

JULY 2010

Kumeu Courier

VOLUME 1 : ISSUE 7

COMMUNITY NEWSLETTER

SPECIAL POINTS OF INTEREST:

- 4000 Circulation
- Community information
- Upcoming events
- Sponsorship
- Free editorial contributions
- House price round-up
- Relevant to the rate-payer

INSIDE THIS ISSUE:

Riverhead	1
Kumeu Fire	2
Finance	3
Health	4
Food & Fun	6
Kumeu Police	3
Sponsors	7 8

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A special thanks to all our great sponsors

The History Of Riverhead Part II

Riverhead Part II - So what's in a name? Maori called the place we reside *Pitoitoi*, the moniker of the North Island Robin, a loquacious bird renowned for its sociable character. While not methodically settled, by 1841 kauri exploiters were present in the area. A diverse and transient group of workers followed, habitually unencumbered men used to working outdoors, harking from as far afield as Ireland and Scandinavia.

In addition, there was a small but significant influx of Australian colonists, still ideologically tainted by convict connections contributing to the township attaining a reputation as somewhat inferior with respect to both the transitory nature of its inhabitants and the quality of its resources.

However local farming families were gradually eroding any

unsavoury preconceptions the name evoked, establishing themselves and their farms as economic stalwarts within the local community.



Standing tall—The Deacon's Inn is a historical treasure of the past.

As native forest was cleared to make way for pasture, the robins' hold on local lore diminished and the name Riverhead became cemented.

Entrepreneur Thomas Deacon, originally of Navy extraction, founded Deacon's Inn (now The Riverhead) in 1857 becoming the ubiquitous last stop for a weary traveler before crossing the Kaipara Flats or the Waitemata.

From 1955 Riverhead also

played host to John Lamb's Waitemata Mills (a precursor in production to the now household brand, Champion Flour).

Over time Riverhead's reputation as a stable community continued to flourish. In 1926 when the State Forest was established, a politically driven bid to divest the place of any residual negative associations by renaming the district 'Forestdean' floundered. 'Riverhead', with all the aptly picturesque connotations the name brings to mind, remained to stay.



Contact:
Anna Sareczky
Editor
Ph 021 607 971
Email
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A Heart Warming Thank You

June has been an exciting - if bitterly cold - month. I have met many intriguing members of the Kumeu community, moved back to Riverhead, and we all finally have the solace of a full water tank.

The *Courier* has enjoyed an overwhelmingly positive response, with sponsors approaching us to come on board. Smith and Partners, an enduring and reliable provider of legal services in the

region, has recently moved their local office back to their Henderson base and are a welcome addition to our sponsorship fold, showing they intend to remain a real presence within the community. We are also introducing a recipe of the month section, and invite readers and sponsors to contribute their own favourites. Alternatively, if you have enjoyed an amazing meal at any of our fantastic local venues I am more than

cheeky enough to attempt to get them to divulge the formula to us.

Finally, I would like to take the opportunity to invite our readers to elect to receive the *Kumeu Courier* via email. PDF receipt means less rain soaked mail, prompt delivery, a conscionable environmental choice, colour images and content, as well as links to our website, sponsors, and contributors. Email the word subscribe to glms@xtra.co.nz.

Waterfront On Riverland Road



This is an exceptional property that will charm you at first sight with waterfront views, greenscapes and water features. Hidden in Kumeu's sought after Riverland Road this waters edge property is set on 5.6104 picturesque hectares and is in a class of its own. Quiet and peaceful, with expansive views over looking the River, this property encompasses stunning manicured

grounds that surround a solid masonry home offering 4 stylish bedrooms, 2 bathrooms, 2 living areas, and separate formal dining. The family lounge is warm and inviting with expansive views that will take your breath away, flowing through to a magnificent European gourmet kitchen with superior quality granite bench tops and beautiful light fittings. Indoor/outdoor flow provides resort style outdoor living showcasing the property's unique features including barns and stables, private jetty and

beautiful views rarely offered for sale. And if all that wasn't enough; this once in a lifetime property offers superb investment opportunity with subdivisible potential. What more could you wish for? Viewing is by appointment, call now to arrange a time to be wowed! Superior Views/ Stunning Grazing Land/ Extremely Private/ Full of Character/ Sub Divisible/Tropical Gardens/Large Country Barning and Stables/Outstanding Wetland.

Phone to view:
Courtney Wood
LJ Hooker Kumeu
Licensed REAA2008
Ph 027 688 0818

*"For enquiries on
Kumeu Rugby
contact Paul Smith
Ph 021 412 960"*

Stephen Sparnon,
DCFO, Kumeu
Fire Rescue.
For an
emergency call
dial 111

Rugby, Rugby Everywhere

Kumeu rugby is alive and well, so far 2010 has been a great success. Junior rugby has carried on from previous years thanks to support from parents and its well oiled committee. Our senior teams have had an up and down season so far, but have shown great club spirit and loyalty and played some hugely en-

tertaining rugby! They even seem to be having a lot of fun which is what it is all about. The club is in a rebuild stage we would really like more people to come on board and help out, we know time is precious due to business and family commitments but a little effort will go a long way to making this a

great club for all. To all those who have helped out along the way, a big thanks. If anyone is interested in helping please contact Paul Smith, club chairman, on 021412960



Kumeu Fire Files

Volunteer Awareness Week

With many volunteers in many organisations out West, the Local Volunteer Fire Brigade is probably the most visually obvious, and when responding to incidents; the most well heard. Volunteers do just that, they volunteer their time for a cause for no monetary reward, and they believe

wholeheartedly in what they are doing. The NZ Fire Service has 8000 Volunteer Fire Fighters trained and equipped to handle a range of tasks including fire suppression, fire alarm activation, fire safety education (say giddy nest time you see us at an event), motor vehicle crashes (requiring crews to use cutting equipment to remove patients). These volunteers



help your fire station deal with these and other emergencies, 24 hours a day 7 days a week. Next time you see a Volunteer Fire Fighter thank them for their time and effort in protecting you and your community.

Market Report For May 2010

Light trading in both residential and lifestyle property has impacted the Kumeu and local district market. In total only a handful of properties sold over the last month highlighting the volatility of the current fiscal climate.

A continued highlight for the district is the level of buyer interest and the transactions that are occurring in Riverhead, demonstrating good buyer confidence through some top sale prices.

Records show only one local lifestyle property sold in the month of May which suggests for many Vendors new market-

ing initiatives are needed to get fresh buyers into the area.

LJ Hooker Kumeu is running a Kumeu Property Bonanza campaign in July and August through five web sites; the Sunday Star Times and Herald on Sunday to generate interest in Kumeu's leading lifestyle properties. Any lifestyle owners considering selling should contact Sharon Kenny on 09 412 9602 for details of the campaign and to set up an appointment with an area sales specialist.

Riverhead
Alice Street \$435,000

CoatesvilleR H/way \$415,000
Princes Street \$500,000
School Road \$650,000
Sussex Terrace \$635,000

Kumeu-Huapai
Merlot Heights \$520,000
S/H 16, Kumeu \$455,000
Waimauku
Waimauku Station Rd \$530,000
Tarrant Road \$573,000

For a more comprehensive analysis of local area sales and a report showing price movements (all free of cost) please call Graham McIntyre on 0276 3 2 0 4 2 1 or email kumeu@ljh.co.nz.

“For a report on the latest sales in your area free of cost contact: L.J Hooker Kumeu Licensed (REAA2008) Ph 09 412 9602”

Raising The Bar - Economic Snapshot

Export commodity prices reached a record high in May with good trading volume. In addition, the NZ dollar has remained steady around the US 70 cent mark, putting exporters in a strong position. NZ's annual trade balance has moved into surplus for the first time since 2002. Business confidence and activity expectations are at their highest levels in 11 years, and hiring and investment intentions

are well above average levels. Unemployment is levelling off under the 6% threshold and quarterly statistics show increases in jobs filled and hours worked.

These shifts in business growth and confidence however have not echoed through to the Consumer market with little change in consumer spending, house price indexes, or household debt. The recent increase in

the Official Cash Rate will have a trickle down effect to floating and fixed rates over the month, providing a minor impact on the home buying public.

I am over in South Africa cheering on the All Whites at present and will be returning early in July. Stay dry.

David Lloyd
Ph. 027 244 3599
david_lloyd@westpac.co.nz

“More than a one-all draw”

Click It Or Ticket - Kumeu Police

It is frustrating as a Police Officer to witness drivers who choose to travel with children either not restrained or incorrectly restrained whilst they themselves sit comfortably in the knowledge that if an accident was to occur they are reasonably safe with airbags in the front and their seatbelt on. On most occasions it is a lack of education around the rules rather than total disregard for the child's life. This month I hope to impart some knowledge of the basic

rules for seatbelts.

- Children under 5 must be restrained by an approved child restraint.
- Children aged 5 to 7 must use a child restraint if available otherwise they must use the safety belt.
- Children 8 and above must wear safety belts as must all adults.

It is the responsibility of the driver to ensure anyone under the age of 15 is buckled up and

anyone 15 and over can be personally issued with an infringement notice. Yes there are exemptions but unless you have been made specifically aware of your exemption 'click it to avoid the ticket'.

If you want to know more please contact Constable Mike Collins at the Kumeu Police Station 09 412 5194.



Giving Riverhead Back Its Pub



The infamous Riverhead Tavern, located for over 150 years on the side of the Rangitopuni River is in the process of being revitalized by new proprietors, Paula and Stephen Pepperell. Exuding dedication and warmth, the couple share an unwavering focus to restore the pub to a community place where stories of old can be celebrated and combine effortlessly with new memories. "Our priority is to give Riverhead back its pub", enthuses Paula. The pub, to be known as The Riverhead, will encapsulate a sport and history

focused bar, and a main Café/Bistro ensconced between original ceilings and painstakingly restored Kauri floors. The renovation will highlight the majestic fireplace and large doors opening out to the spacious veranda with sweeping views up the river. Paula, who describes herself as a foodie, will collaborate with kitchen staff designing menus using local seasonal produce, with gourmet pizzas and hamburgers already planned as an invitingly casual feature. Later, a function centre will be developed to embrace the

exquisite outlook and tranquil setting evoked by elegant old oak trees, with the dock at the river's edge to eventually be re-established.

The unique aspect and innate characteristics of the place originally attracted the couple, and they emphasize their overriding intention is to remain as true as possible to the spirit of the space while turning it in to a viable and enduring enterprise, ultimately allowing the community to reclaim a significant aspect of its history.

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"For enquiries on
Norwest Football
contact John
Widdows
Ph 021769560"

80% of the population do not have a settled health/exercise plan in place.

All Whites Riverhead School Biz Seminars

Norwest Football have secured a limited supply of Official All Whites scarves at the special price of just \$20 each (with \$5 from each purchase going to the club). Please email Ross Upton directly on upton-family@orcon.net.nz to order. First in first served.

"Go the All Whites"

Riverhead School is in the process of designing and building a much needed fitness trail. As you would appreciate with developments such as this in the education sector, financing is a huge issue. We would love to hear from any business or organisation interested in assisting us with sponsoring a station or part of one. Phone 09-412 9105 for more information.

To give Rodney business owners a real boost, the Rodney Economic Development Trust has organised a week-long series of seminars, presentations, and workshops on a wide variety of topics. Fifteen specialists will offer instruction, insight and guidance, and participants may attend as many or as few of the classes as they wish.

Please contact the Trust on 09 427 9475 or see their website – www.bizrodney.com.

American College of Sport Medicine Survey

In 2009 the American College of Sports Medicine Survey ranked childhood health issues and obesity stemming from sedentary lifestyle as a key health and lifestyle trend requiring immediate action. Doctors increasingly refer patients, including children, to health and fitness facilities. An estimated 80% of the population do not have a settled health/exercise plan in

place. The relationship between exercise, nutrition, weight, health, self esteem, and wellbeing has been documented. It seems irresponsible to wait until weight management is significantly impacting our children's lives before we take action. With the holidays around the corner this is a prime time for children and teens to camp out on the couch. Club Physical is of-

fering membership options facilitating family wellbeing and providing an avenue to spend quality time with your children while providing a great example. We offer a variety of membership options. For further enquiries please call the Wellness Manager at Club Physical Westgate, or see the voucher attached in the sponsors section.

CP Westgate: 09 833 3306

The Super Savvy Kumeu Gardener

July can be a busy time in the garden, pruning and cutting back deciduous trees and shrubs, and generally tidying up garden beds. Rose pruning and planting should be in full swing. Roses, deciduous trees and shrubs, including fruit trees, should be sprayed over winter with copper spray and oil. It pays to do these separately as mixing reduces

effectiveness. Include any citrus trees in this program. Finally, prepare your vegetable garden, cultivating any empty spaces by turning the soil as this will improve soil structure in preparation for spring. Growing vegetables at home is a great avenue for spending quality time with children, and harvesting healthy food provides much satisfaction

in addition to the financial benefits. Include broccoli, silverbeet, cabbages, cauliflowers and leeks and begin harvesting in 4 -6 weeks.

Phil at Kumeu Garden Centre & Water Gardens 09 412 9002



“Growing vegetables at home is a great avenue for spending quality time with children, and harvesting healthy food”

Impacts Of The Change To 15% GST

The Government in its budget announced a 2.5% GST increase from 1 October. If this falls part way through a business’s GST period, returns will need to be split according to the transactions that correspond with the applicable rates.

For businesses operating on a Payments Basis, debtors and creditors existing at the time of the change are subject to a notional 2.5% conversion. From then on all payments or receipts will be subject to the 15% GST levy. Those working on an Invoice Basis may find the period

more complicated. Accounting packages may need to simultaneously cater for GST at both 12.5% and 15% in order to accommodate incomplete or outstanding transactions.

Any automatically coded repeat dealings will also need to be reviewed or manually entered during the transition period to ascertain which transactions are subject to which rates.

On a positive note, it is likely that businesses will experience an increase in sales prior to the Act taking effect, with consumers keen to lock

in purchase arrangements or pay off recurring expenses early. Unless contracts specify otherwise, the GST Act deems contracts to be altered to align to the new GST rate when the increase takes effect. Due to the complexity of this process, preparations should be made now to streamline the transition.

Your local Chartered Accountants; Kumeu Taxation Services (Ph 09 412 9902), and Denise Maffey and Associates (Ph 412 2535), will be running information seminars prior to the changes.

“it is likely that businesses will experience an increase in sales”



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Share a recipe:
Anna Sareczky
 Editor
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 annasareczky@hotmail.com

A confirmed recipe addict I spend an inordinate amount of time baking, perusing recipe books, and latterly, admiring food blogs. Food blogs are a new gastronomic genre, a democratic forum allowing the layman as much literary clout as the renowned, revered (and occasionally reviled) Michelin reviewer.

After attaining a cult following food bloggers have won TV spots and coveted book contracts. *bakingbites.com* hooked me, *thewednesdaychef.com* inspired me, but it is *undertheghighchair.com* that I rely on for basics. Aimeé, Canada's answer to Nigella Lawson, is utterly addictive, highly creative,

and totally reliable.

Like these cookies. This recipe is adapted from her family original. I often substitute ingredients accommodating whatever is lurking in the cupboard; apricots, macadamias, flax seeds, and even a roughly chopped Moro Bar, have all found their way in.

Makes about 30.
 3/4 cup soft brown sugar
 3/4 cup caster sugar
 1 cup butter, room temperature
 2 eggs
 1 teaspoon vanilla
 1 3/4 cups flour
 1 teaspoon baking soda, sifted
 1 teaspoon salt
 1/2 teaspoon ground cinnamon
 1/4 cup coconut

3 cups oatmeal
 1 cup dried cranberries
 1 cup chopped white chocolate buttons.

Preheat oven to 180°C.
 Cream butter and sugars until pale and fluffy, by hand or in a mixer.

Add eggs one at a time and beat well between each.

Add flour, baking soda, and salt. Stir gently.

Mix in coconut, oatmeal, and raisins, and stir just to combine. Roll into balls with wet hands and press down with your palm or a fork to flatten.

Bake 8-10 minutes until the bottoms are sealed and the tops are a warm golden brown.

Hallertau-New Stuff & A New Menu

Escape the winter blues; come in and soak up the sun over lunch in the north facing covered courtyard, or get cosy in front of the fire in the luxurious lounge.

Hallertau is thrilled to welcome Sean Trautvetter as head Chef, replacing our previous Head Chef of 5 years. Sean's creative juices have been flowing with immediate impacts: Hallertau now has 20

resident chickens to provide the restaurant with free range eggs (and entertainment) and we have just planted our new herb and vegetable gardens. This week also saw the delivery of a rather impressive 150kg sausage making machine so keep an eye out and your taste buds ready for our ever changing range of fresh house made sausages, designed to comple-

ment our range of tasty handcrafted ales. Our completely new menu will be launched on Monday June 28. Look for delights such as Seared Big Eye Tuna Steak and Blackbier Marinated Lamb shank. Also check out our non-stop nibbles including: Fried Beetroot Arancini, Moroccan Lamb Koftas, Spiced & Salted Squid. Stephen Plowman Ph 09 412 5555.

Stephen Plowman

Captain of Beer

Phone 09 412 5555

Family Sports At KISC

Craig and Harriet Watson, owners of the new Kumeu Indoor Sports Centre and combined parents of 6 children, know what it is like to have a large family and limited entertainment budget, "we set this up for the community to have a place to meet and enjoy a meal and to provide local kids with an indoor space to play in a safe social atmosphere", explains Craig.

It is this down to earth quality and lighthearted atmosphere that has made the place such a success with locals. Harriet regularly steps in to coach/referee both the social and competitive netball, soccer, and

cricket games, while Craig produces generous family friendly meals for patrons. He aims to change the specials a couple of times a week to take advantage of the regions produce, but finds that customers regularly request previous "specials" with some, such as the lamb burger, becoming house institutions.

The centre, now in its second month, offers a site for players and supporters to socialize after games, as well as providing an affordable dinner venue for those with young families wanting to catch up with friends without the hassle of a babysitter.

In addition to their social netball league (Mondays 6.20pm), and 6 aside mixed competitive league (Thursday 6.20pm), Harriet is also running a mum's league scheduled at 9.30am Mondays.

Mens' Social Cricket is 6pm on Wednesdays with a mixed social league at 4pm on Sundays. WANTED teams for Mixed Soccer League 6pm Fridays (contact Harriet).

KISC invites readers to take advantage of the voucher included in our sponsors section.

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