

# Kumeu Courier

free monthly community newsletter for Kumeu & districts

## contents



We know it is hot, but in this issue we have some burning issues that need addressing. Your thoughts are always very welcome?  
Sarah

## feature stories

- 3 House sales in the area
- 4 Kumeu Huapai Rate-payers update
- 7 Out and about in Kumeu
- 15 Education for tots
- 16 Community notice board
- 18 Workshops and local speakers
- 20 Easter muffins
- 22 Art, spark and bark

## Too few properties push market up



Economists throughout the region are highlighting the continued sales value spike in residential house prices in the area. "We are seeing 35% of the residential listings coming to market of previous years" says Graham McIntyre, Principal of LJ Hooker Huapai. "This sellers market is definitely the result of council's inability to stimulate the release of residential land and very few building consents issued over the last four years. We now face a shortage of builders and resources due to the Christchurch rebuild and this will

continue to influence the market, reduce supply, and increase residential house prices.

## Battle heats up on reserve spend

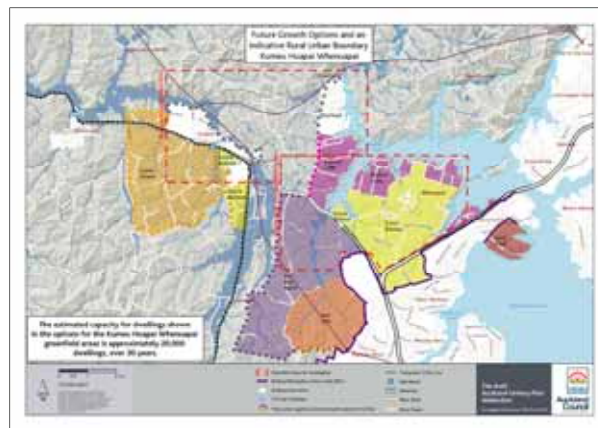
To Bob Howard, Chairman, Rodney Local Board.

I did hear there was a trade off, done by the board? That's why I am asking for the books to be opened by way of plans showing this and \$ to justify. I trust you and Penny can provide us constituents the information we seek.—Concerned Resident

To Resident. What are you on about? We fought hard to retain extra land around the water course for some sort of play area for the new neighbourhood. There was definitely no trade off and certainly no \$ considered. We don't have books to open so there is nothing to show. All decisions are recorded in our business meeting minutes that are available to you on the Web. Any future developments have all the development contributions (DC's) paid directly to ACPL and they decide what land they secure for future parks any where in Auckland depending on fairness to all communities. Out of our control.....Bob

Bob, can you seriously ask "What am I on about?"  
In your email of 14th March you state "there was a trade off"(regarding Development Contributions vs. Reserve Land in the new Riverhead development areas) and in yesterday's email of 19th March you state "there was definitely no trade off"... and yet you ask me what I am on about? ...cont pg 6

## Unitary plan delivers more questions



The Unitary plan is out and this well anticipated document was supposed to outline the areas of significant change in our rural urban landscape. It is fair to say that it has created more questions, than delivered answers for most people within the area, and with that in mind, we want to get your views on what the best lifestyle land lot should be in the Kumeu Area. Should it be retained at 1 hectare or should we consider the move to a size that is more manageable say 1 acre being 4000 square meters.  
....cont page 16



## Busy time all round with community events



In an  
emergency  
dial 111



Thank you to all the hundreds of the North West public that came up to us at the Kumeu Show and said thank you for the work done in the community. It is always a special way that the public give back for the hundred of hours that are invested in protecting the community. The tug of war was well contested however it was a well oiled Kumeu Fire Brigade tug team that pulled the inaugural award. There is still a complete fire ban in the area which is in effect due to the severe drought conditions and even though we have had some rain it has not significantly affected the soil moisture code in the region. All open fires, including wood fired BBQ's are banned.

If you see smoke we request that you phone 111 and report it. If you intentionally light a fire you may be subject to a fine from Auckland Council. You will notice the recruiting sign outside the station and would re-enforce the need for those in the community to take an interest in discussing a volunteer career.

For those that have never ventured to our annual Hoe-down we would like to personally invite you to one of the great Kumeu Fire Brigade traditions which to all intense and purpose is the major fund-raiser event that goes onto the country calendar for those shoe stomping, square dancing types that want a great time with good company. Don't delay tickets are selling fast from Kumeu Cellars, Kumeu Village, Main Road, Kumeu.



**HUA PAI HILLBILLIES  
HOE-DOWN**  
Kumeu Volunteer Fire Brigade  
SATURDAY, April, 27th 2013  
7.30pm - 12.30am 450

★ Southern Cross Band with Marian Burns ★ Licensed Cash Bar  
No Eftpos - No BYO  
\$35.00 .Venue: Kumeu Showgrounds

## A continued interest in the outdoors

At Nature's Explorers Kindergarten our children continue to have an ongoing interest in their outdoor environment. This includes being involved in watering gardens, sweeping paths and tidying up toys at the end of the day. Due to this interest, today a small group of children helped us prepare our garden beds for planting (with guidance from their teacher). Firstly we watered and raked the soil, next the children dug a small hole to place their silver beet seedling. Once all the plants had been placed in the soil carefully the children watered the vegetable bed -What wonderful budding gardeners we have at Nature's Explorers! I wonder what we could plant next? For more information phone 09 4128800



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# Real Estate recent sales review

<http://www.localist.co.nz/l/55050/reviews>



<b>Bethells Beach</b>				
Tasman View Rd	CV \$ 620,000	1494sqm	220sqm home	\$ 750,000
<b>Herald Island / Whenuapai</b>				
Duncan Rise	CV \$ 650,000	840sqm	145sqm home	\$ 635,000
Fred Taylor Dr	CV \$ 390,000	1017sqm	100sqm home	\$ 350,000
The Terrace	CV \$ 620,000	850sqm	111sqm home	\$ 682,000
<b>Huapai/ Kumeu</b>				
Farrand Rd	CV \$ 1,350,000	4 hectares	201sqm home	\$ 1,370,000
Maple Lane	CV \$ 650,000	1502sqm	205sqm home	\$ 705,000
Old North Rd	CV \$ 915,000	1 hectare	219sqm home	\$ 975,000
Robert Might Rd	CV \$ -	1500sqm	n/a	\$ 465,000
Tapu Rd	CV \$ -	700sqm	n/a	\$ 355,000
Main Rd	CV \$ 580,000	809sqm	260sqm home	\$ 624,000
<b>Muruwai</b>				
Motutara Rd	CV \$ 650,000	1270sqm	150sqm home	\$ 655,000
Waitea Rd	CV \$ 570,000	1009sqm	80sqm home	\$ 627,000
<b>Coatesville / Riverhead</b>				
Barrett Rd	CV \$ 495,000	1826sqm	110sqm home	\$ 530,000
Kaipara Portage Rd	CV \$ 435,000	1214sqm	110sqm home	\$ 627,000
Kaiprara Portage Rd	CV \$ 485,000	1003sqm	150sqm home	\$ 645,000
Maude St	CV \$ 445,000	1214sqm	155sqm home	\$ 600,000
Queen St	CV \$ 435,000	809sqm	134sqm home	\$ 595,000
Queen St	CV \$ 520,000	809sqm	160sqm home	\$ 555,000
<b>Waimauku</b>				
Grassfield Pl	CV \$ 730,000	1099sqm	252sqm home	\$ 772,500
The Rise	CV \$ 700,000	1500sqm	214sqm home	\$ 785,000
School Rd	CV \$ 455,000	4175sqm	108sqm home	\$ 686,000
Wintour Rd	CV \$ 510,000	857sqm	163sqm home	\$ 671,000
<b>Waitakere / Taupaki</b>				
Duffy Rd	CV \$ 770,000	2992sqm	404sqm home	\$ 855,000
McEntee Rd	CV \$ 360,000	847sqm	90sqm home	\$ 427,000
Waitakere Rd	CV \$ 410,000	847sqm	130sqm home	\$ 431,000

"We provide statistical data free from cost to purchasers and sellers wanting more information to make a decision. Phone us today for a free summary of a property and the surrounding sales. No questions asked".

Graham McIntyre, Principal  
LJ Hooker Huapai, Country Living Realty Ltd, Licensed REAA2008 Phone 09 412 9602 or Email [glms@xtra.co.nz](mailto:glms@xtra.co.nz)

"Always here to help"

## Money Matters

The Reserve Bank has kept the official Cash Rate at its current record low of 2.5%, which was widely tipped. Interesting comments around the expected rate increases with most commentators predicting the status quo until mid 2014 and then accelerating during 2015/16 to around 4%. This timeframe does provide some comfort to borrowers that interest rates aren't moving in a hurry. As in independent advisor we can assist with all of your lending and insurance requirements. This may include a free, no obligation review of your current position or assistance with any new funding requirements. We can even help if you have credit history issues or are unable to provide confirmation of your income. We have access to a wide range of lenders so can provide you with a great range of options.



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## Unitary plan and the R.U.B

The Council on the 15<sup>th</sup> March released the draft 'Unitary Plan' which is now available for public comments. The submission period is up to the 31<sup>st</sup> May which gives us 2 months for comment. The formal notified 'Unitary Plan' will be released in Sept-Oct 2013, just as the Councillor & Board members go out for re-election. The ideas floated in the 'Unitary Plan' has some major changes for the next 30 years. The significant change is the higher density in residential areas with high rise in Westgate & Henderson. Kumeu & Riverhead have not had major changes to existing urban areas, however, the future urban extension has been proposed up to Puke & Tawa Roads. The Council have acknowledged that the extensive consultation which occurred in Manukau hasn't occurred in Kumeu or Massey. The R.U.B. (rural urban boundary) which has been indicatively applied but not finalised by Council is located around the future urban areas. The promise from the Board and Penny Hulse is that consultation will take place with the community. None of the existing zoning in Kumeu-Huapai have been changed, however, smaller residential sites have been proposed. Only Huapai North urban zoning has been confirmed as a new urban extension. The community have to decide quickly where the R.U.B. boundary will be. Areas outside that line will be prohibited from urban or countryside living zoning. There will be notice of a public meeting to discuss the proposals. The next Ratepayers meeting is on the 3<sup>rd</sup> April at the Community Centre. Please look on the Councils web site [www.ShapeAuckland.co.nz](http://www.ShapeAuckland.co.nz). Regards Pete Sinton Phone 09 412 2016, Email [petesinton@townplanner.co.nz](mailto:petesinton@townplanner.co.nz)



**Pete Sinton**  
Chairman  
Kumeu Huapai Residents and  
Ratepayers Association  
Ph 09 412 2016

## Cossie club comes back to Kumeu

Over the past few months there has been discussion between members of the Kumeu Club (formerly the "Cossie Club") over the best way forward for the future of the Club. Three meetings with members have been held to decide the new structure and best location. Shifting to the Huapai Golf Club from McDonald Lane in 2009 was seen as a better location for various reasons, however the distance away from the natural base in Kumeu resulted in loss of members. A location with agreeable conditions became available in Kumeu, and members (by a substantial majority) voted to relocate back to the town centre. "The Fireplace" will be the new meeting place for Kumeu Club members, and will in essence operate more like a Social Club than a business. We anticipate when the move is complete, the new location will give more opportunity for existing and new Club members to meet for drinks and a meal. I am happy to be contacted for more information or enquiries. Carol Scott, President, Phone 021 949 205

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# Must have hair treatment for Autumn - Zash hair

When summer comes to a close most women find themselves longing, just a bit, for a hair makeover. Let's face it, the sun, water, sand, chlorine, ponytails and highlights have left our hair feeling a bit dry and bleached out. It's time to come in and have a healthy hair makeover to help heal some of the damage from the summer months in the sun. Treat yourself to an In-salon conditioning treatment. Within 30min your hair will feel and look amazing for the autumn months ahead. Take the stress out of your day, sit back, relax, read a magazine and enjoy the fabulous coffee while I revitalize your hair and add some pampering to your day. Phone or txt Carla at Zash Hair 021814663



# The web - unspun (keywords and phrases)

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Keywords are words that your customers might use to find your website on the internet and therefore your website needs to be tuned for these and be competitive with all the other websites out on the internet competing for the same keywords. To understand how your website should rank high in a Search Engine you need to think like your customers and use their language not yours. It is easy to use jargon as we are often so close to our business that we feel a customer would use certain words to find us but often this is not the case. Keywords by themselves are not enough these days and we are now looking at using key-phrases that are 2, 3, 4 words deep to remain competitive. We may start with a word or a couple of words and then refine our search by typing in a 3 to 4 word key-phrase to refine our search. There are so many results returned in the search engine today, it is becoming increasingly difficult to tune a website for a key-phrase to appear high in the search results. David Partis (Designhand Limited) [www.designhand.co.nz](http://www.designhand.co.nz)




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## Croatian harvest celebration this weekend



Soljans Estate in Kumeu Wine Country is celebrating the 2013 vintage over the Easter weekend 30<sup>th</sup> March to 1st April with a Croatian grape harvest, 'Berba'. The traditional "Berba" harvest festival started back in the 18<sup>th</sup> century in Croatia and is a fun and lively affair to celebrate the grape harvest. While everyone should experience "Berba" at least once in their lives, booking an air ticket to Croatia is unnecessary, because it is also celebrated in style much closer to home at Soljans Estate Winery, where the Soljan family are continuing their family tradition here in New Zealand. This Easter, Soljans will celebrate their 10<sup>th</sup> Berba Festival since relocating to their popular new winery near Kumeu and yet again this promises to be a fun time for all the family. There is always a buzz around Soljans when the grapes are being harvested, so if you've harboured a secret desire to do some grape stomping, this is your opportunity. After stomping those grapes underfoot, visitors will have an opportunity to taste the refreshing "Novo Vino" (new wine) juice that has started fermenting (not from the grapes just crushed though). There will be vineyard and winery tours, free tastings, traditional dance demonstrations, live music, fun and games for children and of course the seasonal fresh menu plus traditional style Croatian food platters and samples of the Croatian delicacy Pašurates in the award-winning Soljans Winery Café. Phone 09 412 2824

*"Perhaps your role is a conflict of interest with regards to future planning of our local district?"*

Cont from pg 1...Bob, what 'I am on about' – specifically - is a formal request for your Board, and Ward, and Council Representatives to show us Riverhead Residents the differences between the latest Amendment of Riverhead Future Urban development land and how this differs from our Riverhead Structure Plan setting our growth. Was there any consultation for "some sort of play area" as you state? This supposed play area will be outside of our designated town centre and central War Memorial Park. Have you referred to our Riverhead Structure Plan (SP) at all? Or even talked with your local people? Show us this new development plan vs. the SP development plan so we can be sure that all is as per PLAN, how it should be. I would be very happy if I were wrong. Show us too that there was no "trade off" as alleged and admitted (then reneged) by you. Simple. As a public servant, you do need to open your Council books when requested. As a constituent, I can request this and reasonably expect you to send me the information without you referring me to "the Web". All these developments have paid 'Development Contributions' (DCs) and I am once again requesting a tally of these DCs paid. You are welcome to confer with your superiors in order to correctly advise us of what funds Riverhead has contributed to the pool... and where these are to be spent. This is not "out of your control" as you complain. You were elected to a responsible role and are answerable as such. To email me "thanking me for my input" when I am requesting information and specific answers is simply not good enough. To then email me and ask me "what am I on about" takes the cake. Your role is to seek the answers your constituents raise questions to and look after your local area in doing so. Further to that, the attached proposed Rural Urban Boundary (RUB) 'shift' distinctly shows planned growth outside of our Riverhead Structure Plan (SP) set area. Are you at all familiar with our SP? The new proposal shows our Riverhead spreading beyond the development growth area all the way to SH16. Is this to satisfy your own personal realtor at Harcourts needs, and the want for more sales?? Perhaps your role is a conflict of interest with regards to future planning of our local district? Penny Webster (our Rodney Ward Councillor) and Len (our Mayor), I look forward to a formal update on these issues, as I have emailed you both previously, the issues of Development Contributions going nowhere here in Riverhead as originally promised during the SP process, and also that of a massive shift in Rural urban Boundary (RUB) that may join Riverhead to Kumeu. This simply does not reflect the substantial growth that we at Riverhead have already accepted and are now suffering under duress with no promised DV's coming back to support us locals. Please let boundaries be boundaries, and please keep the promises honest. HELP – Concerned Resident

## Lions book fair - April 13

Books are rolling in for Huapai-Kumeu Lions coming book fair with pleasing quantities of unwanted books being left at the collection depots which are; Kumeu Information Centre, Sunnyview Orchards on Highway 16 and Huapai Hardware in Waimauku, All genres are represented with some good quality gardening and cook books and a plentiful supply of children's books being received so far. All books are sold for \$1 or \$2 and avid readers are assured of some good bargains. Donations of books will be gladly received right up to the day of the fair. The fair opens at 9am on Saturday 13 April and members of the Riverhead Scout group will be assisting Lions members as the club has decided to donate a portion of the book fair profit to the Scouts' Jamboree fund. For more information contact the Kumeu-Huapai Lions on 09 4128950

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## Power outages can damage your computer

Over the last month we have seen more damage as a result of power outages. In one case a component blew off the motherboard, rendering the computer useless. Valuable data can also be lost as a result of this. Damage can be prevented using an appliance between the computer and the power socket. This acts like a buffer when there are power fluctuations. The appliance is called a UPS (Uninterruptable Power Supply). A typical consumer UPS is a surge protector that contains a high-capacity rechargeable battery. Many businesses use uninterruptible power supplies to keep their equipment running in case of a power failure. While a UPS may only keep a computer running for 15 minutes after the power is lost, it is usually sufficient time to save all necessary documents and properly shut down the computer. That extra time can be invaluable to someone who is working on an important document or project that has not been recently saved. For more please come to the Huapai Service Centre on 322 Main Road in Huapai. Phone 09 412 9227 or Email [Huapai@itig.co.nz](mailto:Huapai@itig.co.nz).

## Celebrate the true meaning of Easter

Never mind a 20% discount this Easter, go to a place where you can get something for free. Many people will be reading the Bible this Easter. This book features the life of Jesus. Jesus is the one person qualified to judge others as he led a perfect life. But Jesus has a much greater purpose. He came to earn our freedom and change our lives. The churches of Kumeu invite you to attend any of the following services over Easter:

**St Chads** (Anglican/Methodist)

Palm Sunday 24 March: 9.15 am.

All Age Worship

Maundy Thursday 28 March: 7.30 pm.

Good Friday: 9.15 am.

Easter Sunday: 9.15 am. Holy Communion

**Massey Presbyterian** - 510 Don Buck Rd)

Good Friday: 9.30 am

**Riverhead Family Church** (Presbyterian) – Arthur Street

Easter Sunday Service: 10.00 am

**St Patricks Church** (Catholic) – Main Highway 16

Holy Thursday: 7.30 pm

Good Friday: 3.00 pm

Holy Saturday: 7.30 pm

Easter Sunday: 9.00 am

**Kumeu Baptist Church** - 21 Access Road

Good Friday: 9.30 am

Easter Sunday: 10.00 am

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**Pop in and talk to the team at Huapai branch today.**



# the Riverhead

Sunday 31 March ,Greg Johnson & six of his Friends. Tickets \$49. We bought one of Greg Johnsons CD before going travelling and it remained one of our personal favourites for the whole time. Greg is joined by some of New Zealand top talent so this is a gig that is too good to miss. Tickets available from The Riverhead's office or Ticketmaster Greg Johnson - 'Silver Scroll' winner, two NZ Music Awards, eight top NZ Music Albums plus two Worldwide releases after leaving us for LA..Jan Hellriegel- Her albums have won critical acclaim & excellent reputation, has toured with Jeff Buckley, Straightjacket Fits & The Muttonbirds. Lisa Crawley - Nominated twice for the 'Silver Scroll' award & won the 'Pacific Songwriting Competition', her debut album is receiving fantastic reviews. Ben King - ex Goldenhorse, Album: Fainthearted received great reviews & his single 'Singing Showers Golden Lights' was nominated for a 'Silver Scroll'. Kurt Shanks- Band: Stellar, Solo debut: Blood Line Heart, Oxford Mail UK "Kivi music that deserves to fly. Wayne Bell - Drummer, multi-instrumentalist & producer with Jan Hellriegel, Andrew Keoghan, Gin Wigmore & Ted Brown. Mark Hughes - The bassist of choice for Dave Dobbyn, Greg Johnson, Tim Finn, Bic Runga, Gin Wigmore & Strawpeople

## Easter Monday 1 April

Billy T.K. Jnr, has toured internationally since 1993 and has earned himself a reputation as a genuine guitar hero in the electric guitar blues scene as well as having video hits with 'mainstream' songs.

## Sunday, 7 April

Riverhead SlideOriginally from our very own village, Riverhead Slide remain one of New Zealand's top original blues bands. Formed in the late eighties, RHS are now favourites at Jazz & Blues Festivals around NZ and the Pacific.

The Boat House is the perfect place for your next mid-week meeting where you can bring your team to think and plan for the next year in a relaxed, quiet and motivating environment. For more information contact **The Riverhead on 09 412 8902**

# Kumeu Charcoal chicken and burgers open



We are the first Auckland shop to be selling free-range chicken cooked over charcoal to perfection. We offer chicken combos that include chips, spicy rice and salad. We also sell Chicken and Beef burgers which can also be ordered as a combo with chips, and just for a treat try our home-made desserts. We also now have in store specials that include Chicken Wraps, Burritos and Cold Potato and Pasta Salad. Everything sold is handmade on premises with the freshest New Zealand ingredients. Come down and see us instead of cooking and let us take away the stress of the day with a no fuss, quick and satisfying meal. Located at 45 Main Road, Kumeu, with parking outside. For more information contact us by phone on 09 412 5406 (phone orders are welcome)



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([www.facebook.com/cbearsecc](https://www.facebook.com/cbearsecc))  
79 Oraha Road, Kumeu.

## 2013 is our 20th Anniversary!

Our 20 years of experience provides an eye for social change and influences upon our children, which enables us to support/apply a grounding platform built around the simplicity of our core values.

To acknowledge and celebrate the support of our local community, we are offering our **20th anniversary special rates for new enrolments, for all of 2013.**

**For Further enquiry, ring Rita on 4128055**





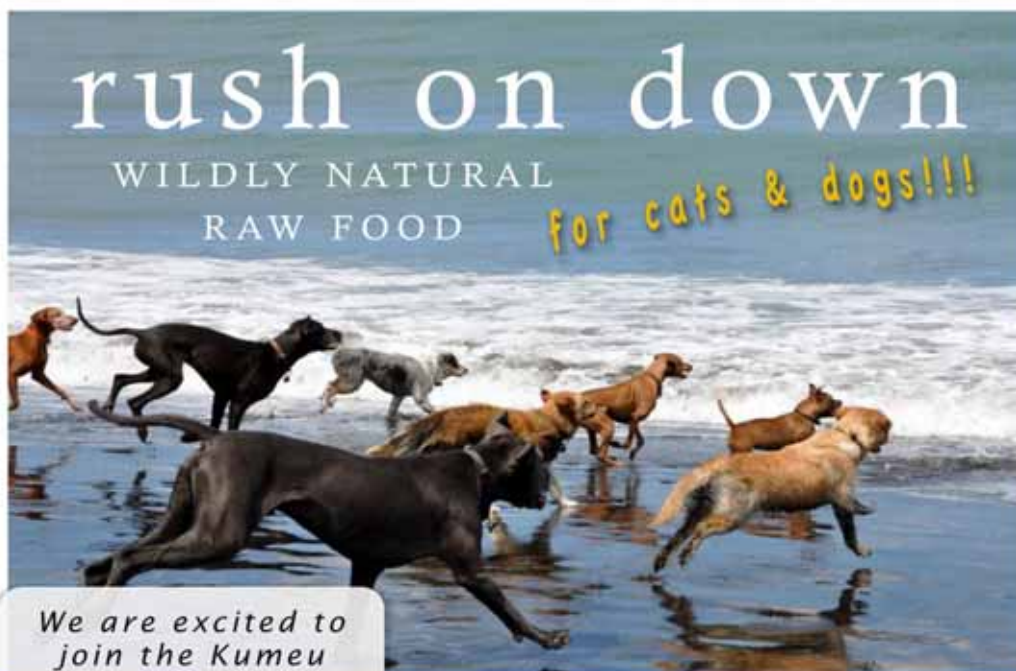
## Support needed for local theatre

Our Pledge me campaign is live now. Look it up and please support us. And tell all your friends about our exciting production and that they can become part of the support network. As rewards you can get tickets, DVDs of the show and even a weekend in Ohakune. By the way, your donations are tax deductible, Experimental Theatre Incorporated, the society producing the show, is registered by the Charities Commission and qualifies under section CW41(5) of the Income Tax Act 2007. Bernd Struder, Waimauku, 027-275 9160. To make a pledge please visit <https://www.pledgeme.co.nz/870>



## Kumeu show a winner for stud owner

Local stud owner Margaret Greenough had another great year at the recent Kumeu show with her rare breed of Anglo Nubian goats, scooping up top prizes with goats Zabila and Rosabelle. Greendale stud has been breeding this type of goat for 6 generations now and have claimed many awards for their beautiful animals. **Greendale Nubians** are consistently winning Champion and Reserve Champion awards at all A&P Shows over all breeds. The **Greendale** foundation does are consistently winning in their age and udder classes whilst **Greendale** bucks have been sold into the South Island and exported to Singapore. For the availability of buck and doe kids as well as other quality stock, with a background bred on Show Champions, please feel free to contact Margaret on 4119100 or email her at [Greendale\\_nubians@clear.net](mailto:Greendale_nubians@clear.net).



We are excited to join the Kumeu Community!

# THE KUMEU MEGA STORE

250 Main Rd, Kumeu  
(09) 281 0555

m-f: 9am-6pm  
sat: 9am-5pm  
sun: 10am-6pm



Stores in Kumeu, Grey Lynn,  
Glenfield & Ellerslie

[www.rawessentials.co.nz](http://www.rawessentials.co.nz)



## Me time for you

In an effort to support local business and local women, Karlene from Oh Sugar Boutique Cakes is holding a **FREE** monthly evening at the Waimauku War Memorial Hall where the 'local experts' from our area can *teach* and *share their knowledge*. It's a chance to support not only our amazing community (which we are so lucky to be part of!) but also all the fantastic women who make it what it is. We give you one hour a month of **FREE** 'Me Time' where you can make connections, have fun and relax with likeminded local women while learning new things from 'Local Experts' - all over a piece of cake and a glass of wine. Come along for a chat with local friends. These fun nights are held on the first Wednesday of every month 7:30 - 8:30pm at the Waimauku War Memorial Hall. This month's event will be Tanya Franklin from **The Travel Brokers**. Tanya will be talking about some of her favourite family holiday beach resort destinations, and will have brochures & specials flyers to give away on the night. Book any Family Holiday prior to 30 April, for travel prior to 30 September, and go in the draw to win a Black Nintendo DS Lite with an included Super Mario 64 DS game! If you would like to come along, please register your interest by email (cake servings and wine glasses need to be accounted for!). Also, if you own a local business and would like to participate in showcasing/ demonstrating/teaching, please let Karlene know. [karlene@oh-sugar.co.nz](mailto:karlene@oh-sugar.co.nz) <http://www.facebook.com/MeTimeConnectingLocals>

*me*time  
connecting locals





Here's your perfect opportunity to do up and increase the value of this property in one of Auckland's most desirable and upcoming areas "Riverhead". This 2 bedroom, one bathroom home with a generous sized living area is in much need of some TLC. The back yard is sheltered, private and sunny also offering a garden shed. 25 Albert Street, Riverhead.

**BY NEGOTIATION**                      **2 BEDROOM**                      **1 BATHROOM**  
**COURTNEY WOOD**                      **0276880818**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/163H14](http://www.ljhooker.co.nz/163H14)



Highly desirable 1.8 hectare property with extensive shedding, options for more and a two bedroom minor dwelling . All ticked off by council this is a genuine opportunity to have home, grazing land, income, sheds and options for more sheds or more income. Whether a family or two families with a view to having "the good life" with a mix of grazing and growing options we would encourage your interest in this highly desirable estate. 16 Redhills Road, Massey.

**BY NEGOTIATION**                      **4 BEDROOM**                      **3 BATHROOM**  
**GRAHAM MCINTYRE**                      **0276320421**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/15ZH14](http://www.ljhooker.co.nz/15ZH14)



Lifestyle property offering a superb living environment and north-facing perspective. The home is big, offering four bedrooms + office, two bathrooms, workshop garaging and shedding on a hectare of gentle flowing land. Access of a central ROW the home delivers an entertainers dream. 198 Oraha Road, Huapai.

**BY NEGOTIATION**                      **5 BEDROOM**                      **2 BATHROOM**  
**GRAHAM MCINTYRE**                      **0276320421**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/16SH14](http://www.ljhooker.co.nz/16SH14)



Step inside and vast open interiors with soaring ceilings and lovely trimmings typical of a Villa of this era greet you with a sense of awe, this is one house you will want to explore and enjoy. A generous dining area is topped off with a sleek modern kitchen. Flawlessly presented this 4 bedroom family home is perfectly positioned to take in the sun, the property offers tranquil surrounds and scenic bush views. 10 Taiapai Road. Muriwai

**BY NEGOTIATION**                      **4 BEDROOM**                      **2 BATHROOM**  
**DARREN RYDER**                      **021307014**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/17AH14](http://www.ljhooker.co.nz/17AH14)







Set on 2050 square meters this premium flat site is zoned for residential/commercial use. The property has excellent access off Main Road and due to its size qualifies for development. A three bedroom bungalow and two skyline buildings offer options for rental income during consenting through Rodney Ward, Auckland City Council. Mains water connection and Town Sewage are at the gate. 351 Main Road, Huapai.

**BY NEGOTIATION**                      **3 BEDROOM**                      **1 BATHROOM**  
**GRAHAM MCINTYRE**                      **0276320421**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/16KH14](http://www.ljhooker.co.nz/16KH14)



Sunny, private, secure and situated in the heart of Huapai down a quiet cul-de-sac street. Make your move on this one, fast! The house and grounds are perfect for family living sitting on a lovely sun filled site with fantastic outdoor living. There is also a spacious garage, and garden shed, plenty of storage throughout the home, a lovely backyard with established fruit trees and vegetable garden. 25 Merlot Heights, Huapai.

**BY NEGOTIATION**                      **4 BEDROOM**                      **2 BATHROOM**  
**COURTNEY WOOD**                      **0276880818**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/15XH14](http://www.ljhooker.co.nz/15XH14)



Development site 8000sqm Whenuapai. Seldom available this is a prime site ready for application for development with access to the inner harbour. The site has a home that could deliver rental income and an extensive half round barn. For sale by negotiation, set sale date Thursday 2 May 2013 (unless sold prior). 63-65 Kauri Road, Whenuapai.

**BY NEGOTIATION**                      **3 BEDROOM**                      **2 BATHROOM**  
**GRAHAM MCINTYRE**                      **0276320421**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz](http://www.ljhooker.co.nz)



Sitting on a private, flat 1925m2 site with lovely established mature trees and planting. This immaculately presented home offers 3 bedrooms, 1 bathroom, a separate toilet and laundry, a generous sized country style kitchen with a butler's pantry and polished floors. The family lounge offers great indoor/outdoor flow to the deck area. 122 Matua Road, Huapai.

**BY NEGOTIATION**                      **3 BEDROOM**                      **1 BATHROOM**  
**GRAHAM MCINTYRE**                      **0276320421**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/17MH14](http://www.ljhooker.co.nz/17MH14)







Established equestrian business called "Blagdon Equestrian Centre" is for sale offering a fair return, fantastic facilities and a lifestyle home that naturally entwines the business. This dressage training and livery facility set on 7.4 hectares of prime land minutes from Kumeu's CBD with a host of business chattels and an established income track record. 175 Foster Road, Kumeu.

**BY NEGOTIATION**                      **4 BEDROOM**                      **3 BATHROOM**  
**GRAHAM MCINTYRE**                      **0276320421**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/16NH14](http://www.ljhooker.co.nz/16NH14)



Snap up this lovely elevated sunny section in a high profile spot in the popular and upcoming Riverhead township. Sitting on 802m2 with established trees, plants, walk to school, the river, the local cafe and dairy. This property offers a great opportunity to get into Riverhead at an affordable price. 1021 Coatesville-Riverhead Highway, Riverhead.

**BY NEGOTIATION**                      **LAND ONLY**                      **SERVICES AT THE**  
**COURTNEY WOOD**                      **0276880818**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/17JH14](http://www.ljhooker.co.nz/17JH14)



Snap up this ideal home quietly tucked away off the road in a highly sought after location one minute from the popular Huapai School. Sitting on a flat, sheltered, private, fully fenced 1000m2 section there is plenty of space for the kids, family, pets and outdoor entertainment. The site also has established mature trees and a variety of fruit trees. 4 Trigg Road, Huapai.

**BY NEGOTIATION**                      **3 BEDROOM**                      **1 BATHROOM**  
**COURTNEY WOOD**                      **0276880818**                      **LICENSED REAA 2008**  
[www.kumeu.ljhooker.co.nz/17RH14](http://www.kumeu.ljhooker.co.nz/17RH14)



Lovely 1950's cottage with traditional rough cast plastering, situated on a flat rear section. This property makes for an excellent first home or investment prospect. If an easy DIY project is your thing, roll up your sleeves! There is plenty of potential to enhance and finish off the interior decorating with your very own personal styling. 32B Parakai Avenue, Parakai.

**BY NEGOTIATION**                      **2 BEDROOM**                      **1 BATHROOM**  
**DARREN RYDER**                      **021307014**                      **LICENSED REAA 2008**  
[www.ljhooker.co.nz/161H14](http://www.ljhooker.co.nz/161H14)







Services are in place and a shared paved drive is also already for you to use! This tree-lined, gently sloping section has all the makings for an easy build. Covenants are in place, the section is suited to build a new "brick & tile" type house. To the rear of the property there is farmland and neighboring sports fields behind another mature tree-lined boundary. 152 Awaroa Road, Helensville.

**BY NEGOTIATION**  
**DARREN RYDER**

**LAND ONLY**  
**021307014**

**SERVICES AT THE GATE**  
**LICENSED REAA 2008**

[www.ljhooker.co.nz/16QH14](http://www.ljhooker.co.nz/16QH14)



This lovely, affordable bungalow offers loads of charm and character The home has 3 bedrooms, plus an office area, a generous sized family living room, with polished floors, separate dining area with a cosy fireplace, 1 bathroom and a separate laundry. With the benefit of a large deck area off the kitchen, family entertaining all year round is made easy! 20 Alexandra Street, Riverhead.

**BY NEGOTIATION**  
**COURTNEY WOOD**

**3 BEDROOM**  
**0276880818**

**1 BATHROOM**  
**LICENSED REAA 2008**

[www.ljhooker.co.nz/13TH14](http://www.ljhooker.co.nz/13TH14)



This desirable 3 bedroom brick and cedar wood home presents as an attractive option for a low maintenance lifestyle property... on town water supply!!! Nothing to do here as the carpets, drapes, and paint have all recently been refurbished ready for you to move in and enjoy. The property is beautifully positioned alongside the tranquil waters of the Kaipara River. 38 Parkhurst Road, Helensville.

**BY NEGOTIATION**  
**DARREN RYDER**

**3 BEDROOM**  
**021307014**

**1 BATHROOM**  
**LICENSED REAA 2008**

[www.ljhooker.co.nz/17PH14](http://www.ljhooker.co.nz/17PH14)



Situated in a glade off State Highway 16, this property offers the best of both worlds. This north facing home set well back from the road, offers four generous bedrooms, (master bedroom includes walk-in-wardrobe and large ensuite), one large bathroom and an additional shower/toilet area off the laundry. 264 State Highway 16, Kumeu.

**BY NEGOTIATION**  
**WARREN MARSHALL**

**4 BEDROOM**  
**0212224255**

**2 BATHROOM**  
**LICENSED REAA 2008**

[www.ljhooker.co.nz/15RH14](http://www.ljhooker.co.nz/15RH14)







Here lies an outstanding opportunity to acquire a truly majestic piece of Helensville History. The front veranda is complete with timber baluster's ornate fretwork chamfered pillars and a lovely convex roof sets the front of the house off. Step into the Hallway and you are immediately aware this property is worthy of your attention. 3 Garfield Road, Helensville.

**BY NEGOTIATION**                      **3 BEDROOM**    **1 BATHROOM**  
**DARREN RYDER**                      **021307014**    **LICENSED REAA 2008**  
[www.ljhooker.co.nz/16UH14](http://www.ljhooker.co.nz/16UH14)



Presented for the first time on the market, is a rare opportunity to purchase this bare section and build in the popular and sought after Huapai. Your family's new home begins here! Perfectly positioned stroll to the local school, football grounds, cafes and shops. This property offers an easy accessible and open building site, with mature plants around the boundary. Tapu Road, Huapai

**BY NEGOTIATION**                      **LAND ONLY**    **SERVICES AT THE GATE**  
**COURTNEY WOOD**                      **0276320421**    **LICENSED REAA 2008**  
[www.ljhooker.co.nz/16WH14](http://www.ljhooker.co.nz/16WH14)



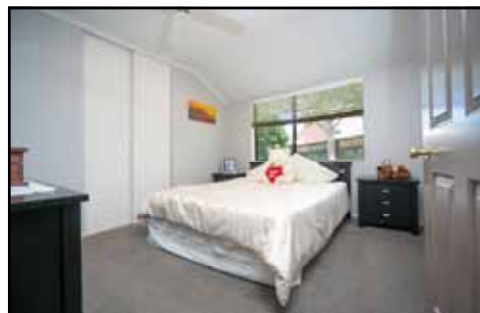
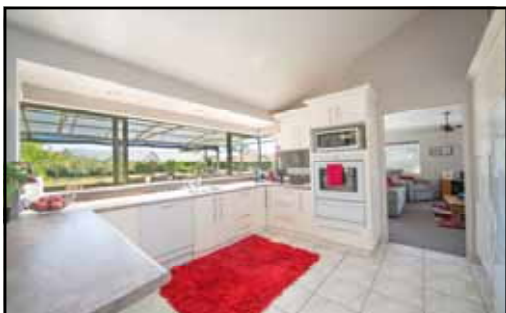
Don't miss out on this opportunity to get yourself into a 2HA lifestyle block. This vacant lot is ready for you to put mark on with your new home. They have started with a metal driveway, post and rail on the road frontage and with no covenants the rest is up to you! Enough room for grazing horses or sheep and never forget those chickens. Pomona Road, Kumeu.

**BY NEGOTIATION**                      **LAND ONLY**    **SERVICES AT THE GATE**  
**WARREN MARSHALL**                      **0212224255**    **LICENSED REAA 2008**  
[www.ljhooker.co.nz](http://www.ljhooker.co.nz)



There is fantastic space and style on offer here. Lovely street appeal from the outside which continues indoors. Spacious living areas which open out onto the covered sheltered courtyard are complimented by a modern well equipped kitchen. There are four bedrooms, all offering generous wardrobe space. The master bedroom enjoys a very impressive modern style with a Spazio Casa bathroom and walk in wardrobe. 57 Sunny Crescent, Huapai.

**BY NEGOTIATION**                      **4 BEDROOM**    **2 BATHROOM**  
**COURTNEY WOOD**                      **0276880818**    **LICENSED REAA 2008**  
[www.ljhooker.co.nz/17EH14](http://www.ljhooker.co.nz/17EH14)





## Fire represents a real threat to our community

Over the past 3 months the Auckland region has dealt with 3 large fires at Great Barrier Island, Dome Valley and Tapora on the Kaipara. The 3 fires destroyed approximately 300 hectares of bush and forest and cost over 1.5 million dollars to extinguish. The Waitakere Brigade contributed 250 hours to the fire control efforts with crews working long days building fire breaks, helicopter operations and working with fire fighting equipment to extinguish the fire. The 2 main land fires put a lot of pressure on the local fire resources with Karekare, Bethells, 'Muriwai and Kaukapakapa all contributing to the fire control effort. All 3 of the fires were started by human activities which is why it so important to take care with out door fires and follow the advice from the fire authority. For more information contact the regional fire officer on phone 09 3010101



## The importance of current teaching practices



At Country Bears we are always researching up to date theory and new practice from around the world, as we feel it is important to be aware of new findings that maybe important to consider in our teaching practices. More recently there has been some interesting research and findings in the toddler years that we feel is of interest to all parents of young children. We would like to share a small snippet with you. Feelings: Feelings are crucial. Why? Because feelings lead to behaviours. Feelings motivate us. Feelings result in actions .Our society frequently overlooks the importance of feelings. We focus on behaviour rather than on the feelings which cause the behaviours. We are often still blind to feelings. When exploring the embryology of feelings, we find that our earliest feelings – and how these early feelings combine with each other and with experience to form our adult emotional life. Intelligence: Over the past decade, studies have shown how bright infants and young children really are. It turns out they are much smarter than we used to think. This creates a tremendous opportunity to get their cognitive development off to a good start. But just as important, is intel-

ligence also allows us to give the emotional development of children a huge head start. Language: Young children usually begin to talk somewhere between the ages of one and three, long before this, they can understand words. As they begin to talk, their psychological world changes dramatically. We use the term translation for the process of linking children's words to their feelings. Translation exponentially enhances the child's capacity for self-soothing, tension-regulation, and character-building. Summary: These three elements – feelings, intelligence, and language – comprise the foundation of human development. They interact in important ways, giving us a remarkable opportunity to enhance development. However, too often these elements are presented individually, as if each one is an answer unto itself. This is unfortunate – for the whole truly is greater than the sum of the parts. The interaction of feelings, intelligence, and language presents us with a remarkable opportunity. It is the interaction of these processes which is creating the Revolution in Infant and Child Development and helping us understand the embryology of human motivation. Infant/Child Development and the Importance of Children's Feelings by Paul C. Holinger, M.D. Country Bears Early Childhood Centre hopes that you found this of interest. [www.countrybears.co.nz](http://www.countrybears.co.nz) or [www.facebook.com/cbearsecc](https://www.facebook.com/cbearsecc) please visits either sites to see the wonderful things our children/teachers have been doing at Country Bears. For more information please feel free to phone Rita (09) 412 8055

## U3A Hobsonville - Learning is forever

The guest speaker for the February meeting of U3A Hobsonville was Bronwyn Groot, Specialty Security and Fraud Co-Ordinator from the Bank of New Zealand. Bronwyn brought to everyone's attention the absolute necessity to be very careful when you fill out surveys on your computer, over the phone or in shopping malls. Last year 448 million dollars was lost to scams. Most people had been contacted by some sort of scammers - the popular ones are fake holidays, your computer had a problem or you had won a substantial sum of money in an overseas lottery. If anything sounds too good to be true IT IS. The next meeting will be held on Thursday 18 April at the Whenuapai Village Hall, Waimarie Road, Whenuapai commencing at 10.00am. For more information contact Don Chambers Tel 09 416 2213.

## A dance, a meal and some great country spirit

The tickets are out and it is only your procrastination that is stopping you getting on down to Kumeu Cellars in Kumeu Village and purchasing your tickets for this years Hoe-Down. This thigh slapping, toe tapping, country shin-dig is a favorite on the Kumeu calendar and sells out before the event. No door sales, so early ticket purchase is essential. All proceeds go to Kumeu Huapai Volunteers and in the proud tradition of Kumeu Fire Brigade is used to purchase extra equipment for the appliances and at station. Kumeu Fire Station is crewed 100% by volunteers who are not paid for their time and respond to over 300 calls a year. Business, friends and family all suffer as a result, however the camaraderie and spirit within the brigade is a tribute to the fun and the success of the Huapai Hillbillies Hoe-Down. Don't dilly dally, get your tickets today.



## Community notice board



Gentle Guitar Tuition is based on a Modern Method for Children developed by Inga Hope. The method emphasises creativity and social interaction, through educational guitar games and songwriting. An academic approach to learning guitar and music theory made fun and easy for children ages 6-12. In an age of video games and sedentary computer-based education, Gentle Guitar brings back the values of old with a fun modern twist! The method emphasizes social interaction, creativity, and professional musicianship in a friendly and nurturing environment. Inga Hope is a trained guitar coach who has worked with children and adults of all levels, from beginner to advanced. After achieving incredible results with her young students, children as young as 6 years old playing professional classical guitar music, Inga developed the Gentle Guitar Method to share her astounding approach with every child eager to play guitar! Inga is looking for a teacher assistant, call 4122029 for details. [www.guitarcoach.co.nz](http://www.guitarcoach.co.nz)

COMMUNITY NOTICES ARE FREE OF COST AND CAN BE EMAILED TO [glms@xtra.co.nz](mailto:glms@xtra.co.nz) OR FAX 09 4129603

....Continued from page 1

A survey has been created that can be sent to you by emailing the word "survey" to [glms@xtra.co.nz](mailto:glms@xtra.co.nz) or simply drop into LJ Hooker Huapai, 327 Main Road, Huapai, Auckland and pick up the form. Alternatively call Aubrey on 09 412 9602 for a form to be faxed to you. The survey asks for your opinion on the best lifestyle lot size in the greater Kumeu region so that Auckland Council get your thoughts and opinion on the lifestyle development option that you want. This is at no cost to you, but you must act in the month of April to have your say forwarded to the planners in council.

## West Auckland students awarded \$4000



Three West Auckland secondary students are heading off to study law at Auckland University with a little extra help this year after being awarded over \$3,500 in prizes as part of the first annual Smith and Partners Law Scholarships. The three scholarship recipients were officially announced at an awards ceremony held at the Smith and Partners Henderson office. In attendance were the finalists, their parents and school representatives. Hemi Musgrave from Waitakere College received \$2000, Simone Cooper from Massey High School \$1000, and Fazilat Nisha from Kelston Girls High School \$500. Each of the nine finalists also received a \$50 book voucher. In his introductory remarks Senior Partner, Peter Smith commented, "We were blown away by the quality of the applicants. They really are outstanding examples of young West Aucklanders. If these students represent the young people of West Auckland, then we really are in good hands for the future. When interviewing the candidates, what really stood out was how proud each of them were to be from West Auckland – and the debt of gratitude they showed towards their schools. It showed what an outstanding job our local schools are doing" Candidates were selected on the basis of their academic record and two short essays on why they wanted to become a lawyer and on what makes West Auckland great. The three major scholarship recipients were chosen after interviews with the finalists. Year 13 students enrolled in a West Auckland secondary school and intending to study law in 2014 can find out more information about the 2013 scholarship round at [www.smithpartners.co.nz/lawscholarship](http://www.smithpartners.co.nz/lawscholarship) (Photograph: From left to right *Simone Cooper: Massey High School (2nd Prize)*, *Hemi Musgrave: Waitakere College (1st Prize)*, *Ruth Gregory (Partner at Smith and Partners)*, *Greg Muller (Partner at Smith and Partners)*, *Peter Smith (Partner at Smith and Partners)* – Absent *Fazilat Nisha: Kelston Girls High School (3rd Prize)*)

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## Riverhead courts club upgrade

The Riverhead community courts club is pleased to finally announce our building is getting painted! After a few years of fundraising we have finally managed to gather funding for the painting (Council matched us \$ for \$ through a grant from the Heritage Fund 2012 – Huge thanks to the Auckland council!). Refresh renovations came to the party with a significant donation for some of the painting and building labour - they will have signage on the building in due course to acknowledge their contribution to both the painting, reinstated back wall and the new egress stairs. We asked the community for donations and are happy to report a pledged of \$250 towards our project from each of the following businesses: Riverhead 4 Square, Boric Fresh Food ,The Riverhead Tavern, Tom Shepherd, RRRR, Howlett Transport A fantastic result for our community - Thanks so much to these businesses for their support! Thanks also to LJ Hooker Kumeu for the use of the fire engine to deliver water for the water blasting. Please support these local businesses who contribute consistently to our community....This is a HUGE achievement for the RRRRC, watch this space for more.....



## Playschool receives international praise



Playschool Early Education Centre, of Kumeu is going from strength to strength, establishing itself as a great Reggio Emilia educational institution, acknowledged by many international early childhood specialists. Per Bernemyr, from the renowned Swedish Reggio Emilia Institute, as well as, Tiziana Filippini and Laura Rubizzi, from the Pedagogical Coordinating Team of the Instituzione of the Municipality of Reggio Emilia, Italy have included Playschool on their list of centres of interest while in New Zealand- prior to their long-awaited seminars here in Auckland. Playschool feels very privileged to showcase their

young, yet well-established Centre to the international early childhood specialists, welcomingly sharing their educational journey in their two years of operation, the beautiful and engaging learning spaces, their educational values and beliefs.

Would you like your child to be part of this incredible lifelong learning experience!? We welcome all enquiries!!

Playschool is open Monday to Friday, 7.00am to 6.00pm; closing only for statutory holidays. Call us to make a time to visit and discuss your child's future with our qualified and experienced teachers.

PH 412 8081 / 7 Wookey Lane, Kumeu /

email: [info@playschool.co.nz](mailto:info@playschool.co.nz) /

[www.playschool.co.nz](http://www.playschool.co.nz)



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## Free workshops for all at Kaipara Coast

Kaipara Coast Plant Centre are holding free community workshops on the following dates: April 14<sup>th</sup> 2013 (Sunday) – Compost & Wormfarms – 9:30am to 10:30am. A practical look at how to simply set up and successfully run compost piles and worm farms, plus those who are game can have a look inside Kaipara Coast Plant Centres new wormerator. Cost – Free. If you would like to come to this workshop please book your place by emailing [admin@kaiparacoast.co.nz](mailto:admin@kaiparacoast.co.nz)  
 May 11<sup>th</sup> 2013 (Saturday) – How to plant so they grow! – 9:30am to 10:30am - a practical hands on look covering site selection, fertilisers, improving soils, drainage, planting, staking, etc. Cost – Free. If you would like to come to this workshop please book your place by emailing [admin@kaiparacoast.co.nz](mailto:admin@kaiparacoast.co.nz)  
 June 8<sup>th</sup> 2013 (Saturday) – Planting Natives – 9:30am to 10:30am - Join David on a walk around Kaipara Coast Plant Centre and grounds looking at re-vegetation and wetland planting we have done over the last 20 years using a variety of techniques and plants. Cost – Free. If you would like to come to this workshop please book your place by emailing [admin@kaiparacoast.co.nz](mailto:admin@kaiparacoast.co.nz)  
 July 6<sup>th</sup> 2013 (Saturday) – Fruit tree Pruning - 9:30am to 11:30am – an in depth hands on approach to pruning fruit trees. Cost \$10 to cover entry into the Sculpture Gardens. If you would like to come to this workshop please book your place by emailing [admin@kaiparacoast.co.nz](mailto:admin@kaiparacoast.co.nz)

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## Lions to set up vintage shop in Kumeu

The Vintage Shop is the new name for the charity shop being set up to continue offering a range of good quality vintage items following the decision of West Auckland Hospice to close their Kumeu shop which has been operated by a group of volunteers. The shop will be at the same location in the refurbished Pomona Hall adjacent to the Kumeu community centre. It will continue to be manned by a team of volunteers who are interested in supporting local community groups in need of financial assistance. The Vintage Shop will be a supporting arm of the Huapai-Kumeu Lions Club whose members are committed to assisting local community projects and organisations. Once re-stocking is completed, it is planned to open the shop after Easter on Wednesday 3<sup>rd</sup> April 2013. The Vintage Shop opening times will be Tuesday to Friday from 10am to 4pm and on Saturday until 1pm. Anyone with vintage items to donate or sell to the shop should contact Michelle on 021 2327714. Likewise, anyone interested in joining the group of volunteers who work the shop on a rostered basis should contact Michelle. It is intended that The Vintage Shop only offer retro, craft, haberdashery and vintage stock of a very high quality and it will be displayed in a tasteful way in the historic Pomona Hall, a building with appropriate ambience. Huapai-Kumeu Lions and the volunteer workforce see The Vintage Shop as a welcome addition to business enterprise in Kumeu and are confident it will become a popular destination for customers interested in vintage items of good quality. Contact Michelle on 412 8774 or email: [thevintageshop.kumeu@gmail.com](mailto:thevintageshop.kumeu@gmail.com)

## Seniornet northwest speaker for April

SeniorNet Norwest speaker for the month will be Anjina Raman, Community Injury Prevention Consultant with ACC Insurance and Protection Services. Ms Raman will tell us how best to protect ourselves from injury in the home, and what services are available to us should disaster strike. Come along to St Chad's Church on Wednesday April 3<sup>rd</sup> at 10.00 am to hear an interesting and informative talk. Come join us, visitors, friends, members (you do not have to be a member or even senior), everyone made very welcome. Entry \$3.00 covers tea/coffee and biscuits. For more information call Jill 810 7423 or visit [www.seniornetnorwest.net](http://www.seniornetnorwest.net)

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## Easter surprise muffins

1 1/4 cup flour	1 1/4 cup flour
2 table spoons cocoa	2 table spoons cocoa
2 teaspoons Baking powder	2 teaspoons Baking powder
1/2 teaspoon cinnamon	1/2 teaspoon cinnamon

Sift flour, baking powder, cocoa and cinnamon.  
 Rub in butter, add brown sugar.  
 Beat milk and egg together.  
 Use a wooden spoon to mix until just combined (don't over-mix or your muffins will be tough). Spoon batter into cases so each is one-third full.  
 Place an unwrapped Easter egg into the middle of each muffin. Spoon over remaining muffin batter.  
 Bake at 180 for 10-15 minutes.



## If you wear out your body where will you be?

How you take care of yourself today – will have an impact on how healthy you are in the future. If you want to be healthy and active as you age, your spine and nervous system must be healthy. Over time, your spine and nervous system can deteriorate, not because of age, but because of subluxations. Just like the tyres on your car wear down unevenly when they are misaligned, the same can happen in your spine. You may have some areas in your spine that look and feel like they are seventy years old while you have other areas that are more like a twenty year old. Researchers found that when the spine is misaligned it can begin to deteriorate within two weeks. Think about how many two weeks have passed since that childhood fall to age fifty? Is it any wonder why more than fifteen million people worldwide are diagnosed with osteoarthritis each year? It's never too late to start taking care of your spine and nervous system with regular ChiropracticCare. Don't wait another two weeks for a chiropractic check-up. Call us today on (09) 4125536

## Ruby's on Matua Road, winebar and grill

Our signage is now up, but we still awaiting the sign writing L, slowly but surely we are getting there...Armond's Crispy Pork Belly and Lamb Koftas seem to be hitting the spot, as are the Shaslik (skewered eye fillet slivers with bacon wrapped scallops, drizzled with hollandaise sauce) and Chicken Marsala, which is just "flying" out the door and yes, Lamb Shank is now on the menu. Favourites of the Moment, seem to be The Tasting Plate for 2 (or more!), the Hot Apple Pie, Crème Brûlée and the Warm Stickylicious Date Pudding with Rum Caramel Sauce. We are featuring some amazing DOT ART by Robianto, so pop in for a view, and an end of day beer or after movie dessert, Wednesdays, Thursdays, Fridays, Saturdays, and Sundays from 4pm, we are open for wine, crafty" beers and moa original on tap, 3 Matua Rd, Huapai - 412 7127

## School holiday fun in fabulous Fiji

It is not too late to book a family break away for the July school holidays! From just NZD \$ 4490 per family of 2 adults & 2 children aged under 12 including return flights on Air Pacific (soon to be Fiji Airways with a brand new aircraft) 21/28 July, return airport transfers, and 7 nights staying at the Outrigger on the Lagoon Fiji. Kids stay, play & eat free! Fantastic free 'Little Riggers' kids club! Many more amazing deals available – just ask for more details! Come & meet Tanya at the Waimauku War Memorial Hall on Wednesday night 3 April, at 7.30pm at our monthly "Me Time" event, a little time out for women to connect with other likeminded local women over a piece of cake, (compliments to Karlene from Oh Sugar!) and a glass of wine. Tanya will be talking about some of her favourite family holiday beach resort destinations, and will have brochures & specials flyers to give away on the night. Please RSVP to [karlene@oh-sugar.co.nz](mailto:karlene@oh-sugar.co.nz) Check out: <http://www.facebook.com/MeTimeConnectingLocals> Book any Family Holiday prior to 30 April, for a getaway for travel prior to 30 September, and go in the draw to win a Black Nintendo DS Lite with an included Super Mario 64 DS game!



## When it's good it's great, when it's not...

Facebook is a fabulous medium. It brings out all the groaners, moaners, gripes, visual bloopers and signage celebrations that makes us laugh and wince. This real estate billboard was spotted in Muriwai and made its way to facebook with the following signage slash after an auction campaign that did not achieve the stated objective. No one from the company was available to comment on the new slash that was developed for the signage board. We did however find many residents in Muriwai that found the slash an interesting departure from the traditional SOLD sign.



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## End of humidity

Wow, what a long hot summer. Finally we have had some rain and the garden is looking much better. With the start of autumn we are heading into wetter, cooler weather. Do you have to run a dehumidifier over winter? The average home in NZ produces around 100 litres of moisture per week. This internal moisture is one of the reasons we have the highest rates of asthma and respiratory diseases in the world. A home ventilation system can introduce drier fresher air from outside or from the roof space, reducing condensation, removing dust, pollens and mould spores. We can also install heat recovery and ducted heat pumps. Just see how fast this helps reduce condensation and mould. For more information and a quote for a system specific to your home and needs please give Tony a call 021 772 756.



## Help me to help myself - Montessori Riverhead



Ahhhh Bliss! Most of us dream of being able to kick back and have someone wait on us hand and foot – the perfect holiday. Not so for our young preschoolers - Montessori education is known for its catch phrase of "help me to do it myself". Often when parents approach me if they're having behavior difficulties at home I ask what "jobs" the children have. Sometimes we can feel guilty giving our children chores or we know we can get it done quicker by ourselves usually with the intention of leaving more time for play however young children delight in being "helpful" and they love to emulate mummy and daddy doing jobs around the house. Involving children in everyday household activities develops a sense of wellbeing, responsibility and contribution as children grow to understand what it takes to be a valued member of their family. Contact Carli Hausler, Senior Teacher, [www.riverheadmontessori.com](http://www.riverheadmontessori.com)

## A special place to wine and dine - The Fireplace

Check out our new menus with lot more selection on offer. The season's new promotions are also getting great feedback from the dinners. Hungry Tuesday - all mains are for \$19.90. Lunch special of \$ 12.50 Monday to Sunday from 12.00 noon to 3.00pm and if you come in during weekdays (Mon-Fri) we also offer a free Flat white with every Lunch meal. Curry night on Thursdays offers a selection of authentic curries cooked fresh daily. All our curries are cooked from fresh ingredients with no added msg or food coloring. Friday Happy hour from 4 - 6pm offers great specials on Beer, Wine & spirits. So come along and take advantage of our value added specials as there is something for everyone. Contact us on 09 4126447 or visit [www.thefireplace.net.nz](http://www.thefireplace.net.nz)

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## Kumeu art centre is going off

In April we are proud to offer classes in: Painting (acrylics, oils & watercolours), Access to Art (an introduction to various art techniques) Clay Workshops, Flax Weaving, Children's Art Classes (following the school term), School Holiday Classes (painting, stenciling and craft) and classes for individuals with special needs. We also have various groups that meet in the arts centre, including Knitting/Crochet, Life Drawing and Clay Groups. Our first Exhibition in April showcases work from Katrina Collins and Lana Berzina (8 - 20 April) followed by an Exhibition of works from our very talented painting tutor Amber Emm and her students (22 Apr - 4 May). This is followed closely by our first ever Ceramic Exhibition (6 - 25<sup>th</sup> May) and our yearly photography exhibition which runs for the month of June. We welcome the community to come along and attend classes, exhibit, or simply come in and enjoy the work displayed by local artists. For more information ph (09) 412-9480 or email [thetinshed@clear.net.nz](mailto:thetinshed@clear.net.nz)



## Balanced nutrition for a health pet



The feeding of raw food or home made diets has been a particularly polarizing topic over the last few years. As we assess our own eating habits, the focus turns to our pets – "If I am trying to eat a more natural, raw diet, shouldn't my pet?" The crux of the matter is that the diet of a wild dog won't necessarily suit our domestic pets. Wild dogs have an average lifespan of only 5 years and often have severe dental problems. When considering the right diet for your pet consider if there is evidence to support the health claims made. Ideally, the ingredients in the food are measured, consistent and of a high quality and clinical trials will have been performed. The food should meet 'AAFCO' standards, the international standard for balanced nutrition. Home made and raw diets don't fit these criteria therefore if fed as the sole diet cannot guarantee the right balance of protein, fat, vitamins and minerals for your pets growth stage or specific health condition. For more information or advice specific to your pet, come in and see us. Contact Kumeu Veterinary Services, 68 Access Road, Kumeu, Phone 09 09 412 9016



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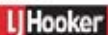
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