'Blues genre' which actually covers a wide range of styles. We always post the upcoming acts on our calendar on our website www.theriverhead.co.nz and on our facebook page. The Lamb entry is for our 'Espresso Lamb Fillet' This is tender espresso rubbed lamb on beetroot, feta & mint waldolf salad with blue cheese yoghurt dressing & toasted sourdough bread. This dish has been on our menu for the past 12 months and has been a favourite in all seasons. The saltiness of the feta, the sweet tartness of the beetroot, the crispness of the apple, the nuttiness of the walnut with the mint & yoghurt compliments the lamb superbly. Strangely the espresso rub is a subtle compliment. All these textures & tastes make for an exciting lamb dish that works well in both our Bar & Restaurant. At the time of entry the number of unit sales of this dish was 2366. Don't forget 'Fathers Day' is just around the corner on the 2nd September. Be sure to make a booking if you want to treat him to Lunch or Dinner in the Landing...he might even like to try our Espresso Lamb Dish. Contact The Riverhead on 09 412 8902.

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Tickets from PTA members or from the school office ***Food and beverages available from 6.30pm***

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Your local bin company Mr Binz has been supplying home owners and businesses in your area for 14 years. With bins to suit the smallest clean up to the large projects we are Kumeu locals and we have accumulated a vast knowledge of the locals and the areas. We are unique in the waste industry in the way we can deliver and place your bins. If you have thought about a bin but not wanted to have your driveway blocked with the bin this is were Mr Binz skilled operators and unique trucks come into play. By delivering your bin with truck mounted cranes your bin can be placed off the drive not causing any access issues. Our operators are the best at putting your bin almost anywhere that makes your job of filling it up easier. We can quickly attach a clamshell grab onto our larger truck, which makes it so easy to remove large quantities of any type of waste, removing loads of 30 cubic metres at a time. This has to be the quickest and easiest way to remove your pile of rubbish. You can see this operating on our website www.mrbinz.co.nz With 14 years experience of helping locals, TIDYUP, CHUKIT out or GRABBA it up, we have the experience the knowledge and the bins for your next clean up. Call us today on 09 412 9309 for helpful, friendly service.

WAITAKERE ALPACAS OPEN DAY

Our next open day is to be on Sunday the 7th of October from 10 am till 4 pm. Not only will you be able to see all our lovely knitwear and accessories in the shop, but you will be able to meet some alpacas up close, watch carding and felting demonstrations, and learn about how these lovely animals will give you years of pleasure as pets on your lifestyle block. Or even start a whole new lifestyle- breeding females, and having your own delightful little cria! Tea, coffee and cold drinks available, also a sausage sizzle- all raising funds for the West Auckland Hospice. There is no entry fee, so bring your family and friends, but please leave your dogs at home.

Where 107 Monk Road South Head 22 km past Parakai. For more info www.waitakerealpacas.co.nz

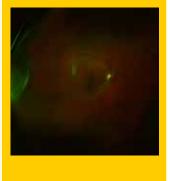


For Eyes in the Kumeu Village have the only wide field retinal scanner in NZ and recently had a patient travel all the way from the South Island to have his eye scanned to record a malignant melanoma prior to treatment with radiation therapy. The Optos ultra wide field laser scanner is a quantum leap in retinal imaging, and captures 82% of the retina in its photographic image, far more than the best retinal camera which captures only 12%. Furthermore, it uses two separate lasers, so that the upper layer (the retina and blood vessels) can be viewed separately from the underlying layer (the choroid), to discern whether an abnormality is at the surface of the retina or below.

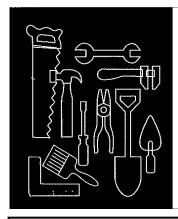
It is a recommended procedure for everyone, as peripheral abnormalities often do not have symptoms, yet require early treatment to prevent vision loss. For more information contact For Eyes on 09 412 8172 Photo: A peripheral melanoma in the retina

GIVE IT UP FOR HOSPICE

Second hand goods are pouring in to local Hospice Shops in West Auckland as a result of the Give it Up for Hospice campaign which is running throughout August. "It's incredible to see how generous West Aucklanders are," says Barbara Williams, CEO of Hospice West Auckland. "The team are rushed off their feet collecting and sorting donations, and we've had some quite special items come in so far such as a complete designer wardrobe from someone who has gone down a dress size and a 1950s wedding dress in absolute mint condition." But it is not just clothing that is being donated, it is also furniture and household items such as the Royal Albert jug that came in recently. "It's wonderful that people are trusting us with their precious items as they know that every dollar we make goes directly to caring for those in need," says Ms Williams. Right now Hospice West Auckland is reviewing the location of their Hospice Shops and the Henderson branch will be closing shortly while a new site is secured. However it is still open during August. People are being asked to sort out their unwanted good guality clothing, bric-a-brac, homeware and furniture and drop them into their local Hospice shop. During August, clothing can also be dropped off at West Auckland Postie shops. Hospice can also collect larger items, and can be contacted on 0508 4 HOSPICE. The West Auckland Hospice shops are located in New Lynn, Te Atatu, Henderson and Helensville, and the Postie shops are located at Westgate, Waitakere Plaza and Lynnmall.







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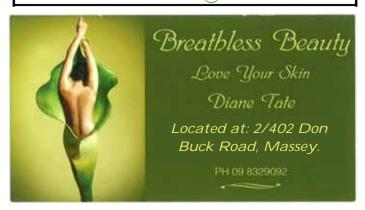
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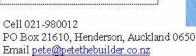


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