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COMMUNITY NEWSLETTER

JULY 2012

VOLUME 3
ISSUE 7

SPECIAL POINTS OF INTEREST:

- 6000 + Circulation
- Community information
- Upcoming events
- Sponsorship
- Free editorial contributions
- House price sales
- Relevant to area rate-payers
- Share a recipe
- Advertising from \$75+GST
- Community notices

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KUMEU'S VILLAGE NEEDS MAKEOVER



Loose scoria, weeds, mould, pot holes, trampled bark, dirty bunting from September 2011, old tatty signage, signage barriers, dull and dirty. These are all words that describe the scene at our Kumeu Village, a centre that has large potential, but is not delivering to meet the wishes of the community nor the tourist traffic. A local shopper in the village said "Shop owners and Tenants alike must take a look at themselves and together invest in a better look and maintenance programme for the future otherwise it will get worse not better."

► ...cont pg 6

RATEPAYERS TAKE ON PROPOSED LANDFILL

Last week we received via the local landowners, an application for a clean fill site on the Attwood land in Pioneer Lane, Taupaki. The application proposes 560,000m³ of fill over 10 years to be placed in the 8 hectare gully within the Attwood Farm. The truck access is proposed via Access, Tawa, Awa & Worrall Roads. A new one way lane is to be formed over an unformed road to access the fill site at the end of Worrall Road. Truck movements – 8 cubic metres per truck or 15m³ per truck & trailer unit is proposed with 50 truck movements per day on average over a 2 month period. Maximum is 75 trucks delivering soil and land fill to the site per day. At this stage the Council have the application on hold pending more information, and they have yet to decide whether to notify the immediate neighbours or to go to full notification. In the past the Council have not notified significant applications resulting in approvals being granted without community input. This could occur again with this proposal. The Association is collating submitters and opposition to the proposal. Contact is being made directly to Council's processing Planner Junitta Fretton at Orewa. If you are concerned please advise her direct with a copy to the Association, at my email or physical address below. Details can be obtained from Doug Thode at 09 412-8545. Don't leave it to others to deal with this issue.

► ...cont pg 4

RIVERHEAD DELIVERS BIG OPPORTUNITY



Sometimes we are so involved in today that we forget about the bigger picture tomorrow and the effect that a combined effort and a galvanized resolve can deliver. We saw the result three years ago with Vision Waimauku and today we see it in the popularity of Riverhead. A community that has been proud of its heritage and a people that are very specific about the direction. Within this issue we share some of the history of this great historic village and share some of the individual passion and achievement in the area that continues to delight tourists and locals.

► ...cont pg 7

See us at: www.kumeucourier.co.nz Sponsorship starts at \$75 per month plus GST. Editorial and Advertising to Anna Sareczky Ph: 021607971 Email: annasareczky@hotmail.com

HOME HEATING - NOT HOME ON FIRE

Winters here and with that comes the need to keep everyone warm and cozy. With many forms of home heating available some have a higher fire risk than others to consider.

Open Fires: This has been the most common form of heating for many years in New Zealand. Use dry wood for the best burn and less smoke, have a spark arrester screen up to stop those stray jumping embers burning holes in your carpet or worse your socks with your feet in them. Have the chimney cleaned regularly and check before lighting that birds haven't made a nest in the top of the chimney. When cleaning out your ash only put it in a steel container and store away from combustible material ie. don't put the container with hot ash on your wooden porch or deck because it will catch on fire.

Woodburners: A lot safer than an open fire and more fuel burning efficient. use dry wood or compressed wood pellets for fuel, keep your flue clean. Don't use treated timber as this can speed up the clogging of your flue.

Electric Heaters: Many types available. Radiant heaters have an element which is usually visible and this reflects back to you the direct heat. They will only heat up a small direct area. Important to remember the 'Meter from the Heater' NZ Fire Service Safety message with this type of heater.

Oil Filled Column Heaters: A very popular method of heating as the heat is not so direct as a Radiant heater. Remember not to cover them all up with your uniform for tomorrow, better to use a clothes horse placed nearby. Be careful not to overload your power points with all these extra heaters. Switching them off at the wall at night also for your own peace of mind.

Gas Heaters: Portable LPG heaters emit less greenhouse gas emissions than the above heating systems, but do have pollutants that can cause you health risks. Portable LPG heaters create nitrogen dioxide, carbon monoxide and carbon dioxide and these must be removed from the room being heated, fine for outdoor areas ie Patio heaters, as there is a good flow of clean air. Fixed LPG or natural gas heaters are installed with a flue which removes all of these gases to the outside.

Heat Pumps: A lot safer option than the ones described above, but are a lot more expensive to purchase and install. Good luck with whatever your methods are of keeping warm this winter.

Keep Warm and Keep Safe.

Good idea to check that your smoke alarms are working. If not NZ Fire Service recommend you purchase and install Long-Life Photoelectric type smoke alarms.



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I have a wealth of knowledge and testimonials that will deliver confidence to each and every question you have. Recent sales over the last two months in the district follow:

KUMEU

Boord Cres	3ha + House	\$1,150,000
Burns Lane	1ha + House	\$760,000
Joyce Adams Pl	4.4ha + House	\$1,275,000
Matua Rd	800sqm + House	\$565,000
Merlot Hts	600sqm + House	\$560,000
Pomona Rd	3ha + House	\$1,333,000
Riverhead Rd	1ha + House	\$680,000
Tapu Rd	1000sqm + House	\$655,000
Tawa Rd	1ha + House	\$1,030,000

MURIWAI

Domain Cres	832sqm + House	\$385,000
Domain Cres	800sqm + House	\$801,000
Motutara Rd	1,200sqm + House	\$475,000

RIVERHEAD

Robinson Rd	4.1ha + House	\$1,040,000
Screen Rd	2.9ha + House	\$880,000
School Rd	3600sqm + House	\$775,000

TAUPAKI

Peters Lne	5.6ha	\$710,000
Waitakere Rd	5346sqm + House	\$805,000

WAIMAUKU

Ararimu Valley Rd	1ha + House	\$1,100,000
Cable Rd	3200sqm + House	\$490,000
Denehurst Dr	1000sqm + House	\$665,000
Freshfields Rd	1500sqm + House	\$685,000
Peak Rd	7.1ha + House	\$1,250,000
Rosella Gve	1500sqm + House	\$750,000
S/H 16	1.2ha + House	\$535,000

"For a free report on the latest sales in your area contact:

**Graham McIntyre
L.J Hooker Kumeu
Licensed (REAA2008)
Ph 09 412 9602"**

MONEY MATTERS

The recent OCR announcement from the Reserve Bank highlighted what a precarious position the world economy is in. Although the Reserve Bank is relatively upbeat about our domestic economy, Europe is still of major concern and this has seen interest rates held at record lows. Economists' are predicting that the OCR will stay at current levels for the remainder of 2012. Good news for property investors and purchasers (not so good for those with cash in the bank). If you couple this with an increasingly competitive banking market, the consumer is in the driving seat – it pays to shop around!

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MEDICAL CORNER

Something always topical and not related to seasonal illnesses which are prevalent this time of the year is, what tests should I do for a 'health check'. One of these is colon cancer check. In New Zealand colorectal cancer causes as many deaths a year as breast and prostate cancers combined. This equates to 1200 a year approx. Waitematea DHB is currently running a 4 year long pilot programme to check Fecal occult blood, and colonoscopy for those with positive results. 50 to 74 year olds are being invited to participate, and the pilot will determine if the necessary secondary services ie colonoscopy access, are available to support a national programme. Pilots are also being run in Australia, the UK Korea Japan Israel and most European union countries. If you have a family history of colorectal cancer or symptoms including blood mixed in stool, change of bowel habit (for at least 6 weeks) abdominal pain or bloating or weight loss (or other unexplained symptoms), get checked. Remember these cancers start as small bumps (polyps) on the lining of the colon and if got at a small size are very amenable to curative treatment. For more details contact Harry at Waimauku Doctors phone 4118094 or go to www.waimaukudoctors.co.nz

GREAT PHYSIO WITH A TWIST

Carolyn has 30 years experience as a physiotherapist and has lived in Kumeu for 16 years. Carolyn takes time to do a full assessment to address your problem and identify the cause of the issue. Treatment will include hands on therapy, education and self management. Common injuries include neck and back pain, sport and soft tissue injuries, occupational injuries, joint pain and dysfunction, and post-surgical rehab. Treatments may include mobilisation, manipulation, massage therapy, exercise prescription, and advice. To contact Carolyn for physiotherapy appointments, phone (09) 412 2945 or 027 628 8983 or email carolyn.oleary.physio@gmail.com. ACC and private clients are welcome.



Pete Sinton
Chairman

Kumeu Huapai Residents and
Ratepayers Association
Ph 09 412 2016

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The Association will set up a separate Bank account to handle contributions and donations for this application. Our accounts are audited. The short notice visit by the Mayor in our chair. The meeting was held on 15 June attended by 30 plus, and thanks to David Savery stepping in to put the Association point of view in my absence. The consistent view of retaining our rural character, enhancing the centre and allowing low density development for housing was put forward. Hopefully some of the concepts will be taken on board in the new Unitary Plan. Next KHRRRA meeting is 7.30pm, July 4, 2012 at the Kumeu Community Hall, Access Road, Kumeu.

Regards Pete Sinton - Chairman - Kumeu-Huapai Residents & Ratepayers Association
198 Oraha Rd, RD 2, Kumeu - email petesinton@townplanner.co.nz



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DO YOU HAVE INFORMATION ?

Kumeu Police would like your help to fight crime and keep drugs and illegal behaviour out of your local area. Overall, the area made up of the Kumeu Policing District, encompassing Woodhill, Rewiti, Waimauku, Muriwai, Taupaki, Riverhead, Hauapi and Kumeu is a fantastic place to live and has a great community feel about it. It is this sense of community pride that I am appealing to, in an effort to further improve our ability to keep crime statistics down. We can all do something to beat crime, whether it is identifying all of your property to make it harder for the burglar to sell, installing security stays on windows and motion sensor lighting or it may just be a phone call or e-mail advising us of some suspicious behaviour. Things that may make you suspicious include the old gut feeling, generally if you think it's not right it most likely isn't. You could also be suspicious to increased vehicular traffic, strange smells, activity at all hours of the night, lifestyles that don't match the income, deteriorating health linked with drug use, gang members, excessive lighting, strange sounds and first hand knowledge are just a few indicators that may warrant a closer look by Police. The information provided may be the piece of the puzzle we are trying to find, so don't delay, flick me an e-mail or phone call today. If you have any information please e-mail to mcj107@police.govt.nz or phone on (09) 412 5194 during normal office hours. Strict confidentiality rules apply.



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BREAKING NEWS AT SOLJANS ESTATE



www.soljans.co.nz

Soljans has been a name synonymous with the New Zealand wine industry with a proud involvement for over 75 years. Three generations of this winemaking family have put their stamp on the legacy over this time all having a common goal and lifetime interest in making high quality New Zealand wine. During these 75 years Soljans has been a stalwart of the New Zealand wine industry reflecting the changing trends and wine-styles that fashion, necessity and international interest has demanded. Today Soljans produces a range of premium varietal wines from vineyards in Kumeu, Gisborne, Hawkes Bay and Marlborough to meet the demands of both domestic and international sales. One wine that has been made over all these years is Port, a high quality, fortified red wine. There are only a handful of New Zealand producers left with the skills and knowledge on how to make this style of wine and Soljans is proud to have retained this tradition with Founders Tawny Port being a feature of the Soljans Estate range and very popular in Soljans Café, the cellar door and in the trade with new interest being shown in international markets. Founders Tawny Port is made in the 'Solera' system which involves keeping some of the current blend for inclusion in the next blend. This keeps continuity in the style while gradually increasing the overall age. Many years ago a decision was made to keep some of the best and oldest port aside so a few barrels were left to gracefully age, untouched except for topping up the small amounts that evaporate over time. The resultant wine is very special and very rare. This port has a deep tawny colour and rich, sweet taste with a hint of nuttiness known as the 'rancio' character which is a result of many years development in quality oak barrels. To celebrate Soljans Estate's 75th anniversary, this very old port is to be released in a stylish and unusual 500 ml square bottle known as a Qbic. A nod is given to the long oak ageing of the wine by using a wooden oak finish stopper. To keep a simple and elegant look the front and back labels will be screen printed onto the bottle. A special black box has been commissioned to hold the Qbic bottled port and two port glasses. This is work in progress at present and Soljans anticipate the port being available in the Cellar Door shop over the next couple of months. For more information phone (09) 412 5858

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The concern with the village is that it looks messy, dirty, untidy and generally un-cared for. This is not the first time that the finger has been pointed at land owners in the Village to invest a percentage of their income into a maintenance fund that can be used to slowly improve the village. Owners need to take responsibility for the clear occupational health and safety issues with the village first with big pot holes, sinking drainage grates all represent significant trip hazards and also highlight a potential collapses in the infrastructure which may have wider implications for flooding or complete failure in the future. We would like to encourage the tenants and property owners to work in unison to invest in this important part of our community and advise us of their solution. Watch this space.

CONSTELLATION WINES - STATION RD, HUAPAI

Carve out Sunday 5th August in your diaries for a slice of fun and your favourite Selaks wine with Selaks New Zealand Roast Day 2012. With a proud 78 year history of bringing family and friends together, Selaks is determined to celebrate this culinary occasion so it retains its rightful place in New Zealand's rich history. We're delighted to once again set the date, so we can get together to excite our taste buds with the mouth-watering and delicious roast! Gather your friends and families around to celebrate Selaks NZ Roast Day with your favourite Selaks wine and favourite roast meat. For more inspiration and some great recipes by Jonny Schwass check out www.selaksnzroastday.co.nz To be in the draw to win a year's supply of Selaks Wines* head to www.selaksnzroastday.co.nz and upload your favourite roast recipe. *Terms and Conditions to be found at www.selaksnzroastday.co.nz

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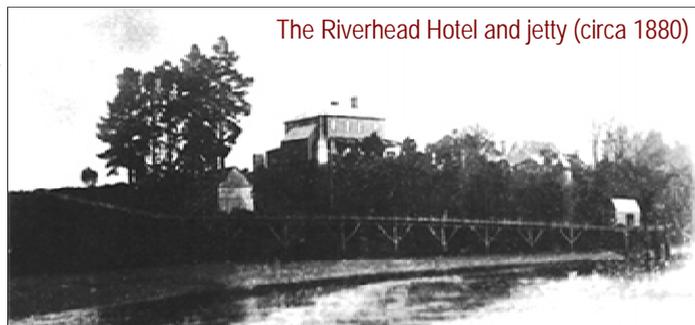
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HISTORY IS ABOUT THE FUTURE

Originally Riverhead was planned to be New Zealand's primary city instead of Auckland and interestingly has street names appropriate to a major city. The Riverhead itself sits on the corner of Queen and York Streets, and the flavour for old names is prevalent with other streets in Riverhead named Albert, Princess, Edward, King, Duke, and Alexander and one – aptly – called Kaipara Portage. In fact the original titles for property in Riverhead were surveyed and pre-sold in London. Mr. Deacon arrived in Wellington with Sir John Logan Campbell aboard the 'Lady Lilford' in March 1840 and settled in Riverhead shortly afterward. It is known that he often entertained his friend Campbell at Riverhead. Thomas Deacon was renowned for being the consummate good host. He married Eliza Ellis, a widow with 3 children and together they had a further 8 children. They had considerable interests here on the property and also erected a store, bakery, butchery and blacksmith. The Riverhead and its jetty were the gateway to the north and it's this relationship with the water that remains its most unique aspect in an area where people are forgiven for thinking it is well inland. In the mid 1800s the regular ferry to Riverhead, which landed on a dock in the same position as the existing jetty, was key in the transportation route north. Interestingly the assembly of prominent business people who met to formalize a transport system north was held in this establishment. These initiatives were key to the progress of the Northwest Region and to the settlement here.

Unfortunately the demise of the Riverhead Ferry as a daily run eventually occurred when the transport networks were established. Naturally this led to activity bypassing Riverhead altogether which reduced its economic development and dominance at the time. The establishment of the Albertland settlement on the Kaipara Harbour brought increased human and goods traffic through Riverhead and along the portage trail in the 1860's. While the district was crying out for improvements to the portage route, the government's focus was firmly on fighting the Waikato war, and any road development money was also directed to the areas of conflict south of Auckland. There was no interest in developing the transport and communications links in the peaceful (and therefore forgettable) Kaipara district. Kaipara residents simply had to put up with the existing roads and transport, no matter how inadequate they were. As the Waitemata portage terminus, Riverhead benefited tremendously from the commerce, and by 1868, Thomas Deacon was making substantial profits by operating a ferry shuttle service, wharf, goods storage shed and Deacon's Inn at Riverhead. In 1868, increasing traffic meant that bush liquor licenses were granted for Waikoukou Hotel further north and another hotel at Riverhead. The Riverhead license was issued to James Ensor and transferred to Thomas Deacon in April 1870 or 1871. It is from this point that Deacon's dominance of hotel accommodation in Riverhead and Kumeu grew. No doubt he recognized that the appalling state of Kaipara transport would have to be addressed before long. Thomas Deacon, with his extensive local land and business assets, had seized the opportunity the railway presented. By March 1876, he had erected a new hotel at Riverhead and, by June 1877, held two other hotel licenses, for the Railway Hotel at the terminus at Harkins Point and the Kumeu Hotel (the present Huapai Tavern) a few miles down the track. Deacon senior was the publican at the Riverhead Hotel, while Thomas Deacon Junior was the licensee of the Railway Hotel and another son, Arthur, held the Kumeu license.



The Riverhead Hotel and jetty (circa 1880)

IT'S ALL HOPPING GOOD AT HALLERTAU IN RIVERHEAD



When Hallertau Brewbar & Restaurant opened their doors selling only their own craft beer many believed it was a brave or perhaps foolhardy venture. This month Hallertau celebrates it's 7th birthday as a well established community hub and destination for Kiwis and international tourists.

Owner and brewer Stephen Plowman drew his inspiration from European establishments he visited during his travels, he says "we came across a number of successful establishments that provided a meeting point for people of all ages and we aimed to recreate that in a Kiwi context." Stephen's natural brewing philosophy is complimented by the fresh food approach engineered by Chef Michael Van de Elzen (Food Truck TV) "Customers say that we are genuine" continues Stephen, "offering a hearty experience of freshness and quality that resonates well with what they want in a family friendly environment"

If you haven't been to Hallertau yet then July is the perfect time to visit as they celebrate their 7th Birthday on Fri 20th July with a community party with a pig on a spit or every Wednesday night is 'Mussel Madness' all the mussels you can eat and a Hallertau beer for \$20. Visit www.hallertau.co.nz or like them on Facebook.

BRINGING RIVERHEAD'S HISTORY TO LIFE



Spending time with the Larkin/Taylor family is like looking through the treasure box in the parlor over a hot cup of tea and the yummiest home-baked scone ever. It fills you with a fuller feeling and leaves you wanting to learn more about the family and the history of their beloved Kauri Gum Store. On speaking with Jo, Simon and Milly you get the feeling that the family appreciates that they are the caregivers of this important part of Riverhead's history where Gum Diggers, Saw Millers, Farmers and Traders all collected, gathered supplies, and took stock before the next part of their journey. And so today, many people spend a quiet moment, they reflect, and they feel the environment and enjoy the homely considerations of home cooking and baking, the care that goes into every coffee and the time that goes into each customer. "The old owners all come back", says Jo, "from the Bird brothers who occupied the store as a butcher and general store after the war to the daughter who was born here. It seems that everyone feels at peace and has the time to reflect". The café has a long history of employing local staff and has seen multiple generations serve customers through the years. The Kauri Gum Store is one of the special treasures of Riverhead, where locals often start the day or reflect before embarking on the next part of their day. Maybe you will find the time to drop in and share some true reflection. See more at <http://www.localist.co.nz/kaurigumstore-cafe>

RIVERHEAD IS THE BEST PLACE TO LIVE



Biased and proud of it, Denise Glozier is one of the power houses in Riverheads buoyant real estate market, which is delivering strong interest in the area from well-off family buyers wanting to invest in a family home within a semi-rural area which has excellent schooling, an investment in infrastructure and services, and is minutes to motorways South and Northeast. "Over the last 18 months" says Denise, "we have had an increase in the numbers and a lift in the financial standing of buyers coming into the area. This in turn has led to more numbers and more affluence and a cycle of demand that is slow, sure and steady". Denise believes that prices have grown as much as 15% in the last 18 months. The median house price in the area is hovering around \$ 520,000. Sewerage and water infrastructure in the area has given property owners the ability and the confidence to invest in renovation and in developing land, which has seen section prices in the area soar to average of \$380,000 for a 700 square meter site. Many developments within Riverhead now have covenants for new builds only and this has resulted in top quality housing that Denise believes is attracting new money into the area and a lift in the quality benchmark. "Riverhead still represents outstanding value for money", says Denise. "Compared to Westgate and Hobsonville, Riverhead has it all, in one country living area. It delivers a great school which clearly has a nurturing environment and a community that is bonded, aligned, and galvanized to a clear vision and a dynamic future. I love this place, and I wouldn't work anywhere else". For more information on Riverhead's real estate phone Denise Glozier on 0272 54 9999 or (09) 412 9602

RIVERHEAD SCHOOL - THINK - DO - DISCOVER



After a successful new building and renovation project, fitness trail, and playground development, Riverhead School is very proud of its achievements, including its' ERO review, which puts Riverhead School in the top 8% of New Zealand schools. "It is drive and passion" says deputy principal Dianne Cook, "that delivers a high level of teaching and learning, caring attitudes and consistency throughout the school. We are especially proud of Bumper Expectations, that delivers a message of think - do - discover, allowing pupils to openly discuss what they do, how they act and the relevant expected outcomes for the learner". Riverhead School creates a learning environment, which fosters great teachers through a mentoring program and enhances the quality and the consistency of all teachers. A rigorous support framework underpins the entire school's learning programmes and culture. Dianne says "Riverhead is a great community with a very diverse mix of children, who are inclusive and parents who have pride in the school and the school's outcomes. These being in the classroom, through the Arts or on the sporting field. It is well known that when we take our children out of the school and they interact with the public they are well mannered, respectful, and polite. It seems that this pride is contagious with long time school supporters the Yelavich family being actively involved and supportive of the school's journey and direction. Riverhead School is expanding its vision as a leading technology innovator, empowering students with digital device technology for their learning and future proofing their skills. The school opened in 1872 and today continues to grow its student population, being the school of choice for the area. For more information see www.riverhead.school.nz.

PUTTING THE SOUL INTO RIVERHEAD



It is fair to say that all our expectations have been surpassed with the completion of The Riverhead. It was a real honour to spend a moment with Paula, co-owner with Stephen, to discuss the passion and the emotional heart-strings that resonate from The Riverhead with the community around Riverhead and Auckland. Mr Howlett and his family share a relationship with The Riverhead that spans generations some dating back to the turn of the century and commented to the Pepperell's "Thanks for giving Riverhead back its soul and its meeting place". So strong is the passion for this area icon that delivers a safe and secure family environment where different family members find favour in the different offerings, be it the family orientated sports bar with big screens and big cheers, the recommended restaurant, the boat accessibility or the specialty function areas catering for a wide range of guests. "The secret" says Paula "to our overall success is we deliver a well balanced offer that has been given a huge amount of thought and a very definite vision of the experience we want to offer". For the local community this has resulted in an award winning Historic Icon employing 70 people from the local community and has satisfied the soul of many within the community. For this we toast Paula and Stephen and hope that you join with us in wishing them all the best in the current industry awards or drop in for a tippie. For more information please go to www.theriverhead.co.nz or for boat excursions go to www.theredboats.co.nz or www.riverheadferry.co.nz.



Nestled in a tranquil corner of Riverhead with an outlook that must be seen to be believed. North facing, looking out to the forest and inner harbour. All within easy walking distance to the local park, school, 4 Square and cafe. Kaipara Portage Road, Riverhead. Lot 2.

BY NEGOTIATION **LAND ONLY** **SERVICES AT GATE**
PH DENISE GLOZIER 0272549999 www.ljhooker.co.nz/11PH14



760 square metre section in the growing community of Riverhead. This could be a great opportunity to build your dream home. Convenient as it is just minutes to the local Riverhead school, and shops. Kaipara Portage Road, Riverhead. Lot 4.

BY NEGOTIATION **LAND ONLY** **SERVICES AT GATE**
PH DENISE GLOZIER 0272549999 www.ljhooker.co.nz/11RH14



A 720 square metre site in the popular Riverhead. Don't miss this significant opportunity to secure your land at a very realistic rate. Kaipara Portage Road, Riverhead. Lot 5.

BY NEGOTIATION **LAND ONLY** **SERVICES AT GATE**
PH DENISE GLOZIER 0272549999 www.ljhooker.co.nz/11TH14



Land in Huapai with services to the gate and the opportunity to build that dream home on over 1100 square meters of flat residential land. Minutes to Huapai School, Gas, Phone, Power, Water and Town Sewerage at the gate. All the hard work has been done. This land will be sold subject to title issue by Auckland Council which may be twelve to eighteen months.

BY NEGOTIATION **LAND ONLY** **SERVICES TO THE GATE**
PH GRAHAM MCINTYRE 0276320421 www.ljhooker.co.nz/kumeu



Two hectares of prime lifestyle land nestled down a quiet country lane with 180 degree, majestic views north east. The land has several prime building platforms that are flat and easily accessed. The land is gentle sloping to a stream planted in natives and the earth is a sandy loam mix, free draining and of average fertility. Peters Lane, Taupaki.

BY NEGOTIATION **LAND ONLY** **SERVICES AT GATE**
PH GRAHAM MCINTYRE 0276320421 www.ljhooker.co.nz/SFH14

If you are thinking about buying or selling a property, check-out

www.Kumeuopenhomes.co.nz



RENOVATE, RELOCATE or REBUILD First time offered for sale in more than 30 years. Fantastic opportunity to own a comfortable cottage, just a short walk to Waimauku Village. 1000sqm site with established fruit trees and vegetable gardens. Call me now for more information or to arrange a viewing. 7 Cane Road, Waimauku.

BY NEGOTIATION 2 BEDROOM 1 BATHROOM
PH GLYN TAYLOR 021646941



Room for all the animals. At 21ha, this property is bigger than the Auckland Zoo! This special block in the heart of Taupaki is just a short walk to Taupaki School. The elevated position offers panoramic views of the property and surrounding countryside. You could choose to renovate the existing 4 bedroom home (approximately 100 years old) or build a dream home overlooking your new estate. 91 Cottle Road, Taupaki.

\$1,450,000 4 BEDROOM 1 BATHROOM
PH GLYN TAYLOR 021646941



Raise your own beef, grow your own produce, keep warm with your own renewable firewood and still have room for the kids to play. Follow the self sufficiency dream yet remain within commuting distance of Auckland CBD. The tastefully enlarged 1900's villa stands proudly to the rear of the gently contoured 8.412ha property. The large detached garage adjacent to the house is perfect for the hobbyist, car collector or home business. Motu Road, Kumeu.

BY NEGOTIATION 4 BEDROOM 1 BATHROOM
PH GLYN TAYLOR 021646941 www.ljhooker.co.nz/10SH14



This is a modern two level family home minutes to Kumeu Village, and only moments from Huapai School. The property offers a stunning open plan kitchen, lounge and dining, leading out onto sun filled decking, looking out over a rural setting.
 42 Trigg Road, Kumeu.

BY NEGOTIATION 4 BEDROOM 2 BATHROOM
PH GRAHAM MCINTYRE 027632042 www.ljhooker.co.nz/118H14



A spacious 1920's villa located in Kumeu very peaceful and private with 180° views of the Waitakere Ranges. With four bedrooms and two bathrooms there is plenty of room for a large family plus more! The kitchen is open plan with the dining which flows into the lounge with lovely French doors out to a very private covered deck. 417 Old North Road, Kumeu.

BY NEGOTIATION 4 BEDROOM 2 BATHROOM
PH ECHO MCRAE 0272330001 www.ljhooker.co.nz/116H14

If you are thinking about buying or selling a property, check-out

www.Kumeuopenhomes.co.nz



Last chance to inspect! A short walk to Kumeu Village, featuring a new kitchen, new carpets and new timber veneer floors. The spacious lounge/dining leads to a private deck and large fully fenced rear yard. Plenty of room here for the whole family, including the dog! Generous double garaging, workshop and ample storage. 26 Weza Lane, Kumeu.

\$480,000

4 BEDROOM

1 BATHROOM

PH GLYN TAYLOR 021646941

www.ljhooker.co.nz/ZRH14



This lifestyle property is gorgeous, sleek interior this stylish abode will appeal to families of all ages. This elevated property captures the most amazing views of the City and Sky Tower. This contemporary styled home has a modern kitchen with open plan living, under floor heating and gas fire for winter warmth. 326 Old North Road, Kumeu.

\$1,195,000

4 BEDROOM

2 BATHROOM

PH ECHO MCRAE 0272330001

www.ljhooker.co.nz/105H14



This outstanding Architectural inspired Maddren cedar home sits within a botanical setting over 1.4 hectares of low maintenance grounds and enjoys commanding views over the hills and valleys to the Tasman Ocean. It provides extensive north-facing alfresco to wrap around decking, and also a double solar hot water tube. 429 Kiwitahi Road, Waimauku.

BY NEGOTIATION

3 BEDROOM

4 BATHROOM

PH GRAHAM MCINTYRE 0276320421

www.ljhooker.co.nz/Z0H14



CV: \$430,000 This would be an ideal proposition for buyers seeking a 'do-up' opportunity. With stunning views of Muriwai Beach, this three bedroom, one bathroom bach has all the potential to be the perfect get away for you and your family. The sunny generous site of 1295m2 is crying out for some attention and TLC, this is your chance! 126 Domain Crescent, Muriwai.

BY NEGOTIATION

3 BEDROOM

1 BATHROOM

PH AARON LAWLER 0211643031

www.ljhooker.co.nz/ZGH14



An absolutely outstanding land lot just off Foster road, within minutes of Kumeu CBD and Waimauku School. The land is gentle sloping with ample house sites off a formed but un-metalled drive. Excellent boundary fencing with good pasture, good contour including a pond. Great potential available on this premium land lot of 24.8 acres. Kauri Crescent, Kumeu.

BY NEGOTIATION

LAND ONLY

SERVICES AT GATE

PH GRAHAM MCINTYRE 0276320421

www.ljhooker.co.nz/YIH14

If you are thinking about buying or selling a property, check-out

www.Kumeuopenhomes.co.nz



Delightful brick homestead, full section, large back yard and fully fenced. This home on a flat section has been refurbished, insulated and with heat pump, offers you a home that you can easily move into right now. Demand in the area is high for this style of house in semi rural setting, so do not dither.
18 Trigg Road, Huapai.

BY NEGOTIATION

3 BEDROOM

1 BATHROOM

PH GRAHAM MCINTYRE 0276320421

www.ljhooker.co.nz/kumeu



This is a nature lovers hide away. A glade which is sheltered, north facing with alfresco dining out to extensive decking. The home is predominantly brick with a tile roof and has a layout that will suit a family or semi retired couple looking for a self sufficient lifestyle, away from it all.

917 Peak Road, Waimauku.

BY NEGOTIATION

4 BEDROOM

2 BATHROOM

PH GRAHAM MCINTYRE 0276320421

www.ljhooker.co.nz/XCH14



A solid, attractive home that has been completely renovated inside and out! Perfectly positioned for the sun, this good sized three bedroom home offers an extra-large lounge and separate shower room. Two level home that has lots of potential downstairs for additions. Well positioned on an elevated, sun drenched 810m2 site. 20 Albert Street, Riverhead.

BY NEGOTIATION

3 BEDROOM

1 BATHROOM

PH ECHO MCRAE 0272330001

www.ljhooker.co.nz/10DH14



Private, secluded oasis in Waitakere Foothills. A very special character period bungalow sits proudly upon 9044 square meters of park like gardens and a setting that brings nature into your dining room. Set amongst a backdrop of Tui's and native bush, the property enjoys terraced gardens and an impressive entertainment courtyard. 46 Christian Road, Swanson.

BY NEGOTIATION

4 BEDROOM

1 BATHROOM

PH GRAHAM MCINTYRE 0276320421

www.ljhooker.co.nz/10VH14



Close to the very popular Riverhead School this tidy three bedroom home sits proudly on beautiful grounds in a quiet cul-de-sac location in Riverhead. Extensive decking and entertainment flow throughout. You'll fall in love with the character and the ambiance that this property delivers. 31 Cambridge Road, Riverhead.

BY NEGOTIATION

3 BEDROOM

1 BATHROOM

PH DENISE GLOZIER 0272549999

www.ljhooker.co.nz/ZVH14

If you are thinking about buying or selling a property, check-out

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brand chosen by our localist community and
why you should view our customer feedback.**

<http://www.localist.co.nz/1/55050/reviews>

COMMUNITY NOTICEBOARD

CAR BOOT SALE

(FUNDRAISER FOR THE RIVERHEAD SCHOOL Year 8 end of year trip to Wellington)

Sunday 30 SEPTEMBER 2012 9 00am to 1.00 pm. Book a space for only \$10.00 PER CAR @ KUMEU INDOOR SPORTS CENTRE 250c Main Road Kumeu Phone Harriet (09) 412 7993 or 0212288483 to book your spot

GARAGE SALE CORFLUTE SIGNS

(FUNDRAISER FOR THE KUMEU CHERRY TREE PROJECT)

Signs 900 x 600 Sprayed GARAGE SALE AT: ON: Purchase for \$10 from Aubrey at LJ Hooker Kumeu phone 09 412 9602. Or drop in to 63 Main Road, Kumeu Auckland

KIDS SPORTS WEEK - SCHOOL HOLIDAY PROGRAMME @

Kumeu Indoor Sports Centre 4,5,6 July 2012 & 11, 12,13 July 2012. Phone Harriet on (09) 412 7993 or 0212288483

CHILDREN'S SCHOOL HOLIDAY ART CLASSES

Kumeu Arts Centre: for more info thelinshead@clear.net.nz or 412-9480. Classes include 'Painting & Drawing' with Ion Bryant, 'Winter Abstraction' with Melinda Butt, 'Wonderful Wool' with the KumeuKnitty ladies and 'Make & Paint a Wire & Plaster Creation' with Kumeu Children's Art Club.

WWW.ASKSHAREGIVE.ORG.NZ

The website is for people to share their unwanted goods, time and skills. AskShareGive is a local initiative and one that promotes; sustainability, helping and caring for each other without expecting payment; recycling, extending the lifecycle of goods which keeps them out of the landfill. Contact Tanya at info@asksharegive.org.nz



CHILDREN LEARN THROUGH RELATIONSHIPS

Children learn through relationships, inquiries, re-visiting, opportunities, provocations...

At Playschool Early Education Centre, the different environments are reflective of the children's age, interests and skills, incorporating well-designed areas that suit both individual and collective engagements, are inviting and aesthetically pleasing, are well-organised and respectfully reflect and acknowledge the communities and cultures inhabiting it. Each room offers consistent availability of a multitude of open-ended materials that support and promote valuable learning encounters. The Playschool teachers are collaborative partners of the children and their families, exploring, questioning, theorising together. Open-ended questioning supports the general expansion of ideas, offering honest opportunities for a better understanding of the child. The daily programmes consistently engage the children's sense of wonder, and curiosity, inviting them to utilise a multitude of expressive languages to explore, research, question, share, understand and learn. For more details about Playschool Early Education Centre and the services it offers, visit them at 7 Wookey Lane, Kumeu or view their website at <http://www.playschool.co.nz>

OPERATION CHERRY TREE - KUMEU PLANTING

Congratulations to all those individuals, families and businesses that have already pledged to sponsor a Cherry tree in Main Road, Kumeu. We have had an excellent uptake in this project and are getting ready to send out information packs to all those who responded. We have also sent a letter to Transit NZ confirming the replacement and establishment of the trees. If you would like to sponsor a tree or be updated on the project please email your details to Cherry Tree Operations on email glms@xtra.co.nz or call Graham on 0276320421 -Together we are making Kumeu beautiful.



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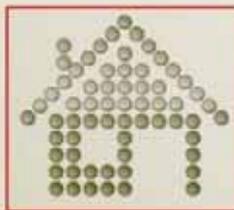
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MONTHLY WEBSITE CHARGES

About half of the 100 odd business owners I speak to each month are paying for unnecessary ongoing website charges. In 10 years of working in the online industry, I have yet to find a plan that was worth the fee paid. Most of the time, these fees do nothing but line another person's pocket. Why? Well online development is really the domain of the company who own the website. Achieving a strong rank isn't really something you can effectively outsource. This is because Google uses up to 200 different elements to rank your website in their index, roughly split between on-page Search Engine Optimisation (SEO) and off-page SEO. On-page SEO is the process of creating unique and engaging content that Google can index and show users. Off-page SEO is the process of planting organic links (not paid) on websites all over the Internet. Now that Google actively penalizes websites who pay for links and 'stale' content, only a dedicated webmaster can truly develop a strong website. Only once every 9-12 months will your site need a SEO check up and even then it should only be to correct minor faults in the website. Call me on 0800-932-9665 if you want a professional and independent review of your monthly website charges. Jeff—WebWonks Auckland

WHAT'S ON AT THE KUMEU SHOWGROUNDS

POULTRY SHOW

June 30th 1.00pm – 4.00pm & July 1st 9.00am – 12.30 pm Poultry Show
Contact Raewyn Norton 810 8690

'STICKY FINGERS' - Children's Cake Decorating Work Shops

July 3rd & 4th Spaces available - Contact Jane 412 7169

SURPLUS BROKERS AUCTION

Wednesday 18th July

You name it – they auction it!

CHOCOLATE CAKE DECORATING COURSE

August 25th Contact Jane 412 7169

Give your baking a WOW factor using Nestle Chocolate

KUMEU AGRICULTURAL & HORTICULTURAL SOCIETY – ANNUAL GENERAL MEETING

August 8th - 8pm at the Kumeu Show Grounds.

Have you considered being part of the Kumeu Show and Just Gardening at Kumeu?

Membership Forms available Contact Beth 412 9322

'JUST GARDENING' AT KUMEU

For everything Gardening – The earliest 'Spring Show'

September 22nd Contact Beth 412 9322

Contact Beth at Kumeu Showgrounds phone 09 412 9322 or go to www.kumeushowgrounds.co.nz

COMMUNITY FACEBOOK SITES - ALL GOOD



Nestled next to the Rangitopuni River along the Coatesville-Riverhead Highway Riverhead retains its country village characteristics yet with modern day appeal. Homes and businesses have over time been renovated as well as the development of its parks, school, sports fields and courts. Surrounded by river, forest and vineyards Riverhead attracts like minded souls seeking outdoor adventure with a local ski, kayak, gun, mountain bike, field sports, horse riding and motorcyclist clubs. The local halls are utilised with art and music clubs and activities such as zumba, line dancing, karate and scouts. Riverhead locals love to celebrate creating community events with the annual Halloween trick and treat, annual raft race, Christmas Eve BBQ in the Park and the quarterly Riverhead Village market attracting keen followers 2013 brings us the centennial celebrations of the Riverhead Citizens Hall with planning underway for several events, balls and opportunities to celebrate our beloved historic hall in the heart of Riverhead. Check out the Riverhead Community, the Riverhead Residents & Rate Payers and the Riverhead Sell It facebook pages to keep connected with what's going on within the Riverhead community.

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and Business Sales



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Watch sport on the BIG screen - keep warm & toasty while you watch your favourite game with super sound & the best view in town

Quiz Nights Wednesdays - 7.30pm, tons of fun with bar tabs & prizes. *Bookings now essential*

Book your Christmas Function today - some good dates still available, but filling fast. Don't miss out!



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Cnr Queen & York, Riverhead. Phone 09 412 8902
www.theriverhead.co.nz

PAUSE, AND REMEMBER THE RELAXING FEELING



Come, connect and unwind in the peaceful sanctuary of your Bethells Beach accommodation. Our three boutique cottages/apartment are positioned high above Bethells Beach, Auckland, overlooking the black iron sands and the dramatic Tasman Sea. Sit back on your private deck with a glass of local wine taking in the vast views; enjoy watching nature's theatre. The contemplative and stress-free surroundings of Bethells Beach is the perfect partner for corporate planning and off-site days, with the facilities to cater for corporate functions, events and special occasions.

For more details contact Trude on ph (09) 8109581 or look up www.bethellsbeach.com

WHATEVER THE WEATHER IT'S TIME

Now that the winter weather is upon us, it's a good time to stay out of the wet and plan for your new building as opposed to construct it. Use these wet, cold months to work on the design and pricing of the building, and getting the engineering and consent done. Then at least when things do actually dry up, you already have your consent granted and in-hand and can be the first one off the mark in the Spring! Whether you are wanting a new shed, farm building, house or industrial building the team here at KiwiSpan are ready to help. One call gets it all – design/planning/consents – all under one superior roof. Make some notes on your ideal size and layout, pace out that paddock! Sketch where you want doors and windows. Then call in here with the info and we can turn that sketch into a set of plans and a quote for supply. We will strike a contract tailor made for you – from a kitset delivered to a fully managed project. Then it's over to you for consideration. Come back and change things as many times as you like in order to get the layout correct, we promise we won't chase you after each quote! So... use the wet months wisely and get on to considering that build project. Be the first in line for Spring building works as you will have a fully consented project at your fingertips that is ready when you are, no frustration waiting for drawings/engineering or council. Come on in and talk with the friendly team here at KiwiSpan 329 Main Road Kumeu. (09) 412 8455 or 027 271 2459 or rodney@kiwispan.co.nz



KUMEU COURIER REALLY DOES WORK

I would like to thank you so much for putting in our editorial, we have gained more business from this and am very pleased with the marketing/advertising and the people that Kumeu Courier is reaching. I can't thank you enough, the Kumeu Courier is a very professionally put together, quality local monthly magazine and we are very impressed with the leads we are getting from the advertising. Thank you, thank you thank you. Sonnia and Scotty, Bumble Bee Property Services, Phone 09 420 4844



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Sonniamdscottie@xtra.co.nz

ALL IN FAVOUR FOR A HALFPIPE SAY YEAH

The Rodney Local Board has allocated funding to install two removable skate half pipes within two reserves in Rodney. After feedback and submissions from local residents the Board has approved a skate half pipe to be installed at Riverhead War Memorial Park. The skate half pipe will be 1.2m high, 4.8m wide and 9.25m long. After site visits and discussions with community representatives a preferred location has been identified which is below the tennis rooms. The location was chosen because it is close to a carpark, it is a flat area, it is not likely that the skate pipe will interfere with any other activities on the reserve in this location, and the area is open and away from overhanging trees. Provide feedback on whether you support the installation of the half pipe in this location. Danielle Hancock, Phone (09) 427 3168 or email danielle.hancock@aucklandcouncil.govt.nz

WAITAKERE ALPACAS OPEN DAY

Our next open day is to be on Sunday the 8th July from 10 am till 4 pm. Not only will you be able to see all our lovely knitwear and accessories in the shop, but you will be able to meet some alpacas up close, watch carding and felting demonstrations, and learn about how these lovely animals will give you years of pleasure as pets on your lifestyle block. Or even start a whole new lifestyle- breeding females, and having your own delightful little cria! Tea, coffee and cold drinks available, also a sausage sizzle- all raising funds for the West Auckland Hospice.

There is no entry fee, so bring your family and friends, but please leave your dogs at home.

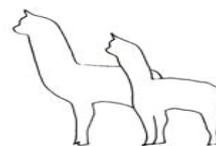
Where 107 Monk Road South Head 22 km past Parakai For more info www.waitakerealpacas.co.nz

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email: info@waitakerealpacas.co.nz
ph 09 420 2185

KERR FARM - JAISON'S CHARDONNAY ROAST



Get yourself an old time roasting dish, with a lid. You can pick them up at the Op Shop for a few bucks, or you can cover an ordinary roasting dish with some aluminum foil. Put a couple of good slurps of olive oil in the bottom of the dish. Peel and roughly chop some hard vegetables and put in the dish. These keep the chicken off the bottom and act as a roasting rack. Suggested hard vegetables are potato, kumara, onion, carrot and pumpkin. I like to add some red chili and red capsicum, as well as a good hand full of fresh Italian parsley, chopped. Include thyme leaves and rosemary (if you don't have fresh, dried is ok, remember dried is much stronger so use less), plenty of fresh ground pepper and some sea salt. There is a secret ingredient I use, which is a couple of stalks of celery chopped into 10mm lengths or some celery salt. This, and a hand full of de-stoned and sliced black olives add some background complexity. Pour in a 440g can of chopped Italian tomatoes and mix all these ingredients together in the dish so they are coated with the oil, tomatoes and herbs. Down the side of the dish pour a cup of Kerr Farm Limited release Chardonnay for a golden sauce. Red wine will give a dark sauce. It should look a bit like this. I use a size 18 chicken, this is good for four or two greedy ones. For more people just add more vegetables. Insert into the cavity a large peeled onion. Coat the outside of the chicken with olive oil, salt and pepper and some Rosemary leaves and sit the chicken on the top of the vegetables. Put the lid on, it does fit honest! Roast at about 170 to 180 degrees C for 1.5 to 2 hours depending on the speed of your oven. The lid keeps everything juicy; take the lid off for the last 10 to 15mins if you want for a nice crispy brown skin. Check the chicken is cooked by making sure the juices from the thickest parts are clear. When you take the chicken out to carve, give the vegetables a spoon over and you will find there is a lovely rich sauce at the bottom of the dish. Serve with spring peas

Many thanks to Kerr Farm for this roast recipe. For more information and a range of fine wines contact Jaison ph 021778702 or look up www.kerrfarmwine.co.nz

ANNUAL PILGRIMAGE TO NATIONAL FIELDAYS

Many Kumeu Small Landowners' members made the annual pilgrimage to the National Fieldays at Mystery Creek near Hamilton. Once the domain of 'real farmers' looking for the latest in farming machinery or innovation, the event has grown and now appeals to the wider community. Lifestyle block holders form their own niche market looking for products or ideas to make lifestyle block ownership easier. OK, so they might look at the 500hp tractor but are usually told - NO!

If you are new to lifestyle block ownership, or perhaps an old hand with ideas and knowledge to share, why not join the Kumeu Small Landowners. The club meets monthly at the Kumeu Community Centre, featuring interesting guest speakers covering a wide range of topics. The next event on the club calendar is an open day at an organic macadamia orchard and processing plant. For more information on the club and details of how to join, please contact the President - Glyn Taylor on 021 646 941 or kumeu@vodafone.co.nz



JUST GARDENING AT KUMEU SHOWGROUNDS SEPT 22, 2012



What began as a trial Garden Show run by the Kumeu Agricultural & Horticultural Society committee in 2004 has grown to be a huge success 9 years on. The main contributing factor to the Show's success is that it has maintained its identity as the name suggests 'Just Gardening'. Trade site holders and the public alike know that when they come to the Show they can expect to be immersed in everything gardening from seeds to trees and Garden Art to advice. Such as its popularity, Trade site holders come from as far away as Kaitaia and New Plymouth. Two very popular attractions at the show are the Garden Café where you can enjoy lovely food and a sit down and the Taste of Country Hall. All proceeds from the show go back into developing the Show grounds and facilities. The show welcomes new trade Site holders. Just Gardening' at Kumeu is on from 9am – 4pm Entry to the Garden Show is \$7.50 with Free Parking. Phone 09 412 9322 or email kumeushowgrounds@xtra.co.nz



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MY FAVOURITE LEMON SLICE

This time of year my lemon tree is absolutely laden! I thought I'd take the opportunity to share my all time favourite slice. This is true comfort food; it's a taste that reminds me of when I was a little girl. Oh Sugar Boutique Cakes create hand made, bespoke cakes for weddings, birthdays and other special celebrations.

Join me on facebook within the month of July and be in to win an exquisite, highly decorated cupcake.

Nana's Lemon Coconut

Ingredients

225 grams butter	2 table spoons golden syrup
1 cup Sultanas	2 cups coconut
2 cups flour	1 cup sugar

Icing Ingredients

5 table spoons icing sugar	Juice of 1 lemon
----------------------------	------------------

Method

Melt butter, add golden syrup and mix
Add sultanas, coconut, flour and sugar, mix
Press into tin and bake at 150 degrees celsius for 15-20 minutes until golden
Ice when still warm – mix icing sugar and lemon juice

Contact Karlene Jonkers 411 9078, karlene@oh-sugar.co.nz, www.oh-sugar.co.nz,
www.facebook.com/OhSugarBoutiqueCakes



THE WILD WEST MARKET

The all new Wild West Market takes place on the third Sunday of every month at the Te Pai Centre in Henderson. Organised by the same company as the Kumeu Country Market, this all- weather (indoor) market offers customers a fantastic array of top quality stalls selling everything from gourmet food to boutique-style clothing, unique arts and crafts, pet care products, home decor and more. And when you've had enough of shopping, step outside for lunch from one of the many food caravans serving delicious local and international cuisine. Or savour a barista coffee while the kids burn off steam in the kids' entertainment area. For a great family day out, come along to the next Wild West Market on Sunday, 15 July 2012 between 10am and 2pm. Parking and entry is free. We look forward to seeing you there. For more information, visit www.thewildwestmarket.co.nz

FAMILY TRUSTS - WHY BOTHER ?

Firstly let us assume you have put the family asset such as house into a trust . This means that the house cannot be gifted under your will. Rather, the trustees of the trust will be responsible for the house to the beneficiaries after your death . Your will can appoint new trustees. Sensibly, one nominates a son or daughter who has shown themselves to be responsible in matters of business. Importantly, the house in the trust is protected from unfortunate financial events if you proceed carefully. For instance, you may as a director have personally guaranteed the debt of your company when times were good . However, when times go bad for the company, you may be called upon you to honour the guarantee in unfair circumstances. The worst example of this is where your co-guarantors (the other directors) have no assets or have already been made bankrupt. Effectively, the entire burden of that guaranteed debt can fall on you. We recommend that you get your house into a family trust before you give a personal guarantee. Doing it later opens you to the allegation that you have diminished your assets with the intention of dodging your responsibilities under the guarantee. For more information contact Luke Kemp, Kemp Barristers and Solicitors, on (09) 412 6000 or email luke@kempsolicitors.co.nz.

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PARKINSON'S NEW ZEALAND WEST AUCKLAND IN SERVICE

My name is Sandi Gamon and I am the new Field Officer for West Auckland. I have been fortunate to meet some of my members through home visits and groups already and have been overwhelmed by the warmth of the welcome I have received so far! I am really looking forward to the feeling of satisfaction that comes from helping our members stay independent for as long as possible and helping the carers to feel supported. We provide a wide range of services including:

- A Field Officer Service.
- Publications about Parkinson's.
- Regular information through our quarterly magazine, The Parkinsonian.
- A special interest group called UPBEAT for people with early-onset Parkinson's and their families.
- A library.
- National representation and lobbying.
- Seminars and conferences.

I'm looking forward to continuing to meet members from my area and further afield - please do not hesitate to contact me if you feel you would like to join the organisation or for further information. Sandi Gamon Field Officer (West Auckland) Parkinson's Auckland www.parkinsons.org.nz
 Email: SandiG@parkinsonsauckland.org.nz Phone: 09 412 8960



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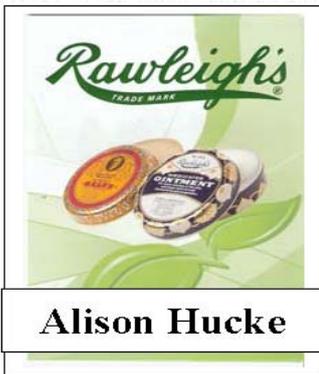
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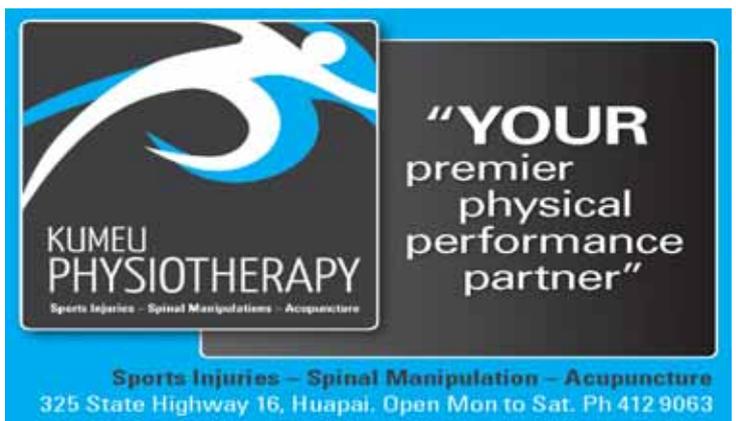
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Written by Kumeu
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DON'T POISON YOUR PET - RAT BAIT

As winter settles in more rat bait is laid as mice seek warmer homes inside. Unfortunately dogs (and cats occasionally) can be attracted to the taste of rat bait and eat it. The poison prevents the blood from clotting eventually causing hemorrhage. It can be fatal if left untreated. If you have seen your dog eat the offending substance we can induce vomiting to prevent absorption if you bring it in within 1-2 hours of ingestion. Signs of poisoning typically appear 2-4 days after ingestion and may include difficulty breathing, lameness, pale gums, weakness, or blood in the feces or vomit. If bleeding is noticed it is a true emergency. Dogs need vitamin K and may need a blood transfusion. As modern rat baits are designed to be long acting dogs require 3 weeks of vitamin K treatment. Store rat bait in plastic containers, use bait stations and take note of warning signs in forestry areas.

Secondary poisoning from eating dead rodents is rare. Don't let your dog or cat fall victim to rat bait poisoning this winter! Regards, The Team at Kumeu Veterinary Services (09) 412 9016



Rat bait is typically blue or green in colour and this colour appears in the stools and vomit of affected dogs, aiding the diagnosis.

THE RIVERHEAD - BIG, COSY AND POPULAR

The Riverheads' cosy restaurant is proving very popular with tasty comfort food on its winter menu....just the ticket on a cold winter night. With the fire on it is always toasty and there's a great deal on Monday & Tuesday Nights with Pasta or Pizza, a Pinot or a Pint for only \$19....its hardly worth cooking and heating the house! The Blues in the Boat House has some interesting acts coming up with The Flaming Mudcats, another acoustic treat with a variety of blues artists and some old favourites all coming up over the next month. One to watch for is Kara Gordon with Dylan Elise (check out this guy on YouTube) on Sunday 22 July. Kara is flying out to Britain and Europe, playing Glastonbury soon after playing at The Riv, so this will be your last chance to see some inspired talent. There's nothing quite like watching the All Blacks in the comfort of The Portage Bar...BIG screen, great sound, cold beer, warm toes! Make sure to get in early to ensure you get a seat. For more details go to www.theriverhead.co.nz

MAYOR LEN BROWN IN THE HOT SEAT



More than 30 members of the Kumeu Huapai Ratepayers and Residents Association greeted Mayor Len Brown at the Kumeu library on June 15th with a proposal to discuss the New Auckland Regional Plan and it's impact on the area and how that met with the needs and wants of the local community. Of special interest was the large triangle of land bounded by Access and Station Roads and SH16 zoned "future urban" which means it can be used for either industrial or residential development. To enrich Kumeu/Huapai's rural character, the R&R group want the land re-zoned for countryside living-style housing, and the industrial zoned Winstone Aggregates CIS (ex Laminex and Fletcher Wood Panels) rezoned for a high school or retirement housing complex for the district. The crowd was not disappointed when Mayor Brown stated that Kumeu is definitely to remain as a rural town, with the new Westgate Centre providing the industrial grunt for the area. "It is not my view that we will turn Kumeu into an industrial/commercial hub," he said, to a round of applause. "There's already an oversupply of industrial commercial property in the region. Your general consensus is generally very similar to our view." Mayor Brown says Kumeu/Huapai is a strategic part of the Auckland City Council's tourism plans. "We're looking for a strong agricultural and residential base in Kumeu," he said. "We want visitors to stay three or four nights in Auckland, and the winegrowing area of Kumeu is one of the places they'll want to visit." The association was even more relieved when Mayor Brown seemed as concerned as they were over a clean-fill proposal, for which an application has already been lodged, which would mean up to 70 trucks a day driving via the already-crowded Access Road intersection, though unsealed farm roads, to dump fill and slurry into the gullies of Attwoods farm on Pioneer Lane. "That doesn't suit what we want to do with this area," he said, asking Deputy Mayor, Penny Webster, to make sure the matter was dealt with urgently. The Mayor, who has visited Kumeu frequently since he was elected, also has his own ideas for the town. He talked about the obvious disconnect between Kumeu/Huapai and was pleased at the news that "blue ribbon" investor, New World, are planning a supermarket on the Placemaker's site near the physical centre of the twin towns. He also promised to send out a town planner to help locals firm-up plans for the development and beautification of the Kumeu/Huapai township. "What we can do is carry out a small concentrated study to link development in with the new investor," said the Mayor. "There's no doubt we've got a responsibility to build new villages, but also to build a community that has a great heart. I'm as fascinated with by this as I am with the rebuild of Queen Street." By then Mayor Brown was on a roll: "I'm making this commitment: When this committee comes together again, let's get on and reshape the township." Carroll du Chateau.



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HAVING TROUBLE SLEEPING?

Difficulty getting to sleep or waking in the night can be an indication of stress and strain on the nervous system caused by an overactive mind, constant worry or overriding your body's natural rhythms. I am sure you have experienced when your mind just won't switch off. A very simple but effective natural remedy is to put oil on the soles of your feet when you go to bed, (some nice smelling massage oil is good). This helps the mind settle and soothes the nervous system helping you go to sleep and stay asleep. With over 15yrs experience working with the magic of the mind/body connection, Debbie Gillespie of BodyMind Balance in Kumeu combines this type of easily applied practical knowledge with a variety of modalities including massage, flower and crystal essences and energy healing to nourish, nurture and balance your mind, body and soul. For more information contact Debbie Gillespie, BodyMind Balance phone (09) 412-7234, email deb@bodymindbalance.co.nz or online at www.bodymindbalance.co.nz

SQUASH IN FIJI IS ON OFFER AT KUMEU SQUASH

Some motivated Kumeu Squash Club members have arranged another overseas tournament in Fiji for themselves in September. Winning the Kumeu international tournament is worth bragging about when in the company of other members of the community based squash club. Previous competitions have also been in Fiji and many of the players entered have played in previous tournaments and survived the heat, drinking and after match functions. The wives intend leaving their squash husbands to the hot and humid courts while they work on their spa tans and stay hydrated around the pool. They will be playing at the Lautoka squash club and staying at the First Landing resort. Anyone game enough to join them should approach the club through its website, <http://www.kumeuracquetsclub.org/squash.html>. Lisa Jeffries, from Helensville United Travel is the agent organizing the details of the trip.

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Get a group together and come and celebrate Mid Winter Xmas with us. Every Mid Winter 3 course \$40 Xmas Set Menu booking receives complimentary Xmas Crackers! Check out our Xmas Set Menu options on <http://www.eatout.co.nz/Auckland/Kumeu/Restaurants/Verve.html> or give us a call. And...don't worry, all our regular menu items are still available. Need a venue for your winter wedding? Go on, pop the question! Book the restaurant between 1st June and 30th September and receive a pair of silver diamante champagne flutes! We have seating for around 90, (40+ in the restaurant, up to 40 in the adjoining courtyard), easy parking and BYO Wine, so we are ideal for both small and large groups. We can design something just for you, to suit **your** special occasion. Give us a call, (09) 412 7127, or pop in and see us, 3 Matua Rd, Huapai.

SCOUTING ALIVE AND WELL IN RIVERHEAD

Never before has the role of the SCOUTING movement been more essential than in today. Our youth are often pushed towards more and more electronic entertainment and parents struggle to find time to teach essential outdoor and leadership skills. Through a sound base of trained very capable volunteer leaders Riverhead SCOUTS run an exceptionally active program with a primary focus on outdoor activities on land and in the water. The older kids enjoy the benefits of 4-8 camps per year, focusing on survival skills, tramping, bush craft, mountain craft, leadership, team-building plus many other skills and activities. Over the past 18 months, Riverhead Scout Group has grown from just 35 youth members to over 80 now and demand continues to be high for places. The Riverhead Group runs KEA, CUB and SCOUT and VENTURER sections catering for boys and girls from 6-18 years of age, for further information google Riverhead Scout Group, find us on Facebook, or contact the group leader Bruce Parkinson (09) 412 5114 or 021 416 750.



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Nor-West Senior Net speaker for Monday, 2 July at St Chad's church hall, 10am.

Martin Edwards (AFA) who will speak to us has been in the financial services industry for 35 years and is currently an investment adviser with Forsyth Barr, the largest financial advisory company offering services to retail investors in New Zealand. The company has recently completed 75 years in operation and presently has 19 offices with approximately 250 employees. Come along and learn how you can increase the return on your savings in this low interest rate environment. Bring a friend. \$3 buys you an interesting talk plus tea/coffee/biscuits.



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