

kumeu

# Courier

FREE monthly community magazine for Kumeu & districts

**EVENTS AND UPDATES**

**FLOWERING CHERRY TREES**

- Pet tips & advice
- Food & beverage
- Home & garden
- Property market report

**MOANA'S MUSIC**

Circulation is 10,000 print copies and 3371 opened and read email copies.

Editorial contributions are free from cost. Advertising starts at \$75 plus gst for a business card size.

Contact Sarah Brightwell on 021 250 7324 or [sarahbrightwell022@gmail.com](mailto:sarahbrightwell022@gmail.com)

November 2016

# Intro

Keep calm, it's not quite Christmas yet... Welcome to our November edition! On our cover this month we have the beautiful and talented Moana Maniapoto. Not only is she a wonderful artist but also a local of our own magical Muriwai. Check out what she has been up to lately and her upcoming events for the summer. Pōwhiri ki to tatou Moana moheni me whakawhetai koe mo koutou takoha ki te waiata maori. A Kumeu-Huapai History Group is proposed to help preserve the area's heritage and stories. The West Auckland Historical Society has given approval for the venture and is keen to see who else in this area is interested. Kumeu seems destined for great change and there is urgency in capturing the stories and lessons of the past before they are overtaken by that future. Older community members have much to offer in the form of oral histories and recorded memories too, preferably done sooner. Photos and other materials also need to be safely stored for future generations. If you think you can help please contact Bunty on 09 412 9451, 027 440 0044 or email [buntycondon@xtra.co.nz](mailto:buntycondon@xtra.co.nz) for information. I couldn't possibly be this close to December and not mention that The Annual Kumeu Rotary Christmas Parade is on Friday 2nd December this year, road closure at 6.45pm Parade starting at 7pm. Last year our School's, Early Childhood Center's, clubs and businesses put on a fabulous display. It is time to start thinking about getting an entry form. For more information or an entry form contact Lyn Anderson at [jacko\\_lyn@xtra.co.nz](mailto:jacko_lyn@xtra.co.nz) or 09 412 8068. For those looking to take up a new pastime or who would like resume an old one, the Riverhead Bowling Club will be hosting a social competition for all comers, experienced or beginners. The times are user friendly which will suit parents once the kids are at school and senior citizens, but it is non- restrictive and all comers are very welcome- Just turn up or contact Phil on 09 412 8697 or 027 726 4792. Finally I would like to put a call out to all cat lovers in the Norwest region, if you have any spare time, please get in touch with Carolyn on 021 143 6815 as they desperately need volunteers at the Huapai shelter.

As always, stay safe- be kind.  
Sarah,

Disclaimer: Articles published are submitted by individual entities and should not be taken as reflecting the editorial views of this magazine or the publishers of The Kumeu Courier Limited.



# kumeu Courier

## Feature Stories

- 3 Moana's music
- 4 People & places
- 7 Safer communities
- 8 Community notices
- 10 Making Korowai
- 12 In brief - updates
- 14 Property news & advice
- 16 Property statistics
- 24 Home & garden
- 26 Weed control
- 28 Lifestyle report
- 30 Build new
- 32 Pets
- 34 Food & beverage
- 36 Health & beauty
- 38 Managing Eczema
- 40 Area columnists
- 42 Wedding Gown
- 44 Local Government
- 46 Christmas book fair
- 47 Muriwai tide chart

### Questions and feedback:

Sarah Brightwell  
P 021 250 7324  
E [sarahbrightwell022@gmail.com](mailto:sarahbrightwell022@gmail.com)  
W [kumeucourier.co.nz](http://kumeucourier.co.nz)

Cover Shot: Moana Maniapoto photo by SteveDykesphoto.com

Print run is 10,000 copies through Treehouse Print  
Email database is managed by Sublime NZ



- Locally Owned and Operated
- Designed and Engineered in NZ for NZ Conditions
- Quality & Honesty with Zero Limits
- Any Building to Suit your Height/Length/Inclusions
- Your Entire Consent Process Looked after for You
- Up to 30m Clear Span & up to 7m Stud Height

SHEDS, FARM & LIFESTYLE BUILDINGS  
COMMERCIAL & INDUSTRIAL BUILDINGS



**Body Builders Ltd**  
329 Main Rd  
Huapai  
Auckland 0810

PO Box 5 Kumeu  
Auckland 0841  
T: 09 412 8455  
F: 09 412 8458

**FREEPHONE: 0800 870 078**

E: [rodneym@kiwispannz.co.nz](mailto:rodneym@kiwispannz.co.nz)



0800 870 078

[www.kiwispannz.co.nz](http://www.kiwispannz.co.nz)

## MOANA'S MUSIC

Moana Maniapoto sings what she thinks.

The Muriwai Beach musician, known for her band Moana & the Tribe (and formerly the Moahunters) is passionate about Maori culture. And if that means spreading it through her music then so be it.

Recently inducted into the New Zealand Music Hall of Fame (some family said "abducted" or "indicted", which she used in her acceptance speech), Moana is about to release a new music video. *Fire in Paradise*, filmed at Muriwai Beach, includes hip hop dancer Kaea Pearce and Jamaican dance hall artist Skarra Mucci.

"All I had to do was sit and look regal while Kaea leapt about," Moana laughs. An incoming tide added to the drama.

This month Moana is spending a week at Stanford University in San Francisco, facilitating a session with young indigenous leaders from New Zealand, Alaska and Hawaii.

In January, award winning film-making team Moana with partner Toby Mill, head to Finland along with musician Paddy Free. They'll be playing in a festival inside the Arctic Circle. "I'd been there about 12 years ago and this time I'll be more prepared for the cold," Moana says.

She returns for 21 performances with Arts on Tour across the country in April and May. So why did Moana and Toby decide to live at Muriwai Beach?

"Quite happy" in Grey Lynn, Moana says they were fantasising about a second property and saw a home for sale at Muriwai. "I'd lived in Auckland most of my life and had never been to Muriwai," she says. They knew one local family, so decided to sell and shift.

She helped form the Waitangi Day festival there but was unable to find a school with a Maori language immersion programme for the youngest of her two children. Her 8-year-old now car-pools with another Muriwai family to Westmere School. "We're

te reo refugees," Moana says. She speaks Maori to her children and wants to see the language even more used in New Zealand society. Well-travelled, Moana says Maori culture is popular at large overseas events, but she struggles to get Maori language music played on commercial radio here. "People overseas love the sound of it," she says.

Moana says Maori is gaining more acceptance at home, with many Pakeha children becoming versed in the language and culture.

She received a New Zealand Order of Merit for her services to music and Maori, was made an art laureate by the NZ Arts Foundation, and has received widespread recognition for her work. Now in her sixth year living at Muriwai Beach, Moana is involved in many other events too, including the Iron Maori triathlon style event in Napier in which she has entered three Muriwai teams this year.

So if you mention you are good at swimming, cycling or running, you might find yourself drafted into a team next year.

Check out [www.moananz.com](http://www.moananz.com) for more on Moana.

Picture 1 credit to SteveDykesphoto.com

Picture 2 credit to Nikau Hindin



Come and join us at Nature's Explorers Kindergarten - the best kindy ever!

**Your child will thrive at Nature's Explorers. Here are a few reasons why:**

- Our warm and caring nature based learning environment
- Specialist early education and low teacher/child ratio
- Gorgeous home-like environment

8 weeks half price fees  
On all new enrolments

Visitors welcome at our beautiful kindergarten, visit or call us today

09 412 8800

[www.naturesexplorers.co.nz](http://www.naturesexplorers.co.nz)

1 Maude St, Riverhead



# PEOPLE & PLACES

## HISTORY GROUP PLANNED



A Kumeu-Huapai History Group is proposed to help preserve the area's heritage and stories.

Bunty Condon of Huapai has gained support from the West Auckland Historical Society for the venture and is keen to see who else in this area is interested. Although based in Henderson, the society has a wide interest in the greater west Auckland area as far as Helensville and the Kaipara Harbour. Establishing a Kumeu-Huapai group is an exciting undertaking and one the society is pleased to support, society president Gai Bishop says. "Few documented materials exist on this fascinating and diverse area with so many other stories to tell," Gai says. One exception is Deborah Dunstan's 2002 publication 'Doing it themselves: The story of Kumeu, Huapai and Taupaki'.

Others focus on the Kaipara and further north, like 'Tall Spars, Steamers and Gum' from Taupaki's Wayne Ryburn, published in 1999.

Gai says Kumeu seems destined for great change and there is urgency in capturing the stories and lessons of the past before they are overtaken by that future. Older community members have much to offer in the form of oral histories and recorded memories too, preferably done sooner. Photos and other materials also need to be safely stored for future generations, Gai

says.

Bunty says during 23 years in the area she has always been interested in its history. She was involved with the Waitemata Hunt for much of that time and researched its origins with people in the Kumeu-Huapai and Whenuapai areas. She also participates in other clubs and is The Jowett Car Club of NZ Northern Branch secretary. Her 1951 Jowett Jupiter is called "Jezebel" pictured. Rodney Local Board workshops last year showed people want to preserve this area's heritage and history in the face of increasing development, Bunty says.

"People are talking about it potentially being lost if nothing is done. I need the help and support of others who would also like to see a historical society developed for the area."

Bunty says Rodney has a heritage trail brochure but it does not include any Kumeu-Huapai destination.

Contact Bunty on 09 412 9451, 027 440 0044 or email [buntycondon@xtra.co.nz](mailto:buntycondon@xtra.co.nz) for information. Photo by Judy Stokes.

## KUMEU CARE CENTRE

Craig Waymouth found an urgent need for more continuing care facilities for the elderly in the north-west while trying to find one for his mum Heather.

"When you get old why can't you live in the community where you spent your life?" he says.

So the Muriwai Beach resident got in touch 10 years ago with long-time friend David Lowry, who'd had 30 years' experience in the aged care business. The result is a proposed \$75 million 259-bed facility near the Taupaki Rd/State Highway 16 intersection.

A day care centre catering for 100 children was approved this year for the site under David's Kid Country Holdings, which also includes The Fire Station early learning centre at Te Atatu.

David says having child care and elderly care on the same location is new to New Zealand but has been a successful mix overseas.

Kumeu Property Ltd, of which David is also a director, proposes three buildings of three storeys each on a 3.8 hectare site at 455 Taupaki Rd for the continuing care services. They are designed to resemble "large farm estate buildings". About 80 per cent of the land would be open space and includes "traditional rural activities". That means residents would have a nice rural outlook, with the views maximised, David says, pictured left with Craig.

The independent Auckland Urban Design Panel has given the project design the thumbs up and says larger buildings won't be "overly dominant when viewed from SH16". The building site would be dug down to four metres and set back from the road to reduce visual impact, the application says.

A bowling green, recreational walkway and seating, extensive planting and 27 car parks for the child care centre and 80 for the aged care facility are included. On-site servicing is planned, including bores and rain storage.

CALL Your Friendly Bin Company!

**MR BINZ**  
Ph 412-9309

Quality Bin Service  
Local Experts!

[www.mrbinz.co.nz](http://www.mrbinz.co.nz) | Ph 412 9309

**MURIWAI GOLF LINKS**

**Mark Stuart**  
General Manager

Mobile: 021 667005 Ph: 09 4118454  
[muriwai.manager@golf.co.nz](mailto:muriwai.manager@golf.co.nz) [www.muriwaigolfclub.co.nz](http://www.muriwaigolfclub.co.nz)  
P O Box 45 Waimauku 0842, Auckland, New Zealand

The project aims to provide services for older people in the Kumeu-Huapai, Taupaki and Riverhead area. More than 50 jobs are expected to be created at the 24-hour elder care facility, with a further 20 at the child care centre. Submissions were due to close on October 27.



## RODNEY RESTRUCTURING

A car crash stopped the Local Government Commission holding a Kumeu drop-in day on Auckland governance, but staff involved managed to get to a public meeting the same night. The Coatesville-Riverhead Highway head-on crash earlier in the day left two women staff members unharmed and their car badly damaged. That meant cancellation of a Kumeu Library drop-in day to discuss community views on Auckland local government reorganisation.

However, a Kumeu Community Centre meeting led by commission chairman Sir Wira Gardiner proceeded, although only 14 residents attended. Most were keen to discuss a Kumeu-Huapai Residents and Ratepayers Association (KHRRRA) submission to split Rodney into northern and southern wards, with a councillor and local board of five to six members each.

Many wanted change and were unhappy with super-city aspects, especially around coping with rapid growth and associated traffic, grappling with administration, and dealing with landfill operations and ad hoc pocket development.

## The Brown Bean Espresso Drive Thru

336 Main Road, Huapai, Auckland 0810

The Brown Bean Espresso drive thru offers premium quality coffee made fresh while you wait in your vehicle. Using only the best available beans, ground seconds, before going into your cup. We aim to keep our coffee at a consistently high standard.

## The Picture Framing Company LTD.

*We will frame anything!*



- ✓ Competitive prices
- ✓ Professional Framers
- ✓ Knowledgeable Team
- ✓ Friendly Service
- ✓ Integrity
- ✓ Quality

Established in Kumeu for 20 years

Ph 412-6224 · [www.pictureframing.co.nz](http://www.pictureframing.co.nz) · 14A Shamrock Drive, Kumeu



**FreshChoice Waimauku**  
 A-2 Waimauku Retail Centre  
 5-19 Factory Road  
 Waimauku, Auckland  
 Phone: (09) 411 7890/411 9495  
 Fax: (09) 411 8050  
 Mobile: 021 048 3355  
 Email: [waimauku.fc@xtra.co.nz](mailto:waimauku.fc@xtra.co.nz)

## KUMEU TYRES LTD

Main Road, Kumeu

New Tyres	Wheel Alignments
Truck Retreads	Great Service
Used tyres	Fleet service

Phone Neil 09 412 9856

## Local Government Commission

Review of Local Government in Auckland

Notice of Meeting at

**Kumeu Community Centre on**

**Wednesday 2<sup>nd</sup> November 2016 7pm - 9pm**

(A light supper will be served)

Three Commissioners and staff will attend to hear community concerns.

**Last chance to inform the Commissioner on what works for Rodney.**

Promoted by Kumeu-Huapai Residents and Ratepayers Association

Phone Pete Sinton on 09 412 2016

KHRRA's public meeting on November 2 in the Kumeu Community Centre at 7pm discusses the local government issue further with the commission returning too.

Comment on a commission questionnaire at [www.lgc.govt.nz](http://www.lgc.govt.nz) closes on November 11.

At the Kumeu meeting Sir Wira, left, is pictured with Taupaki Residents and Ratepayers Association chairman Ian Shaw, commissioner Janie Annear and KHRRA secretary Mark Hall.



## CREATIVE TOUCH

Mike Simpkins is a creative genius. And wife Annette puts it all together. Toasting the success of their Kumeu Valley Estate weddings and function centre near their Waimauku home, the couple has even more creative events in the pipeline.

But for now the Simpkins are concentrating on their Old North Rd venue where actor Keisha Castle-Hughes was married. When it was known as Rivermill, the estate hosted golfer and caddy Steve Williams' wedding, attended by Tiger Woods. Mike and Annette also run Carrington's Pumphouse in Mt Albert. Their move to operating venues has been interesting, to say the least. Mike started out running billboard business Graphics Outdoor. He sold that, and when he took a fun cruise around the Caribbean he met Annette, the on board food and beverage administrator. They married on the ship a year later. The couple then ran Cafe88 in Helensville before venturing into themed events like medieval banquets.

Their Creative Functions business came about by accident. A friend hosting a corporate event asked for ideas. That's when Mike's creative side blossomed.

"I booked a train," Mike says. "We had different coloured tickets and separate carriages, each with a different theme like a Mexican fiesta, a French wine and cheese, and a German beer festival." The 200 passengers got off near the Kumeu Showgrounds where they were seated on hay bales and treated to a Wild West hoe down with cowboys, spit roasts and more.

"From that we got three referrals, and we got the same compa-

ny for years in a row," Mike says.

Creative Functions was born and grew quickly, catering for medieval style banquets featuring knights, games and team events.

Other events followed, like indoor beach parties. They were all so successful that a big team was needed to run them, with sometimes different ones on the same night. Then Mike developed the Floating Pavilion function centre at the Viaduct, buying it off Oracle.

A contract with Tourism Australia saw many big events hosted in Auckland, including Australia's Longest Lunch at the Viaduct. Entertainers at one time included Dragon and Neil Finn. The move to Kumeu Valley Estate and Carrington's Pumphouse followed.

Annette and Mike added a big barn in keeping with the estate's rustic charm, and got rave reviews. They won the Wedding Wise web site people's choice, editor's choice and venue of the year titles last year.

"It had good bones here, so we added on to make it a more flexible all-weather venue," Annette says. They also provide for 21sts, corporate functions and more.


The Simpkins admit it's been hard work, often involving seven day weeks, but during that time they've managed to have five children. Married for 23 years, the couple did their own New Zealand wedding on their 15th anniversary for family and friends. "I decided we should get married here but told guests 'don't tell my wife,'" Mike laughs.

Mike still finds time to help Kumeu Rotary with events like the mayoral candidates' debate at Soljans Estate. So what's next for this enterprising couple? Watch this space.




### Kauri Valley Calves

**Quality white face weaned calves**  
**Hand reared and suitable for lifestyle blocks**



**m. 027 550 58598**  
**p. 09 411 7502**



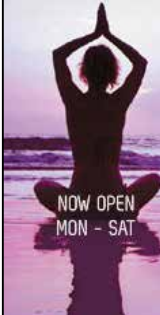
### Kumeu Osteopathy

Tania Darlison & Freya Scollay  
Osteopaths ACC Treatment Providers  
Call Free 0800 BACKFIX

20a Access Rd, Kumeu. PH 4126010  
Gentle manipulation, Massage, Cranial osteopathy, Pilates

*let us help you be painfree from head to toe*

BOOK ONLINE: [www.kumeuosteop.gettimely.com](http://www.kumeuosteop.gettimely.com)



NOW OPEN  
MON - SAT

# SAFER COMMUNITIES

It's that time of year again! Christmas is just around the corner so here are a few tips on how to keep safe during the silly season.

If you are going away over Christmas, let your neighbours know so they can keep an eye on your property.

Ensure your animals have water and are well looked after if you are leaving them at home.

Check your vehicles before you go, including tyre pressures, brake fluid level and operating lights.

Make sure you keep your speed down, drive to the conditions and have patience, so your family and other road users can arrive safely at their holiday destination.

If you are attending work functions and other parties, arrange a sober driver, look after your friends and family, and please be responsible so we can all have a Merry Christmas and enjoy the festive season.

Please don't hesitate to call us.

In an emergency dial 111.  
For more information contact  
Phone 09 412 5192

I hope you all had a fantastic long Labour Weekend! With Guy Fawkes here below are some tips to help keep you, your family and community safe.

When lighting fireworks, stay safe:

- Read and follow the instructions on fireworks before using them
- Light in a wide open area away from anything that could catch fire
- Fireworks and alcohol/drugs are a dangerous combination
- Always let an adult light the fireworks
- Keep a bucket of water or a hose handy
- Keep all unlit fireworks in their box or bag until you light them
- Leave dud fireworks alone – trying to relight them is unsafe
- Burns need water for 20 minutes

Think about others:

- Put away the fireworks after 10.30pm
- Keep your pets inside on Guy Fawkes Night
- Point fireworks to the stars, not at your mates

Keep safe  
Denis Cooper  
Officer in Charge  
Waitakere Volunteer Fire Brigade  
Phone 09 810 9251





**Warm and nurturing environment**  
**Large play spaces for all ages**  
**Healthy, hearty, home style meals**  
**High quality curriculum**  
**Exceptional resources for play and learning**  
**3 Days free for 3 – 5yr olds\* conditions apply**  
**Nappies provided for Under 2's**

**Contact Sarah or Jo**  
**[www.jojoschildcare.co.nz](http://www.jojoschildcare.co.nz)**  
**09 412 5325**

**Corner Oraha Rd & State Highway 16, Huapai**

# COMMUNITY UPDATES:EVENTS

## KUMEU ROTARY CHRISTMAS PARADE

The Annual Kumeu Rotary Christmas Parade is on Friday 2nd December this year, road closure at 6.45pm Parade starting at 7pm.

Last year our schools, Early Childhood Centers, clubs and businesses put on a fabulous display. It is time to start thinking about getting an entry form. For more information or an entry form contact Lyn Anderson [jacko\\_lyn@xtra.co.nz](mailto:jacko_lyn@xtra.co.nz) or 09 412 8068 or Dale Wallace [twal@xtra.co.nz](mailto:twal@xtra.co.nz) or 09 412 9611.

## AUTOWORX SERVICE CENTRE



Autoworx Service Centre in Huapai is pleased to welcome Mike Bell to the team, Mike has lived in the area for many years including attending Taupaki School. Mike has a passion for cars and the outdoors having spent time running his Celica rally car in many rallies around the top of the North Island. Mike also enjoys spending time 4 wheel driving, hunting and biking around the region.

With over 10 year experience repairing and servicing cars and light commercials Mike will be able to look after all our customers' needs.

The summer holiday season is less than 8 weeks away so it's time to start thinking about getting your car, van or SUV vehicle serviced and ready for those summer trips away and don't forget the camper van or trailer.

Give Eoin or Mike a call and book your vehicle in for a check-up or service and get ready for the summer holidays with Autoworx Service Centre. 338 Main Road Huapai Phone 09 412 5900 email, [autoworxnz@outlook.com](mailto:autoworxnz@outlook.com) or visit [www.autoworxnz.co.nz](http://www.autoworxnz.co.nz).

## SUMMER CLOTHING AND APPAREL AVAILABLE NOW

At Benjamin Bowring Printing your one stop shop for customised clothing and accessories. Whether you require printed t-shirts, embroidered polo shirts, promotional clothing, industrial workwear, team kits or anything in-between, we have the products and services to make your vision a reality. With warmer weather well on its way it's time to look at versatile, cool and comfortable summer wear ranges. Our product range varies from basics such as personalised t-shirts and polos right through to specialised workwear, hats, caps and other accessories for a truly unique look. We have a vast range of garments to select from and offer an expert consultation service to help guide you through the process of setting up logo designs and placing orders. For

more detailed information see us in store or contact us to discuss your requirements. Phone 09 412 9521. In Store 321 State Highway 16, Huapai or email [orders@bbp.co.nz](mailto:orders@bbp.co.nz).

## FIRST AID

A quick first aid response can mean all the difference to reduce the severity of an injury. First aid can also help protect businesses, by reducing the impact on productivity and the cost of employees taking leave.

First aid regulations state that if you employ more than 100 people you are required to provide a first aid room and trained first aiders. For smaller businesses, a stocked first aid kit is required and first aider is ideal although may not be legally required. These kits must be made of sturdy material and be designed to protect the contents from damp, dust and contamination. Kits must be clearly identified with a white cross on a green background and easily accessible and its location known to everyone. We can help with general health and safety matters so call / email us to arrange a no obligation quote, [healthandsafety@losslink.net.nz](mailto:healthandsafety@losslink.net.nz) or phone 09 837 1140.

## BOOK COACH AT THE KAUKAPAKAPA LIBRARY

Sunday 20th November, 10am to 1pm. As a Book Coach, Bev Robitai is ready to help you improve your writing with editing and proof reading, and then help to find the best way to get your work to readers. Also working as a writer and freelance photographer, Bev has mostly written light crime fiction, sometimes straying into post-apocalyptic sci-fi. Find her novels and "A Reassuring Guide to Self-Publishing" on her website [www.bevrobitai.co.nz](http://www.bevrobitai.co.nz), and then come to the historic Kaukapakapa Library to find out more. The Library is open on the third Sunday of every month, in conjunction with the

Inspiration. Encouragement Experience.

Davis Funerals will create a funeral ceremony with the style and service that celebrates the life of your loved one.

  
Davis Funerals

Henderson 09 835 3557 [www.davisfunerals.co.nz](http://www.davisfunerals.co.nz)

Call John Schipper today for a free consultation or a friendly chat on the type of service you would like.

**Dr. Engine Ltd**

027 488 6327

Mobile service/repair

Spring Special 20% off all work over \$100

MECHANICAL | ELECTRICAL

**BIG OR SMALL - WE FIX IT ALL**





Kaukapakapa Village Market. For more information contact Megan, 021 959 017 or email threehorses@xtra.co.nz.

## KUMEU ARTS CENTRE

Access to Art Student Exhibition - Mon 31st October - Sat 12th November 2016. Opening: Sunday the 30th October, 6pm - 8pm. A collection of artwork created by students attending Access to Art classes, tutored by Julie Moselen. Journey of Discovery - Students of professional artist Amber Emm - Mon 14th - Sat 26th November 2016. A collection of paintings showing the journey of discovering the inner artist of the students of Amber Emm. This exhibition celebrates the wonderful creative results of having a little guidance and seeing how far you can go. Artworks in oil, acrylic and watercolour.

## NO DRIPPITY



Sick of the sticky hands and soggy tissues that comes with children (or adults) and iceblocks? With summer fast approaching, now is time to get your NZ designed and created No Drippity IceBlock Buddys! The IceBlock Buddy is unique as it has a larger handle, therefore providing a better grip on a slippery, thin, sometimes very short stick. It holds the iceblock in place so it will not fall out. The soft drip tray serves two purposes: 1) to catch rouge drips (and allow them to drink it) & 2) keeping the cold iceblock away from hands. The flat bottom allows it to be stood up, instead of left lying on the carpet or table. Perfect for little hands, arthritic hands or hands with gripping difficulty, the No Drippity IceBlock Buddy is your summer

must have. Get one for \$12.95 or two for \$19.95. Visit [www.nodrippity.co.nz](http://www.nodrippity.co.nz) [www.facebook.com/nodrippity](http://www.facebook.com/nodrippity).

## SENIORNET KUMEU

Monday 7th November will be our last monthly meeting for 2016 which will be held at St Chad's Hall at 10am. This will be our Annual General Meeting to enable a change of Committee. Anyone who would like to join our Committee will be most welcome. Come along and put in your nomination. Joan Crowe will be stepping down from the Chair, but will stay on the Committee, along with others who have put in so much effort helping SeniorNet Kumeu's members learn so much about their computers and how they work. We will be nominating two new members who will step up and make a big difference, so your Club will have many new ideas coming to the fore. Nigel Dempster, our Speaker from October's meeting, will once again be showing us some more Power Point details, as his last month's talk left us all fascinated re insights into Google, Trade-Me etc. Learning classes are usually held on Monday, Tuesday or Thursday from 1-3pm at St Chad's Hall. To learn more contact Joan Crowe 09 416 7172 or Jenny Barrowman 09 412 7645.

Entrance fee of \$3. Our Xmas Raffles (3) will be on sale, one for \$2 or three for \$5. Be in to win while enjoying a final get together for the year. Classes shall resume again in January 2017 We will be sending a newsletter to all of our members prior to the first meeting of the New Year, outlining a programme of events, dates and times. So you will all have something to look forward to. A Merry Xmas and a Happy New Year to everyone.

## GIVE A GIFT WITH MEANING THIS CHRISTMAS

Looking for a gift that is unique? Looking

for a gift that shows you care? A gift with meaning? At Precious Imprints Personalised Jewellery & Keepsakes, all pieces are custom made by me, for you. That means you can have a piece of jewellery or keepsake made exactly as you wish. Made in sterling silver, brass or copper, made bigger, smaller, wider or narrower....the choice is yours. Choose from charms, pendants, dog tags, cuff links, key rings, wine charms, cutlery, wedding bouquet charms and more. Have them personalised with names, dates, locations or special quotes that have meaning to you OR design your very own piece from scratch. And with the introduction of my "Messages" range you truly can show you care by adding a special message card to your packaging. Visit my website [www.preciousimprints.co.nz](http://www.preciousimprints.co.nz) or email me at [jo@preciousimprints.co.nz](mailto:jo@preciousimprints.co.nz) to discuss your design idea in time for Christmas.

## DAYTIME INDOOR BOWLS

Indoor bowls was a popular past time in Riverhead in years gone by, in those days held at the Riverhead Hall, (complete with uneven floors). This time round the Riverhead Bowling Club will be hosting a social competition for all comers, experienced or beginners. Initially the competition will be run every second Thursday starting from the 27th of October 2016, from 9:00am to 11:00 am. If there is sufficient demand the frequency may be extended to a weekly competition. The times are user friendly which will suit parents once the kids are at school and senior citizens, but it is non-restrictive and all comers are very welcome. There is no charge apart from a gold coin donation, tea and coffee will be available. This is a great way for locals to mix and mingle and enjoy some time out. The focus is very much on a fun social activity that doesn't involve travelling further afield during busy evenings or weekends. Just turn up or contact Phil on 09 412 8697, 027 726 4792 or Maureen on 09 412 6256, 022 431 1772.

**SPARKN**  
Electrical Solutions

Tony Boyd  
MANAGING DIRECTOR

P 09 411 8526  
M 021 772 756 (021 SPARKN)  
E [sparkn@hotmail.co.nz](mailto:sparkn@hotmail.co.nz) [www.sparkn.co.nz](http://www.sparkn.co.nz)

sustainable LANDSCAPES

Earthworks  
Stone & Timber  
Gardens & Features  
Drive & Walkways

CALL US  
0275 430 288

Dave and Barb Milina  
[info@sustainablelandscapes.co.nz](mailto:info@sustainablelandscapes.co.nz)  
[www.sustainablelandscapes.co.nz](http://www.sustainablelandscapes.co.nz)



**LUKE KEMP**  
LL.B., B.COM., DIP. HORT

**KEMP BARRISTERS & SOLICITORS**

Property  
Business  
Wills & Estates  
Litigation

**25**  
Oranga Rd

PH: 412 6000

Email: [luke@kempsolicitors.co.nz](mailto:luke@kempsolicitors.co.nz)  
[www.kempsolicitors.co.nz](http://www.kempsolicitors.co.nz)

**NORTHLAND TOWN PLANNERS LIMITED**

**Resource Planning Applications & Reports  
Subdivision & Engineering Design  
Advocacy & Mediation Service**

**09 412 2016 | 021 637 772**  
288 Old North Road, RD 2, Kumeu 0892, Auckland

**[petesinton@townplanner.co.nz](mailto:petesinton@townplanner.co.nz)**

**Kumeu Huapai**

**PANELBEATERS**

**PHILIP GRIMMER**

Ph/Fax: 09-412 8054  
Mobile: 027-498 7727  
Email: [khp@xtra.co.nz](mailto:khp@xtra.co.nz)  
PO Box 737 Kumeu  
280 Main Road, Kumeu, SH 16



**Waimauku Kindergarten**  
Northern Auckland Kindergarten Association





- \* Public Kindergarten
- \* Outstanding 2015 ERO Review
- \* Large outdoor environment
- \* Transition-to-school programme
- \* Sessions 8:30-2:30pm Mon to Fri
- \* Licensed for Over 2's

T: 411-8890  
E: [waimauku@naka.co.nz](mailto:waimauku@naka.co.nz)  
18 Freshfields Rd,  
Waimauku 0812

**Enrol Today**  
**No Fees for Under 3's**

## MAKING KOROWAI

By Alison, Shar, Brodie, Rachel & Jo, Teachers at Waimauku Kindergarten. It has been a very exciting time at Kindergarten. Thanks to a donation from the Duckworth family in early 2016 we purchased a korowai (woven cloak). Korowai are the most highly prized of all traditional Māori garments and are regarded as family



and personal heirlooms. Children will wear the korowai on special occasions, particularly their 5-Year-Old leaving mat time. It is worn as a mantle and speaks of honour, dignity and respect. When we introduced our korowai to some of our children at mat time they immediately knew something special was happening. We could see how proud they were to be wearing it. The introduction of the korowai sparked the imaginations of the children and inspired many of them to make their own korowai. We had been given beautiful fabric from the Mitchell family, which had now found its purpose at Kindergarten. Children started by choosing the fabric they wanted to use to make their korowai and the teachers helped cut their material to size. From there some children spent a long time planning and designing where their decorative pieces were to be placed. Others just set straight to gluing. All took ownership and were rightly proud of their work, showing their korowai off to others at Kindergarten. Once the korowai were made some children didn't want to take them off and wore them as they played, proudly modelling them at mat time and home. The introduction of what a korowai is and means has further developed our commitment to biculturalism and allowed the children to develop an understanding and respect for korowai and their place in Aotearoa New Zealand and our Kindergarten. If you are interested in finding out more about us, please drop in or give us a call. We have a fantastic policy of NO FEES for Under 3 year olds (if doing under 20 hours per week). Waimauku Kindergarten: 18 Freshfields Road, Waimauku, Phone 09 411 8890, Email [admin.waimauku@naka.co.nz](mailto:admin.waimauku@naka.co.nz), or visit [www.naka.co.nz/kindergartens/waimauku](http://www.naka.co.nz/kindergartens/waimauku).

## DO YOU LOVE YOUR BED?

Do you get a good night's sleep? The experts suggest that good restorative sleep is the key to good health. Having the right mattress with the right level of comfort and support is a key ingredient. The team at Featherwood know this and they bring a wealth of experience to the big cutting table in their West Auck-

**FEATHERWOOD**  
COUNTRY FURNITURE & LUXURY SLEEP RANGE

**LUXURY MATTRESS SPECIAL**

PURCHASE A LUXURY QUEEN MATTRESS BEFORE CHRISTMAS FOR **JUST \$540.00**

Luxurious handcrafted innersprung mattress with foam padding and beautiful cream ticking.

**SOFT/MEDIUM/FIRM**

EMAIL: [SALES@FEATHERWOOD.CO.NZ](mailto:SALES@FEATHERWOOD.CO.NZ)  
PHONE: +64 (0) 27 395 7965

land factory. "We can make to any level of comfort and we can tailor the dimensions too" says Ken of Featherwood Furniture. Each mattress is handcrafted from scratch using pocket spring units, housed inside a foam box, with extra foam on the top surface depending on the level of comfort the customer requires. It is then filled with insulation such as wool or poly fibre and then covered in a fabric ticking. Pocket springs, add extra comfort, by compressing and supporting the areas where body contact is made but remaining intact elsewhere, thus also allowing another person to sit or lie on the mattress without disturbance to the other. Sounds luxurious. Right now, Featherwood are offering a very attractive pre Christmas special on their queen mattresses with 40% off the normal retail price. Now that's a good night's sleep. Featherwood Furniture – phone 027 395 7965 or email sales@featherwood.co.nz.

## LEARNING IN NATURE'S CLASSROOM

Our new outdoor session is all about exploring our beautiful backyard in our community with our tamariki (children), creating a sense of belonging in our surroundings and kaitiakitanga or guardianship to encourage us to take care of our local environment. If you like the idea of playing, learning, building, climbing trees, making huts, getting dirty or close to wildlife with like-minded parents/caregivers then call or text us for more information on 022 063 7153. The session will run on Fridays and is open to children up to the age of 6 years old. During the term we will visit different locations around our community to explore and see what nature there is to be found. Our outdoor session will encourage real life skills: Group skills, science, cooperation, safety awareness, decision making, confidence, numeracy, and literacy, just to name a few. We are excited to be able to offer something a bit different to your normal Early Childhood Centre options. We encourage you to share this opportunity to get out there and explore nature at its best, nature as the classroom with you as the teacher. Waimauku Playcentre – Whānau tupu ngātahi - Families growing together.



## GIRL GUIDING

With multiple locations out West, Girl Guiding is a great opportunity for you to have fun with the youth in your area and make a difference in your community. In return for volunteering with us we will provide you with free leadership training and open the door to some amazing opportunities! Apply online at [www.girlguidingnz.org.nz](http://www.girlguidingnz.org.nz) or give us a call on 0800 484 331.



**SERVICE CENTRE**

**E O I N S T U A R T**

Phone 09 412 5900 | Mob 022 639 0274  
338 Main Road Huapai - Kumeu, Auckland 0810  
[autoworxnz@outlook.com](mailto:autoworxnz@outlook.com)



**Parakai Springs swim school**

**ALL AGES**

Contact Us: **09 420 8998**  
[swimschool@parakaisprings.co.nz](mailto:swimschool@parakaisprings.co.nz)



**Blades**  
Shelterbelt Trimming

Wayne Hughes  
**021 848 489**



**Kumeu Produce Market**

*Produce Retail & Wholesale Specialist*

p. (09) 412 9998  
f. (09) 412 9398  
407 State Highway 16 Kumeu  
PO Box 104100 Lincoln North

**IT REPAIR CENTER**

**(FOR ALL YOUR COMPUTER NEEDS)**

**NEED COMPUTER HELP?** Has your computer died? Can't afford a new one? Let us diagnose the problem & get your computer up and running again!

**CALL 09 412 2010 TODAY FOR:**

- **SALES**  
Server, Desktop PC, Laptop and Tablet Sales plus Accessories, at affordable prices
- **REPAIRS**
  - Virus, Spyware and Adware removal
  - Computer Customization, Upgrades and Networking
  - Data Backup and Recovery
  - I-Phone, I-Pad, I-Touch & other Apple Device repairs
  - Diagnosis of crashes, lockups, unusual slowness and internet problems
- **SERVICES**
  - Onsite home and office callouts at your convenience
  - Pick and drop off service available (conditions apply)
  - Fast reliable service from experienced IT technicians

**TODAY CALL OPEN**

**250B/1 Main Road, Kumeu (Next to Curry Leaf)**  
Ph: 09 412 2010 Mob: 021 766 099  
Email: [admin@itrepaircenter.co.nz](mailto:admin@itrepaircenter.co.nz)

**Mon-Fri: 9am to 6pm, Sat: 10am to 3pm**  
Available all times for Booked Call Outs

# IN BRIEF

## UPDATES:EVENTS

### WOODHILL SANDS



Woodhill Sands in November - Auckland Equestrian Sports holds its first Horse Trial for the 2016-17 season at Woodhill Sands November 11th & 12th - this exciting sport is set to be two action packed days. Saturday hosts the dressage and show jumping phases then Sunday is the ever popular Cross Country. Previous year's winners have included Olympians Clarke Johnston, Mathew Grayling, Heelan Tompkins, Jock Paget and Blyth Tait. Cafe open, free admission for spectators, no dogs please.

### EXCITING CHANGES JUST AROUND THE CORNER

We are in the final stages of our revamp, restock and rebranding. New stock is arriving daily. There will of course be all your old favourites and lots of new and exciting brands on the way. Our Christmas decorations and gifts are waiting to fill the shelves and ready for the fes-

tive season to begin. Final chance to say goodbye to Ambience and hello to Flourish. To thank you, our loyal customers and welcome our new customers, we are offering 20% discount off Ecoya Candle range. We are really looking forward to seeing you all soon. The team at Flourish Home and Gifts, Karlene, Lindsay, Nadia and Shelby.

### AUCKLAND'S FIRST SPECIALIST VEHICLE STORAGE SOLUTION



Jensen Classics is a specialist vehicle storage company. With all the intensive housing areas popping up around Auckland and especially out West we know the heartache people face with not enough parking ... with most families having two daily drive cars there is no room for anything special or old ... so usually they have to be sold. We have been in this situation and have now acquired a large warehouse handy to the motorway connections that people can store their vehicles in and know that they are safe and secure and ready to drive when they want. We are available for vintage, classic, muscle and specialist vehicles (including motorbikes and accessories). We offer maintenance programmes to keep vehicles in working condition so you don't have to worry. See our website for full details [www.jensenclassics.co.nz](http://www.jensenclassics.co.nz).

We have an opening special of \$325.00 (incl GST) per month for 3 months as an introductory offer. Like us at Facebook/JensenClassics.

### SOUTH KAIPARA U3A

Our Guest Speaker is Veronica Martin from the Charity "Sweet Louise". This Charity is dedicated to supporting those living with incurable breast cancer. It was established 10 years ago in memory of Louise Perkins. Join us at the St John Ambulance Rooms, 7 Rata Street, Helensville, at 1pm, Friday 4th November. Gold coin entry includes afternoon tea. For further information contact Judy on 09 411 8322. The December Meeting, we are combining with Kumeu Probus.

### DREAMING OF CHRISTMAS



"Dreaming of Christmas" is your number one Christmas Wonderland where you will find an extensive range of quality Christmas decorations, large pieces and collectable treasures at affordable prices which will add a touch of class to your Christmas celebrations. If you are looking for the best Christmas decorations this festive season under one roof, be sure to pay a visit to our Westgate Shopping Centre store (ex Dick Smith). This large bright beautiful store with friendly staff to help you is brimming to capacity with a huge range never seen out West before. A lot of our pieces are a one-off and exclusive to Dreaming of Christmas. Items range from larger than life models to the finest and exquisite decorations in all colours, a variety of Christmas trees,

## EARTH MOVING CONTRACTOR

# BOLER

CONSTRUCTION LTD



Driveways, All Drainage, Site Cuts,  
Property Maintenance, Subdivisions,  
Horse Arenas, Footings & Drilling,  
All earth work requirements.  
Laser Equipped.

**Steve** PH 0274 971 154  
A/H : 411 7177  
E: [bolercorstruction@xtra.co.nz](mailto:bolercorstruction@xtra.co.nz)  
[www.bolercorstruction.co.nz](http://www.bolercorstruction.co.nz)  
Reg Drainlayer: Over 20 yrs Experience

### LIFESTYLE DRAINAGE

Registered Drain Layers

Rob Owen

M: 021 413 199 P: 09 411 9224

E: [lifestyledrainage@xtra.co.nz](mailto:lifestyledrainage@xtra.co.nz)

- Commercial drainage systems
- Water tank supply and install
- Drainage on lifestyle blocks
- Biolytix wastewater systems
- New water waste systems
- Sewer/storm water drainage
- Truck & digger hire
- Eco flow grinder pump installation for the PWC system

animations, snow globes, nativity, Santas, nutcrackers, wreaths, tableware, Christmas crackers, serviettes, centre pieces and a large range for children. We have made an effort to keep prices down so that they are affordable to a larger number of people. Come join our VIP mailing list for regular updates. Our store is open Monday to Saturday 9.00am – 5.30pm and Sunday 10.00am – 5.30pm. We will have extended hours from the beginning of December to cater for customer needs and demand. Jenny, Doug and their friendly team look forward to being of service to you.

## WE ARE HAVING A CLEAR OUT

If you have ever been into our store in Huapai, it's not the biggest. We are a small brick and mortar style store with limited storage space. Over the years, we have accumulated many computers that customers no longer needed because they either upgraded or had faulty parts. What we have done is gathered all the best working computer parts, cleaned and tested to make sure they are working properly, then assembled them to make complete computers. These computers are cheap, they need to go and if you are looking for a computer for yourself or someone you know, come and see us. These computers are perfect for surfing the net, checking Facebook, TradeMe, banking or watching the odd YouTube video. Come see the guys at IT@Hand to check out our range.

## LITTLE MISS ENCHANTED

Have Alice, Mad Hatter or Queen of Hearts take you down the rabbit hole to our amazing new Wonderland room. Where you can enjoy a Wonderland tea party, play fun party games with prizes, enjoy magical face painting, hear stories of Wonderland adventures and make a Wonderland craft. Or you can have a magical princess pamper party in our enchanting princess garden. Where you can

meet and be pampered by some of your favourite princesses such as Snow White, Aurora, Belle, Elsa, Tinkerbell, Anna, Rapunzel, Pocahontas and Cinderella. We also do home parties. Your Little Miss can have her favourite princess join her for her special day. We bring fun games to play with prizes, music, stories, princess gem tiaras and a birthday present for the birthday princess. We also hold special events. Visit our website for more information: [www.littlemissenchanted.co.nz](http://www.littlemissenchanted.co.nz).

## NAME CHANGE FOR POPULAR TRAMPOLINE PARK



Every child's favourite place in West Auckland has a new name. Formerly Dialled Indoor Tramp Park Westgate is now Flippin' Fun Trampoline Park. Situated opposite The Warehouse Westgate, passers-by on Fernhill Drive will have noticed the bright new signage out front but for customers it's business (or fun) as usual. Forty of the bounciest tramps around, basketball hoops, foam pit, wall tramps, parkour platforms, dodgeball court create an all-weather urban adventure playground for all ages and abilities. A range of classes include the popular Little Flippers (under 5s), Flip Class for those wanting to add to their skill set and to get that beach bod in shape, Flip Fit. Flippin'Fun provides an endless amount of fun for any kind of group. Great for all ages, sports teams, Scout groups, church groups, youth organisations, corporate team building, stag or hens nights or just a group of friends looking for something AWESOME to do! As a venue where kids can burn off that extra energy Flippin'Fun can't be beaten so we continue to be

popular with schools and pre-schools. Call us on 09 833 6880 or visit our new informative website [www.flippinfun.co.nz](http://www.flippinfun.co.nz). Or, come on in to 19 Fernhill Drive, Massey and see our amazing new graphics and banners.

## QUALITY EUROPEAN MOTORHOMES AND CARAVANS

If you are looking for a quality RV at a fair price Euro RV Ltd is the place to go. This family owned and operated business has imported European RVs since 2006 and is currently the exclusive importer for German made Eura Mobil motorhomes as well as the French made Caravelair and Sterckeman caravan brands. Euro RVs focus is on customer service as well as value for money. Because they buy directly from the manufacturer the savings are getting passed on to their customers. Full factory support means comprehensive warranties and easy spare parts supply. There are four new Eura Mobil motorhomes on display at their yard ready for your summer adventures. All caravans and motorhomes come fully certified and set up for freedom camping. Please visit their website [euro-rv.co.nz](http://euro-rv.co.nz) for more information or ring Rainer on 021 266 3602 or 09 832 0064 for inquiries, catalog orders and appointments to view.

## CHRISTMAS GIFTS

It's hard to believe that another year has passed by so quickly again. If you haven't thought about Christmas shopping yet or are stuck on gift ideas, have a look on Pure Allies NZ Facebook page for some inspiration, lovely natural, local handmade skincare and luxury body care products - There's bound to be something someone in the family will love. We can also customize gift packs and have some great Santa sack fillers and little secret Santa staff gifts. Don't forget the natural insect repellent and sunscreens too. Email [pureallies@gmail.com](mailto:pureallies@gmail.com).



### GUITAR LESSONS RIVERHEAD

ALL AGES & STAGES

EXPERIENCED TUTOR  
PHONE MAJA

027-421-2053

EMAIL [majakoster@xtra.co.nz](mailto:majakoster@xtra.co.nz)

### ANYTIME PEST CONTROL

FLIES, ANTS, COCKROACHES, FLEAS

RATS, MICE, SPIDERS, WASPS ETC.

WEEDSPRAYING

KEVIN MORRIS REGISTERED TECHNICIAN

PHONE: 09 411 7400 MOBILE: 027 277 7143

# PROPERTY

## NEWS & ADVICE

### MARKET REPORT WITH GRAHAM

A combination of Reserve Bank meddling, wetter than normal weather, and Auckland Council planning changes coming into effect, has caused the market to be rather more irrational than we would normally associate with this time of the year. Spring is the start of the selling season for most lifestyle property owners and a time when property goals and aspirations are given an airing. Good news is interest rates are low, allowing you to borrow money at 3.79 percent, fixed for two years with HSBC. If you have good equity and good income, arguably there has never been a better time to borrow money. Further the weather should bear more sunshine and dry out all the rain, then (you all know the nursery rhyme).

Let's see what the market has achieved this month: Coatesville lifestyle from \$1,035,000 to \$1,531,000. Helensville residential from \$696,000 to \$715,000. Helensville lifestyle from \$1,280,000 to \$1,350,000. Parakai residential from \$540,000 to \$555,000. Kumeu - Huapai residential from \$845,000 to \$1,198,000. Kumeu - Huapai lifestyle from \$1,530,000 to \$3,350,000. Riverhead residential \$805,000 to \$1,085,000. Riverhead lifestyle from \$2,110,000 to \$4,000,000. Taupaki lifestyle from \$1,240,000 to \$1,640,000. Waimauku residential from \$930,000 to \$1,018,000. Waimauku lifestyle from \$1,142,000 to \$1,700,000. Waitakere residential from \$650,000 to \$770,000. Waitakere lifestyle from \$650,000 to \$1,280,000. Whenuapai lifestyle from \$1,660,000.

If you are considering a real estate

change you would be well advised to talk with Mike Pero Real Estate because of some very clever and sensible offers: Your commission is very sensible (saving you thousands of dollars). A free marketing offer including TV, magazine, online, magazine and print exposure. Exposure to our extensive local, national, international buyer database. Service standards that revolve around you and your needs. Further to this we have a number of exclusive TradeMe special offers and digital upgrades to ensure you get the very biggest marketing exposure with a very low commission rate. See more at [www.grahamcintyre.co.nz](http://www.grahamcintyre.co.nz) or phone 0800 900 700. Mike Pero Real Estate Kumeu - It's not about the talk, it's walking the talk. Licensed REAA (2008).

### MONEY MATTERS

Good connections and networks are vital when it comes to buying and investing in property. A good Mortgage Broker will have access to quality business professionals like solicitors, accountants, real estate agents, property valuers and building inspectors. All of these industry experts make the house buying process easier and ensure a smooth and secure process. When you deal direct with a bank you may not receive the same level of support or service (immediate or on-going) so consider using a Mortgage Broker to assist when you are buying your next property and the good news is that there is generally no cost to the borrower to engage our services. 09 411 9251 / 027 411 9255 or [david@davidlloydmortgages.co.nz](mailto:david@davidlloydmortgages.co.nz).

### RE-ROOFING SPECIALISTS



We are a family owned and operated company based in Auckland. With over 15 years' experience in the industry, we have all your needs covered.

Precision Roofing pursues in providing high quality work at a reasonable price. We use the highest quality materials to meet your home or businesses requirements as we understand that Auckland is prone to various weather conditions. Our team has attention to detail, so all our work is Precision quality. The Precision Roofing team are specialists in all aspects of roofing, meaning you only need one company to cover all your roofing needs. Our services include; colour steel roofing, tile roof restoration, replacement of gutters and downpipes, and we also provide repairs on all of the above. All of our replacements, restorations and repairs on homes and businesses in Auckland are backed with an exceptional 10 year workmanship guarantee, and manufacturer's warranties also apply on most materials of up to 30 years. Call us today on 0800 002 222 for a FREE no obligation quote - we would love to hear from you.

### SET THE STAGE



You don't get a second chance to make a first impression. So when you're selling your home, it's vital that you have it look-



David Lloyd  
Director

David Lloyd Mortgages Ltd  
Tel: 09 411 9251  
Mob: 027 411 9255  
Email: [david@davidlloydmortgages.co.nz](mailto:david@davidlloydmortgages.co.nz)

[www.davidlloydmortgages.co.nz](http://www.davidlloydmortgages.co.nz)



Helping to develop and grow West Auckland business and community



smith  
AND PARTNERS

LAWYERS

[www.smithpartners.co.nz](http://www.smithpartners.co.nz) 09 836 0939 293 Lincoln Road, Henderson

ing its absolute best.

Staging your property successfully can help your home appeal to a wider audience which can ultimately see your home sell faster and for a higher price. Whether you are planning to hire a pro or want to learn a few tricks of the trade, these ideas, as well as tips from Rebeka Raiwalui-Mason from home staging company In-House Style, will lend a helping hand to ensure your home is looking its finest.

**Clear the Clutter** - When you decide to sell your home, it presents a brilliant opportunity to have a thorough clean out. It's important that your home is orderly, and there is no better way to achieve this than by clearing out the clutter. A simple tidy up can make a remarkable difference because clutter can not only distract the eye and detract from your home's major selling points, but it can also make a space look considerably smaller. Once the clutter is out of sight, it will be much easier to showcase certain aspects of your home. Rebeka suggests everything from water blasting the exterior to cleaning the oven, as prospective buyers are going to be looking at everything in detail. She also suggests hiring a professional cleaning service to minimise stress.

**Neat and Neutral** - You should aim to keep everything relatively neutral - this will broaden appeal with your audience and present somewhat of a blank canvas so prospective purchasers can visualise themselves in the home. A key to assisting in this process is by eliminating personal photos and replacing these with the likes of artwork or other decorator accents, such as a vase, a vessel or candle holder. Rebeka advises that you shouldn't be afraid to temporarily remove dated, loud or busy window treatments. A room can instantly look more up to date, lighter and neutral just by taking down curtains that buyers may find distracting.

**Simple Maintenance** - Potential buyers are going to be your biggest critics and while you may have become accustomed to the dripping tap, it is something that will appear on their radar. Simple repairs

include fixing creaky doors and filling in tiles where grout may be missing. Rebeka's tip is that you shouldn't forget the exterior of your property because this is the very first thing buyers will see. Walk around your property and make a list of any jobs that need completing. To give yourself more time and to reduce stress, she recommends hiring a gardener before the photos are taken and before the first open home. Photo supplied by In-House Style. Mike Pero Real Estate phone 0800 900 700. Licensed REAA (2008).

## STAGING WITH A DIFFERENCE



Stage it Yourself was born two years ago, whilst I was working for a Home Staging Company, that concentrated on full stagings only. I had fallen into this job by sheer chance. Having moved over from the UK in 2008 I found a job working in Freedom Furniture and discovered that I loved helping people put colours and ideas together when purchasing furniture and accessories for their homes. It was there a few years later that I met a lady who owned a Home Staging Business and needed some help some days. We got on well and feeling that I had a good eye for colour and visual she asked I would like to help her. At this point I would just like to say I had never heard of Home Staging Properties, not something that was used in the UK. I carried on working part time at Freedom and for this lady for some years and then came the time for my family and I to purchase our first Kiwi home. I was so excited at the thought of going house hunting but it soon came clear to me that some of us

just need a little more help in presentation than others. It was then the idea was born in my head that there was a gap in the market place for partial staging/styling - whilst utilising your own furniture and accessories. My family and I decided on the name Stage It Yourself over the dinner table one evening, all agreeing that the name speaks for its self.

I offer an initial consultation for only \$50 + GST offering tips and advice on colours, furniture placement and removing excess items whilst utilising your own furniture and accessories. Along the way, I suggest soft furnishings and accessories you can hire from me to maximise and create a lasting impression for your open homes and pictures. Hire packages are priced accordingly to the number or rooms staged but start at only \$250 + GST, a mere fraction of full staging. The accessories include lamps, cushions, throws, rugs, some artwork, small tables, bed linen, bathroom towels and decor items. The option of hiring a furnishing package will save people so much time and more importantly money, at what is an exceptionally expensive time already and yet creating a look that will help them achieve a the top selling price on Auction Day - everyone being a winner. Remember we do not always see what other people can see so a small change can make a big difference as the photographs below show.

A free consultation is on the cards this month for anyone that hire's an accessory package no matter how small, keep in with your competition and call me today Frances 021 065 2611.

## \$75 = EXPOSURE FOR A MONTH

Budgets are tight and advertising is often expensive, but it's nice to know that someone is making it easy and cost effective. For \$75 plus GST you can be exposed to over 22,000 locals for a whole month. That is only \$2.50 a day. For more information email our editor at sarabrightwell022@gmail.com.



## Precision Roofing

And Spouting Solutions

Think Roofing, Think Precision  
Free No Obligation Quotes

**0800 00 22 22**

**Atlan Norman**  
Managing Director  
021 044 3093

www.precisionroofing.co.nz  
info@precisionroofing.co.nz



**QUINOVIC**

Experts in property care and return

**Janine McCormick**  
Business Development Manager

Quinovic-Apartmentsonline  
Quinovic- Takapuna

Auckland Central: 136 Customs Street West  
Takapuna: 31 Auburn Street

**T:** (09) 390 4277

**M:** (021) 844 531

**E:** janine@apartmentsonline.co.nz  
**P:** PO Box 91 629, Auckland 1142

# AREA PROPERTY STATS

Every month Mike Pero Kumeu assembles a comprehensive spreadsheet of all the recent sales in the area that reviews the full range of Residential and Lifestyle transactions that have occurred. If you would like to receive this full summary please email the word "full statistics" to kumeu@mikepero.com. **This service is free from cost.**

Suburb	CV	Land Area	Floor Area	Sale Price
Helensville	455,000	473M2	170M2	696,000
	490,000	1015M2	105M2	695,000
	430,000	1012M2	100M2	715,000
	930,000	3.19HA	175M2	1,350,000
	800,000	3HA	162M2	1,280,000
Huapai	370,000	756M2	192M2	1,003,000
	760,000	1536M2	260M2	1,066,000
	1,025,000	760M2	216M2	1,198,000
	550,000	1019M2	90M2	850,000
	580,000	701M2	116M2	845,000
Kumeu	1,255,000	1.4HA	230M3	3,350,000
	1,060,000	3.1HA	321M2	1,530,000
	1,450,000	1HA	334M2	2,100,000
	1,175,000	1HA	200M2	1,230,000
	720,000	1.9HA	103M2	1,250,000
Riverhead	820,000	813M2	220M2	1,085,000
Taupaki	655,000	3.4HA	0M2	1,240,000
Waimauku	1,425,000	13.6HA	230M2	1,700,000
	770,000	1.2HA	152M2	1,142,000
	880,000	2.5HA	236M2	1,315,000
Waitakere	570,000	1244M2	93M2	770,000
	660,000	1690M2	135M2	650,000
	880,000	5HA	240M2	1,280,000
	930,000	1.4HA	216M2	1,205,000

"We charge 2.95% not 4% that others may charge" "We also provide statistical data, free from cost to purchasers and sellers wanting more information to make an informed decision. Phone me today for a free summary of a property and surrounding sales, at no cost, no questions asked" Phone 0800 900 700.

"we charge  
2.95% to  
390,000  
then 1.95%  
thereafter"

\* plus \$490 base fee and gst

"We also provide statistical data, free from cost to purchasers and sellers wanting more information to make an informed decision. Phone me today for a free summary of a property and surrounding sales, at no cost, no questions asked"

Phone

0800 900 700

Graham McIntyre  
Brand & Territory Owner

Mike Pero | REAL ESTATE

Mike Pero Real Estate Ltd Licensed REAA (2008)



List today for a  
\$6,000 multi-media  
marketing kick start.



Love the Northwest  
lifestyle?

Visit [www.facebook.com/nthwestlife](http://www.facebook.com/nthwestlife) and see why we love and celebrate it too. Plus, during November, 'Like' us on Facebook and you could also be celebrating – there's a \$100 HALLERTAU VOUCHER TO BE WON. Visit @Nthwestlife for details.



[www.hallertau.co.nz](http://www.hallertau.co.nz)



**TORO**

**NEW TORO DH 210**

**LAND THE ULTIMATE  
RIDE-ON MOWER**

**FOR ONLY**

**\$6,995**

**AND GET A TOW  
HITCH TRAILER  
FREE!**



**DH 210 SPECIFICATIONS**

- Powerful Briggs and Stratton Intek 500cc engine, with hydrostatic transmission
- Tight 50cm turning circle
- Width of cut: 102 cm
- Monster 300 litre rear catcher, or switch to rear discharge or mulch with a tap of the foot
- Height of cut: 25mm – 76mm
- Front nudge bar and halogen headlights

**[toro.co.nz](http://toro.co.nz)**

**Book a test ride online or visit our showroom today. 0800 807 333**

322 Rosedale Rd, Albany, Auckland



## ABSOLUTE MURIWAI CLIFF TOP: RENOVATE OR REMOVE

2 1

Offers Over \$850,000

**9 Ngatira Road, Muriwai**  
Offers Over \$850,000

This large 1522 square meter section leads down to the Muriwai cliff top with viewing areas in place overlooking Oaia Island. The property features a 60 square meter two bedroom home moved on to the site in the 1980s, in need of some renovation or a great building site for that dream home. Nestled in one of Muriwai's most exclusive cul de sacs with views overlooking the Tasman Sea. Listen to the sound of the ocean and enjoy the amazing Muriwai sunset from your own cliff top location. We are happy to supply a list of the last 12 months of transactions in this area. For a complete transaction list please email [ian.sneddon@mikepero.com](mailto:ian.sneddon@mikepero.com).



**Ian Sneddon**  
027 209 0789  
09 412 9602

[ian.sneddon@mikepero.com](mailto:ian.sneddon@mikepero.com)

[www.mikepero.com/RX823229](http://www.mikepero.com/RX823229)

Mike Pero Real Estate Ltd. Licensed REAA (2008)

[www.mikepero.com](http://www.mikepero.com)



## FIRST HOME OPPORTUNITY / INVESTMENT - HUAPAI

4 1 1

By Negotiation

**26 Pinotage Place, Huapai**  
By Negotiation

An outstanding opportunity to add your own style and taste to this large family home. Enjoy this 140m2 house situated on this flat, beautifully landscaped 810m2 section in a family friendly cul-de-sac. The property has plenty of space, large kitchen, dining area opening on to lounge with cozy wood burning stove, extensive large deck overlooking fully fenced rear garden. Four double bedrooms, dedicated office and main bathroom. Single lock up garage with workshop and plenty of off street parking. Conveniently located in Huapai, walking distance to all your local shops. Huapai school and domain close by. You'll enjoy the lifestyle benefits of Kumeu cafes and restaurants minutes away, and the local beaches and forest activity's.



**Ian Sneddon**  
027 209 0789  
09 412 9602

[ian.sneddon@mikepero.com](mailto:ian.sneddon@mikepero.com)

[www.mikepero.com/RX853254](http://www.mikepero.com/RX853254)

Mike Pero Real Estate Ltd. Licensed REAA (2008)

[www.mikepero.com](http://www.mikepero.com)



**OFFERS OVER \$495,000 - ELEVATED IN HELENSVILLE**

3 1

**Offers Over \$495,000**

**23B Rautawhiri Road, Helensville**  
Offers Over \$495,000

Seldom found in Helensville, an elevated three bedroom stand-alone home on almost 370 square meters of land. The home has a fully fenced back yard, elevated north facing land with generous sunshine through the day. The home is a standard open plan living dining with three bedrooms and a bathroom off the central hallway. A laundry, carport and storage lock-up is included. Some DIY and cosmetic refurbishment would add value but in all respects it provides an investor or first home buyer with a very good "bread and butter" home. Close to Primary and secondary schools, parks and shopping. The CV on this property is \$305,000. We are happy to supply a list of the last 12 months of transactions in this area. For a complete transaction list please email [graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com).

[www.mikepero.com/RX848511](http://www.mikepero.com/RX848511)



**Graham McIntyre**  
027 632 0421  
09 412 9602

[graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com)



**BRAND NEW - VALLEY VIEWS ON 4027SQM**

4 2 3

**By Negotiation**

**26C McEntee Road, Waitakere**  
By Negotiation

A brand new executive home of 237sqm offering well thought out entertaining areas and spacious living with clever modern elements including nice-and-easy Butlers Pantry and extensive alfresco to covered courtyard and grassed landing. Meticulous attention to detail from formal entrance way to storage areas including dry-store attic storage, central heating throughout all rooms. The home enjoys modern planning with all bedrooms off a central corridor and constructed to make the most of semi-rural valley views. We are happy to supply a list of the last 12 months of transactions in this area. For a complete transaction list please email [graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com).

[www.mikepero.com/RX883782](http://www.mikepero.com/RX883782)



**Graham McIntyre**  
027 632 0421  
09 412 9602

[graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com)



## ULTIMATE LIFESTYLE PROPERTY - WAIMAUKU

6 2 4

By Negotiation

### 45 Ararimu Valley Road, Waimauku By Negotiation

Rarely will you find a lifestyle property with so much to offer. The main dwelling is a four bedroom 210sqm home and features beautiful polished floors which open out to huge decks overlooking the pool and garden. The second dwelling is a two bedroom 170sqm with great potential. These homes are surrounded by stunning gardens and ponds that feature amazing specimen trees and fruit bearing trees, figs, walnuts, hazelnuts, lemons, mandarins, blueberries, fejoia etc. Both homes and pool are heated by a state of the art central heating system. Water is drawn from an artisan bore which is bottled by a number of suppliers in the Ararimu Valley. Close to vineyards, equestrian and mountain biking facilities. Call Lyndsay today to arrange an inspection of this truly unique property on 027 554 4240.

[www.mikepero.com/RX892144](http://www.mikepero.com/RX892144)



**Lyndsay Kerr**  
027 554 4240  
09 412 9602

lyndsay.kerr@mikepero.com



## GARDENS GALORE, STUNNING VIEWS, CONTEMPORARY LIVING, WAIMAUKU

3 2 4

By Negotiation

### 429 Kiwitahi Road, Helensville By Negotiation

Award winning gardens that are unique and easy care. Set on 1.4 hectares of unequalled and established plantings and garden, delivering enormous satisfaction to Owners and Guests alike. The property has a large amphitheater, formal walks within a range of beautiful and unique backdrops. The house was a finalist in House of the Year with Maddren Homes and offers a contemporary open living environment, three living rooms, 3 bedrooms with ensuites and an extra bathroom. Seeing is believing and we welcome you to take some time, relax and soak up this idyllic and calming home, offering significantly more than photos and words can tell.

[www.mikepero.com/RX797080](http://www.mikepero.com/RX797080)



**Graham McIntyre**  
027 632 0421  
09 412 9602

graham.mcintyre@mikepero.com



**TRANQUIL, PRIVATE, UNINTERRUPTED BUSH CLAD RETREAT**

1 2 1

**By Negotiation**

**423B Wairere Road, Waitakere**  
By Negotiation

Elevated, bush clad wilderness property set in a private glade with a few neighbours being a handful of private eco-dwellings that blend rather than boast. The home is a large 150 sqm but its contemporary nature delivers open plan space and options for a life less ordinary with character at every door, attention to detail and the craft of a boat-builders touch. Set on 4 hectares of tropical rain-forest that links naturally to parks and conservation lands aligned to the Waitakere Foothills, this is away from cell towers, high voltage power lines but delivers ease of living, quaint and quiet, with a twist of "the Wilderpeople". It is as magical as it is endearing, and it could be all yours. A small drive to Waitakere and Swanson Villages, Train and Bus services and Waitakere Primary School and Bethells Beach.

[www.mikepero.com/RX939232](http://www.mikepero.com/RX939232)



**Graham McIntyre**  
027 632 0421  
09 412 9602  
graham.mcintyre@mikepero.com

**Ian Sneddon**  
027 209 0789  
09 412 9602  
ian.sneddon@mikepero.com



**NEAR NEW - BRICK AND TILE IN OLD RIVERHEAD**

4 2 2

**Set Date of Sale**

**1008 Coatesville-Riverhead Highway, Riverhead**

Set Date of Sale - 5pm, Tuesday 8th November 2016 (unless brought forward).

Well positioned, well considered, and very established, this four bedroom two bathroom home delivers ease of living, open plan lounge-dining through to alfresco. An all-together balanced home, offering generous entertainers kitchen and easy flow to north west entertaining and relaxing patio area. Clever main bathroom and master bedroom with walk in and ensuite also having access to the private patio. Set well off the road down an attractive, established drive and entrance with internal access double garage and workshop. The property has provision for two separate dog friendly areas, fenced off and providing peace of mind for buyers. We are happy to supply a list of the last 12 months of transactions in this area please email [graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com).

[www.mikepero.com/RX952442](http://www.mikepero.com/RX952442)



**Graham McIntyre**  
027 632 0421  
09 412 9602

[graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com)



**MODERN - MASONRY OVER BRICK IN WAIMAUKU**

3 2 2

**By Negotiation**

**25 Buttercup Place, Waimauku**  
By Negotiation

Open plan Living, with expansive decking and alfresco leading on to partially fenced lawn areas, perfect for the pets or children. The home has a formal entrance opening to lounge, dining and kitchen. Three generous bedrooms and a study nook with complementary bathroom and ensuite. The home has the added benefit of internal accessed double garage with exclusive drive off a quite cul-de-sac street. Close to Waimauku School, convenience shopping, parks and transport links. The CV on this property is \$780,000. We are happy to supply a list of the last 12 months of transactions in this area. For a complete transaction list please email [graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com).

[www.mikepero.com/RX952890](http://www.mikepero.com/RX952890)



**Graham McIntyre**  
027 632 0421  
09 412 9602

[graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com)



**INVESTMENT OPTION - HOUSING NZ LEASE**

4 2 2

**By Negotiation**

**211 Metcalfe Road, Ranui**  
By Negotiation

Split over three levels this four bedroom brick and weatherboard home provides a solid investment for a purchaser wanting a secure 5 year lease arrangement with Housing NZ over a home constructed in 2006. This elevated sun-filled home offers 4 bedrooms, 2 bathrooms, double garage, open plan living environment. Set on 382sqm of fully fenced lawn with generous sunshine and secure within a ROW environment. Close to Ranui train station, amenities, shops, schools and parks it delivers immediate income and long term options. The CV on this property is \$550,000. We are happy to supply a list of the last 12 months of transactions in this area. For a complete transaction list please email [graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com).

[www.mikepero.com/RX896243](http://www.mikepero.com/RX896243)



**Graham McIntyre**  
027 632 0421  
09 412 9602

[graham.mcintyre@mikepero.com](mailto:graham.mcintyre@mikepero.com)



**SWEEPING VIEWS, SOLID BUILD, SEPARATE STUDIO** 5 2 3

**By Negotiation**

**3 Farr Road, West Harbour**  
By Negotiation

Grand super-sized home in quiet cul de sac ideal for large or extended families. Spread over 3 levels, this substantial 330 sqm architect designed property offers flexible living configurations to suit the most exacting buyer. Featuring 5 bedrooms, 2.5 bathrooms, 3 living areas in the main house, rumpus/office and a bonus studio. Features too many to list but here is just a few: Superior quality build throughout with fine attention to detail. Panoramic views of the upper harbour to City and Sky Tower. Glass balustrades on main deck to maximise views. Parents retreat. Master bedroom with ensuite. Double internal access garage. Enough room for several vehicles or boat/caravan.



**Les Whale**  
021 411 345  
09 412 9602  
les.whale@mikepero.com

**Susan Annett**  
021 345 788  
09 412 9602  
susan.annett@mikepero.com

[www.mikepero.com/RX956260](http://www.mikepero.com/RX956260)



**SUPERB BRICK & TILE FAMILY HOME IN SOUGHT AFTER LOCATION** 4 2 2

**Set Date of Sale**

**10 Bradnor Meadows Drive, Swanson**  
Set Date of Sale - 5pm, Wednesday 23rd November 2016 (unless brought forward).

Tick everything on your wish list: size, style, views, great family neighbourhood, quality, value. 4 bedrooms, 2.5 bathrooms, two living areas, generous sized decks and grounds, wide views. Solid brick and tile construction, beautifully renovated and presented throughout. Prime R.O.W position in a peaceful neighbourhood enclave. Residents only and no through traffic. Excellent value for money for the discerning buyer. Double auto garage with internal access. Less than 5 mins drive to both Swanson and Ranui train stations and only 12 minutes to the new Westgate shopping complex. Close to Lincoln road and a bonus of being within walking distance to the new Swanson skate park.



**Susan Annett**  
021 345 788  
09 412 9602  
susan.annett@mikepero.com

**Les Whale**  
021 411 345  
09 412 9602  
les.whale@mikepero.com

[www.mikepero.com/RX887516](http://www.mikepero.com/RX887516)

# HOME & GARDEN

## BENEVOLENT PARENTS BEWARE: AVOIDING THE PITFALLS OF HELPING CHILDREN INTO FIRST HOMES

With the average Auckland house price now over \$1 million, parents who have reaped the rewards of the escalating Auckland market are finding they need to help their children into their first homes.



The typical house in our biggest city now costs around 10 times the median household income. It has become impossible for young people or families to get into their first home in Auckland. This is an area fraught with emotion and very real financial risk so your admirable intentions require legal advice right at the beginning. There are many and varied issues that can arise when parents assist their children into homes including whether to treat the help as a loan or a gift, fairness to other children, repayment after relationship breakdowns, and the effect of long reaching guarantees.

What happens if the property values fall? What if the child can no longer service the mortgage? Who pays if the property needs extensive repair? If it's an outright gift, the money you put forward may be a windfall to the child's partner if the re-

lationship falls apart. A long settlement period is essential to give you time to get some advice, put in place property sharing and possibly contracting out agreements. Early legal advice can identify and minimise risks and ensure that your generous intentions do not leave lasting regrets.

Henderson Reeves is an established law firm that has recently opened a mobile office in West Auckland. We are a full service law firm, and we also offer competitive fixed prices for people buying and selling property. Taina Henderson and Shelley Funnell are your friendly local lawyers offering smart legal solutions. Check out our website [www.hendersonreevesauckland.co.nz](http://www.hendersonreevesauckland.co.nz) or Facebook page (search Henderson Reeves Auckland) for more information, or you can call us on 281 3723.

## FLOWERING CHERRY TREES

The Flowering Cherry is hard to miss as it heralds in the start of spring in the garden. Driving through Kumeu is always a pleasure as the Prunus Awanui bursts into flower. Awa Nursery has a good range of flowering cherry trees in stock ready



and waiting to decorate your garden with the added bonus of attracting birdlife as they feed on the nectar. Upright or weeping, there is a cherry tree to suit every garden be it large or small. Mt Fuji, Accolade, Falling Snow, Tai Haku, Awanui are just a few of the popular choices. These deciduous beauties not only have gorgeous flowers in spring, they provide shade and lush attractive foliage through summer and autumn, and a great silhouette and structure over winter. They are easy to grow, relatively fast growing, suit most soil types but prefer moist, well drained, fertile soil, and can cope with windy conditions. Plant in full sun to encourage good flowering and autumn colour. The trees are shallow rooted so other plants should not be planted too close. Provide good drainage and mulch each spring to conserve moisture and add nutrients. Then sit back and enjoy the splendid display each spring. Come and see us at Awa Nursery. Phone 09 411 8712 or visit [www.awanursery.co.nz](http://www.awanursery.co.nz).

## CONSTRUCTIVE TRUSTS ON TRUST OWNED PROPERTY

It is commonly thought that trust owned property is not relationship property. However, making improvements to or maintaining the trust property by someone who is not a beneficiary of the trust can sometimes open the door to the court imposing a constructive trust over some of the value contained within the



**Plumbing  
Laser  
Whenuapai**



**Your LOCAL for all:**

- Roofing
- Plumbing
- Drainage
- Drain Unblocking
- Gas & Pumps

**45 Brigham Creek Rd WENUAPAI**

**CALL US NOW**  
**09 417 0110**

**“Totally Dependable”**  
[www.laserwhenuapai.co.nz](http://www.laserwhenuapai.co.nz)



- HEAT PUMPS & AIR CONDITIONING
- DUCTED & HOME VENTILATION SYSTEMS
- SERVICING & REPAIR
- FREE ASSESSMENT & QUOTE

Office 09 912 0553,  
[admin@clarksonaircon.co.nz](mailto:admin@clarksonaircon.co.nz),  
[www.clarksonaircon.co.nz](http://www.clarksonaircon.co.nz)



# GET YOUR OUTDOOR LIVING SORTED FOR SUMMER



**\$8.29**

**Tui**  
Tomato Food 1.5Kg

139448



**\$16.66**

**Yates**  
Weed 'n' Feed Double  
Action 2L Hose On

138233



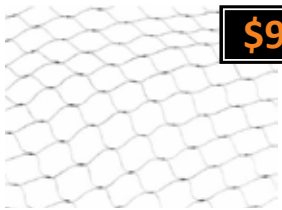
**Garden Pots**  
Assorted Skus



**\$19.98**

**Hozelock**  
Sprinkler Dial

115473



**\$9.97**

**Buy Right**  
Birdnetting 4M x 4M

170738



**\$14.94**

**Weed Weapon**  
Ready To Use 1L

184754



**\$19.92**

**No Bugs Super**  
Ready To Use 1L

118260



**\$13.98**

**Tui**  
Outdoor Container Mix 40L

141839

**NEW PRODUCT \$1,499**



**Nouveau**  
4PC Lounge Setting Charcoal

288901

**NEW PRODUCT \$1,299**



Tru infra-red  
uses radiant  
heat energy to  
redistribute heat  
for even cooking.

**Char-Broil**  
3 Burner BBQ Silver  
H: 1140mm W: 1400mm D: 560mm  
289051

## ★★ LADIES NIGHT ★★

**Wednesday 16th November**

**7.00 - 9.30pm**

★ ★ ★

**Register in store or online at  
[www.megawestgate.co.nz](http://www.megawestgate.co.nz)**

★ ★ ★

**Mitre 10 MEGA, Northside Drive**



**\$2,999**

**Milano**  
7PC Setting

188204



**\$39.99**

**Grillman**  
3PC S/S BBQ Tool Set

249038



### WHY WON'T YOUR GARDEN GROW??

Optimal soil pH helps plants access the nutrients they need.

Take a sample of soil at the depth of a spade head and place in a small cup. Bring the sample to the Yates table on the night and we will test your soil.

Terms and Conditions: Products shown are available at Mitre 10 MEGA Westgate. Subject to availability and whilst stocks last.

**MITRE 10 MEGA**

WESTGATE



Get inspiration, advice and exclusive offers when you register with your Fly Buys number.

Join online at  
[mitre10.co.nz/register](http://mitre10.co.nz/register)

Mitre 10 MEGA Westgate  
Northside Drive  
Ph: 09 416 2400  
Monday to Friday: 7am to 7pm  
Weekends: 8am to 6pm



Facebook.com/megawestgate

trust.

In essence, a constructive trust is another sort of trust on trust owned assets. An example is an ex-partner relationship partner who has built a house from relationship resources on trust owned property or has just maintained the gardens and house. The Courts have shown a tendency to do this sort of thing up to the present time. For this reason, it is often necessary to make a property agreement (often called a prenuptial agreement) with any potential claimant against trust property. The property agreement is written to make it clear to any of the parties that any trust owned property is not, and can never be in the future, relationship property. This is an area where specialist legal advice is always justified if you have a concern.

Luke Kemp - Kemp Barristers & Solicitors, phone 09 412 6000 or email [luke@kempsolicitors.co.nz](mailto:luke@kempsolicitors.co.nz).

## SPRAY FREE WEED CONTROL ON YOUR LIFESTYLE BLOCK

Spring is here, although one could be fooled with the mercurial weather we have been experiencing locally. The upside of this weather is we have had great rainfall and as I drive around the district working in real estate I can't help but note how green the pasture is.

Unfortunately growing alongside that lush pasture is a variety of weeds which will need to be controlled. Is there a more environmentally friendly method to address this problem? As you know, there is a huge and bewildering array of herbicide available to kill just about everything, is this the way to go? Chemicals are expensive (very), need to be stored safely, unused

chemicals and containers need to be disposed of responsibly and in some cases at cost, to an approved disposal facility.

The alternative to this approach is mulching should your terrain allow this. Flail mowing (mulching) is a great way to clean up your pasture, not only does it chop up the grass and weeds into smaller particles to allow for better regeneration it also does not leave ugly windrows all over your paddocks as traditional slashing does. If you are preparing a property for sale, mulching the paddocks will make your property shine and could be the difference when buyers are deciding on which property to purchase. There are a number of lifestyle block maintenance companies out there who can provide you with advice and this service if you do not have the equipment to do it yourself. If you organise a mulching regime, timed around the emergence of particular weeds you will find after a couple of years they will not be the problem they once were and you will have achieved the result without resorting to costly chemicals.

Lyndsay Kerr, Lifestyle Block Specialist, Mike Pero Real Estate Kumeu phone 09 412 9602 or 027 554 4240.

## KUMEU BLEND CHOIR

The Choir presented 'we got rhythm' on Sunday 18 September at St Chads Church Huapai. The choir presented a range of music from Gershwin to Billy Joel and 3 African folk songs under the direction of Margaret Lindsay. Megan Quatermass provided an excellent piano accompaniment.

The programme included two brackets of songs from 'Just Friends' with Lynn Bartlett singing memorable melodies and songs from Simon and Garfunkel, accompanied by Mike Lea on guitar. Mike also accompanied Margaret Lindsay singing 'He was Beautiful'. Christine Smith gave a beautiful solo rendering

# Thinking of building?

## Call New Zealand's favourite home builders



**RODNEY WEST OFFICE**  
3C Matua Road, Huapai  
OPEN Monday - Friday  
8.30am - 5.00pm  
**Phone 09 412 5371**

**SHOWHOMES**  
**Riverhead**  
19 Pohutukawa Parade  
OPEN Wednesday - Sunday  
12.00pm - 4.00pm

**Huapai**  
171 Matua Road  
OPEN Monday - Sunday  
12.00pm - 4.00pm

**G.J. Gardner. HOMES**

0800 42 45 46 [www.gjgardner.co.nz](http://www.gjgardner.co.nz)

of 'Something in Red'. John Wall showed-off his deep and resonant bass in 'I left my heart in San Francisco'. The choir rounded-off the musical part of the afternoon with a performance of Gershwin's 'Fascinating Rhythm' which brought enthusiastic applause. We will be taking part in the Kumeu Brass Band concert on Saturday evening, 29 October in the Kumeu Community Centre – that should be fun! Our Christmas concert will be held in St Chads Church at 7:30 pm on Sunday 11 December 2016. We welcome new members so if you would like to join us please contact Christine Smith on 09 412 8939 email g.c.smith@xtra.co.nz or Margaret Lindsay on 09 849 8070 email Margaret@lindsays.co.nz.

## HOW TO HIDE THAT ANNOYING TV

If this post caught your eye, it's because, like me, you enjoy watching TV but don't want it to be the focal point of your living room. I find when I do my in-home interior consultations, this is one of the main issues people struggle with.




First tip: The easiest and most affordable method to hide your TV is distraction. Your main goal is to distract the attention away from your TV. Firstly, disguise your TV by painting the wall behind it in a darker colour. Then use objects in the space with pull power; contrasting prints staggered up the wall, books, photos, a feature coloured chair, vivid greenery, vivaciously loud cushions and so on. This will distract the eye away from your TV.



Tip two: When you walk into your room does the furniture layout say "conversation zone" or is it purely arranged for watching TV? To pull off a social space, you need to have seating that faces each other in a layout conducive to having a good chinwag. There are many ways you can do this without making the space look cluttered. One option is to select a slim line sofa with legs and modest sized arms. Combine this with light, versatile seating that can easily be moved closer like occasional chairs, ottomans, foot stools and oversized floor cushions.

Tip three: I've also seen some pretty cool feature cabinets that simply have hinged doors to conceal a TV. View examples of these cabinets on the digital version of this blog located on my website [www.loubrown.co.nz](http://www.loubrown.co.nz).

Tip four: Another option is using mechanical lift systems, which come in a myriad of options. They are generally recessed into a custom-made piece of furniture or wall cabinetry. You simply push a button and hey presto, your TV lifts up and out of your cabinet top. You can even get TV lifts that come out of your floor, ceiling or under your bed!



**Zash Hair**  
77 Waiwakere Road  
Phone: 021 814 663

## NOR-WEST & KUMEU GLASS SERVICES

Specialists in Windscreens & Glazing

46 Main Road  
Kumeu  
PO Box 626  
Kumeu 0841  
**Darren Hakesley**



Phone: 412 9914  
420 7818  
838 1499  
Fax: 412 7875  
Mobile: 0274 965 596  
[nwks@xtra.co.nz](mailto:nwks@xtra.co.nz)

## Get finance and get on the road

Finance available

Talk to us today

**09 836 0000**  
93 Lincoln Road  
[mtf.co.nz/henderson](http://mtf.co.nz/henderson)



Local company, local people. Kiwi owned.  
Terms, conditions and lending criteria apply.



JC

**JACOB  
CURRAN**  
Director

**JC PLUMBING LIMITED**  
P.O. Box 101, Kumeu, Auckland 0810  
P: 027 470 8769  
E: [jake.curran@hotmail.com](mailto:jake.curran@hotmail.com)



## JET HOME

Sewage Treatment Plant

Sewage Treatment Systems  
Concrete or Fibreglass Tanks  
Full Installation & Servicing  
Council Approved  
Drainlaying & Excavation  
Water Tanks, Pumps, Filters

Ph 09 415 1538 email [info@jetwaste.co.nz](mailto:info@jetwaste.co.nz)

## QUALITY WATER



SUPPLIES

7 DAYS  
PHONE NOW!

Dave, Bev &  
Andrew Speedy

Registered by Ministry of  
Health & Auckland Council  
Fresh Water Supplies

Ph. **411.8116**

Mob **021.265.2389**

Another option is using a sliding panel mechanism. It allows you to hide your TV in a wall cavity or cabinet with sliding panels. You can get creative with this mechanism by attaching a piece of art as the sliding panel. When it's closed, you'd never know there's a TV hiding behind it.

To view the full version of this blog with example images included, visit [www.loubrown.co.nz](http://www.loubrown.co.nz) where you'll also find more of my helpful interior design blog posts. Also, if you're in the area, swing by Studio Black, 1058 Coatesville Riverhead Highway. Our designer homewares store is open every Thursday & Friday 10am – 4:30pm, Saturday – Sunday 10am – 2pm.

## LIVESTOCK REPORT

Prices for cattle remained firm once again at Pukekohe's Saturday market. Whilst killable cattle prices certainly reflected a lower schedule and tighter killing space, vendors were generally very happy and competition was good for all classes of killable cattle. Store cattle were in great demand. This looks set to continue with fantastic grass growth and once we see a bit more sun, things should really take off.

Best steers	\$1,380 to \$1,790
Other 2 year steers	\$1,080 to \$1,300
Best 15 month steers	\$850 to \$975
Other x bred steers	\$660 to \$780
Medium weaner steers	\$550 to \$610
Small steers	\$450 to \$500
Very small x bred steers	\$295 to \$360
Best heifers \$1,210 (452)	\$1,610
Good store heifers	\$1,025 to \$1,175
Medium 15 month heifers	\$720 to \$820

Medium weaner heifers	\$440 to \$515
Small x bred heifers	\$410 to \$435
Boner cows	\$730 to \$1,210
Fat lambs	\$119.50 to \$127
Store lambs	\$50 to \$81
Spring lambs	\$60
Ewes	\$30 to \$88
Ewes with lambs	\$40 to \$60
W/H bulls	\$125 to \$200
W/H heifers	\$100 to \$170
Beef bulls	\$50 to \$150
Beef heifers	\$10 to \$95
X bred bulls	\$12 to \$50

## SPARKN UPDATE

We hope everyone enjoying the slightly drier weather! The water tanks are full up again. Now is the time to consider outdoor lighting and sensor lights. Lighting is the biggest deterrent to opportunist theft at night. It also makes your home safer; with the days getting longer and warmer some general outdoor ambient lighting would be a nice touch if the evening goes into the small hours as it can with good company. We can also provide more decorative lighting for driveways and gardens.

Do you have lights in a hard place to reach? With the cost of LED lamps and fittings it is very cost effective to replace or relamp fittings. The average pay back (based on energy saved) is approximately 1 to 2.5 years. This may sound like a long pay back, but generally LED's are rated to 25,000 to 50,000 hours (10-25 years), your old filament lamp is typically rated at 1000 – 2000 hours, so they will last quite a bit longer after the two years. Even compact fluorescent lamps are worth replacing as they



**Waimauku Landscape Supplies**

A DIVISION OF WYATT LANDSCAPE SUPPLIES

**Call: 09 411 9604**

**948 State Highway 16, Waimauku**

(just after the Muriwai turn off)

Locally owned & operated [www.landscapesupplies.net.nz](http://www.landscapesupplies.net.nz)



**Daltons**  
Keeping New Zealand Growing

*Spring*

*planting time!*

Open

7

Days

Free

loan trailers  
for use

Trade

Metal  
supplies

OPEN 7 DAYS! Mon-Fri: 7.30am-5pm Sat: 8am-5pm Sun: 9am-3pm

WE CAN DELIVER

• Sand • Metal • Shell • Pebble • Scoria • Mulch • Garden Mix

• Topsoil • Compost • Tirau Gold • Pine Bark • Cambian Bark

are rated to about 8000 hours and use twice the energy of an LED while the LED has the advantage of instant full brightness without the warm-up.

Please feel free to contact Tony on 021 772 756 or Karen 411 8526 if you have any electrical queries or would like a no-obligation quote. We are available for all domestic, commercial and marine work.

## MEETING OUR POSTIE AT HAPPY HEARTS

At Happy Hearts, Riverhead Early Learning Centre, the current focus is 'Our Community'. So earlier this month we met our Rural Postie – Lisa – who told us that a postie will deliver all sorts of mail, (and presents!).



We had lots of questions to ask, like 'how does she know which house to deliver the mail to?' And, 'what's the biggest thing she has ever delivered; why does she have a van and not a bike, and why do Posties wear red and yellow t-shirts like firemen?' The most important question was – 'Does she ever help Santa to deliver the Christmas presents?!'

Luckily for us, Lisa knew lots about the Postal Service. She taught us all about the best way to write on the front of letters, and what to do with big parcels which won't fit into letter boxes. Lisa explained that some posties like to ride bikes if the letterboxes are close together. But because Lisa delivers to rural areas where the letterboxes are far apart, she prefers to drive a van. She would get too tired and not many letters would be delivered if she had to ride a bike.

As to why our Postie wears the same colours as the firemen in our books ... we decided it's because those colours are bright and easy to see.

She never did tell us if she secretly works for Santa!



### Top Presentation = Top Price When Selling Your Home

Stage It Yourself can help you achieve the right look and will transform your home to the highest standards for very little cost.

Contact Frances today to find out how she help you:  
Mobile: 021 065 2611  
Email: [stageityourself@outlook.com](mailto:stageityourself@outlook.com)  
<https://www.facebook.com/stageityourself>



[www.compasshomes.co.nz](http://www.compasshomes.co.nz)

**Scott Gordon**  
Director/Sales Manager

[scott.gordon@compasshomes.co.nz](mailto:scott.gordon@compasshomes.co.nz)  
M 0274 063 684 P 09 412 2112

Compass Homes (Rodney) Ltd  
3 Larmer Drive, Matua Estate, Huapai,  
Auckland 0891. PO Box 668, Kumeu, 0841





Call us today to arrange a free assessment of your home **0800 25 25 00**  
[www.exceed.co.nz](http://www.exceed.co.nz)

# Burnetts

## SEPTIC & WATER TANK CLEANING



**Your septic tank should be  
cleaned every 3 years**  
(average family of four)  
We service all areas

Phone: **412 9210**  
or **0274 924 494**



## Atom Services Ltd

### Commercial Cleaning Solutions



Atom Services Ltd  
For the very best in  
Internal and External  
Cleaning

Let us take care of all your cleaning needs:

- Spring Cleans
- Weekly cleans
- One-off cleans
- Windows
- Carpets and Upholstery
- Exterior House Cleaning

Call Kath or Ian today to discuss your requirements.

**Kath- 021 2690 790**      **Ian- 021 0264 3227**

# BUILD

## NEW

### PROJECT MANAGEMENT IS PART OF THE PACKAGE WHEN YOU BUILD WITH SIGNATURE



A project manager's role is to ensure your build comes in on time and to a high quality finish. They work with you to bring your vision to life. Communication and customer focus is key with regular updates and photos of your home's progress. They take the pressure off you and allow you to enjoy the building process. Our project managers, Graham, Mike and Matt are the pick of the bunch. Local lads with a wealth of building and project management experience, they are well versed in anything that could be encountered on your build.

Feature House and Land package – Glen Eden

1030m2 section (possible subdivision with council approval), 4 bedrooms, 2 living, 2.5 bathrooms, Office, Separate laundry, Scullery.

Contact Simon Wilson on 027 644 62233 or [simonwilson@signature.co.nz](mailto:simonwilson@signature.co.nz) for details.

## INTRODUCING RIFLE RANGE POINT

Free up your time, or lock up and go – enjoy the freedom of owning a very low maintenance, four bedroom home in Rifle Range Point.

Rifle Range Point is located in the quietest area of Hobsonville Point and has the BEST views! Your backyard is a beautiful 11-hectare park, the city ferry and The Landing's vibrant restaurants and cafes will be just a short stroll away. This small enclave of architecturally designed well-appointed 4-bedroom homes are available from \$1,335,000. These homes have their very own private internal elevator, large open plan living spilling out to a sunny north facing deck, plus, all important car parking for three cars.

Hobsonville Point is ideally located to offer you a great lifestyle close to the water with harbour access, beautiful parks and coastal walks, Hobsonville Point has a range of amenities including cafes, a farmers market, schools, a Medical centre, Pharmacy and Countdown supermarket. Only minutes away you will find shopping at Westgate and Albany with West Coast beaches, vineyards and forests in close proximity.

Build with Auckland's most awarded builder, with the best guarantees and have a home designed for living, built for life. 66 Master Builder House of the Year Awards.

For more information, call 0800 52 52 66 or visit our website [www.jalcon.co.nz](http://www.jalcon.co.nz).

Showhome: 7 Liquidambar Drive, Hobsonville Point. Open daily, 10 – 4pm.

## Turn your dream into a plan

TALK TO SIGNATURE HOMES TODAY

### Talk to us today about:

- Design & Build
- Pre-designed Plans
- Knock Down & Rebuild
- Subdividing Services

HOUSE & LAND PACKAGES AVAILABLE  
in stunning locations

### Packages available:

**Huapai Triangle**  
4 bedroom | 2 storey | POA

**Seacrest at Kauri Grove | Huapai**  
175m<sup>2</sup> home | 601m<sup>2</sup> section | \$998,000

**Eclipse in the Triangle | Huapai**  
180m<sup>2</sup> home | 446m<sup>2</sup> | \$998,000

**Lifestyle living in Taupaki**  
234m<sup>2</sup> home | 8000m<sup>2</sup> | \$1,650,000

**Hobsonville waterfront**  
304m<sup>2</sup> home | 600m<sup>2</sup> section | NEG



#### RIVERHEAD SHOWHOME:

2 Jessie Rise, Corner Pohutukawa Parade  
Riverhead | Open 12pm - 4pm Thurs - Sun

#### SHOWROOM/OFFICE:

80 Main Road, Kumeu, Auckland

[www.signature.nz](http://www.signature.nz)

0800 020 600

**Signature**  
HOMES Est. 1983

YOUR HOME. YOUR WAY.

## G.J. GARDNER HOMES

At G.J. Gardner Homes we realise that the new Auckland Unitary Plan can be somewhat confusing. With all the zoning and appeal processes it is difficult to know just what is possible on your existing section, and when.

Luckily your local G.J. franchise can help. Our indicative, no obligation Preliminary Development Appraisal can help shed some light on the possibilities prior to making any financial commitment, providing you with peace of mind and guidance from the outset. We can even help with finance arrangements through Onion Home Loans and Insurance, a creation of G.J. Gardner Homes, combining skilled specialists in finance and insurance for all project types, alongside our extensive knowledge of the home building market. So whether you're looking to build an investment property in your backyard or develop your section fully, why not contact your local franchise to find out what is possible and how to take the next steps.



### FAST CONSTRUCTION CAPTURED ON CAMERA!

This month we were delighted to capture the progress of our latest concrete home build at 1 Larmer Drive, Huapai - right next door to the show home.

The Compass Homes team have just completed the first phase of the project achieving a speedy turn-around time. This included pouring the slab, erection of reinforcing and services, connecting the form work and pouring both the internal and exter-

nal walls. If you have not yet checked out our concrete show home, we invite you to come down on Sunday 6th November 2016 where we will be serving fresh coffee between 12-3pm. Take time to enjoy your coffee while we keep the kids entertained with a fun colouring competition.

Check out the latest footage of the 'pour' process on our Compass Homes Facebook page <https://www.facebook.com/compasshomesnz>

To find out more visit our Concrete Show Home at 3 Larmer Drive, Huapai or contact Scott 09 412 2112, [scott.gordon@compasshomes.co.nz](mailto:scott.gordon@compasshomes.co.nz) or [www.compasshomes.co.nz](http://www.compasshomes.co.nz)

## MADDREN HOMES

The Maddren Homes family would like to congratulate Hannah Irwin on being with the company for 10 years. The milestone anniversary was celebrated this month by all staff with a lunch and surprise welcome to the office. Hannah is an integral member of the Maddren Homes team dealing with suppliers, tradies and clients daily.



Whilst there have been many changes within the company over the years, one thing that has never changed is Hannah's positive can do attitude and infectious smile

On behalf of everyone at Maddren Homes we would just like to say a big thank you for your continued hard work and loyalty and look forward to carrying that on into the future.

## Old Hands at Building Award Winning Homes

[www.maddrenhomes.co.nz/awards](http://www.maddrenhomes.co.nz/awards)



# PETS

## TIPS & ADVICE

### EXPLORE NEW WALKS WITH YOUR DOG - FIVE MILE STRIP AT MURIWAI

Time to walk: this walk takes about an hour 10 minutes going at a good pace. You can add extra time to your walk by heading to the beach at two separate opportunities for a play.

Distance: 9K's

Difficulty: moderate, there's a lot of deep sand to walk through. Extra reasons to love this walk: great bum and thigh workout!

Watch out for: possible horses on the track. Head to Muriwai opposite the horse park, past the golf course.

Walk along coast road over the bridge and continue along until the road bears right and you have reached the beach. You can head up over the dunes on to the beach here for the dogs to have a play. You'll need wet weather foot wear to enjoy it with the dogs, otherwise watch from the dunes as they frolic in the stream.

When you're ready, call your dog and head back on to the gravel road for about 100 metres and you will see a white marker directing horses heading to the left through bush track. Head in



here and follow the track meandering right. This track takes you through varied terrain and quite deep sand. There's greenery in the dunes, loads of beautiful bush and trees and I love listening to the waves crashing nearby as well as all the bird song from tuis and other natives.

Continue along for about 4.5 kilometres then bear left on the track, taking you on to the beach. The dogs appreciate the water at this point and it's nice to take a breather here. As you're quite far north at this point the beach is nice and quiet too.

When you're ready head back on to the track and continue north then take a right fork which takes you back out to coast road where you can enjoy an easier flat walk back to the car park. (You can add extra to this walk and stay on the track, it will eventually take you in to thicker bush, you can head over the steep dunes back on to the beach or follow your nose right and on to coast road).

Don't forget water for you and the dogs. Poo bags. Sunscreen, a hat and mosquito spray in summer. Do you have a dog that needs walks like these ones but you don't have the time yourself? Contact Lisa at Paws to Hooves to register your dog on her Paws Canine Adventure Walks. Small packs, BIG adventures. Run, play, swim, climb. Your VIP (very important pooch) comes home tired and happy, guaranteed!

027 380 0265. Starting from only \$25 + GST.

### THE K9 WAY

Awesome dog & puppy training kept simple. Your time is precious. We make sure it does not get wasted.

Independent of age, breed or behavioral problem we offer you a common sense approach to Dog and Puppy Training that works, empowers you and relaxes your dog.

The focus is on the relationship between you and your dog and how you can build more respect, trust and understanding. After all you want a sound solution for the issues you are facing, not a band-aid. If you are busy and do not have enough time for your dog, TheK9Way's professional dog walking & sitting services will fulfill your dog's mental and physical needs. Book a free phone consultation or free Meet & Greet online at [www.thek9way.co.nz](http://www.thek9way.co.nz) or call us now on 021 239 0635.



### KANIKA PARK

Welcome to Kanika Park, a new boutique country retreat for cats. Run by a family of passionate animal lovers, nestled in the heart of our 10 acre Waimauku property. Kanika Park is a cattery like no other, where you can treat your cat to a relaxing holiday in one of our spacious private suites. It is our mission

**DOREEN'S**  
CAKE  
DECORATING  
SUPPLIES

9 McClintock Road,  
Massey, Auckland

09 833 4555

Mon - Fri: 9am to 5pm  
Sat: 9am to 1pm

*You've got what it takes to bake, but now  
it's time to decorate!*

**SOME OF THE THINGS ON OFFER:**

- ✿ AIRBRUSH SETS AT \$195
- ✿ OVER 360 CAKE PANS FOR HIRE \$4 OVERNIGHT
- ✿ PERSONALISED EDIBLE IMAGES
- ✿ AGENT FOR DECOR CAKES
- ✿ GIFT VOUCHERS AVAILABLE

[doreenscakedecoratingsupplies@hotmail.com](mailto:doreenscakedecoratingsupplies@hotmail.com)

love your dog. 🐾

DOG WASH & GROOMING

Open 7 days

09 412 9026

Unit B5 190 Main Rd Kumeu - behind VTNZ & Subway



not only to provide each guest with a personalised, warm and fun place to enjoy, but also to allow owners to be comfortable in the knowledge that their furbabies are safe in a loving and caring environment.

Due to open mid-December, for more info or bookings call us on 09 948 6595.

## DOG ZEN WINNER

Kiri Hider of West Harbour has won our Dog Zen lucky draw. The competition prize, a free subscription to Mark Vette's comprehensive online training programme for dogs, was offered in a story about Mark's plans, which includes two books. The Waimauku animal behaviourist has taught dogs to drive cars and pilot an aircraft, stars in the TV series Purina Pound Pups to Dog Stars, and trained many other animals for films and commercials.

Dog Zen offers 30 videos and supporting documents about why your dog behaves the way it does, solves common behavioural problems and teaches how to achieve results with love and gentleness. Kiri is keen to use Dog Zen to train a Griffon pup she is getting. She also has a 12-year-old Staffordshire terrier-Chihuahua cross called Chester which could benefit from the programme too. Go to [www.dogzen.com](http://www.dogzen.com) to check out the programme.

## DOG BITES – WHY ARE WE NOT LEARNING?

With dog bites on the rise in New Zealand we need to all take a more active role in education and learning about what our dogs are telling us. There has been a concern of late that some information being given to children is out dated and potentially dangerous.

If your school is offering education in dog safety please ensure that they are getting given the latest information and that it is being delivered by a qualified educator. It was brought to our attention by a concerned parent recently whose daughter was told to yell at the dog if it ran up to her. As an adult I may be able to get away with this – but when it is a 4 year old girl it is wrong and potentially dangerous.

There are 3 golden rules that all of us should remember no matter the age.

1. Always ask permission from the owner and never approach a dog that is alone. You don't know how this dog is going to react. It may be scared; it may not like people in glasses, or hats or



people holding umbrellas. The dog may be unwell or deaf. Fear can cause a dog to bite. As an adult it is our responsibility to educate children in how to keep themselves safe in all situations including how to behave around a dog.

2. Once permission is given by the owner, and the dog knows you are there, then stand to the side of the dog and touch only its shoulder or side. This reduces that chance that you or the child will make eye contact with the dog. It allows the dog to move away should it not want to be touched. Don't stand in front of the dog and try to touch its chin or chest. You wouldn't stand behind a horse; would you. So why stand at the pointy end of a dog?

3. Stand like a tree if a strange dog approaches you. This turns you into something uninteresting and the dog may lose interest and just walk away.

Dogs have many subtle ways of telling us that they don't want to interact with us. It is our responsibility to learn what they are saying and how to behave around them. For more information contact PET First Aid & Training (NZ) Ltd for information on their Canine Body Language courses or their Kids Safe with Dogs education programmes for all children from day-care to colleges. [www.petfat.co.nz](http://www.petfat.co.nz) or [www.kidssafewithdogs.co.nz](http://www.kidssafewithdogs.co.nz).

## CAT LOVERS URGENTLY NEEDED

Volunteers required to help with cleaning duties etc. at a cat rescue shelter in Huapai. Can you spare two or three hours once a week? Also loving homes needed for some of the friendly rescue cats. Donations appreciated at [enzcatfoundation.org.nz/donate](http://enzcatfoundation.org.nz/donate). Please get in touch with Carolyn on 021 143 6815.



Opening  
Mid October



**Kererukindy**

**Boutique Early Learning and  
Childcare Centre**

10 Orahā Road, Huapai  
Phone 412 2624

[huapai@kererukindy.co.nz](mailto:huapai@kererukindy.co.nz)



Opening  
Special!

First five 3 and 4  
year olds to enrol  
receive 30 hours  
free!



**Shoe Talk**™ we talk shoes



Mens and Womens Footwear that fits the Kiwi foot, including wide widths! Everything from flats to heels, sandals to casual styles, even wide-calf boots. Stockists of the uber-comfortable Propét Walking Shoes and the fashionable Walking Cradles range. Specialist footwear is also available and footwear for troublesome feet issues too!

Open Mon to Fri from 10am till 5pm and Sat from 9am till 1pm

Shoe Talk Ltd: 401A Great North Road, Henderson,

Ph: 09 835 9936 [www.shoetalk.co.nz](http://www.shoetalk.co.nz)

# FOOD & BEVERAGE

## GINGER, PEAR AND CARDAMOM CAKE

Pre heat oven 170°C

50gm butter - melted

½ cup brown sugar

1 tsp ginger

3 pears – peeled, cored and sliced

Line a 23cm round tin and pour the melted butter into the bottom. Combine the brown sugar and ginger together and sprinkle over the butter covering the base. Arrange the sliced pears in a circular pattern on top of the sugar.

125gm butter

2 cups sugar

2 eggs

1 tsp vanilla essence

2 ½ cups flour

4 tsp Baking powder

½ tsp salt

1 ½ tsp ginger

1 tsp cardamom

½ tsp mixed spice

1 1/3 cup milk

Cream the butter and sugar, add the eggs and vanilla essence and beat well. Sift all the dry ingredients together and add alternatively with the milk. Mix until smooth. Pour over Pears and bake for 1 hour until skewer comes out clean. Serve with cinnamon cream and poached pears.

Cinnamon Cream:

300ml cream

1tsp cinnamon

1Tbsp sugar

Whip together to form soft peaks

Poached Pears:

In a saucepan bring 3 cups of water to the boil with ½ cup of sugar, 2 tsp cinnamon and a few cloves. Peel pears, cut in half and core, place in saucepan. Cover, reduce heat and simmer for 10-15 min until softened. Recipes supplied by Wedding and Birthday cake specialists Paula Jane Cakes. Contact Paula on 021 208 8604 or Jane on 021 273 6139, email info@paulajanecakes.co.nz or visit paulajanecakes.co.nz.

## THE FLAGSHIP BAR & RESTAURANT

The Flagship Bar & Restaurant opened in Westpark Marina late last year, bringing modern family dining to the local people of West Harbour, Hobsonville and beyond. Overlooking the magnificent upper reaches of the Waitemata Harbour, The Flagship boasts a wrap-around deck allowing you to enjoy the stunning views, while your little ones are kept busy in their own play area. The Flagship has also become a popular spot for events – engagement parties, Christmas functions and even weddings have been held here. We're open for brunch, lunch and dinner throughout summer with live music out on the deck every Sunday.



## SOLJANS ESTATE WINERY

Soljans Estate Winery has been providing a spectacular venue for a vast range of weddings, birthdays, anniversaries and corporate functions. Our location allows your guests to experience the ambience of Kumeu Wine Country, which is 20 minutes away from Auckland City. The Winery was purposely built with functions in mind. We offer varying options for the sizes of your group with our function spaces able to be spilt into sections with bi-folding doors for intimate or free flowing functions. We can offer numerous styles of menus which are served with a high standard of service from our staff. Our excellent services have repeatedly won us the Beef and Lamb Award and Trip Advisor's 'Certificate of Excellence'. Functions should be





**SOLJANS**  
ESTATE WINERY

366 State Highway 16  
Kumeu, Auckland | P| 09 412 5858



CONFERENCES/SEMINARS



CORPORATE EVENTS

*Unique*  
**Functions & Events**  
**VENUE**

To ensure you get your preferred date  
BOOK your Event NOW!

*Exclusive*  
**WINERY VENUE**

Soljans Estate Winery is a special place as it is Kumeu Wine Country's premier Winery Venue. So add a little Mediterranean magic into your next event or function!

We have great facility options to add character and be the perfect venue for your next event, function, wedding or product launch.



WEDDINGS/SPECIAL OCCASIONS



**the Bottle-O®**

**301 Main Road, Huapai, Auckland**  
**Phone: (09) 412 9614**  
**www.thebottle-o.co.nz**

Real Locals, Real Value.

Never drink and drive

Smart Fuel

**SAVE**

ON FUEL HERE

enjoyable and stress-free. Our dedicated team will look after every detail to ensure this. For more information, please contact our Functions Coordinator Brittany Willemse on 09 412 2824 or email [functions@soljans.co.nz](mailto:functions@soljans.co.nz).

## PEKO PEKO JAPANESE TAKEAWAY

November Weekend Special: Free miso soup or a can of L&P when you order a Bento box. We would like to offer this for The Westerly and Kumeu Courier readers, so please let us know you have read this :) We will change some tapas (side dishes) in Bento Box soon so please check our latest news on our Facebook page and find our menu. We are located at Passion Produce vegetable shop car park on 92 Hobsonville Rd. Weekend dinner only 4:30pm to 8:30pm. Phone 022 431 3462.



## PATE RECIPE

NoShortcuts is a start-up business manufacturing, promoting, and distributing, hand crafted artisan chutneys and relishes. Through a passion and love for fine food, the name NoShortcuts was developed to reflect the care and straight-forward approach that has been adopted in the development and creation of the product range. There are simply 'no shortcuts' taken in the preparation process, with each product being created from basic and simple ingredients that we all know and understand. At times the preparation and cooking process may seem painstakingly labour intensive, but there is no substitute for hand-prepared goods created from minimal ingredients.



- 500 gms chicken livers
- 4 tbsp brandy
- 125gm butter
- 1 lge diced onion
- ½ cup cream
- 2 tbsp. fresh thyme
- 125 gms mushrooms
- 1 bay leaf
- 6 rashers bacon extra 200 gm butter and bay leaves for decoration
- 3 tbsp Port

Designed for people with:

- Dementia
- Alzheimer's
- Movement Disorders

**Simple Music Player**

Manufactured in the UK

[www.memorylane.co.nz](http://www.memorylane.co.nz) 09 412 5553

1. Soak Chicken livers in salted water for 1 hour and then drain
2. Heat butter in pan, add finely diced onion, thyme, bay leaf and finely chopped bacon. Sauté slowly until tender but not brown
3. Add livers, simmer for 7 min or until cooked. Put cooked mixture into a big bowl. Then add mushrooms, S&P, cream and alcohol to the frying pan. Stir, bring to the boil and simmer until reduced by almost half. Add liquid to cooked mixture. Blend in batches until smooth; if desired pour into individual bowls and place bay leaf on top. Melt the extra butter and spoon a little over the surface of each pot while still warm. Serve with crusty bread, crostinis or crackers, Alongside NoShortcuts Tamarillo Chutney or Feijoa & Ginger Jam.

## THE RIVERHEAD

I was recently asked to speak at a local meeting about the history of the water ways and the background of The Riverhead, our historic tavern. It made me realise what a special place this is, its fascinating history and how it had an important impact on the wider area. Many of New Zealand's early settlers, who were on their way to their pre-purchased lands in the northwest, continued their long and arduous journey through these very doors on their way to their new homelands. I imagine they must have been exhausted by the time they had completed the long sea journey from Britain, only to find that New Zealand was largely uninhabited with pretty rugged transport options, if any at all. Boarding yet another vessel, lugging baggage and children to a destination that was more than likely less than what they had imagined, must have been daunting. From all accounts the hospitality they received from the original proprietors of this hotel, Thomas and Eliza Deacon, was exceptional and would 'do credit to a much more populous place than Riverhead'. The Deacons were 'noted for their courtesy and their studious regard to everything which bears upon the comfort of visitors to their house'. We feel privileged to be custodians of this special place with a goal of providing the same level of hospitality that is still so relevant today's world.

**The Riverhead**  
**...its your local**

**The Landing Restaurant**

We'd love you to try our new Summer Menu... & what better place to enjoy a meal than with people you love overlooking the water at The Riverhead

Bookings essential. Phone today on 412 8902  
Or book on-line [www.theriverhead.co.nz](http://www.theriverhead.co.nz)

# HEALTH AND BEAUTY

## CHRISTMAS SPECIAL

DT Denture Clinic are running a Christmas special till the end of December 2016, 15% off your denture needs\*. You can get your dentures professionally cleaned, repaired, dentures relined, teeth added to existing dentures if needed, new partial dentures or even a new set of dentures. The team offer a free consultation which is the best way to discuss your denture needs. All dentures, repair work, tooth additions and relines are done in house. This enables us to have a strict quality control over all our products. As denture work is done in house we are able to offer same day relines, tooth additions and repairs. This way you won't be overnight or even days without your dentures. Call the friendly team at DT Denture Clinic to book an appointment 09 416 5072. \*Quote Xmas01 to receive the discount.

## ARTHRITIS AND CHIROPRACTIC

Arthritis means joint inflammation - Arthritis is not a single disease, it refers to a group of more than 100 rheumatic diseases and other conditions that can cause pain, stiffness and swelling in the joints. Any part of the body can become inflamed or painful from arthritis and does not only affect the elderly. Some forms of arthritis can appear in childhood and early adulthood. Arthritis causes the joints to swell, resulting in pain, stiffness and loss of function particularly in the hands, knees, feet, hips and spine. Symptoms depend of the type of arthritis and can range from benign to severe. It could be caused by cartilage that is wearing away, a lack of fluid, infection, or a combination of many factors. Chiropractic Care and Arthritis - Many arthritis sufferers assume that nothing can be done to reverse the degeneration or relieve their pain. Chiropractic Care addresses the practical issue of getting the body to move more freely and maintaining as much normal function as possible, so that the arthritis need not be crippling. Once the body is free from \*subluxations, the need for pain-relieving medications often times lessens or disappears altogether. Before resorting to drastic options for your arthritis, such as surgery and replacing the affected joints with synthetic devices, give the team at Kumeu Chiropractic a call. \*Subluxation; a subluxation is the result of

spinal bones with improper motion or position affecting nerve communications between your brain and your body. Kumeu Chiropractic - 8 Shamrock Drive, Kumeu, phone 09 412 5536.

## DO YOU GET 'KNOTS' IN YOUR MUSCLES?


Well, you may or may not have been told that you have 'knots' in your muscles, however, that is NOT a medical term or diagnosis. Your muscles don't get knotted or bunched up when you get stressed; it's more likely that your muscles get tight from postural patterns. Most of us have experienced some form of muscle tightness whether it's from years of hard work, long hours of standing, sporting activities, incorrect breathing or life in general. This muscle tension can be relieved by massage and/or by changing your actions/habits e.g. the ergonomics of your work station; moving in various different ways to counteract repetitive movements and by staying active. Trigger points (a phenomenon with mixed scientific evidence), are tender little nodules of tight bands within muscles that may refer pain elsewhere in the body. These too, can be eliminated with massage, stretching and self-massage by using various balls and/or foam rollers. If you've got muscle tension that's giving you trouble, call me! Debbie from Body-Balance Massage & Neuromuscular Therapy, 021 120 2175.

## BACK & NECK MASSAGE SPECIAL AT SPA DI VINE

Spa Di Vine (est. 2002) in Waimauku is the perfect place to retreat to, when you feel you need a little me-time and pampering. With a dedicated team, relaxing ambience and innovation in Theravine treatments, Spa Di Vine offers the ultimate in spa relaxation. Check the website for photos and information: [spadivine.co.nz](http://spadivine.co.nz). Spring Special\*: Book the Relaxation Back & Neck Massage (45min) and receive a complimentary vinotherapy back scrub and organic coconut body butter back application. Afterwards enjoy complementary refreshment on the terrace or in the spa lounge. One person @ \$90, side by side for two @ \$175. \*Available on Tuesdays – Saturdays during November 2016 only, for new bookings, instant purchase required at the time of booking, no vouchers available or accepted and subject to availability at the time of booking. Look out for our December skincare special – gift with purchase – or phone us on 09 411 5290 (Paula) or send us an email [relax@spadivine.co.nz](mailto:relax@spadivine.co.nz).

## BE PAIN FREE FROM HEAD TO TOE

Osteopath Tania Darlison welcomes Freya Scollay our new Osteopath and May Yoo a Chinese trained acupuncturist, to Kumeu Osteopathy. Freya has a background as an elite cyclist, adventure racing, running and equestrian. Freya has a passion for cra-



**HOBSONVILLE  
OPTOMETRISTS**  
*Glasses & Gifts*

Frank G Snell B.Sc., B. Optom  
Optometrist

Unit A, 413 Hobsonville Road, Hobsonville 0618  
Ph: 09 4163937. E: [hobsonville@eyeteam.co.nz](mailto:hobsonville@eyeteam.co.nz)



Spa Di Vine

Country Spa  
Retreat

Ph. 09-4115290  
[relax@spadivine.co.nz](mailto:relax@spadivine.co.nz)

[www.spadivine.co.nz](http://www.spadivine.co.nz)

nial osteopathy which uses gentle techniques to treat dysfunction in the body. Freya is available from 6am most mornings at the clinic. She teaches Pilates and uses Vibration therapy on humans and horses from her Annandale Rd property. Tania uses soft tissue techniques on problem areas before any gentle manipulation is used. Movement is life and you only have to look at a stagnant pool of water to see what happens when there is a lack of oxygen and circulation. Osteopathy helps restore normal function in your body. May, formerly from Helensville, is a skilled acupuncturist. Contact her 027 259 2591. Tania and Freya call 0800 BACKFIX.

## \$10 OFF YOUR FIRST MASSAGE WITH TOP NOTCH

At Top Notch Massage Therapy, we understand the stress that is placed on the modern life; whether that is from a hard training session, the pressure of work and a busy lifestyle, or the impact that pregnancy has on the body. Our professionally trained therapists are ready to work with you towards better health, ensuring you get more out of life. So if you want to get better results in the sporting arena, re-balance yourself or make that pregnancy more manageable, then you need to get in touch with Top Notch today. Clinics are located in Massey and Hobsonville. We are currently offering \$10 off all massages for new clients, so take advantage of this deal today. You can book online at [www.topnotchmassage.co.nz](http://www.topnotchmassage.co.nz) or call 021 181 8380.

## SPECIALIST SPORTS OSTEOPATH IN KUMEU

New injury? Annoying old injuries? In need of a tune up? Want to improve your recovery or performance in sport? Our specialist in Sports and Rehabilitation, Osteopath Matiu will sort you out. It is the time of the year when we see a lot of people who have niggly aches and pains. Some are old injuries that are lingering and some are from getting over excited about the sunshine and spending too much time in the garden. Whatever the cause of your problem, we can help you. Some tips to keep your muscles and joints in good health over the summer: 1) Lift and bend with your legs. That's right- get your squat on. Use the strength in your legs to help you lift instead of pulling with your arms. Also squat instead of bending forward from the spine. This will help take any extra unnecessary pressure off your spine. 2) Don't overdo it- this is easier said than done. We have all spent far too long in the garden because the lawn is beginning to resemble a small jungle, but it is important for your back to take regular breaks. 3) Stretch, stretch, stretch. 4) Book in for your annual 'body WOF'/tune up to get on top of any potentially problematic areas. Don't forget we are ACC registered. Book in online now to get yourself sorted for summer. If you need more advice or information please contact The Body Clinic 09

320 3803, [info@thebodyclinic.co.nz](mailto:info@thebodyclinic.co.nz) or visit [www.thebodyclinic.co.nz](http://www.thebodyclinic.co.nz).

## SPICE IT UP - SWAP SIDES OF THE BED

How crazy does this sound? The funny thing is every week I ask my clients if they always sleep on the same side of the bed and most of the time the answer is yes. We are such creatures of habit, yet if we were not, and occasionally swapped sides of the bed, it would give our bodies a break from the potential likelihood that you may have Geopathic Stress (GS) where you sleep. If you do swap sides and feel it does feel better (or worse) than where you were sleeping then this will be a good sign that maybe you do have GS in your home. Get it tested to know exactly where, as it is in every house, home, office, building somewhere. Don't make your health pot-luck or you could spice it up. Call Nicky on 021 545299 or check out the [www.clearenergy-homes.com](http://www.clearenergy-homes.com) or get my book 'What if it was that easy?'

## HOW TO MANAGE ECZEMA


Have you ever suffered from dry itchy skin? It may be that you have eczema. This is a bothersome skin condition which is common in New Zealand. The pattern of eczema is a little different at certain ages, but typically occurs behind the knees or on the inside of the elbows in older children and adults; and often on the faces or trunk of babies. It occurs when the skin becomes irritated and dry. No-one actually knows why some people are susceptible to eczema, but it is possible that genetic factors play a role. It may also be caused by an allergy. Eczema often co-exists with other conditions such as hay fever or asthma. Sometimes eczema can compromise the skin so much that the skin can become infected. These infections are usually due to bacteria (but can be caused by viruses). Infected eczema can become oozy and sore. Patients with infected eczema can occasionally get a fever and become very unwell. To prevent this from happening, it is important to manage eczema properly. The two most common treatments for eczema are emollients (a bit like moisturisers) and topical steroids (which are applied to the skin). Emollients are very important in the management of eczema. I tell all my patients who suffer from eczema to put them on as often as possible during flare-ups or otherwise. This may be up to four times a day. Emollients are safe, they improve the integrity of the skin and help to prevent dryness and cracking. It is important that eczema sufferers use them even if the skin is looking healthy. Topical steroids are mostly used during flare-ups. It is important to try to limit steroid use. Indeed, there are different strengths of steroids available, and your doctor will tell you which is best for your skin. Talk to your doctor about when and how to use these, and use them only as prescribed.



**Kumeu Chiropractic**  
adjust • adapt • thrive

Dr. Chris McMaster • Dr. Nolene McMaster • Dr. Daniel ter Braak

**412 5536**  
[www.kumeuchiropractic.co.nz](http://www.kumeuchiropractic.co.nz)  
8 Shamrock Drive, Kumeu



**Gillian Wiltshire D.O.**

Registered Osteopath  
ACC Accredited

36 Sunny Crescent  
Kumeu  
Auckland 0810  
Ph/Fax (09) 412 5977  
0212330413  
[gill.wiltshire@gmail.com](mailto:gill.wiltshire@gmail.com)

Side effects can include thinning of the skin. There are other treatments available for more severe cases, and your doctor will decide whether referral to a specialist for further treatment is necessary. Another thing to remember about eczema is that soaps and shower gels can often make it worse because they dry the skin. There are creams available which can be used as soap substitutes and can be prescribed by your doctor. It takes a bit of time and effort, but proper management of this skin condition can have good results, prevent the discomfort of itchy skin, and prevent infections. Dr Isabelle Duck is a GP and Urgent Care doctor at Westgate Medical Centre.

## ARE YOU AS TANNED AS YOU'D LIKE TO BE?

Getting a professional spray tan at Oh So Beautiful will have you looking bronzed and (more) beautiful for summer. Lasting up to a week, the 'Naked Tan' range will have you beach ready sooner than you can say 'sunshine' and is perfect for work Christmas parties or any upcoming weddings or outdoor events. Your natural looking tan will be dry in two-minutes and fully developed in two hours. Boost your confidence with a spray tan at Oh So Beautiful at great prices. Get your arms or legs done for \$18 or your full body for \$41 in just 15 minutes! Don't risk doing it yourself this summer, leave the house with a smile thanks to a spray tan at Oh So Beautiful.

## 3RD BIRTHDAY \$50 SPECIAL

We are turning 3 in November and to celebrate we are having a great 3rd Birthday Special. From November 14-26 new patients will only pay \$50 for their first two visits. This will save you up \$80. During the first visit, we discuss and assess any specific issues you may have, we then do any appropriate adjustments. On the second visit, which we call the 'report of findings', we will go through the findings from the initial visit, discuss treatment options with you and again do any appropriate adjustments. Since it is our birthday, we will also be giving away some great prizes. Keep an eye out on our website and Facebook page or

DT

DENTURE CLINIC  
DENTURE SERVICES AND REPAIRS

# Christmas Special

15% off your denture needs\*



We offer full dentures, partial dentures,  
same day relines, repairs & tooth additions

Call for a FREE consultation

\* Quote booking code XMAS01, valid until end December 2016

P: (09) 416 5072

67 Brigham Creek Road,  
Whenuapai  
W: [www.dtdentureclinic.co.nz](http://www.dtdentureclinic.co.nz)

Made in NZ with imported materials

call on 09 413 5312 for more details. [www.elevatechiropractic.co.nz](http://www.elevatechiropractic.co.nz), [www.facebook.com/elevatechiropractic](https://www.facebook.com/elevatechiropractic).

## BE SURE NOT TO FIZZLE WHEN THE SUMMER STARTS TO SIZZLE

With the winter months behind us and Santa only 12 weeks away we're on the home stretch to summer - Hooray! The pohutukawas will be blooming and we kiwi's will be off to our baches in the boon-docks, flaunting our jandal strap tan lines and throwing bangers on the barbie in no time. So don't forget to slip, slop, slap and wrap folks, all of our new season sunnies meet the necessary UVA and UVB standards, are prescriptable and now in store. With brands like William Morris, Elle, Kate Sylvester, Adidas and Espirit, there's a style to suit everybody. Come have a squizz.. Phone: 09 831 0202 or visit [www.westopt.nz](http://www.westopt.nz). Facebook: [www.facebook.com/westgateoptometrists](https://www.facebook.com/westgateoptometrists).



## THE HELENSVILLE RUGBY CLUB

The Helensville Rugby Club has recently taken over the management of the Thai Kickboxing Gym, located in the southern end of the clubrooms at 162 Awaroa Road. The club has purchased all the boxing and kick bags, gloves, pads, medicine balls, skipping ropes and the interlocking soft rubber flooring. Whilst the club is keen to keep the kickboxing going, instructors are needed. The club is also looking for fitness trainers who are interested in running training sessions for groups of participants. We have divided each day of the week into 1.5 hours sessions, says club treasurer Rex Keane and we would hire the facilities for \$40 per 1.5 hour session and are willing to negotiate rates for 3 or more sessions per week and for new start-up trainers or off-peak hours. The facilities include a high ceiling roof, soft rubber flooring, light and airy, 13m by 13m clear span room with a great rural outlook, stereo music, toilets and showers for men and ladies. The facilities are ideal for aerobics, step classes, Pilates, yoga, Zumba, boot camps, Crossfit, "abs, butts n thighs" and the high ceiling would also accommodate pole-dancing. The club currently has bookings for Box-fit classes during the day and expanding into evening sessions, but is looking for instructors to run other sessions, who would pay the hire fee to the club and collect all the class fees from the participants for their own business purposes. The club is also looking for a Touch Rugby co-ordinator for its Wednesday competition,



\$10 OFF  
your first  
massage



top notch

MASSAGE THERAPY

Massey & Hobsonville  
[www.topnotchmassage.co.nz](http://www.topnotchmassage.co.nz)

which is a paid position that might suit someone with fitness classes. The club is moving away from the traditional funding through the bar and would like to see people of all ages, from kids to oldies using these community facilities for better health and wellbeing. For more information email; secretary.hdrfc@gmail.com or phone Rex Keane 027 293 2768.

## SORE BACK? THE PROBLEM MAY BE HIDING IN YOUR FOOT!

My beloved osteopathic tutor used to say "your neck starts from your feet". What he meant was sometimes a flat foot, stiff ankle or a short leg may cause mechanical derangement along the joints and muscles all the way up to your skull! You might be getting chronic headaches without ever suspecting that to fix them radically you need an arch support in your shoe, rather than popping Panadol time after time. What if your feet became stiff, your big toe arthritic? That too can start restricting the movement in the foot and ankle leading to knee, hip or low back issues. To diagnose mechanical dysfunctions one needs sound knowledge of anatomy, physiology and practical experience in treating such conditions. Osteopaths are trained to do exactly that. Make an appointment to see Ilya or Nataliya at Family Osteopathic Clinic, 39 Hobsonville Rd. See if they can make your life more comfortable. [www.familyosteo.com](http://www.familyosteo.com). Phone 09 416 0097.

## CHRISTMAS AGAIN

Hobsonville Optometrists - Glasses and Gifts is ready to help you with gorgeous, unusual decorations and excitingly different gifts catering for every gender, age, budget and taste. The Early Bird, 413A Hobsonville Road, Hobsonville. Open Monday - Friday 9am - 5.30pm and Saturdays.

## HAPPY HOLIDAYS FROM THE TEAM AT WESTGATE MEDICAL CENTRE

The end of the year is coming and with it the "silly season". Protect yourself and your loved ones with some simple, sensible tips. Alcohol and driving never mix. Food safety becomes more important as the weather warms up - remember to cook, cover, chill to minimise your risk of food poisoning. Every year we see lots of sunburn and insect bites - using sunscreen, covering up, staying out of the sun between 11 and 3, and insect repellent will all help to keep you enjoying your holidays. If you are heading overseas we can help with your travel vaccines, please contact the nursing team for details. Westgate Medical Centre will be open every day, 8am - 8pm, over the holiday period - except Christmas Day. White Cross on Lincoln Road will be covering for us on Christmas Day.

## LOW BACK PAIN

Low back pain is a common condition that affects 80% of people at some time in their lives. This means that you are highly likely to have an episode of low back pain at some stage in your life. Low back pain is also a condition that we call episodic - meaning it can come and go throughout your life. We also know that only 1% of low back pain is caused by serious pathology, so although painful and often debilitating, most episodes of low back pain will usually settle over time with the correct treatment and advice. At Shamrock Physio Kumeu we will thoroughly assess your pain and discuss and implement an appropriate treatment plan for you. We will treat your condition as well as provide self-management information and advice on how to prevent recurrence of your symptoms. Call us on 09 412 2945 or check out our website [www.shamrockphysio.co.nz](http://www.shamrockphysio.co.nz).

**KUMEU GYM**  
GET FIT IN YOUR COMMUNITY

- Fully Equipped Gym
- Designated Cardio Area
- Group Fitness Classes
- Supervised Training
- Personal Training
- Indoor Netball Leagues Four Nights a Week
- Pita Pit Onsite

Providing fitness in Kumeu for 30 years

Ph. 412 8932 | [www.kumeugym.co.nz](http://www.kumeugym.co.nz)

# AREA COLUMNISTS

## GET A WEBSITE GOING BEFORE CHRISTMAS

Are you just starting out in business or need a way to get your organisation online? More importantly do you want to have your website up and going before Christmas? Utopia's Basic website package is for you. This package gives you a single rolling page with sections for information about your business. The page has

different sections which can include things like; What you do, How to contact you, Product or service pricing, Suppliers and partners, Testimonials, Location map and Links to social media. The website will be matched to your logo and colours and will be fully responsive across mobile phones, tablets and desktop computers. The process of designing and creating your site takes 7-10 days and is priced at \$700. Don't forget to look at the options for marketing your website with things like newsletters and social media profiles. You may also want to sell products online, in which case you should look at our ecommerce solutions. Here at Utopia we love this sort of stuff and can give you a free quote. Contact us now on 09 412 2473, michael@utopia.co.nz or view the package at [www.utopia.co.nz/basic-website](http://www.utopia.co.nz/basic-website). We are based in Kumeu and provide website design, consultan-




**From Accounts Payable, Payroll through to End of Year Financials and Personal Tax Returns**

**COMPETITIVE RATES**  
Xero & MYOB Setup, Training & Support  
No project too big or too small

CALL MICHELLE: 021 669 560 or  
e: [michelle@raunerservices.co.nz](mailto:michelle@raunerservices.co.nz)

**RAUNER ACCOUNTING and BOOK KEEPING**



cy and app development to a range of businesses all over New Zealand.

## SMALL BUSINESS TIPS: XERO ACCOUNTING SOFTWARE

The number of UHY Haines Norton clients using Xero has been growing steadily, and we are excited to announce that we are now a Gold-status registered Xero partner. We have several accountants who are Xero specialists, working closely with clients to help them get started and get the most out of using the accounting software. We know all of the tools, shortcuts and add-ons that make Xero so invaluable to small businesses. With Xero your office can be anywhere – login anytime on your PC, Mac, mobile or tablet. The mobile app allows you to reconcile, send invoices, add receipts and create expense claims on your iPhone, iPad or Android smartphone – so you can continue to manage your business while you're on the move.

Your local Xero experts UHY Haines Norton are located at 329A Main Road, Kumeu. If you have any accounting, tax or business finance enquiries please phone them on 09 412 9853 or email [kumeu@uhyhn.co.nz](mailto:kumeu@uhyhn.co.nz).

## THE TRAVEL BROKER

Tanya Franklin, The Travel Broker would like to offer you some amazing Avalon Waterways River Cruises.

Always wanted to explore the enchanted castles & medieval villages of Europe? River Cruising transports you at just the right pace, your Avalon ship will deliver you there, in the heart of it all, after unpacking just the once, your cabin will be your home for the duration of the cruise while you enjoy exploring Europe, with enriching onboard experiences, included on shore excursions, mouth watering cuisine onboard with local wines & beers, and unmatched service.

Avalon have some amazing deals for 2016 cruises yet to sail this year (the special Christmas Market cruises are exceptional - be in quick as they fill the last cabins), and they have a great Early-bird Airfare Credit offer for 2017 cruises.

Europe 2016 - Save up to \$3,740 per couple on select 2016 Avalon Europe River Cruises that are yet to sail in 2016. South East Asia 2016 - Save up to \$3,750 per couple on select 2016 Avalon Irrawady River Cruises that are yet to sail in 2016.

Europe 2017 - Book ANY 2017 Avalon Europe River Cruise and Save up to \$2,500 per couple Airfare credit to put towards any airfare of your choice, on any airline, and in any class. Full payment required for Air Credit to apply.

South East Asia 2017 - Book any 2017 Avalon Europe River Cruise and Save up to \$3,000 per couple on select 2017 Avalon Mekong and Irrawady River Cruises. Combinable with Journey's

## The Travel Brokers

*'Your personal travel professional'*

**Tanya Franklin**  
Travel Broker



Tel DDI: 64 9 411 9105 Mobile: 021 254 9169

Email: [tanya@thetravelbrokers.co.nz](mailto:tanya@thetravelbrokers.co.nz)

[www.thetravelbrokers.co.nz/tanyafranklin](http://www.thetravelbrokers.co.nz/tanyafranklin)  
Waimauku, Auckland 0881, New Zealand

A member of helloworld Limited





Club repeat traveller discount with Avalon, Globus, Cosmos & Monograms. Note that if you are looking to cruise on your own – Avalon offer a special of no single supplement on selected 2016 & 2017 Avalon Europe & South East Asia departures (conditions apply). 2016 cruises are subject to last cabin availability. 2017 cruises are to be booked by 30 November to take advantage of these savings.

New Avalon River Cruise for 2017: Active Discovery on the Danube, from Linz to Budapest. Bike, Hike, Cook & learn your way through Europe. 9 days river cruising, including all meals, local wines & beers at meals times, shore excursions with local guides, onboard activities, wifi, and so much more. From NZD \$5,536 per person share twin Category E, based on 08 July 2017 departure.

Book by 30 November and save NZD \$1,800 per couple towards your airfares. I look forward to helping you plan your next trip away. Contact: Tanya Franklin, your local Travel Broker 09 411 9105, or 021 254 9169, or email: tanya@ttb.co.nz.

Make an appointment to see me in my home office in Waimauku to chat about your next holiday. See: [www.thetravelbrokers.co.nz/tanyafranklin](http://www.thetravelbrokers.co.nz/tanyafranklin).

## HAVE YOU GOT YOUR BEST LIFE?

Big question. Most would probably agree it's a work in progress. Who do we know that are truly satisfied with their lot in life – their bodies, their financial situation, their careers, their relationships? The philosophers among us reason their way to understanding that when we are on our death bed we won't be thinking about our money or our jobs and that finding joy and gratitude in any moment is where it's at.

But death has not come yet and living 'your best life' is truly a worthy intention. It requires growth. You're either growing or your dying. To love ourselves unconditionally is to know how worthy we are of abundance. Intention is the foundation of anything wonderful. Getting the balance between having intentions and loving ourselves and being in the present moment, is a tricky one! I recently went to see Ben Warren speak, an amazing nutritionist who founded Be Pure. He believes that every single one of us deserves a body that functions at the highest it can. And that a lot of us are putting up with not 100%, and we don't have to. And I think the same about life. Every single one of us deserves to have the different aspects of our lives ticking away nicely but yet sometimes we put up with not quite OK. If we truly understood that we are in charge would we let this happen? Yes, life will throw us a curve ball every now and then (welcome to earth) but for the most part we are utterly worthy of having things the way we want them – and the journey is an inner one.

MIND SHIFT. We have all heard before that we can choose our thoughts. In any given moment we can choose our reaction to

life – But I think until we are actually doing it, we don't really understand this concept. If we truly understood that we are creating our lives with our thinking, then we probably wouldn't miss a day. Until we are pulling ourselves up on every thought that doesn't serve us, we still have stuff to learn (I'm still learning)! When clients come and see me, it's not until we reach the 2nd part of the session that a person can really see where and how they are affirming exactly what they don't want. When you really see 'who' you were being before, the thinking you don't want becomes very clear. We usually don't see 'who' we are being as it's so habitual and normal it hides from us. When we start thinking equal to that which we want, then look out – because life wants to love you and you've now started opening the flood gates.

The easiest way I know to create change and new stuff is to visualise it. The many shifts that clients and I myself have made bring a smile to my face. Some things I visualised for weeks then forgot about only to realise 8 months later that I now am the very thing I wished to be. For life to change there has to be physical changes and action required – but action is so much easier and usually happens organically when you get your mind on your side and working for you.

To make a change in how our body looks for example we have to 'be' and 'do' differently to yesterday. We may have beliefs and past experiences that have led to our body being the way it is but can you stay connected with intention so much that other influences don't matter? Old beliefs from our past can hide away on many different levels of our being and repeatedly thinking something new can be the beginning of releasing them. We have to think bigger and act bigger than our usual selves. The habitual scone at 10am, the habitual wine the habitual cheese and crackers and habitual over-sleeping is just A BIG HABIT. Not taking action on that business idea is just a BIG HABIT. Your body and mind wants what it's always known, it wants its habitual self and will usually do what it needs to keep it. If we are not confident in ourselves your body knows this way of being extremely well. Your body enjoys its familiar chemical reactions to your usual self-critical thinking. You have been being it forever. Your body is obedient and when you try and do

## VODANOVICH LAW

SALES & PURCHASE OF REAL ESTATE

RELATIONSHIP PROPERTY | BUSINESS STRUCTURES

POWERS OF ATTORNEY | WILLS & TRUSTS

COMPANY & EMPLOYMENT LAW

PLEASE CONTACT IVAN

ivan@vlaw.co.nz 09 412 8000  
4a Shamrock Drive Kumeu, Auckland

## OPEN NOW!



## VISIT OUR NEW WESTGATE STORE.

**forest**  
FURNITURE

Shop D9, Lifestyle Centre, Westgate  
Phone 09 216 7674 [www.forestfurniture.co.nz](http://www.forestfurniture.co.nz)

something differently it lets you know about it! It doesn't 'feel' right, it will tell you you're tired, it will think up other very important things to do, it will say you don't have time or you will do it tomorrow. Unless you make a conscious effort to change your thoughts then whoever we have been being for the last year will just hang around.

Let changing your thoughts be the first thing you do. Let the new play out in your head. Set clear intentions. Be specific. Aim high (the old you aimed at average). You have got this! Get a pen and paper out. On one side of the paper write down the areas of life you want to see growth in. On the other side, write down what you want that area to look like. Write from your heart, not what you think will impress others. What do you truly want? What does your best life look like? Your own pre-set rules on life will be your only challenge here. Try to think outside your usual safe box! For a session call Anna 021 555 658 or email [anna@thinkyourbest.co.nz](mailto:anna@thinkyourbest.co.nz) or visit [www.thinkyourbest.co.nz](http://www.thinkyourbest.co.nz).

## WEDDING GOWN STYLE

Choosing the right wedding gown for your big day can be a difficult decision. Let Andrea apply her experience to help you find the perfect dress. Her specialist knowledge and one-to-one personalised service will make finding your perfect dress easy and enjoyable so that you can look great, feel fabulous, and be completely confident when you step through the door of the wedding



venue.

At Fancy Frocks showroom in Beach Haven on the North Shore, Andrea has a large collection of beautiful wedding gowns for hire and for sale, along with bridesmaids' dresses, flower girl frocks and pageboy suits. Whether you're looking for a stunning designer piece or a gorgeous fashion gown, Andrea can help you find the perfect dress to reflect your personal style and capture your individual beauty, at a price you can afford. She also has one of Auckland's biggest collections of pre-loved wedding gowns for sale. At Fancy Frocks you'll find your dream gown for your special day – be it formal, casual or something in between. Contact Andrea today on 021 129 8537 or [andrea@fancyfrocks.co.nz](mailto:andrea@fancyfrocks.co.nz) to book your free appointment. Visit [www.fancyfrocks.co.nz](http://www.fancyfrocks.co.nz) or [www.facebook.com/FancyFrocksNZ](http://www.facebook.com/FancyFrocksNZ). Photocredit for Wedding dress is Sagelimages.

## JOIN THE HOSPICE WEST AUCKLAND VOLUNTEER CREW AND MAKE YOUR SPARE TIME MEANINGFUL

It may be no surprise to hear that New Zealand was ranked as the third most charitable country in 2015's World Giving Index, which shows 45% of New Zealanders volunteering time. It's part of who Kiwis are. You probably know people who volunteer – you may volunteer yourself. If you're looking for a rewarding role as a volunteer, Hospice West Auckland is always on the lookout for passionate and energetic people to help. Vol-



Previously  
United Travel

## YOU Travel Westgate

We have an amazing team including our new manager Paula Ayris-Webster who has years of experience in the travel industry, with a number of awards under her belt along with vast travel experience.

Whether you're looking at the latest and greatest deals on flights, accommodation, car rental, tours, ocean or river cruising, travel insurance, rail passes, tailor made tours, foreign currency, airport transfers, group tours, cash passports or even passport renewal forms, it would be our pleasure to help you with your travels.

+

### FREE Emperor Lounge Pass

All bookings made and deposits received before 31 Dec '16 for travel up until 30 Sep '17- we'll shout you an Emperor Lounge pass at Auckland Airport before your flight. Relax and enjoy the luxurious atmosphere with a few drinks and a meals on us! (Valid for packages over \$1,500pp)



See us instore today **09 831 0018**  
18 Westgate Drive, Westgate

Our opening hours are Monday to Friday 9am – 5pm, but we're more than happy to accommodate any other times after hours or during weekends by appointment.

Located on Westgate Drive, there's ample parking out front and friendly, professional, knowledgeable customer service waiting for you to help plan your dream holiday.



unteers are part of the fabric of our organisation and we love the energy, passion and commitment they bring. Our volunteers work in range of varied roles, from patient companions to life review writers to collecting goods for our retail stores to working alongside our retail teams in our stores, and many other roles in between. We welcome people with specific skills to join us – please let us know how you can help. Our volunteers love the camaraderie they enjoy with our staff and fellow volunteers, and knowing their time is being put to such valuable use. If you'd like to put your spare time to good, or know someone who'd like to, register your interest via our website <http://hwa.org.nz/get-involved/registration> or get in touch with our Volunteer Services Manager Sarah Jeffs on 09 869 2346 or via email at [onVolunteerServices@hwa.org.nz](mailto:onVolunteerServices@hwa.org.nz).

## GETTING BACK TO BASICS – GROWING VEGETABLES

At Country Bears we are very fortunate to have space, so gardening and growing of vegetables, flowers and herbs are a very popular activity for our children. Ask a child where potatoes come from, and their response might possibly be “the supermarket”. As each generation passes by, it appears that life is getting busier, so convenient, quick access to food becomes the norm.



Using a bag made from recycled milk bottles (see photo below) and our numerous gardens around the centre, we are teaching the children how to grow, maintain and watch the growth of our gardens. Potatoes were recently planted in the recycled

bag, which has a window flap at the bottom so the children can see the roots grow as well. Throughout this experience, the children were using mathematics, science, communication, numeracy and information, problem-solving, social, co-operative and physical skills. We had to measure the right amount of dirt to plant the potatoes in, and then measure again the amount of soil to cover. The children took turns with their peers, followed instructions from the teachers, and used their whole bodies to dig and transport the heavy soil into the bag and gardens. We have been watching the sprouts appear and measuring their growth, and waiting patiently until the time is right for us to dig them up.

Our on-site cook, alongside the children, will wash and prepare them, and we cannot wait to eat them! I wonder what the children will want to make with the potatoes – mashed, whole, baked or maybe just plain old fashioned chips?

If you would like to visit our wonderful Centre, designed to provide the children space and time to develop at their own individual pace, give us a call on 09 412 8055 to arrange a suitable time. In the meantime, check out our Facebook page: [www.facebook.com/cbearsecc](http://www.facebook.com/cbearsecc).

## ONLINE PURCHASES AND SHIPPING

It's crazy to think but we are already just 2 months from December and Christmas.

Buying online is a great way to get some great deals and also knock off your Christmas shopping without the crowds in the malls.

There are a few things to consider to make online shopping a little safer so here is some handy tips Shipping is expensive especially when you live in a rural location – not only that but it is slower What is common practice is that the rural postie signs



Remember adventuring everyday in a diverse natural environment, immersed in nature, playing confidently amongst the trees, paddocks, vege gardens & treehuts?  
*...It IS all still possible for your child at Country Bears*  
 Join us in providing the best wholesome beginning for your child



**COUNTRY BEARS**  
 Est. 1993  
 Early Childhood Centre

Locally owned and operated with 20+ Years experience

Contact Angela: 09 4128055  
[www.countrybears.co.nz](http://www.countrybears.co.nz)  
[www.facebook.com/cbearsecc](http://www.facebook.com/cbearsecc)









Perfectly located on the best detour route during SH16 peak hours! Nestled amongst the trees at 79 Oraha Road, Kumeu

for your parcel from the main courier and then drops it at your place on their behalf.

Invariably, if you're not home they will just leave the parcel on the deck / front door with no signature needed.

Now here is the worse part – thieves operate in our area all the time but in the next few months they scale up their activity.

They drive round in what can pass as a courier van and follow the rural postie, watching where they deliver parcels and a short while later they steal your online purchase. You won't know for a few days until you try and track it and as far as the courier company is concerned it has been delivered. This could be a valuable item money wise or more importantly a sentimental item that you can't put a dollar value on – either way you might get your money back from the courier company but you won't always replace what you bought.

Why not think about having our online purchase delivered to work or use the free e-pack service "epickup" just buy online and have the item delivered to e-pack on Shamrock Drive. Once it arrives they will text you and you can swing by and pick it up, they open from 7.30 till 4.00pm Monday to Friday and will arrange out of hours collection in special circumstances. This saves rural courier fees and delivery time and more importantly your purchase will be safe.

For more information visit [www.e-pack.co.nz](http://www.e-pack.co.nz) or call Kathy or Mike on 09 412 7018. Safe shopping & safe shipping!

## LOCAL GOVERNMENT REFORM FOR AUCKLAND COUNCIL

The Local Government Commission met in Kumeu to discuss

with local representatives the proposed breakaway applications made by the Northern Action Group (NAG) and Waiheke Island submitters. Those two applications had to be advertised as directed by the High Court, so that other Auckland Council ratepayers could comment on the proposals. Both applications sought self-governance on North Rodney and Waiheke respectively.

The Kumeu-Huapai Residents and Ratepayers Association made a submission on the NAG proposal but made no reference to Waiheke. Our association made an alternative proposal to the NAG one. In essence, the area proposed by NAG sought total autonomy from the Auckland Council to form a stand-alone council from north of the Makarau River across to Waiwera and all land to the Kaipara District Council area in the north.

This would mean a new area of local government centred on Warkworth. What that would do for South Rodney and the wider Kumeu-Huapai, Waimauku, Riverhead and Coatesville area is what we were concerned about. If NAG is successful, the southern area (Kumeu) could be forced into the Massey-Henderson area, because of the size of the area left in South Rodney.

The association looked carefully at what would be acceptable to the district. The problem of a spread out Rodney Local Board area with serious growth nodes at Warkworth and Kumeu, with an hour's travel time between each centre, will result in a split board area. Each area will be competing for funds and with no central area for administration. The association has promoted a twin board concept, one based on Kumeu and the second centred on Warkworth. The members would be reduced to 5-6 members for each board. We have suggested that, as each area has different demographics and needs, that an Auckland councillor be appointed for each area.

At the public meeting, commission chairman Sir Wira Gardiner asked if he could attend a further meeting in Kumeu to listen to



**HURRY! Only 31 INSTALLATIONS before CHRISTMAS.**  
Book your awning this month, mention this AD and receive a **FREE PELMET COVER** worth up to \$500.00. Conditions apply

**SPRING INTO ACTION**



Don't wait until it's too late. Get your summer SHADE PROTECTION sorted NOW with a Total Cover Shade and Shelter solution.

**Live-Life-Outside** 0800 100 019 or 09 444 0019

**totalcover**  
superior awnings and shade

[info@totalcover.co.nz](mailto:info@totalcover.co.nz) - [www.totalcover.co.nz](http://www.totalcover.co.nz)

residents' concerns. That meeting is at the Kumeu Community Centre on November 2 at 7pm. The formal submission process closes on November 11.

Please attend the additional meeting and advise the independent commissioners what concerns you.

Pete Sinton, chairman. Kumeu-Huapai Residents & Ratepayers Association Inc.

## \$75 = EXPOSURE FOR A MONTH

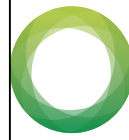
Budgets are tight and advertising is often expensive, but it's nice to know that someone is making it easy and cost effective. For \$75 plus GST you can be exposed to over 22,000 locals for a whole month. That is only \$2.50 a day. For more information email our editor at sarabrightwell022@gmail.com.

## KUMEU LIBRARY

Of all the many cards we carry around in our wallets these days, an Auckland Libraries card is one of the most useful. Free membership at Auckland Libraries is one of the great privileges of living in Auckland City, and anyone who lives in Auckland can join the library. Your library card allows you to borrow up to 35 books, magazines, audiobooks, documentary DVDs, graphic novels for free from any one of our 55 libraries across the city (other items such as music CDs and movies/TV series DVDs have a small rental charge). Using your library card number and PIN you can access our catalogue from home at any time of day or night, search for items and place a request for an item to be sent to your home library for pick-up. You can borrow items from one library and return them to another, free of charge. We have collections for children, teens and adults, so the whole family will find something of interest at the library.

Your library card also allows you to access our collection of eBooks, eAudiobooks and eMagazines. Read or listen to thousands of titles on your mobile device or eReader. Our ever-expanding range of titles is free for all Auckland Libraries members and, best of all, there are no late fees on digital items! We've got something for everyone - from popular fiction and international bestsellers to New Zealand fiction, kids' books, travel guides, cookbooks, language titles and study guides. And through the Digital Library, you can also search article databases, online newspapers, reference books, encyclopaedias, online exhibitions, photographic collections, music, and historic newspaper archives. You can access all these digital items free of charge. Even if you are not a library member, you can still access free WIFI at the library, either using the public computers or bring your own device.

If you don't already have a library card, membership is free for all Auckland residents or ratepayers. To join the library, come and see us at Kumeu Library, or you can join online through our



## Henderson Reeves

creating smart legal solutions

P 09 281 3723 F 09 438 6420

E auckland@hendersonreeves.co.nz

PO Box 217, Waimauku 0881

www.hendersonreevesauckland.co.nz

## THE BODY CLINIC

K U M E U

OSTEOPATHY AND MASSAGE THERAPY



PHONE: 09 3 203 803

WWW.THEBODYCLINIC.CO.NZ

EMAIL: INFO@THEBODYCLINIC.CO.NZ

ADDRESS: 250B MAIN ROAD, KUMEU



Grant Castle



P (09) 412 8239  
M 027 299 7054

106 Main Road, Kumeu

E castlepanelbeating@orcon.net.nz

## THE GALLERY

Cafe & Japanese Restaurant

Dine in & Takeaway

(10 free dumplings when you spend over \$40)



Tues & Sun: 8:30-5pm

Wed-Sat: 8:30-8:30pm

09 4128983 | 329a Main Rd, Huapai

www.facebook.com/thegalleryjapaneseandcafe

**UHY Haines Norton**  
Chartered Accountants

### Local Accounting Experts You Can Rely On

- > Accounting and Taxation
- > Farm Accounting
- > Succession Planning
- > Property Investment
- > Audit and Fraud Prevention
- > Business Valuations
- > Business Planning and Development



**UHY Haines Norton (Auckland) Limited** w: www.uhyhn.co.nz  
329A Main Road, Kumeu t: (09) 412-9853 e: kumeu@uhyhn.co.nz

website, [www.aucklandlibraries.govt.nz/EN/About/jointhelibrary/Pages/joiningthelibrary.aspx](http://www.aucklandlibraries.govt.nz/EN/About/jointhelibrary/Pages/joiningthelibrary.aspx), then come to the library with your ID and proof of address and we will issue your card. To keep up with news and events at Kumeu Library, follow us on Facebook at [www.facebook.com/kumeulibrary](http://www.facebook.com/kumeulibrary).

## CHRISTMAS BOOK FAIR

If you enjoy reading during the summer holidays then you can grab a few bargains at the Christmas Book Fair in Helensville later this month.

The Lions Club of Helensville is again holding its popular fair on Saturday November 26 from 9am to 4pm and Sunday November 27 from 10am to 3pm in the Helensville War Memorial Hall.



This follows the club's incredibly successful book fair in May where a record \$9400 was raised for use in the local community. A large number of newly donated books have arrived to ensure a new and exciting look to the Christmas Book Fair.

The books cover a wide range of subjects and will be grouped in areas of popular interests and authors.

Non-fiction is split into 20 separate categories, including one dedicated to New Zealand subjects, but that still leaves a large general non-fiction section to browse through.

Fiction is arranged in alphabetical order, with six special interest groups, the largest of which is the now popular fantasy genre.

Paperbacks are \$1, hardbacks \$2 and all children's books are 50c.

A good selection of jigsaws, board games, puzzles, LPs, videos, DVDs, CDs and a selection of quality magazines are included.

All funds raised go into The Lions Club of Helensville Charitable Trust, and used for the benefit of the local community.

Call Chris on 09 420 8527 or Hilty on 09 420 8122 for more.

## WHY MATHS AT PRESCHOOL IS IMPORTANT

Research clearly shows that positive and meaningful early experiences in mathematics are important for future success in education. In fact, studies suggest that acquiring early skills in mathematics is clearly linked to later academic achievement.

Adults that may have struggled with maths or school (or perhaps just plain disliked it!) sometimes think that working with numbers is boring or, at least, not fun, and that pre-schoolers shouldn't be subjected to this form of mild torture. In fact, the opposite is true. Many young children are fascinated by numbers – they know that these digits mean something, and are keen to decode the mystery of how to use numbers to communicate and understand information. Early mathematics is not just addition, and subtraction. It includes looking at patterns, measuring, sorting, locating items, counting, grouping and identifying shapes. These can all be taught through a wide range of activities and play. We have a strong focus on numeracy, and hands-on learning using all of the senses. By making maths fun, children become enthusiastic about numeracy, and in so doing, learn organically about numbers, quantities and much more.

The Education Review Office advise that the best environment for learning is one where there is a balance between activities

## Modern Montessori for 21st century Kiwi Kids

At Kumeu Montessori, our aim is simple...to provide an innovative and modern preschool environment, where learning is irresistible and children flourish.



Our programme is based on your child's individual strengths, needs and interests, enabling them to learn in a style and at a level that is just right for them. Because one size does not fit all.

Combining the best of Montessori tradition with modern learning practices, we will help give your child a flying start, preparing them not just for school....but for life. Our day combines learning, discovery and play - the best of all worlds.

*Ask us about our 2016 pricing specials!*

p 412 9885 | 8 Grivelle Street, Kumeu | [kumeumontessori.co.nz](http://kumeumontessori.co.nz)

 KUMEU  
MONTESSORI  
PRESCHOOL

*Making learning irresistible*

that are teacher initiated and activities that are chosen by the children, but have a clear learning intention.

At Kumeu Montessori Preschool, the environment provides just that – a classroom full of activities for children to freely choose from, according to their own interests and development, and teachers who complement this learning with a wide variety of teacher led group and individual lessons.

Phone 09 412 9885, or visit [www.kumeumontessori.co.nz](http://www.kumeumontessori.co.nz).

## MURIWAI TIDE CHART

Date	High	Low	High	Low	High
Tue 1 Nov	-	05:46	11:46	18:04	23:57
Wed 2 Nov	-	06:20	12:18	18:38	-
Thu 3 Nov	00:29	06:53	12:50	19:12	-
Fri 4 Nov	01:03	07:27	13:25	19:48	-
Sat 5 Nov	01:40	08:04	14:02	20:27	-
Sun 6 Nov	02:21	08:45	14:46	21:13	-
Mon 7 Nov	03:08	09:33	15:37	22:09	-
Tue 8 Nov	04:06	10:31	16:38	23:14	-
Wed 9 Nov	05:13	11:40	17:46	-	-
Thu 10 Nov	-	00:24	06:24	12:52	18:54
Fri 11 Nov	-	01:29	07:32	13:58	19:57
Sat 12 Nov	-	02:30	08:34	14:58	20:56
Sun 13 Nov	-	03:25	09:31	15:53	21:51
Mon 14 Nov	-	04:18	10:24	16:44	22:43
Tue 15 Nov	-	05:07	11:13	17:33	23:32
Wed 16 Nov	-	05:55	12:01	18:21	-
Thu 17 Nov	00:21	06:42	12:48	19:09	-
Fri 18 Nov	01:08	07:29	13:35	19:58	-
Sat 19 Nov	01:57	08:17	14:23	20:48	-
Sun 20 Nov	02:48	09:07	15:16	21:43	-
Mon 21 Nov	03:45	10:02	16:14	22:42	-
Tue 22 Nov	04:47	11:03	17:17	23:44	-
Wed 23 Nov	05:51	-	-	-	-
Thu 24 Nov	-	00:45	06:54	13:11	19:19
Fri 25 Nov	-	01:43	07:52	14:10	20:13
Sat 26 Nov	-	02:36	08:44	15:01	21:02
Sun 27 Nov	-	03:23	09:31	15:47	21:45
Mon 28 Nov	-	04:06	10:12	16:27	22:24
Tue 29 Nov	-	04:45	10:49	17:05	23:00
Wed 30 Nov	-	05:21	11:24	17:42	23:35

Source: LINZ

Daylight Saving: Please note that tide times have been corrected for daylight saving time.

Disclaimer: MetService and LINZ accept no liability for any direct, indirect, consequential or incidental damages that result from any errors in the tide information, whether due to MetService, LINZ or a third party, or that arise from the use, or misuse, of the tide information contained in this website.

### Curry Leaf Indian Restaurant

<p><b>Monday &amp; Tuesday Dinner Special</b></p> <p style="font-size: 24px; color: red; font-weight: bold;">\$12.99</p> <p><b>Dine-in in All Mains</b> <small>(Excludes seafood, Tandoori &amp; Chinese Food)</small></p> <p><b>Free Home Delivery</b> <small>(min order \$40)</small></p> <p><b>7 Nights 4:00 PM to 10:00 PM</b></p> <p style="text-align: center;"><a href="http://www.curryleafindianrestaurants.co.nz">www.curryleafindianrestaurants.co.nz</a></p>	<p style="text-align: center;"><b>BRANCHES:</b></p> <p><b>Kumeu</b> 250B Main Road, Kumeu Ph: 09 412 9218</p> <p><b>Westgate</b> 5/579 Don Buck Road, Massey, Ph: 09 832 0306 <small>(Lunch Open: Thu – Sun)</small></p> <p><b>Helensville</b> 12 Commercial Road Ph: 09 420 9989 <small>(Lunch Open: Wed-Fri)</small></p>
--	--

# Get growing for SUMMER SALADS!



Lettuce 4 pack  
\$5.99 each  
**2 for \$10**



Potted Veges  
10cm  
\$3.49 each  
**5 for \$10**  
save \$7.45



Eggplant, Chilli  
or Capsicum  
Large grades -  
almost ready to eat!  
**2 for \$22**

Tui Vegetable Mix  
40L \$16.99 each  
**2 for \$22**  
save \$11.98



**Plus get a \$10  
Reward with every  
\$100 spend**

Join in store or online today  
at [mypalmersrewards.nz](http://mypalmersrewards.nz)

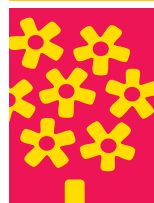
## CAFÉ BOTANNIX

Try our new  
summer menu -  
out now!

Open from 8.30am daily.

Prices valid from 31 October to 13 November

Northside Drive, Westgate. Ph: 09 810 8385  
Mon-Fri: 8.30am - 5.30pm Sat-Sun: 8.00am - 5.30pm



Palmers  
**Planet**  
fresh living

# KUMEU LAUNDROMAT

**OPEN 7 DAYS A WEEK - 24 HOURS A DAY**

- **COMPETITIVE PRICE**
- **SELF SERVICE COIN OPERATED MACHINE**
- **NEW WASHERS & DRYERS**



- **E-2 WASH**
- **CHANGE MACHINE**
- **LAUNDRY POWDER**
- **COLD DRINK & SNACK MACHINE**

**250B/3, MAIN ROAD, KUMEU, NEXT TO CURRY LEAF, KUMEU PH: 021 900 736**

**IT REPAIR CENTER, 250B/1 MAIN ROAD, KUMEU  
(FOR ALL YOUR COMPUTER NEEDS) PH: 09 412 2010**