May 2013

KumeuCourier

free monthly community newsletter for Kumeu & districts

contents



Festivals and celebrations play an important part of our community and our values. Take time to reflect?

Sarah

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Lest we forget - Anzac celebrations



April 25 marks a very special day on the New Zealand calendar. It marks the anniversary of the first major military action fought by Australian and New Zealand forces during the First World War. For one day of the year we gather at the war memorials in our towns to remember the sacrifice of the Anzacs. There aren't any WWI diggers any more, and few WWII servicemen so it's part of the challenge of preserving history. But while there might not be a personal connection with it - it is one of those few days in our calendar that

gives us ceremony, tradition and time for reflection. Look at attendance at dawn services, or even young people travelling to Gallipoli - it's almost become a rite of passage - a pilgrimage. What-ever your view, we trust you took a moment to reflect with your children or grandchildren the contribution and sacrifice that was, and is born by Australia and New Zealand Service personnel.

The "Rural Urban Boundary" question

The Auckland Council 'Unitary Plan' is out as of 15th March 2013 with the submission period closing on the 31st May 2013. This doesn't give long for the public to make comment on the proposal. The Council has done little to make the study of rules and change easy to understand. The 'e plan' version is difficult to follow and with overlays proposed over all zones restriction and control on properties are difficult to clarify. The 'Unitary Plan' by way of an addendum proposes a R.U.B. (Rural Urban Boundary) for the district. In the Norwest area no study has been completed on this boundary. The R.U.B. Proposal sets the out limits for the Residential; Commercial & Industrial land for Kumeu-Huapai & Helensville. There is a proposed extension of the future residential area from Kumeu Village to Puke Road on the ridge line. Also development is extended for the balance of Matua Road to the West of the new zoning of Huapai North. On the North side of Kumeu, the R.U.B. Boundary doesn't extend to include the 'Countryside Living' area despite the fact that water supply and sewerage reticulation are close by and the land is settled with large homes. ...cont pg 6

Alpaca's proving popular in district



Owning a few pet alpacas on a rural block is becoming increasingly popular. These gentle, intelligent, easy-care companion animals provide endless family enjoyment. Come visit us on Alpaca Open Day for a no-obligation look at what we have to offer. You'll see Suri and Huacaya in a range colours; you'll get to know some of our alpacas by name, and we'll be happy to answer your questions about these beautiful and fascinating animals. Get up close and personal and find out about each alpaca's individual personality.

....cont page 16



In an emergency dial 111

Smoke alarms save another life

Recently in the Riverhead area there has been a devastating property fire. Thankfully no one was hurt due to the owners diligence of installing an alarm system that included a smoke alarm which saved lives. The smoke alarm itself was in a hallway protecting the escape route from the property in the event of a fire, it did what it was meant to do, and it did it well. A point was raised by a learned colleague and debated, would the situation and speed of alert been different at night. The fire, reaching great temperatures in the ceiling above sleeping occupants could have had a different outcome should they have not been immediately alerted to the hallway alarm. If the budget of a family household will only cater for one smoke alarm then protecting your exits in a place where you can be raised from slumber is the best place. Should the budget extend further then additional smoke alarms in the bedroom is a serious consideration. Ian Wakeley, Fire Risk Management Officer. On another note, before you light a fire check what the fire restriction in Auckland is by phoning 09 3010101. It only takes a minute to make the call rather than several hours to put out your fire. If you intend lighting a vegetation fire pile, be sure to cover with a tarpaulin for two—four weeks before you light it up to ensure it is dead and dry. For those of you that have resisted the urge to light up, we would like to say a big thank you for being safe and considerate.

A continued interest in the outdoors



At Nature's Explorers kindergarten we give children the opportunity to investigate their environment through a variety of experiences. Today we had new scarves and a selection of materials given to us, the children used these to explore and experiment with as they wished. The teachers were asked to put on some of their favourite music (the children currently listen to a range of music from Mozart to Gangnam style) and the children moved with the scarves creatively around our kindergarten. Through music children have the opportunity to develop sensory motor skills such as body awareness, co-ordination and controlled movement. For further information contact Nature's Explorers on 09 412 8800



www.naturesexplorers.co.nz

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Real Estate recent sales review

http://www.localist.co.nz/l/55050/reviews

ADDRESS	CV	LAND AREA	FLOOR AREA	SALE PRICE
Riverhead Screen Road	\$1,225,000	4.2366HA	96M2	\$ 795,000
Princes Street	\$1,225,000	4.2300NA 6072M2	130M2	
Edward Street		908M2	150M2	\$ 1,275,000
	\$405,000	1003M2	150M2	\$ 525,000
Kaipara Portage Rd	\$485,000	10031012	TOUNZ	\$ 645,000
Huapai Trigg Dood	¢44E 000	2698M2	340M2	¢ 7/0 000
Trigg Road	\$465,000			\$ 760,000
Trigg Road	\$500,000	2364M2	117M2	\$ 700,000
Access Road	\$710,000	1323M2	253M2	\$ 663,000
Trigg Road	\$415,000	1220M2	95M2	\$ 505,000
Waimauku	#740.000	010/110	004140	A 050 000
Hamilton Road	\$710,000	2106M2	284M2	\$ 850,000
SH16	\$735,000	13346M2	160M2	\$ 730,000
School Road	\$570,000	5343M2	290M2	\$ 835.000
SH16 16	\$690.000	10568M2	190M2	\$ 751,000
Muriwai				
Domain Crescent	\$355,000	1012M2	-	\$ 285,000
Oaia Road	\$690,000	1289M2	135M2	\$ 651,000
Motutara Road	\$610,000	2159m2	172M2	\$ 738,000
Motutara Road	\$420,000	1671M2	60M2	\$ 375,000
Waitakere				
Amreins Road	\$780,000	4.0544HA	220M2	\$ 863,000
Duffy Road	\$690,000	10017M2	260M2	\$ 350,000
Northfield Road	\$385,000	832M2	115M2	\$ 460,000
Waitakere Road	\$410,000	847M2	130M2	\$ 431,000
Duffy Road	\$770,000	2992M2	404M2	\$ 855,000
Whenuapai				
Waimarie Road	\$490,000	1007m2	145m2	\$ 557,000
Karaka Road	\$480,000	809M2	148M2	\$ 503,500
Waimarie Road	\$850,000	4806M2	-	\$ 865,000
Fred Taylor Drive	\$390,000	1017M2	-	\$ 350,000
Punga Road	\$560,000	1414M2	195M2	\$ 811,000
Kauri Road	\$890,000	6475M2	100M2	\$ 870,000
Herald Island				
Duncan Rise	\$650,000	840M2	145M2	\$ 635,000
The Terrace	\$620,000	850M2	130M2	\$ 682,000





"We provide statistical data free from cost to purchasers and sellers wanting more information to make a decision. Phone us today for a free summary of a property and the surrounding sales.

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"Always here to help"

Money Matters

How do you get your home loan approved? Here are the key points to maximize your borrowing capacity and to obtain that vital "yes" from the bank.

- Employment stability at least 6 months in the same role (ideally 12)
- Income versus outgoings you need to have a decent monthly cash surplus
- Clean credit history
- Proven ability to save this can be in various ways ie. Kiwisaver, debt reduction or genuine savings
- Reduce/repay your short-term debt. Note that banks look at your credit card limit not your balance, so ifyou don't use it reduce it!

As you can see there's plenty to consider. We can assist you to put your home loan application together that will greatly enhance the possibility of a positive outcome, so call us – we're free and there's no obligation.

Phone 09 4119251 / 027 4119255 or david@davidlloydmortgages.co.nz



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Henderson 09 835 3557 www.davisfunerals.co.nz

Beat the winter blues - cold is coming

We are a well established Heat Pump/Air Conditioning Company, and have just moved from Albany to our home town of Kumeu. We offer heating and cooling solutions personally developed for your home using Fujitsu, Mitsubishi and Panasonic brands. With winter approaching now is a good time to arrange a no obligation free quote and advice from our friendly and experienced sales team who will help you create a warmer, healthier home for your family and your budget. As well as being the cheapest form of heating, heat pumps also filter the air and clean the air. The colder, damper weather brings condensation, mildew and allergens out in full-force. If you or your children suffer from asthma and/or winter cold it is even more important that your home is mould free, does not have poor air quality and dust mites are not in abundance (which are present due to poor ventilation). We would love to come and discuss the new and exciting "Sleep Pump" which is a ducted unit and will heat/cool three rooms at a time, is very energy efficient, reduces humidity and is silent! If you already own a heat pump, can you remember the last time you had it serviced? Just like a car, routine maintenance is an integral part of any air conditioning system. To show our appreciation for supporting your local business we are offering 10% discount for a full service of your heat pump. Contact us on phone 09 9120553. Email admin@clarksonaircon.co.nz.



Pete Sinton
Chairman
Kumeu Huapai Residents and
Ratepayers Association
Ph 09 412 2016

Unitary plan and what it means There is a need for everyone to look at where the R.U.B. Boundary should be to enable the Association to make a

There is a need for everyone to look at where the R.U.B. Boundary should be to enable the Association to make a strong submission to Auckland Council on the future size and extent of the Kumeu-Huapai area by the 31st May 2013. Regards Pete Sinton, Phone 09 412 2016. Email petesinton@townplanner.co.nz

Busy month at Jojo's childcare

We had our first visit from ERO (Educational Review Office) at the end of March receiving very positive feedback from the 2 officers conducting the review. They were most impressed with how well our staff know our children and their families and the ongoing reviews management are implementing across key areas. When we receive the official report from ERO it will be available to read here at the centre. We opened our centre to the community and our existing families to come and explore on April 6th. We were busy with lots of new faces and families taking advantage of being able to come and look through our centre as well as many existing families coming to look at their children's classrooms which can be hard to find time to do during the normal working week. The children enjoyed the bouncy castle, face painting, sausages and the grownups enjoyed the opportunity to chat in a relaxed environment with our staff. For more info about us take a look at our website or find us on facebook. For more information phone 09 412 5325

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Beauty in the mirror

I use hair treatments either daily or every other day depending on a number of factors. I tend to use an oil treatment after I've washed my hair, normally through damp hair, then probably every other day, I try to wash my hair every 2 days if I can. The great thing about the Wella SP Luxe Oil is its versatility. You can use it on wet or dry hair depending on what you want to achieve from it. It's not thick or heavy on the hair and leaves hair smelling super sweet and luxurious. The pump applicator makes it easy to use and the glass bottle makes it luxurious and hard wearing. The combination of oils infuses the hair, transforming the hair inside as well as out. Keratin plays an important part, with triple the amount added compared to other conditioning treatments. Luxe Oil offers lots of benefits, nourishing hair and protecting it. With the added benefits of Argan, Jojoba and Almond Oils. This is truly a nourishing cocktail for the hair, I know I've mentioned the smell but I just want to say again- AMAZINGGGG! You can use 1-2 pumps through the hair for instant shine and smoothness, great for combating frizz on hair which lacks a natural shine. This is a generous 100ml and I'm anticipating it should hopefully last a while. I have long hair and whilst it's not overly thick I do have a lot of it and I've come to find 1 pump is actually enough for me on dry hair but 2 pumps is nice when using on wet hair. You can purchase Luxe Oil from Zash Hair or txt me and I will put your order aside as this is just walking off the shelves! Carla at Zash Hair, 02 181 4663



The web - unspun (is your website indexed?)

The term 'indexed' means that your website has pages indexed in the respective search engine. There are two main search engines currently, Google and Bing. You would want as many pages as possible indexed in each of these search engines so you have as much visibility for your website for prospective customers. To check in each search engine (both Google and Bing) to find out how many pages are indexed you type the advanced search keyword site: with your domain name including the www before it as in the image below. What will be returned is a list of results showing what pages and documents are indexed in the search engine. This will give you an indication as to how visible your website will be on the internet and what each page looks like as a search engine result. You may well find there are pages in there that have since been deleted, or pages that should be there but are not. This is when you need some advice from your friendly web designer as to how to rectify this. David Partis (Designhand Limited) www.designhand.co.nz





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Horselands Kumeu Grain has winter covered



Suppliers of all major brands of horse feeds and feeds for birds, rabbits, dogs, cats, alpacas and other stock animals. Come in and chat to one of our experienced staff to discuss your winter feeding needs. We have the latest winter look to keep you, your horses and dogs warm, dry and looking good. We have a full range of Ariat waterproof footwear and new season Ariat down filled winter clothing in store. Chevalier is on site for all repair work and manufacturing of canvas horse rugs and Dri Coat Oilskin clothing. We can also customise our clothing and rugs to your needs whether it be for horse riding, motorcycling or fashion. Open seven days a week. We are situated opposite the Kumeu Show Grounds at 933 Waitakere Rd, Kumeu...and we have plenty of parking. Kumeu@horselands.co.nz P: 09 412 7400.W: horselands.co.nz

Submissions sought on Ak weed policy

Auckland Council has prepared a draft Weed Management Policy that will guide the management of weeds on Auckland Council owned or administered land, including parks and reserves, road corridors, civic spaces, riparian margins, wetlands, beaches, volcanic landscapes, as well as areas of wilderness and native forest. The policy sets out a vision and objectives for weed management, and identifies a range of tasks and actions that will be undertaken in order to implement the objectives of the policy. Your feedback will provide council with an understanding of your/your organisation's views on the proposed approach and help us further refine the policy prior to its adoption. Council are hoping to collate all feedback on the draft policy by the end of April. How is this important to you? Part of the weed management policy includes managing weeds on the sides of the roads and in public areas; currently in Muriwai these are sprayed sporadically or mowed with a 'mulcher mower' that can damage native species - is this what the community wants? MeACT would like to put a submission in based on your feedback. Phone Phelan Pirrie 021 844 124

Soljans takes to China

Tony Soljan, Managing Director of Soljans Estate Winery accompanied Prime Minister John Key on the latest trade delegation visit to China. This visit celebrated forty years of diplomatic relations between China and New Zealand and the fifth anniversary of the New Zealand-China Free Trade Agreement. As a leader in his field, with a strong interest and involvement in China, Tony Soljan was invited to join the business delegation for the Prime Minister's visit to China travelling to Guangzhou, Shanghai and



Beijing taking part in high-profile events and activities to promote and celebrate the strong political and economic relationship between New Zealand and China. While Soljans Estate has a number of distributors in China already, Tony Soljan made some new connections along with meeting up with current importers helping to encourage sales and understanding of New Zealand wines. China is now New Zealand's second largest and fastest growing major trading and tourism partner and New Zealand wine sales to China are growing along with Chinese visitors to New Zealand. Soljans, as a wine exporter and as an attractive tourist location close to Auckland is ideally placed to benefit from this growth."China has enormous potential for exports but requires a somewhat different approach than traditional markets. New Zealand is more recognised as a producer of milk powder than for wine production in China so the way forward is for the whole wine industry to work collectively to build awareness of brand 'New Zealand' and then to protect its integrity

"High quality small volume sits well with the Chinese Government"



at all costs. As New Zealand is seen as a small but high quality producing country we must take care not to diminish this reality by exporting wine in bulk" said Tony Soljan. "This point was discussed with me on a number of occasions" he said. "New Zealand has a very good image in China and we are held in high esteem by the Chinese government. We are recognized as being a safe producer at a time when food safety is a major issue in China which is creating a great opportunity" "In addition to the export opportunity for New Zealand wine and other products the large increase of Chinese tourists to New Zealand has and will continue to benefit New Zealand tourism and tourist related businesses. China's outbound tourists are expected to grow four-fold in the next five years and, with proper planning, New Zealand can benefit from this. In China, businesses are teaching employees some English so that the English-speaking tourist is made to feel more comfortable. New Zealand companies need to learn from this and to lift their approach to educating staff in welcoming Chinese visitors in their own language" said Tony Soljan. For enquiries please contact: Lisa French support@soljans.co.nz Phone 09 412 5858

Kumeu massage clinic open

Experienced and current Warriors massage therapist Stacey McCormick (Dip Ther Massage+Sport) has opened a massage room at 8 Shamrock Drive, Kumeu (Kumeu Chiropractic building). Stacey covers relaxation, therapeutic, deep tissue, sport and pregnancy massage. Appointments are available between Monday-Saturday, with flexible hours. Gift vouchers are available also. Phone or text Stacey on 027 3444 780 or email her at staceymccormick@live.com for more information or to make a booking.



Firewood is only an email away



I wood 4u is in its second season as a new business. We are a supply and deliver Firewood Supplier, based in Kaukapakapa. Our main aim is to supply quality, dry product to keep families warm in winter. Our prime delivery area, covers east and west north of the bridge, to Warkworth. We have already established ourselves locally, by providing, great service and dry wood. You can email us or use the free phone number and I am the primary contact (Blair). We deliver in lots of 2m3 and upwards in lots of 2m3. There are 3 types of wood available this year: Gum, Very Old man pine, and Pine and we can mix any of these to suit your requirements. For 4m3 orders or more we add free kindling. Buy now and be ready for the cold. Call 0508iwood4u (0508496634) or email iwood4u@xtra.co.nz

Waimauku Tennis Club news, - get active & play tennis

The senior club champs were held last month. Some very exciting matches were played. The men's doubles final was won with the scores one set all and 10-8 in the final tie breaker set.

RESULTS ARE AS FOLLOWS:

Women's singles Won by Ella Weerdenburg, Men's singles Won by Chris Ferkins,

Women's doubles Won by Judy Harrison & Jill Warren,
Men's doubles Won by Dylan Weerdenburg & Josh Banford,
Mixed doubles Won by Cot McLennan & Michael Ferkins

Mixed doubles Won by Cat McLennan & Michael Ferkins,

Runner up Claire Arkell Runner up Dale McIntyre

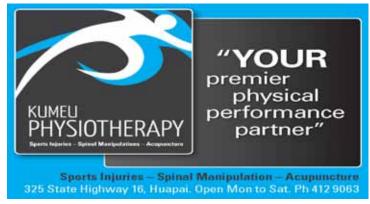
Runners up Cat McLennan & Gail Sumner Runners up Chris Ferkins & Andre Venter Runners up Judy & Mark Harrison

A couple of weekends of great tennis! Very competitive – good for the mind and body! Don't forget club days: Wednesday 9.00AM-12.00PM, Sunday 2.00PM-4.00PM, New players welcome! – Jill Warren Phone 09 411 8032

Fill your own - own your fill (I think you get the message)

At one time the fill your own bottle system was popular at pubs and bottle shops up and down the country. Drinking and buying habits changed and the system fell out of favour. The past couple of years have seen a revival of so called growler stations which are once again popping up in bottle stores offering a plethora of New Zealand craft beers. Fill your own offers a relatively cheap route to market for small producers and it's environmentally friendly with a reusable bottle and no recycling required. We have been doing it here at Hallertau since day one. A one off payment of \$10 will buy you a reusable one litre swing top bottle and then fill it with the beer of your choice. Our core beers are \$ 10 a litre, a snip for quality handmade craft beer. See coupon below for redemption . (For our on-line readers please print this off before cutting, cheers)









Understanding the language of a child



Throughout the many years that Country Bears Early Childhood Centre has had dealings with the families of the community, one of the more regular topics that has arisen, both with first time parents and the more experienced, is that of the difficulties that can be evident when your baby begins to develop into a toddler. As always these things can be more easily approached, when we talk things over with the people around us. There will always be "advice" and the experiences of others are helpful but sometimes even a small insight into another theory or a development of earlier practise, may just shed a little more light on the issue. It may just give you another way to look at what you are experiencing. With that in mind I thought I would share this with you. "With the emergence (at around 18 months) of language...the child becomes a different being." – Barbara Fajardo, Ph.D.

When a child speaks their first words, there is almost always a sense of relief. For months and months after a baby is born, parents struggle to understand the various noises, gestures and expressions an infant uses to express needs, feelings and thoughts. It's a great thrill when you begin to sense that your child can understand what you are saying... you are beginning to function in the same reality, one shaped by words. The toddler years provide spectacular opportunities for enhancing intellectual and emotional development. Language is a large part of this, opening up an entire

new world of growth during the early years. Hearing a toddler begin to talk is an astonishing and poignant moment. Language represents a huge developmental leap. Think of all the things we can accomplish with our words and language. We can enhance relationships with our children. We can share feelings and ideas. We can communicate complex thoughts and abstractions. We can describe physical sensations, and music, and visual forms and art. We can tell jokes, share problems, discuss our sadness, sing songs, talk about likes and dislikes, tell people we love them or are angry at them. Our sophisticated as well as basic feelings and most of our complex thoughts can be put into language. Sometimes, it just takes some getting used to before you can understand what your child is really trying to say. The single most effective tool at your disposal to help you hear, understand, and respond to your child's verbal expressions of the feelings is translation—the back and forth process of changing (or translating) words back into feelings and feelings into words. As children grow up, they change how they give life to their feelings. The facial expressions they used so actively as infants, while still there, are joined by early words. Once a child begins to talk, the task of helping a child learn to use words to appropriately express feelings—the whole gamut from joy to rage—can bring many and immediate rewards. Verbalization leads to the integrating process, which in turn results in reality testing. If the child would verbalize their feelings, they can learn to delay action (such as a tantrum). The idea is "words, not actions." This nicely sums up the benefit of encouraging words. Is there a way out of this dilemma? Is there a solution? Yes, there is! It's called the magic of translation. Compiled by Rita | Eastell, owner / teacher - Country Bears Early Childhood Centre. If we can be of any assistance, please feel free to contact Rita at Country Bears Early Childhood Centre www.countrybears.co.nz phone (09) 4128055 www.facebook.com/cbearsecc Ref:Anny Katan - child psychoanalyst founded a therapeutic preschool, Hanna Perkins School.Ref:Paul C. Holinger, M.D



"A good beginning lasts a lifetime".

For an education fostering confidence and an eagerness to learn and explore, Country Bears is the place to be.

Our diverse rural property provides a wholesome environment for creative and inspiring life lessons, an endless route for exploration which develops a love for the earth, nature, and towards healthy living.



Early Childhood Centre

Est. 1993

www.countrybears.co.nz
(www.facebook.com/cbearsecc)
79 Oraha Road, Kumeu.

2013 is our 20th Anniversary!

Our 20 years of experience provides an eye for social change and influences upon our children, which enables us to support/apply a grounding platform built around the simplicity of our core values.

To acknowledge and celebrate the support of our local community, we are offering our 20th anniversary special rates for new enrolments, for all of 2013.

For Further enquiry, ring Rita on 4128055



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Social netball season starting soon

Kumeu Gym& Indoor Sports Centre is running a corporate social club netball league on Wednesday nights - starting on Wednesday 10 April 2013. This is where companies can enter a team of no less than 6 players (mixed). All teams will play as a SOCIAL LEAGUE. You can pay \$8 per person, per week or an upfront one off fee to cover the 12 week competition. You do not only have to have people that work for your company as it can be husbands, wives and partners of staff members - only rule is max of 3 males on the court at any one time. If you have too many players you can either take turns at which weeks you play or sub at each 8 min quarter of the game - all up to you. Please contact Melissa on 027 552 3632 or melissa@kumeugym.co.nz if you are interested in placing a team. Games will run at 6.30pm, 7.10pm and 7.50pm time slots every Wednesday night - so first in first served. Great for TEAM BUILDING and showing West Auckland - Who is the BEST in the WEST.



Finding it hard to find an old build—try new build today

The one thing that should be wrapped in advice is money and as a mortgage is often a twenty to thirty year financial contract advice is more than just prudent. Banks want you to focus solely on interest rate and yet the overall cost of a mortgage goes well beyond interest rate. There are account fees, break fees (where applicable) transaction fees etc that add cost but no value. There is also flexibility that can be built into a mortgage that can allow for early repayments with no penalties; flexibility when times go bad, re a health problem, accident or a loss of a job. Nobody wants to think about these things but they do happen and when or if they do is your mortgage flexible enough to allow for these hardships. If you want to be truly informed and have the certainty you want give me a call. Marc King BDM Aspire Financial Services 09 414 6181 ext 204

Fiji is just the ticket at me-time

On Wednesday 3 April, I was dressed for the occasion in a brightly coloured 'Fiji' dress; with a floral lei around my neck & a frangipani hair clip in my hair! I spoke at a fun informative evening, talking about some of my favourite family beach resort holiday destinations offering some great deals to Fiji & Vanuatu amongst others, over a relaxed glass of wine & a slice of yummy chocolate cake! Thanks to Karlene Jonkers of Oh-Sugar for her fantastic organisation of these informative evenings, and to all of you who came along & made it a fun night! The next 'Me Time' event will be on Wednesday 8 May at 7.30pm at the Waimauku War Memorial Hall, with Village Beauty making a presentation. I look forward to seeing you there! Please RSVP to karlene@oh-sugar.co.nz as wine & cake need to be catered for!

May me-time is 7.30pm on 8th May at Waimauku

In an effort to support local business and local women, Karlene from Oh Sugar Boutique Cakes is holding a FREE monthly evening at the Waimauku War Memorial Hall where the 'local experts' from our area can *teach* and *share their knowledge*. It's a chance to support not only our amazing community (which we are so lucky to be part of!) but also all the fantastic women who make it what it is. We give you one hour a month of FREE 'Me Time' where you can make connections, have fun and relax with likeminded local women while learning new things from 'Local Experts' - all over a piece of cake and a glass of wine. Come along for a chat with local friends. These fun nights are held on Wednesday of every month 7:30 – 8:30pm at the Waimauku War Memorial Hall. This month's event will be: "The Village Beauty Studio of Waimauku" they will be talking about the wonderful range of products and services they have FREE DEMONSTATIONS of their Decleor products & services. This is a wonderful chance to see how you can pamper yourself with free giveaways. If you would like to come along, please register your interest by email (cake servings and wine glasses need to be accounted for!). Also, if you own a local business and would like to participate in showcasing/demonstrating/teaching, please let Karlene know. karlene@oh-sugar.co.nz http://www.facebook.com/MeTimeConnectingLocals

Healthy school lunches are a hit

The 2002 National Children's Nutrition Survey looked at the food and nutrient intakes, eating patterns, physical activity patterns and dental health of 3,276 children aged 5 to 14 years of age The survey found that approximately a third (31%) of New Zealand children are overweight or obese. Losing weight is very difficult, even for adults, so the Lunch Box Cafes aim is to help prevent children getting too fat in the first place. If you are concerned your



child is putting on too much weight, it's important to deal with it at an early stage. Nobody suddenly becomes obese – it is a gradual process of getting a little bit heavier all the time over a long period of time. The following behaviors, identified in the NZ Children's Nutrition Survey, are likely to increase the risk of weight gain – independent of age, gender, ethnicity and socio-economic status: Our challenge was to put together a lunchbox that's tasty but also nutritious; which has lots of variety but is also easy and quick to make and last but not least, a lunchbox that has everything they need to learn and play well and that actually gets eaten! As of Friday 15 March you will now be able to order a healthy lunch for your child while they are at school from THE LUNCH BOX CAFE located at Kumeu Gym & Indoor Sports Centre. Lunch packs come in 3 types - either a Ham Salad Roll Pack, a Chicken Salad Roll Pack or a Vegetarian Cheese Salad Roll Pack which includes a roll (all rolls come with lettuce, carrot and mayo), a homemade muffin or cookie and a piece of fruit. We hope you take up this wonderful opportunity where we can provide your children with a healthy, balanced lunch. For more information phone 09 412 8932.

Relief for those dry eyes

A report from For Eyes in the Kumeu Village. Optometrists Matthew and Molly Whittington have just returned from an optometry conference. Dryness of the eyes is an increasing problem and a new eyedrop to treat it has been released. Systane Balance has a lipid component that floats to the top of the tear film and slows evaporation. It is excellent for dry eye caused by lipid deficiency, bringing eye comfort that lasts for well over 2 hours. The drop will be released mid- April but For Eyes have some samples to give away: call in at For Eyes in the Kumeu Village. For more information call For Eyes on 09 412 8172



Thinking of having a break away

Kiwi Autohomes Ltd is a family owned rental motorhome company based in Henderson. We also have a depot in Christchurch for those wishing to travel in the South Island. Our fully equipped and self contained luxury diesel powered motorhomes will accommodate from 2 to 6 people at prices that will amaze you. In one of our motorhomes, you would be free to go where you want , when you want and at your own pace. You only need to bring yourselves, your clothes and your food. Everything else is supplied in the motorhome. To find full details of our vehicles please visit our web site at: www.kiwiautohomes.co.nz Call us now and take advantage of our super low season rates and specials. We will look forward to talking to you. Free Phone: 0800-288646. Email: info@kiwiautohomes.co.nz



Essential reading from Raw Essentials

Dogs and cats need good quality proteins, fats and organ meats and because it's socially unacceptable for them to

Dogs and cats need good quality proteins, fats and organ meats and because it's socially unacceptable for them to hunt their own food, why not come in and see us at Raw Essentials for some politically correct real food for your pet carnivores. A healthy, species-appropriate diet for dogs and cats looks like this –High in good quality species-appropriate protein (including muscle meat, organs and bone). Protein should make up 75% of a dog's diet and 88% of a cat's diet. Moderate levels of good quality fat, and high levels of EPA and DHA (omega 3 fatty acids). Good quality fats are found in abundance in wild prey species who have a feasted on a wild diet themselves (rabbit, hare, oily fish and wallaby are great sources of Omega 3's). And the beneficial addition of green tripe – full of probiotics, digestive enzymes and super green nutrients. Come in to our Kumeu Megastore and take advantage of our extensive

WILDLY NATURAL RAW FOOD We are excited to join the Kumeu Community! EGF KUMEU m-f: 9am-6pm 250 Main Rd, Kumeu sat: 9am-5pm (09) 281 0555

nutritional knowledge. Let us help solve your pets problems with our range of NZ sourced species appropriate whole foods. From growing puppies and kittens to solving your itchy dog crisis we have a wide range of foods to suit your pet's needs and lifestyle. Holistic vet Dr Lyn Thomson, director of Raw Essentials is always available to answer your nutritional questions. Just ask in store for contact details or phone 09 281 0555.

Waimauku Doctors

Waimauku Doctors are proud to announce 2 new members to their staff, Dr Heather McIntyre and Nurse Julie Sowersby. You may have met them before, Heather has been an occasional member of staff for some years, and Julie was here as a Student Nurse last year, and fitted so well with our practice that we asked her to join us when she graduated. Now that we have Dr Heather McIntyre here on a regular basis, we can offer Pilot Medicals as she has trained to perform them. The flu season is upon us, and we have been busy vaccinating our patients. We are, as usual, accepting new patients so please contact us or check our webwww.waimaukudoctors.co.nz Waimauku Doctors,8 Waimauku Station Rd, Waimauku ,Auckland 0812.Ph 09 4118094





Stores in Kumeu, Grey Lynn, Glenfield & Ellerslie

www.rawessentials.co.nz







Highly desirable 1.8 hectare property with extensive shedding, options for more and a two bedroom minor dwelling. All ticked off by council this is a genuine opportunity to have home, grazing land, income, sheds and options for more sheds or more income. Whether a family or two families with a view to having "the good life" with a mix of grazing and growing options we would encourage your interest in this highly desirable estate. 16 Redhills Road, Massey.

BY NEGOTIATION 4 BEDROOM 3 BATHROOM GRAHAM MCINTYRE 0276320421 LICENSED REAA 2008

www.ljhooker.co.nz/15ZH14



Centrally located in Helensville, this two level freehold commercial property makes a great investment choice for savvy investors and business owners. There is potential to further maximise the residential returns from this property with a little creative planning and building work by way of adding a second upstairs unit. 88 Commercial Road, Helensville.

BY NEGOTIATION 2 BEDROOM 2 BATHROOM
DARREN RYDER 021307014 LICENSED REAA 2008
www.ljhooker.co.nz/169H14



This desirable 3 bedroom brick and cedar wood home presents as an attractive option for a low maintenance lifestyle property... on town water supply!!! Nothing to do here as the carpets, drapes, and paint have all recently been refurbished ready for you to move in and enjoy. The property is beautifully positioned along-side the tranquil waters of the Kaipara River. 38 Parkhurst Road, Helensville.

BY NEGOTIATION 3 BEDROOM 1 BATHROOM
DARREN RYDER 021307014 LICENSED REAA 2008

www.ljhooker.co.nz/17PH14



Hot in Riverhead! This large, newly built, solid brick and tile home is a must see! Sitting on a 1500m2 site in a private, quiet location. Offering 4 bedrooms, 2 bathrooms, a separate dining area, and 2 living rooms! This is space galore! 18A Alexandra Street. Riverhead.

BY NEGOTIATION 4 BEDROOM 2 BATHROOM
COURTNEY WOOD 0276880818 LICENSED REAA 2008
www.kumeu.ljhooker.co.nz/187H14













This is an absolutely outstanding land lot just off Foster road, within minutes of Kumeu CBD and Huapai and Waimauku Schools. The land is gentle sloping with ample house sites off a formed but un-metaled drive. Excellent boundary fencing with good pasture, good contour including a pond. Views and great potential available on this premium land lot of 24.8 acres. Kauri Crescent, Kumeu.

BY NEGOTIAITON GRAHAM MCINTYRE www.ljhooker.co.nz/Y1H14 LAND ONLY SERVICES AT THE GATE 0276320421 LICENSED REAA 2008



Set on 2050 square meters this premium flat site is zoned for residential/commercial use. The property has excellent access off Main Road and due to its size qualifies for development. A three bedroom bungalow and two skyline buildings offer options for rental income during consenting through Rodney Ward, Auckland City Council. Mains water connection and Town Sewage are at the gate. 351 Main Road, Huapai.

BY NEGOTIATION
GRAHAM MCINTYRE
www.ljhooker.co.nz/16KH14

3 BEDROOM 1 0276320421 L

1 BATHROOM LICENSED REAA 2008



Snap up this ideal home quietly tucked away off the road in a highly sought after location one minute from the popular Huapai School. Sitting on a flat, sheltered, private, fully fenced 1000m2 section there is plenty of space for the kids, family, pets and outdoor entertainment. The site also has established mature trees and a variety of fruit trees. 4 Trigg Road, Huapai.

BY NEGOTIATION COURTNEY WOOD

3 BEDROOM 0276880818

1 BATHROOM

LICENSED REAA 2008

www.kumeu.ljhooker.co.nz/17RH14



Development site 8000sqm Whenuapai. Seldom available this is a prime site ready for application for development with access to the inner harbour. The site has a home that could deliver rental income and an extensive half round barn. For sale by negotiation, set sale date Thursday 2 May 2013. 63-65 Kauri Road, Whenuapai.

BY NEGOTIATION GRAHAM MCINTYRE www.ljhooker.co.nz

3 BEDROOM 2 BATHROOM 0276320421 LICENSED REAA 2008













This lovely, affordable bungalow offers loads of charm and character The home has 3 bedrooms, plus an office area, a generous sized family living room, with polished floors, separate dining area with a cosy fireplace, 1 bathroom and a separate laundry. With the benefit of a large deck area off the kitchen, family entertaining all year round is made easy! 20 Alexandra Street, Riverhead.

BY NEGOTIATION COURTNEY WOOD

3 BEDROOM 0276880818 1 BATHROOM LICENSED REAA 2008

www.ljhooker.co.nz/13TH14



Snap up this lovely elevated sunny section in a high profile spot in the popular and upcoming Riverhead township. Sitting on 802m2 with established trees, plants, walk to school, the river, the local cafe and dairy. This property offers a great opportunity to get into Riverhead at an affordable price. 1021 Coatesville-Riverhead Highway, Riverhead.

BY NEGOTIATION
COURTNEY WOOD
www.ljhooker.co.nz/17JH14

LAND ONLY 0276880818

SERVICES AT THE LICENSED REAA 2008



Lovely 1950's cottage with traditional rough cast plastering, situated on a flat rear section. This property makes for an excellent first home or investment prospect. If an easy DIY project is your thing, roll up your sleeves! There is plenty of potential to enhance and finish off the interior decorating with your very own personal styling. 32B Parakai Avenue, Parakai.

BY NEGOTIATION DARREN RYDER

2 BEDROOM 021307014

1 BATHROOM

LICENSED REAA 2008

www.ljhooker.co.nz/161H14



Exclusively located in the company of other lifestyle properties, here is a rare opportunity to purchase a dream come true Restored Double Bay Window Villa set within the prestigious enclave of Muriwai. A generous dining area is topped off with a sleek modern kitchen. Flawlessly presented this 4 bedroom family home is perfectly positioned to take in the sun, the property offers tranquil surrounds and scenic bush views and includes a paddock for that special pet. www.10Taiapa.co.nz. 10 Taiapa Road, Muriwai.

AUCTION 12 MAY 2013 DARREN RYDER 4 BEDROOM 2 BATHROOM 021307014 LICENSED REAA 2008













Services are in place and a shared paved drive is also already for you to use! This tree-lined, gently sloping section has all the makings for an easy build. Covenants are in place, the section is suited to build a new "brick & tile" type house. To the rear of the property there is farmland and neighboring sports fields behind another mature tree-lined boundary. 152 Awaroa Road, Helensville.

BY NEGOTIATION
DARREN RYDER
www.ljhooker.co.nz/16QH14

LAND ONLY 021307014 SERVICES AT THE GATE LICENSED REAA 2008



Reap the rewards in the highly desirable and up and coming Waimauku Village. With several options available for you to either purchase: the building and both businesses, just the building alone, the juice bar by its self, or the hair salon by it's self. The choice is yours! 9D Factory Road, Waimauku.

BY NEGOTIATION COURTNEY WOOD www.ljhooker.co.nz/183H14 BUSINESS/BUILDING 0276880818 LICENSED REAA 2008



Here lies an outstanding opportunity to acquire a truly majestic piece of Helensville History. The front veranda is complete with timber baluster's ornate fretwork chamfered pillars and a lovely convex roof sets the front of the house off. Step into the Hallway and you are immediately aware this property is worthy of your attention. 3 Garfield Road, Helensville.

BY NEGOTIATION
DARREN RYDER

3 BEDROOM 1 BATHROOM

021307014 LICENSED REAA 2008

www.ljhooker.co.nz/16UH14



Situated in a glade off State Highway 16, this property offers the best of both worlds. This north facing home set well back from the road, offers four generous bedrooms, (master bedroom includes walk-in-wardrobe and large ensuite), one large bathroom and an additional shower/toilet area off the laundry. 264 State Highway 16, Kumeu.

BY NEGOTIATION
AARON LAWLER
www.ljhooker.co.nz/15RH14

4 BEDROOM 2 BATHROOM

0211643031 LICENSED REAA 2008













With the potential to subdivide this fantastic piece of land subject to council approval. Take note at this price it is a once in a life time opportunity! Kumeu is one of Auckland's most upcoming developing areas. If you are looking to invest in a fantastic location at a fantastic price, you have found it! Absolute bargain at \$95m2. 1 Grivelle Street, Kumeu.

BY NEGOTIAITON COURTNEY WOOD www.ljhooker.co.nz/13XH14 LAND ONLY SERVICES AT THE GATE 0276880818 LICENSED REAA2008



An opportunity of a life time is calling you from the tree tops! This is the perfect blank canvas on which to craft your stunning grand design without the typical restraints of urban living. The very generous 4.0700HA consists of land, power, and phone to site. 853 Old North Road, Kumeu.

BY NEGOTIATION
AARON LAWLER
www.ljhooker.co.nz/17TH14

LAND ONLY SERVICES AT THE GATE 0211643031 LICENSED REAA 2008



With titles due in a couple weeks these four lots are ready to go. Covenants are in place to protect your investment. Asking prices range from 390k to 490k. Terry Smyth Drive, Kumeu.

Lot 1 has 1.9ha Lot 2 has 1.0ha
Lot 3 has 1.2ha Lot 4 has 1.2ha

BY NEGOTIATION LAND ONLY SERVICES AT THE GATE DARREN RYDER 021307014 LICENSED REAA 2008



Situated high upon the hill of Waikoukou Valley Estate this outstanding 7 ha block of land offers some very unique elements. This is one of the very finest blocks that I have seen offering outstanding options for building and for lifestyle. Live a little - Buy a lifestyle! Old North Road, Waimauku

0276320421

BY NEGOTIATION GRAHAM MCINTYRE www.ljhooker.co.nz/181H14

www.ljhooker.co.nz/185H14

vle! Old North Road, Waimauku

LAND ONLY SERVICES AT THE GATE







LICENSED REAA 2008





Community notice board

Scientists say that children who play an instrument, often outperform other children in school, especially in subjects such as maths and languages. Music helps children with coordination, concentration, discipline, teamwork, it boost confidence and teaches responsibility. Research suggests music lessons may benefit a child's reading age, IQ and the development of certain parts of the brain. In my Gentle Guitar lessons I have a subject called "Music Maths". Children learn music theory through fun arithmetic games related to the guitar. Children love it and many parents report that their child's guitar lessons have helped with subjects at school. But my favorite part about music lessons is the artistic side! In every child there is a creative genius. When given the right tools and environment every child will surprise us with their innate musical gifts! To arrange a free trial guitar lesson contact Inga on phone 09 412 2029

COMMUNITY NOTICES ARE FREE OF COST AND CAN BE EMAILED TO glms@xtra.co.nz OR FAX 09 4129603



....Continued from page 1

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Curvy kitties and podgy pooches

Just like us humans, excess weight is detrimental to your pet's health. Studies show that obesity can decrease the life expectancy of your beloved cat or dog not to mention the increased risk of arthritis, diabetes, heart disease, urinary disorders, and even some tumours. Genetics can play a role as some breeds are more likely to gain weight. We have all seen those round Labradors running around! Increasing age, de-sexing and some medical problems can cause your pet to put on more weight, so what you feed them and how you exercise them needs to be adjusted.



Exercise tips for cats: Use toys to encourage play and hide food so your cat has to "hunt", Shine a torch or laser pointer on walls and floors for your cat to chase. Exercise tips for dogs: Enjoy regular walks, walking at a constant pace will help burn calories, Encourage play in the backyard, toss a Frisbee or ball, or play fetch. There are many great foods on the market to help reduce the weight of your pet and to keep the weight off. There is even an exciting new food that helps speed up the metabolism of your animal! Contact Kumeu Vets to sign your pet up to our Fat Fighters Club for weight loss guidance, group encouragement and rewards to get the best for your pet! For more information phone 09 412 9016

Build 7 represented locally by LJ Hooker Huapai

Research shows of 1,000 people thinking of moving only 30 consider building, generally because they consider it too hard. Historically that may have been the case, but we have taken the headache, heartache, and financial risk out of building with our innovative approach. Building with us is an awesome and often profitable experience. So if you are thinking of moving, imagine building with Build7. We pride ourselves on building quality new homes and benefit from supplier pricing normally only enjoyed by the nationwide companies. So you get personalised service with huge buying power delivering the best of both worlds as well as a specialist to work with you through the entire building process. At Build7 we



don't have a one size fits all attitude. We work with each of our clients from the moment they think of moving. Here's how: Section selection: We work with selected Real Estate companies who are best able to provide our clients with specialist independent advice about their site selection. Unlike other companies we don't purchase land, put a margin on it, and try to 'force' our clients onto our land. The price you pay is the true price negotiated between you and the seller. This was our motivation for partnering up with LJ Hooker Kumeu. Finance: We can also recommend an independent company who specialise in residential construction finance, called NewBuild Finance. They have a number of different financing options that include 95% mortgages

and options for approved lenders to stay in their current home during construction. Design: All Build7 homes are unique to each client. You will not see your home built anywhere else. This individuality comes at no extra cost to you, but in our opinion, greatly enhances your asset as there are not several standard plans like yours in your neighbourhood. This is easily achieved. As soon as you've chosen your section you meet our design team on site, where they will complete a pencil sketch interpreting your ideas and budget in relation to the specific site. Once you are happy with the pencil sketch and preliminary price, we prepare feature colour concepts for you which include "picture" renders, elevations, floor plans, kitchen design and electrical layout - all free of charge. So if you have land that you are subdividing or you are thinking of moving, imagine building and give Graham and his team at LJ Hooker a call today phone 09 412-9602

Ruby's on Matua

Not long till our "proper" signage goes up... though we have had some very good comments as to the artisitic nature of the "graffiti" style Ruby's, on our wall. Pop in for a glass of wine, or Moa Original, and try our own Hot Smoked (en premise) Salmon on a Pear Salad, Arancini or Pan Seared Scallops. And if you are in need of a "real" meal, then you can't go past the 230gm Scotch Fillet with Marsala Sauce, and with the cooler weather, our Lamb Shank. Our Hot Apple Pie, "Kisses" & Crème Brulèe remain firm favourites and our Lime Cheesecake topped with Ginger, Lime and Chilli is a must try. We are featuring some amazing DOT ART by Robianto, so pop in for a view, and an end of day beer or after movie dessert - open for Allpress coffees, wine, "crafty" beers and Moa Original on tap, Ruby's on Matua, Winebar and Grill Wednesdays, Thursdays, Fridays, Saturdays, and Sundays from 4pm, 3 Matua Rd, Huapai. Phone 09 412 7127

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PAGE 18 Smartphones and email management

Email is key for communication and has been for some time. Now with connected tablets and smartphones, email can be used pretty much everywhere. No need to stay at your PC to wait for emails, you can get this whilst in transit or when you arrive at your destination. With additional hardware you can even get this in places where there is VERY little cellphone coverage. The setup is relatively easy to do. By sticking to some guidelines for setting up the email, you can become far more productive and respond faster to your customers, making you more competitive and therefore likely to make more profit in the process. Also, you have more control over your emails so you do not get back to a massive inbox at the end of the day. All emails that are urgent are dealt with during the day. Lower priority emails are processed at more appropriate times. It is also important to switch off all notifications at times on your phone and PC so that you have quiet times for quality thinking without interruptions. This will provide focus on your priorities rather than instantly responding to everyone else's priorities. For more please come to the Huapai Service Centre on 322 Main Road in Huapai. Phone 09 412 9227 or Email Hua-

Huapai Copy & Print breaking all records

Huapai Copy and Print at 312 Main Road, Huapai (opposite the Huapai Tavern) have been your local Cartridge World Agents since May last year. This March, Copy & Print broke all monthly sales records for a Cartridge World Agency in New Zealand!! Customers are delighted that they no longer have to travel to Henderson to get their refilled and remanufactured ink cartridges and toners. Huapai Copy & Print carry an extensive range of inks and toners for all major brands of printer. Simply take your empties in to Copy & Print and exchange them for refilled ones - it's as quick and easy as that, and you will save up to 50% on the cost of buying a new printer cartridge! If you prefer to use original cartridges, they have a full range of those too. If you need something they don't have in stock, it can be sent out to arrive by 10:00 the next morning. Contact Joan or Stacey on 412 8882 or email huapai@copyandprint.co.nz

Help with the end of the financial year

The end of the financial year is very near and accounts need to be attended to. Do you find that you are continually waiting for your accounts to be completed each year? Are you sure that you are claiming all that you are entitled to. If you are experiencing problems with your tax or communicating with IRD, then we can help you. If you have any gueries, please don't hesitate to call or email us. Ross Brabham & Associates Accounting Services Phone 09 411

Winter fun at the Riverhead

Winter might be on its way but there still heaps of exciting things happing at The Riverhead. Every Monday & Tuesday Night there's very good reasons to take the whole family out for some special deals in The Landing Restaurant and right next door in The Portage Bar it's the best place to watch the rugby on the BIG screen. Read about what the people in the know are saying about The Riverhead's steaks...this website is for foodie gurus and they rate our steaks in the top five in Auckland! http:// auckland.concreteplayground.co.nz/news/111934/concrete-playgrounds-guide-to-aucklands-best-steak.htm

Blues in the Boat House' on Sundays is becoming an institution in the ever expanding Boat House area. This area now has two bars, the Boat House Grill and a special BBQ option with our chef Brendon cooking each and every steak to perfection on our unique BBQ 'Old Smokey' The Blues line-up is looking exciting:21 April: Joe Fafard with Garry Morris & Brian Glamuzina.28 April:Watermelon Slim from Oklahoma, "The most exciting and authentic blues performer I've heard in years." - A.W., Paste Maga-The Flaming Mudcats. 12 May:Tony Painting & the Power(Mothers Day check out our offers for making 'Mother's Day' a special day for Mum): 19 May: Black Dog26 May: The William Brown Band. 2 Jun: Coco Davis. 9 Jun: Tom Rodwell

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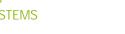


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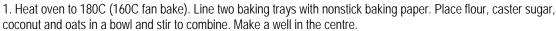
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Yummy Anzac's

- 1 cup flour
- 1 cup caster sugar
- 1 cup desiccated coconut
- 2 cups rolled oats
- 125g butter
- 2 tbsp golden syrup
- 1 tsp baking soda
- tbsp boiling water



- 2. Place butter and golden syrup in a saucepan to melt, or microwave in a bowl to melt. Dissolve baking soda in boiling water. Add melted ingredients and dissolved baking soda to dry ingredients and mix to combine.
- 3. Roll spoonfuls into balls and press onto prepared baking trays, allowing space for biscuits to spread while cooking.
- 4. Bake for 15 minutes or until firm and golden brown. Remove to a wire rack to cool, and enjoy!

Cooking tip: Stored in an airtight container, Anzac biscuits will last well for up to a week. Makes up to 30 biscuits depending on size.

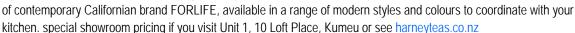


Here comes the rain again - be prepared

Well the rain has arrived and how many of us horsey people have got around to getting our Autumn/Winter covers ready. We have been treated with gorgeous summer even though the grass has taken a hammering and the water tanks have needed to be topped up a couple of times. Abercothi Equestrian offer a full range of services from cover repairs to washing and reproofing both canvas and synthetic covers. Wash and reproof is \$55, mention that you have seen this article and receive \$5 off (discount for multiple covers). A couple of handy tips for your covers to get a longer life, is to remember to oil your leather straps on your canvas covers to avoid them drying out and cracking. Also for those who have little holes in their synthetic covers, just rub over a candle and the wax will help prevent leaking. We also have over 45 secondhand saddles in stock along with bridles, horse covers, riding jackets, jods, riding boots, horse boots, brushes and so much more come and visit. Shop hours are Monday 12-5pm, Tuesday 10-5pm, Wednesday Closed, Thursday 12-7pm, Friday 10-5 and Saturday 10-2. Contact us on 098108006 or 0272581805 or www.abercothi.com. Located at 105 Amreins Rod Taupaki www.abercothiequestrian.com

Harney Teas has it all

Have you taken the time to visit Harney Fine Teas yet? Prestigious New York fine tea brand supplies NZ's best names in food service and retail and luckily for us Nor-Westers their showroom and warehouse is in Kumeu! Be treated to a display of over 100 different types of fine tea packaged in the prettiest tins you'll ever see. You'll find assams, silver needles, pu-erh, oolongs, several different breakfast teas, Japanese and Chinese greens, amazing black blends, white blends, green blends, decafs, fruit teas and herbals. Harney & Sons have a range of gorgeous 'special occasion' teas, pop in and get Mother's Bouquet for mother's day or Birthday Tea! It doesn't stop at fine teas; need a stylish teapot, coffee pot or Iced Tea jug? Harney Fine Teas are now proudly the exclusive distributor



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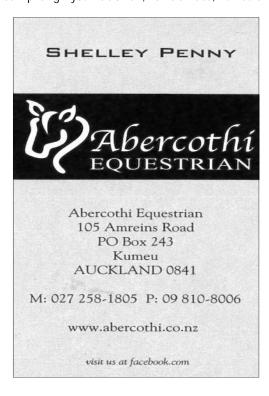
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Time to see the light - Sparkn

The clocks have changed and I am now getting home from work in the dark! Now is the time to start looking at driveway lights and sensor lights by the front door so you can see the lock and the footpath. ACC tell us most accidents happen at home, outside lights can help minimize the risk of falling over, they also increase security, burglars hate lights! We haven't turned our heat pump on yet, but it is only a matter of time. More importantly, we can turn on the vent system and bring hot air down from the roof. If you are interested in making your home more comfortable over the winter, please give Tony a call on 021 SPARKN. We'd love to take a look and would be happy to give you an estimate.



My top ten tips for selling your home for big \$



Street appeal is what initially gains the attention of the buyer. You probably don't realise just how many sales you lose before potential purchasers even get to the front door. Buyers more often than not do a "drive by" before booking a viewing time or attending an open home. You need to make your home stand out from the crowd! Stand at the footpath or across the street and really take a good look at your home.

<u>First Glance: the Fence and Gate:</u> spotless, mould free, well secured-gates, well oiled-latches working, fences freshly painted. Driveway Beauty: clear leaves, dirt, & oil stains.

The Letter Box: your house number clearly visible, and newly painted

<u>Total Simplicity:</u> minimize garden knick-knacks, stacks of wood, rubbish bins, trailers, boats remove elsewhere for a clean tidy look and feel. <u>Colour Her Up:</u> paint the front door a bright colour, add flowering potted plants and a colourful door mat.

<u>Time for a Trim?</u>: prune trees and shrubs to allow extra light in, re seed pots & add some colourful flowers and mow the lawns.

<u>Add some Sparkle:</u> windows should sparkle. no finger prints, grime, spider webs. creates an open & more spacious aura to the home.

<u>Scrub a Dub dub:</u> do it yourself or get a professional! water blast the exterior of the house, roof, desks, driveway and clear the gutters.

For more advice and friendly service call Courtney Wood 027 688 0818 or email cwood.kumeu@ljh.co.nz

Reinventing bridal wear in Kumeu

Kumeu is now home to a unique bridal wear collection. The collection aptly named "Reinvented Bride" contains pre-loved designer and beautifully remodelled and original vintage pieces sourced from around the world. "I wanted to provide a very special selection of gowns without the price tag. It's important for brides-to-be to find a perfect wedding gown, distinctive to their taste, of excellent craftsmanship and doesn't put them under financial stress" said Reinvented Bride creator Rebecca-Ellen Beavis. Many of the dresses are one of a kind, and the collection even contains the Liz Mitchell designed wedding dress of kiwi movie star Keisha Castle-Hughes. Deborah Jane, a designer clothing and shoes boutique which has been in Kumeu for 11 years and is located at Unit 1, 82 Main Road, Kumeu will exclusively offer the gowns. Boutique owner Deborah said "I was attracted to the gowns because they are different to anything else out there and offer a modern bride a unique difference". For more information contact Deborah Jane Designer Clothing on 09 412 9584

What to expect of building inspections

The new version of the standard house sale and purchase agreement has an improved building inspection clause. The new clause tries to protect the purchaser by making sure any inspection is by a qualified competent person. It is then open for a purchaser to withdraw from the agreement if the building inspection report is adverse. For instance an adverse report indicates high moisture levels where there should be dryness -such as near an internal shower. Or a style of construction which lends itself to moisture problems. This includes a lack of a cavity behind the external skin of the building. In any event, the building report should be thorough and include infrared photos which show high moisture levels by colour. This is because the Vendor is entitled to see the report if the purchaser withdraws because of that report. Luke Kemp LLB, BCOM, DIP. HORT 25 Oraha RoadKumeu, AucklandP O Box 600 KumeuAuckland 0841 Telephone 412 6000. Facsimile 412 6016. Email luke@kempsolicitors.co.nz

Best advice in Waimauku Village

Sharon Reid (RFA) specialises in Life Insurance, Health and Income Protection products. She can help in minimizing financial risk and maximising protection as well as advise on ACC and business succession. Consider the consequences should the 'breadwinner' of the household not be there due to accident, illness or death. Ensure your wife/ partner/ spouse and children are fully protected should you become ill, disabled or die. Allow your family peace of mind. Can you imagine how difficult it would be for a young mum to cope if something happened to you? Imagine the enormous stress and strain placed upon her to survive financially let alone emotionally! WINZ benefits should be considered only 'an emergency benefit' to tide a person over until a more lucrative, stable form of income can be found. You will find us in the Waimauku Village Phone 411-5544 or 021 242 6525.

Healthy Pop by GDL brands

With more discerning and health conscious consumers GDL brands (the Confectionery Palace) is responding to customer demand by adding healthier choice options to their snack and confectionery range in their Kumeu factory shop. Jolly Time microwave popcorn, Nuttz, Cocoa Farm chocolate, Kind fruit and nut bars, Sunkist mints and Slim Fruits all offer nutritional benefits like fibre, gluten free, antioxidants, low fat, and sugar free. "All of a sudden people seemed to have realised that some healthier choices are not taste compromised or more expensive just because they offer a few redeeming benefits," says GDL brands owner Frank Geaney. For more information contact Confectionery Palace, 7 Shamrock Drive, Kumeu. Open 8:30am to 4:30pm weekdays. Phone 09 412 7146











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