

Free publication to meet the needs of Kumeu & Districts

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COMMUNITY NEWSLETTER

OCTOBER 2011

VOLUME 2
ISSUE 10

SPECIAL POINTS OF INTEREST:

- 5000 + Circulation
- Community information
- Upcoming events
- Sponsorship
- Free editorial contributions
- House price sales
- Relevant to area rate-payers
- Share a recipe
- Cheap as chips advertising
- Service directory

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FIRE WORKS FOR A GREAT CAUSE



Taupaki Primary School is holding its popular Monster Fireworks event at the Kumeu A&H Showgrounds on Friday, 28th October 2011. (Rain date Saturday, 29th October.) Once again this event is kindly supported by BadBoy Fireworks, who put on the amazing pyrotechnic display.

There will also be rides, activities and music from the school bands, as well as a variety of food and drinks for you to buy. Entry prices are very affordable at just \$35 for a family of 2 adults and 4 children.

► ...cont pg 6

BEST OF THE WEST HITS KUMEU

Not long to go now until the 9th October when the Best of the West festival takes place at the Kumeu Showgrounds! Free entry into the showgrounds, with heaps of entertainment to keep you occupied all day from 10am-10pm. The hugely successful Kumeu Country Market will be there, as well as local food and wine producers, music and crafts, and there will be free entertainment for the kids as the carnival gears up to entertain all ages for the day. Local iwi have recreated a Maori village and guests are encouraged to experience Maori weaving, culture and performances in a unique environment. At 6pm settle back in your picnic chair with a glass of wine or cold beer from the wine marquee and cheer on the big screen entertainment. Following these special opening events, the rest of the week from 10th – 15th October will incorporate events at wineries around the wider Kumeu Wine Country, restaurant promotions, hospitality offers, community group events and local entertainment. www.kumeuwinecountry.co.nz Ideal for Aucklanders or visitors during the Rugby World Cup who want something a bit different, the Best of the West Festival is a wonderful opportunity to get out of the big city and into the stunning western countryside, and with the extension to the Northwestern motorway up and running, Kumeu and Helensville are an easy run from the CBD.

► ...cont pg 4

KUMEU ART IN THE GARDEN FESTIVAL 2011



Kumeu Art in the Garden Festival 2011 takes place on October 29th and 30th in four award winning private gardens. This event is now in its 3rd year and has seen thousands of visitors enjoying Kumeu's top gardens filled with artists and their creations. There will be over sixty artists from around New Zealand exhibiting and selling their work which includes paintings, sculpture, mosaics, photography, jewellery, glass art and much more. At only \$20 per ticket it represents great value for the two day event.

► ...cont pg 12

See us at: www.kumeucourier.co.nz Sponsorship starts at \$75 per month plus GST. Editorial and Advertising to Anna Sareczky Ph: 021607971 Email: annasareczky@hotmail.com

Kumeu Police
Ph 412 7756



Stephen Sparnon,
DCFO, Kumeu
Fire Rescue.
For an
emergency call
dial 111

STRANGE VEHICLE AT YOUR NEIGHBOURS?

Do you phone 111 or don't you? This is the question most people ask themselves when they see something that is a little out of the ordinary. There are many scenarios that could be considered but one that pops up regularly is if you spot a strange vehicle in your neighbours drive. In this situation don't hesitate to call 111. Police would rather find the vehicle and occupants to be legitimate than to be phoned by the homeowner at a later time advising of a burglary at the address. The time it takes to check out suspicious vehicles is far less than the time it takes to investigate a burglary. Should the vehicle leave the address prior to Police arrival note the direction that it leaves in, obtain the best description you can and update Police. If you are not still on the phone call back as these updates are vital for Police to quickly locate the vehicle.

For any non urgent matters, where life and/or property are not in immediate danger, contact your local Police station for advice. Henderson Police 09 8390600 Kumeu Police 09 412 7756

THE WORK OF VOLUNTEER FIREFIGHTERS

Volunteer Fire Fighters, where do they go when they are not at a call?

Well they usually go back to work. So where do they work? If you have been through Auckland Airport you may have met them. The Atlas concrete driver or the two guys who laid your new concrete drive, or the guy who sold you your new house. It could be the builders who built your new deck or the bin company that supplied them the bin. One of the staff at Kumeu Gym, it could have been the guy that delivered your water when you ran low last year. What about that guy you see walking every morning around the block, it could even be the guy that services your aircon at your office building. He may also just tiled your bathroom or did some investigative work for you. You could of spoken to her about job recruitment or he may have spoken to you in his line of work as a policeman. If you had the flu you probably bought a product from his pharmaceutical company and if you have been in hospital you may of used another members medical supplies, the nurse may even be a member of our brigade, or the power supplied to your medical equipment was controlled by our brigade members company. If you have had to deal with a death in the family, he would of had a hand in the crafting of the casket. If the only thing that has died lately was your car, he could have been on the end of the phone sorting out the parts to get you back on the road. She may have delivered your mail over the years, the strawberries you enjoyed last season could of been sourced by one of us and what has 6 wheels and flies? Yes that septic tank cleaning truck, but he might just be heading to the station to a call out.

There are approx 8500 Volunteer Fire Fighters through-out New Zealand, this is the variety of work our members at Kumeu do when not at a call.

ITS OUR 1ST BIRTHDAY!

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THE GODS MUST BE CRAZY - RECENT SALES

I am amazed at how some of the public operate in this community. If you are going to sell your house engage a few real estate agents, get a valuation done, get a pre-sale building inspection done from Pete the builder! Understand your property and its value. Don't ignore all the advice that is given to you and then moan that you sold to cheap or that you are in court being sued for a leaky shower or an outstanding issue with council. We are here to help, make the most of our advice, it will save you thousands of dollars and hundreds of hours of stress. Call Graham at LJ Hooker today 0276 320421

"For a free report on the latest sales in your area contact: Graham McIntyre L.J Hooker Kumeu Licensed (REAA2008) Ph 09 412 9602"

KUMEU

| | | |
|---------------|----------------------|--------------|
| Access Road | 1 hectare +house | \$ 1,370,000 |
| Oraha Road | 1 hectare +house | \$ 1,280,000 |
| Oraha Road | 1 hectare +house | \$ 1,000,000 |
| Pinetone Road | 3 hectares + house | \$ 783,000 |
| Taupaki Road | 4 hectares + 2 house | \$ 1,140,000 |
| Trigg Road | 1000 sqm + house | \$ 629,000 |

MURIWAI

| | | |
|-------------|-----------------|------------|
| Wiatea Road | 1050sqm + house | \$ 895,000 |
|-------------|-----------------|------------|

RIVERHEAD

| | | |
|--------------------|----------------------|--------------|
| Ararimu Valley Rd | 41 hectares + house | \$ 695,000 |
| WAIMAUKU | | |
| Cloverfields Drive | 1500sqm + house | \$ 625,000 |
| Freshfields Road | 2530sqm + House | \$ 674,000 |
| Gavinike Place | 1500sqm Land | \$ 260,000 |
| Solan Drive | 2270sqm + House | \$ 650,000 |
| Taiapa Road | 1 hectare Land | \$ 290,000 |
| Waikoukou Valley | 2.7 hectares + house | \$ 1,030,000 |

INTEREST RATES STABLE UNTIL NEXT YEAR

The

Reserve bank hit the pause button in the September monetary statement, as intensifying global economic and financial risks outweighed an improving domestic economy. Interest rates will still have to move higher next year, but we now expect the first cash rate hike will be in January. How the European debt crisis develops will be critical as overseas funding costs may force interest rates to go up independently of the OCR.

If you are looking to buy property please feel free to contact me. I can offer six months pre-approval, five free QV valuations coupled with expert advice and very competitive pricing. Re-financing of existing home loans are also a specialty – special pricing if you have at least 20% equity/deposit!

David Lloyd Mobile Mortgage Manager Huapai Branch Ph. 027 244 3599 david_lloyd@westpac.co.nz



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THE LAST HURDLE - WAITAKERE FIRE STATION



After a frantic six months of negotiations, discussions, meetings, research, submissions and debate, the last hurdle and the last dollars are being finalized to deliver a state of the art civil defense facility, fire station and training room to the Waitakere Township community. "After almost 30 years of service the old skyline sheds did not offer a long term future for the brigade nor the community" says Denis Cooper the Chief Fire Officer. "Over the next month get ready to see the start of something special". If you would like to assist this project in some way please phone Waitakere Volunteer Fire Force on 09 810 9251 or Deputy Chief Fire Officer Graham McIntyre on 0276 320421 or look us up at www.waitakerevolunteefire.co.nz



Anna Sareczky
Editor

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Email:
annasareczky@hotmail.com

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Visit Kumeu in October and you'll be delighted by the Best of the West Festival on 9th October and the Kumeu Country Market on 16th October (both at the Kumeu Showgrounds) The Best of the West Festival will be fantastic, free-entry family day—carnival rides, live music, Maori cultural displays, a HUGE Kumeu Country Market, wine and beer tents, and, OF COURSE, the day's rugby games on the BIGGEST screen in NZ. 10am to 10pm. The monthly Kumeu Country Market will be on Sunday, 16th October – the usual superb array of gourmet foods, local produce and arts and crafts will tempt even the most discerning visitor/tourist. Get going on your Xmas shopping 10am to 2pm, rain or shine! For more information, visit www.kumeucountrymarket.co.nz

HI - PETE THE BUILDER HERE

I do Builders Reports for pre-purchase inspections. I am a Licensed Builder in West Auckland. My reports are accurate and economical at \$299 including GST. I don't bother with minor blemishes and verbose waffle - but rather a concise and common-sense inspection covering the Structure and foundations, the exterior cladding and weathertightness and the state of the interior and plumbing fixtures. Call me, Pete Aalbers, Pete The Builder Ltd, 021-980012 or email pete@petethebuilder.co.nz if I can help your clients.

WEST COAST RIDERS CLUB UPDATE

Just an update for you on what our local mountain bike club (West Coast Riders Club) has been up to in Riverhead forest. Winter is the time when we do most of our trail work in Riverhead Forest, over the last 3 months we have created another 4 km of trail, we have had some local business lend a hand and equipment to make our job much easier. Andy from The Landscaping Company in Huapai lent us his digger for the day and in that day with a few volunteers we created another gem of a trail which can be found on the trail map here (no. 13) www.wcrc.co.nz. Martin Horan another Riverhead local donated a huge amount of his time and timber to build a 25 meter long bridge crossing over a creek in the forest which has helped keep out feet and wheels dry. So far in the last 2 years we have created about 15 km of trail, our goal is to have at least 25 km of trail which is free-to-ride finished by the end of next year. This is all built by keen volunteers, if any local business can help us with diggers or timber please contact Ryan at Freeride'n' on 412-5280 or Ryan@Freeriden.co.nz.

DON'T PACK THE PACKERS

Spring has arrived with plenty of buyers and a shortage of quality properties on the market. There is no better time for you to list your property. Rising house prices and a lift in sales is a result of pent up demand: for two years householders have been carving back debts, causing home sales to drop to unusually low levels.

August showed a hint of recovery - nationwide the volume of sales was 5,192, up from July and a sharp 21 percent increase over last August. The number of new listings is rising, and the median home price rose 3 percent in the month to \$355,000, the Real Estate Institute reports. Based on agent surveys, here are some likely reasons people will sell this spring;

- downsizing
- job transfer
- fear that prices may fall
- wanting a larger home
- relationship changes

Whatever your reason the great team at LJ Hooker Kumeu is here to make your buying or selling experience a real pleasure. Call us today on 09 412 9602 or 0276 320421



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MAYOR LEN BROWN VISITS KUMEU OCTOBER 11, 2011

Our Mayor Len Brown has just released his view of Auckland.

It shows the overall vision of how Auckland will look over 20-30 years. The big items – 2nd Harbour crossing, the Waterfront development and the inner city rail loop will, if they proceed will soak up much of the rates revenue of the new Council. Our area won't see much financial benefit. The new Plan identifies Kumeu as a 'satellite area' floating off the edge of the urbanisation of Westgate and Hobsonville. Kumeu must ensure its rural feel remains, whilst providing lifestyle blocks in basically a rural area. Our district survival will be around our ability to protect and enhance the tourism potential and our viticulture base. The Mayor will be with us at Soljans on 11th October at 7.30pm. I would hope many of the ratepayers take the opportunity and attend. If you have issues you wish to raise please email them to me. (email below)

Turning to the unfinished business of Huapai North zoning, you will recall the Rodney District Council in almost their last act approved the Scheme Change 127. That change was released by the new Auckland Council some ten month later in early August of this year. The stormwater ponds and the ownership maintenance and acquisition was left to 'developers sort it out approach' rather than the Council acting responsibly and resolving what in effects is a wider community problem. The Association have appealed that decision to the Environmental Court to try and obtain some common sense to enable landowners in that area to proceed with some certainty and fairness. I would like to think that the new Auckland Council Engineers will take a much more practical approach to the stormwater issue. See you at the Mayor's meeting on October 11 at Soljans 7.30pm.

Contact Angela Van Winden ph 09 412-8225

Pete Sinton

Chairman – Kumeu-Huapai Resident & Ratepayers Association

Ph. 09 412-2016 e.mail petesinton@townplanner.co.nz



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Contact:
Graham Cato
09 411 8352



Anna Sareczky
Editor

Ph 021 607 971
Email:
annasareczky@hotmail.com

KUMEU ROTARY MEETS THIS TUESDAY !

The Rotary Club of Kumeu has been serving the local Kumeu and surrounding community since it was established in 1994. The club is part of the worldwide Rotary International Organisation with a worldwide membership of more than 1.2 million people committed to providing humanitarian service, encouraging high ethical standards, and helping to build goodwill and peace in the world. There are 33,000 Rotary clubs in more than 200 countries and geographical areas. Clubs are non-political, nonreligious, and open to all cultures. Rotary's main objective is service as signified by the motto "Service above Self". Although Kumeu Rotary contributes to worldwide humanitarian projects through the Rotary Foundation, its main focus is on the needs of the local community. Through fundraising, it is able to help local organisations including the Fire Brigade, Muriwai Surf Lifesaving, Kumeu Community Patrol and Hospice West Auckland. The club also has a strong focus on youth, with support for projects at Kaipara College and local schools, assisting with sponsorships to Rotary youth programs and other personal development programs such as Outward Bound. The club is pleased to be a major supporter and the recipient charity for funds from Kumeu art in the garden and acknowledge the very considerable efforts made by club member Graham McIntyre and L. J. Hooker Kumeu who underwrite and head the promotion and organisation of the event. Funds raised are channelled through the Kumeu Rotary Clubs Charitable Trust to local community organisations and worthwhile projects. To be involved in this event or to discuss becoming a valuable member of Kumeu Rotary please contact Graham Cato today on 09 4118352 and RSVP to attend the weekly meeting at Allely House Restaurant on Tuesdays at seven o'clock.

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Taupaki Primary School Monster Fireworks Event.

Entry prices are very affordable at just \$35 for a family of 2 adults and 4 children, or buy your tickets early at the school office for just \$30. Individual adults \$15, and children & senior citizens \$5. The entire profits go to Taupaki Primary, so come along and support your local school and enjoy a great family night out.

FROM MY PLACE

Noticing, from my gumboots, daylight hours increasing towards Equinox and Daylight Saving with sneaky rapidity, how Spring's first day passed here as Earth celebrated with a host of golden daffodils. Did you? I sometimes think we don't celebrate enough. More often and we would likely benefit both our health and family.

Just as 'charity begins at home' so with celebrations. Birthdays, Weddings, Christenings' and Funerals, often elsewhere; Easter, Anzac Day and Christmas-celebrated - or observed?

Spring's sudden golden proclamation from within Winter's deep dowdiness has produced for a modern age an icon of giving and hope. I hear first violets with their purple perfumed call, I swear, before spying them under the lemon tree, or guava, kumquat or quince, until that day. Eagerly I watch the first rosebud unwrap, to bring inside from wild weather to a place of honour. The first of any seasonal garden rewards, or a child's milestone, a distant family's good news phone call - is sufficient cause for celebration with family and/or friends to celebrate together.

A table, probably the most important place in the Home. There, ponder, count, and consciously celebrate, all those daily blessings.

A PASSION FOR ALL THINGS ART

Kumeu Arts Centre is now open 10am till 3pm Monday to Saturday. Pop in and see our unique range of handmade arts and crafts for sale in our retail area. Our upcoming members' exhibition is titled 'Best of the West' and will showcase local artists work with an array of media on display. Exhibition begins on Saturday the 8th October and continues until October 29. Opening night is Friday October 7 at 7pm all welcome. We also hold an open studio day on the first Saturday of the month (next one, Saturday the first of October) from 10am - 2pm; this is an opportunity for all adult artists to come along to an untutored weekend session of artistic expression and socialise with other local artists. A free older person art workshop will also be held here on the 19th October. Contact us on 09 412-9480 or email thetinshed@clear.net.nz for further information.

SOLVING THE PROBLEM OF GARDEN WASTE

With spring nearly upon us, now is the time to deal to your over grow trees and shrubs in the garden. Unfortunately the more you cut and trim, the bigger the pile of garden waste becomes. With the use of a **chipper shredder** you not only get rid of this rubbish pile, but you create useful mulch, that will benefit your garden in several ways. Not only does mulch suppress weed growth but it will also reduce the need for watering during the drier months and improve soil quality, which all means a lot less time and effort needed by you. With a wide selection of chippers available today, there will be a model to suit all gardens and budgets, so do call in and see Terry and the Grasslands team at 20 Shamrock Drive Kumeu to discuss which chipper shredder would best suit your needs.

" nobody does it better "



LIFESTYLE ESTATE WITH STABLES

This benchmark property displays character that has become the pedigree that discerning buyers look for within top-of-the-line homes in the area. This includes cathedral ceilings, entertainer kitchen, expansive bi-folds to outside decking areas, bedrooms off a central corridor, excellent wet-transition area, a suitable self contained flat (for income or guests) and a large office

CONTACT: Graham McIntyre 0276320421 Licensed REAA 2008
gmcintyre.kumeu@ljh.co.nz
VIEWING: go to www.kumeuopenhomes.co.nz
FOR SALE: **NEGOTIABLE**
ADDRESS: 296 Taupaki Road, Kumeu
WEB: www.ljhooker.co.nz/XOH14



EQUESTRIAN PROPERTY WITH VIEWS

Elevated with 180 degree views over Cascade Falls Golf Club and reserve, this home blends seamlessly into its tranquil environment. Solid construction underlies a six bedroom, three bathroom homestead, sheds and stables plus the added benefit of a minor dwelling with its own entrance. Motivated Owners will consider offers on this exceptional property.

CONTACT: Graham McIntyre 0276320421 Licensed REAA 2008
gmcintyre.kumeu@ljh.co.nz
go to www.kumeuopenhomes.co.nz
VIEWING: **NEGOTIABLE**
FOR SALE: **NEGOTIABLE**
ADDRESS: 12 Long Road, Waitakere
WEB: www.ljhooker.co.nz/WDH14



VILLA BY THE VINEYARD

A beautifully presented villa, north facing with views over Kumeu River Estate Vineyard. The home is a refurbished and well presented villa with good fencing and very private. Three generous bedrooms, bathroom and ensuite and large kitchen and entertaining living areas opening out onto decking and patio to grass areas.

CONTACT: Denise Glozier 0272549999 Licensed REAA 2008
dglozier.kumeu@ljh.co.nz
VIEWING: go to www.kumeuopenhomes.co.nz
FOR SALE: **NEGOTIABLE**
ADDRESS: 26 Riverhead Road, Kumeu
WEB: www.ljhooker.co.nz/WWH14



\$145/SQM INDUSTRIAL CBD KUMEU

The sites range from 2,000 square meters to 16,000 square meters and offer a potential future wind-fall opportunity, design and build or current income available. The sections have services provided including power, waste-water, storm-water and telecommunications. Rates and council plans available.

CONTACT: Graham McIntyre 0276320421 Licensed REAA 2008
gmcintyre.kumeu@ljh.co.nz
VIEWING: go to www.kumeuopenhomes.co.nz
FOR SALE: **NEGOTIABLE**
ADDRESS: Grivelle Street, Kumeu CBD
WEB: www.ljhooker.co.nz/MRH14

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KUMEU ONE HECTARE WITH VIEWS

The home is in need of a little attention but is warm and homely and is situated in such a sunny spot. Close to Kumeu village and transport. The site has a variety of trees and flat area around the house and huge barn.

-1 hectare of fenced land

-3 bedroom, 2 bathroom Lockwood home

-Large double tandem half round barn

CONTACT: Pat Delich 021475502 Licensed REAA 2008
pdelich.kumeu@ljh.co.nz

VIEWING: go to www.kumeuopenhomes.co.nz

FOR SALE: NEGOTIABLE

ADDRESS: 199 Oraha Road, Kumeu

WEB: www.ljhooker.co.nz/VAH14



MURIWAI SUNSETS, SEA AND SURF

The two bedroom split level cedar clad beach house is offering easy indoor / outdoor flow. Two road frontages can not be built out lots of native planting and palms. Open plan living, with an efficient wood burner for the cold winter nights, native timbers throughout, both floor and walls, lead light windows bathroom has the claw foot bath with bush view.

CONTACT: Aaron Lawler 021 164 3031 Licensed REAA 2008
gmcintyre.kumeu@ljh.co.nz

VIEWING: go to www.kumeuopenhomes.co.nz

FOR SALE: NEGOTIABLE

ADDRESS: 102 Wiatia Road, Muriwai

WEB: www.ljhooker.co.nz/WYH14



HOMELY & ESTABLISHED 50 PLUS

This is a delightful fenced complex, literally minutes to shopping, parks and within an outstanding village environment. Sound building materials and excellent body corporate maintenance program ensures it will stay at it's best. Excellent low maintenance gardens and access to car parking outside the unit. A heat pump, two generous bedrooms and plenty of sun make for an excellent home.

CONTACT: Graham McIntyre 0276320421 Licensed REAA 2008
gmcintyre.kumeu@ljh.co.nz

VIEWING: go to www.kumeuopenhomes.co.nz

FOR SALE: NEGOTIABLE

ADDRESS: Unit 10 - 197 Royal Road, Royal heights

WEB: www.ljhooker.co.nz/WUH14



WAIMAUKU NORTH FACING TWO LEVEL

Set upon 1246 square meters this semi rural lifestyle living property has size, privacy and is planted with a range of natives and palms. The house is a split level dating back to 1955, weatherboard and in good condition the home has two bedrooms and bathroom upstairs and two bedrooms and an office/third bedroom downstairs with a bathroom.

CONTACT: Graham McIntyre 0276320421 Licensed REAA 2008
gmcintyre.kumeu@ljh.co.nz

VIEWING: go to www.kumeuopenhomes.co.nz

FOR SALE: OFFERS (cv \$600,000)

ADDRESS: Waimauku Station Road, Waimauku

WEB: www.ljhooker.co.nz/R8H14

PONY CLASSES OVER OCTOBER SCHOOL HOLIDAYS



Kidz Kartz Kumeu has just started their 2011/12 season. Have you an interest in ponies and are between the ages of 6 to 16 this maybe the club for you. At Kidz Kartz you learn horsemanship and to race ponies in harness this is a lot of fun, a great family club. Kidz Kartz own ponies so that you can come and try without the cost of buying all that gear. Club times are Sundays at 9.30am till about 12pm and Wednesday evenings once it is light enough. We run 3day harness courses for over 10s in some school holidays the 1st of these in this October break. Kidz Kartz is at the Kumeu Trotting Club. For more info check out our web site www.kidzkartz.co.nz or contact Deneece 810 82 82 or Wendy 09 420 8970

RELAX - RECHARGE - REVITALIZE



The word 'balance' is used a lot these days – we have to find work/life balance to function and be fit enough to look after work and family. This is easier said than done as our lives are super busy, yet we still see relaxation and time-out from duties as a luxury. Is it really such a luxury though, to spend some time on yourself? We have found from experience that spa relaxation therapy can be a real life saver. To grab a couple of hours for yourself, away from everything, to melt into a hot stone massage, feed your skin with a great facial treatment and simply enjoy being pampered and looked after can be just what you need. Spa breaks are used by major corporations not only to reward loyal staff but also to keep sick leave down and that's with good reason; set in a relaxing and professional environment, these escapes can act like mini holidays and really rejuvenate. Contact Paula Haverkate at www.spadivine.co.nz phone 4115290

THE EFFECTIVE NETWORK COMES TO KUMEU

Businesses from across the Rodney district are getting in behind an exciting new business network. The Effective Network's (TEN) events, established by Auckland Tourism, Events and Economic Development earlier this year, are becoming popular on the local business calendar. The network is designed to bring local companies together to share information, learn new skills establish contacts and build a closer business community. Hundreds of business people attended TEN's Effective Business Networking launch event in Orewa in June, followed by the Marketing on a Shoestring breakfast in August. Coming next, The Effective Network meets in Kumeu on Wednesday, 5 October, with an Innovation in Business cocktail event. Businesses wanting to attend this or any future TEN event



You are in for a great time !



PANNA COTTA WITH PISTACHIO

Panna cotta with Pistachios and Strawberry Coulis
Serves a small dinner party of 6-8...or two greedy sisters.



Share a recipe:

Anna Sareczky

Editor

Ph 021 607 971

Email

annasareczky@hotmail.com

Panna cotta, Italian for "cooked cream", hails from Piemonte in Northern Italy. There are now many variations, the only prerequisite is attaining a divine unctuous texture. This method is my friend Monica's. In winter she serves hers on creme anglaise and infuses the hot mixture with 4 tablespoons of instant coffee powder or a touch of cinnamon to taste. Experiment yourself, I have had beautiful panna cotta made simply with a twist of lemon zest or more surprisingly with organic lavender blooms steeped in the liquid and drizzled with floral honey syrup. It is a dessert that lends itself well to creative ingredients. Be mindful that the panna cotta itself is not meant to be overly sweet, it is the accompaniment that should add the sugar boost, along with depth, and in summer a zing of freshness. With the first Queensland strawberries in the shops, try serving a simple coulis as a partner. When I test ran the recipe, my sister and I had our first taste at lunchtime and somewhat shamefully had polished off the entire thing by dinner. Serve in 8 ramekins or shaped glasses, as a long thin log on a platter, or turned out on individual plates.

6 tsp gelatine
150g raw pistachios (optional), lightly toasted and roughly chopped
1 litre cream
100g caster sugar
1 vanilla bean and/or 4 tsp ground cardamon
1 punnet fresh strawberries
50g caster sugar

Soak the gelatine for 15 minutes in a little cold water.
Split the vanilla bean in two, and place in a pan with cream and 100g of the caster sugar. Add half of the pistachios and bring to the boil slowly, stirring to prevent cream from burning. As soon as the mixture boils, remove from the heat. Squeeze any excess water from the gelatine and add to the pan, whisking until smooth.

Pour the mixture into moulds or ramekins. Allow to cool at room temperature and then place in the fridge for at least two hours until cold.

To make the coulis, core the strawberries and quarter. Place in a small pan with the remaining sugar and bring to a simmer. Remove from heat. Puree. Chill.

Either turn the cream out on individual serving plates or one platter and drizzle with coulis. Garnish with remaining chopped pistachios. Alternatively, dollop the coulis into each ramekin or glass and sprinkle with pistachios and perhaps some additional plain softly whipped cream.



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Written by Dr Irene van den Berg, Kumeu Vet Service, 68 Access Road, Kumeu, Ph 09 412 9016



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DOG WELLNESS CHECKS

Here at Kumeu Vets we've just wrapped up a successful new promo of geriatric dog wellness checks. Many ailments were caught early on and nipped in the bud, or otherwise management strategies were put in place. In fact the promo was so successful that we've been asked to run a similar geriatric cat promo which will be on until the end of October. For \$40 your feline friend will get a thorough check up (normally \$52) and if any additional diagnostic work or treatment is needed this will be at a reduced rate.

Sadly a common ailment that vets are seeing more and more of is obese pets. In the past it was thought that fat cells didn't do much except for storing fat – but it's now well known that stored fat actively secretes inflammatory cytokines which affects many body systems. Being overweight puts a great deal of excess stress on joints, cruciate ligaments and intervertebral discs. It also leads to a raft of hormonal imbalances, respiratory problems, certain cancers not to mention heat and exercise intolerance ... quite a scary list, not to mention some of them can be very expensive to manage! Just like it's easier for us to lose a couple of kilos during the warmer months, if your pooch doesn't have a waistline or your cat is one big wobbly ball consider putting a couple of changes in place this spring. There are many easy things you can do and as always we're happy help!

Written by Dr Irene van den Berg, Kumeu Vets

►.....continued from page 1

"We have created an international event that raises awareness of the region, the artists and the creativity that flourishes in the area in some amazing garden galleries. It's magic to see the interaction between the garden lovers and art enthusiasts" says Festival Founder and Event Director, Graham McIntyre of Kumeu. *"It's a charity event with profits benefiting local community groups such as Community Patrol, Hospice West Auckland and Kumeu Fire Brigade"* There will be music, food and beverages available in each garden and visitors are encouraged to bring a blanket and picnic and stay a while to enjoy the atmosphere. Be a friend online at www.facebook.com/kumeuartinthegarden.

Bookings can be made by phoning the Kumeu Visitor Centre on 09 412 9886 or online at www.kumeuartinthegarden.co.nz

KUMEU COAST & COUNTRY BUSINESS ASSOCIATION

Rugby World Cup & Best of the West

Spring is finally here and so is the RWC and all the attendant hype, and hopefully some business opportunities. There are some interesting events planned for our area around the rugby and we have been involved with the Helensville District Business association and Auckland Council in the 'best of the West' festival. The Kumeu part is kicking off on the 9th October at the Kumeu Show grounds with a free festival day packed full of family events. KCC is working on making this an annual event for the region with the aim of broadening the base and appeal to bring visitors out to our region to experience all we have to offer.

Kumeu's Visitors Centre

After many years of dedication and hard work from our committee we have secured the future of Kumeu's visitor centre and in July handed over control to Auckland Tourism, Events & Economic Development (ATEED) the Auckland Council CCO. The goal of KCC was to ensure this valuable resource at the gateway to the west and SH16 became a full 'i-Site' Visitor Information Centre. With funding from Rodney Council running out this year and no concrete finance on the horizon it was essential to work together with the new Council to secure the future of the visitors information centre, and now that this is achieved KCC will be looking to new projects to raise the profile of our area and improve the opportunities of businesses to thrive.

Business Surveys

Over the next few months we will be conducting surveys of businesses in the wider region to ascertain what we can do to help your business and what you think the main issues are facing business in the area. Please look out for these surveys and help us help you by completing and returning them. If you would be interested in joining KCC please email info@kumeuinfo.co.nz

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Hi my Name is Mike Stevens and I have been a qualified personal trainer at Kumeu Gym for over a year and am enjoying every minute of it. My interest for health and fitness started at a young age where I excelled in various sports throughout my school years. This consequently led to my passion of helping people to effectively achieve their goals whether its sport specific, weight loss, muscle toning or building, rehab, strength training or any other goals they yearn to achieve. I work with clients in their homes, my private studio, running tracks and various outdoor locations including beaches, bush walks and swimming pools. I currently run a boot camp three times a week where I strive to make each class different and fun for my clients. I believe if you truly have the desire, I have the experience, knowledge and means to help you attain the healthier goals that you have always wanted. If you want to get fit and healthy for summer come and see me at Kumeu Gym or call Mike on 022 5438 348.

JOIN WAIMAUKU GUIDES

Waimauku Guides meet at St Chad's, Oraha Rd, Huapai every Tuesday night from 6-8 pm. In the program are things like crafts, challenge games like Treasure Maps, cooking (and eating!), working towards badges, friendship, working individually and as a team and a lot more. At the end of this school term we will have a further 7 Guides join our group and we expect a lot of fun, laughs and a bit of foolishness. The 'Linking Ceremony' (when Brownies move up to become Guides) is cause for a special night at Parakai pools.

As we grow we will need Leaders. If you are over 18 years and keen to help girls grow into young women who will change the world then, please, call and have a chat. Girl Guiding provides a uniform, training and walk-along-side support and you get to do all the fun things too! Niki- Woodhill District Coordinator and Guide Leader 09 411-9350.

NEW KID ON THE BLOCK - Matti B's

Well, we've been asking for it for years and now it's finally here! Waimauku has a great new takeaway (and wet fish shop) in Matti B's, situated behind Supervalu in the old saddle shop. We've heard wonderful things about the food so my partner and I popped in with the family last month and we were all greatly impressed: it's crisp, clean and has a whole new approach to the takeaway business. The kids settled for fish, hotdogs and nuggets while Mike and I hit the burgers, me taking on the Road Island (grilled chicken thigh with bacon and mushroom) and Mike the Angus McVie – a monster pattie with a spicy kick to it. I must say the food was presented to a very high standard indeed – the fish is apparently always breadcrumbed, the chips good and chunky, everything was well drained and the burgers were simply divine – so we'll be back, sooner rather than later!

Review by Anna Popovich, Muriwai

VINEYARD HEPHENINGS AT KERR FARM WINE

September and October is when the new growing season starts again in the vineyard. All the winter pruning and the taking of cuttings should be finished. I was running a bit late this year so some of my later varieties did not get finished until the middle of the month. As the soil and the air temperatures rise and the days get longer budburst is stimulated. The buds that have been hiding all winter, begin to emerge from the canes of last year's fruiting wood. If the winter has had a few cold snaps and some good frosts, budburst is usually quite even and the shoots grow at a similar level of development. However if the winter has been warmer this is not the case and budburst can be uneven and therefore the shoots will be at different levels of development.

This may not seem very important, but it is. If the shoots grow evenly, the grapes, the important part, ripen evenly as well. At harvest time all the grapes will be at a similar stage of development and nice ripe fruit makes good wine. If budburst has been uneven the fruit will also ripen unevenly, so there will be ripe grapes and some not so ripe. This makes winemaking more difficult. Email me your feedback at jaison@kerrfarmwine.co.nz

RUGBY WORLD CUP 2011 FEVER

Rugby World Cup 2011 is finally here, and we are really excited at about the prospect of seeing 20 international teams competing for the much sought-after Webb Ellis Cup. ANZ as a Worldwide Partner and Official Bank of the Tournament is helping to welcome visitors to our beautiful country and in particular to the Best of the West : Kumeu and the surrounding areas have a lot to offer and we are very proud to be part of this special community. We have already seen RWC 2011 touch our community with "JJ" Phillips (student at Kaipara College) being selected as a winner of ANZ's Future Captains competition. JJ led Italy out onto the field at the Australia v Italy match. JJ's Mum, Tracy Hunt entered JJ into the competition at ANZ Huapai, and was so excited that JJ was successful in winning out of thousands entrants. The staff at ANZ Huapai (Alana, Debbie, Lauren, Graham & Branch Manager Sue) were delighted that someone from our local community had this wonderful opportunity.

At ANZ Huapai all the flags of the 20 teams are flying, however we are flying a very large flag of NZ - we are not biased - but we say "Go the All Blacks!"



Share a story idea:

Anna Sareczky

Editor

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Email

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| | Fri 30 Sep | Sat 1 Oct | Sun 2 Oct | Mon 3 Oct | Tue 4 Oct | Wed 5 Oct | Thu 6 Oct |
|-------------------|-----------------------------|------------------------------------|---|------------------------------------|-------------------------------------|------------------------------------|----------------------|
| Weather: | | | | | | | |
| Description: | More sun than clouds. Cool. | Showers late. Mostly cloudy. Cool. | Scattered showers. Broken clouds. Cool. | Showers late. Mostly cloudy. Mild. | A few showers. Mostly cloudy. Cool. | Rain showers. Mostly cloudy. Mild. | Mostly cloudy. Cool. |
| High temperature: | 16 °C | 14 °C | 18 °C | 20 °C | 17 °C | 13 °C | 16 °C |
| Low temperature: | 11 °C | 12 °C | 11 °C | 8 °C | 13 °C | 8 °C | 12 °C |
| Comfort level: | 12 °C | 12 °C | 15 °C | 17 °C | 16 °C | 5 °C | 16 °C |
| Wind Speed: | 34 km/h | 27 km/h | 10 km/h | 4 km/h | 11 km/h | 44 km/h | 19 km/h |
| Wind Direction: | ← | ← | ← | ← | ← | ← | ← |
| Humidity: | 65% | 88% | 91% | 77% | 90% | 91% | 82% |
| UV Index: | 5 (Moderate) | 0 (Low) | 3 (Moderate) | 0 (Low) | 0 (Low) | 0 (Low) | 0 (Low) |
| Chance of Rain: | 10% | 39% | 47% | 39% | 39% | 66% | 33% |
| Amount Rain: | - | 1.1 mm | 3.3 mm | 2.0 mm | 1.4 mm | 6.0 mm | - |
| Sunrise: | 7:00 a.m. | 6:58 a.m. | 6:57 a.m. | 6:55 a.m. | 6:54 a.m. | 6:52 a.m. | 6:51 a.m. |
| Sunset: | 7:23 p.m. | 7:24 p.m. | 7:25 p.m. | 7:26 p.m. | 7:27 p.m. | 7:28 p.m. | 7:28 p.m. |

| | Fri 7 Oct | Sat 8 Oct | Sun 9 Oct | Mon 10 Oct | Tue 11 Oct | Wed 12 Oct | Thu 13 Oct |
|-------------------|-----------------------------|-----------------------------|---------------------|---------------|-----------------------------|---------------|-----------------------------|
| Weather: | | | | | | | |
| Description: | More sun than clouds. Cool. | More sun than clouds. Cool. | Mostly sunny. Cool. | Sunny. Cool. | More sun than clouds. Cool. | Sunny. Cool. | More sun than clouds. Cool. |
| High temperature: | 16 °C | 16 °C | 15 °C | 15 °C | 15 °C | 16 °C | 16 °C |
| Low temperature: | 11 °C | 11 °C | 8 °C | 10 °C | 12 °C | 11 °C | 11 °C |
| Comfort level: | 16 °C | 14 °C | 15 °C | 14 °C | 14 °C | 16 °C | 16 °C |
| Wind Speed: | 25 km/h | 22 km/h | 7 km/h | 21 km/h | 30 km/h | 12 km/h | 31 km/h |
| Wind Direction: | ↑ | ↑ | ↓ | ↑ | ↑ | → | → |
| Humidity: | 76% | 72% | 73% | 77% | 74% | 73% | 81% |
| UV Index: | 5 (Moderate) | 5 (Moderate) | 5 (Moderate) | 5 (Moderate) | 5 (Moderate) | 5 (Moderate) | 5 (Moderate) |
| Chance of Rain: | 10% | 10% | 10% | 10% | 10% | 10% | 10% |
| Amount Rain: | - | - | - | - | - | - | - |
| Sunrise: | 6:49 a.m. | 6:48 a.m. | 6:46 a.m. | 6:45 a.m. | 6:44 a.m. | 6:42 a.m. | 6:41 a.m. |
| Sunset: | 7:29 p.m. | 7:30 p.m. | 7:31 p.m. | 7:32 p.m. | 7:33 p.m. | 7:34 p.m. | 7:35 p.m. |

LAST WORD

The fireworks continue to fly over all manner of things in this great community: The rugby world cup has delivered another food and beverage market at the showgrounds with a big screen wahoooo!, and Len Brown keeps coming out to Kumeu and Helensville talking about the great waterfront (yawn, yawn) and how he is 100% behind the passenger rail link to Helensville (I'm asleep). There seems to be a disconnect between politicians and the local community, speaking of which, why does John Key's office not have a New Zealand flag flying over it? The political hot potatoes are being fired around and why not. The long term plan for Kumeu and districts is a joke. No high school, no stadium, no university. Let's celebrate the things that Kumeu delivers. Wine and strawberries and \$2 shops. Ohakune has a massive carrot, and Kumeu has.... A picture of John Key and a motley cluster of shops. Go the Honey Zone (see last months issue)

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